

Syringocystadenoma Papilliferum Growth in a Nevus Sebaceous

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A 24-year-old woman with a history of vitiligo and moderate intellectual disability had initially presented to her primary care provider for a pruritic, bleeding bump on her left parietal scalp. The papule was infected secondary to her picking, which was treated with topical antibiotics prescribed by her primary care provider. The primary care provider referred the patient to our dermatology clinic 3 months later for evaluation.

While the skin infection had resolved after treatment with mupirocin 2% ointment, the patient reported continued pruritis. Examination revealed a 0.6 cm × 0.5 cm × 0.2 cm, glistening, friable, bright red papule in the background of a scar-like pink plaque on the left parietal scalp (Figure 1). The patient was unable to provide details regarding when she first noticed the papule.

Based on characteristics of the lesion, there was initial concern for a pyogenic granuloma with chronic irritation secondary to pruritis. However, further history taken from the patient's father at a follow-up visit revealed that a scar had



Figure 1. Gross image of the patient's papule.

been present on her scalp, in the same location as the papule, since birth. This new historical information raised suspicion for secondary development of a neoplasm in the setting of a nevus sebaceous.

The papule was shaved flat with the surrounding skin, and the specimen

was sent for histopathologic evaluation. Results revealed syringocystadenoma papilliferum (**Figures 2 and 3**). At 6 weeks follow-up, the biopsy site was well healed with mild pruritis and no pain.

Discussion

Syringocystadenoma papilliferum (SPAP) is an adnexal neoplasm that is typically present on the head or neck at birth and often enlarges at puberty. Approximately one-third of SPAPs develop within a nevus sebaceous, a benign congenital growth that is considered to be a form of an epidermal nevus.¹ Various neoplasms may develop from within a nevus sebaceous, including trichoblastoma, SPAP, basal cell carcinoma, squamous cell carcinoma, and sebaceous carcinoma.

Nevus sebaceous (NS), also known as nevus sebaceous of Jadassohn (NSJ), is a

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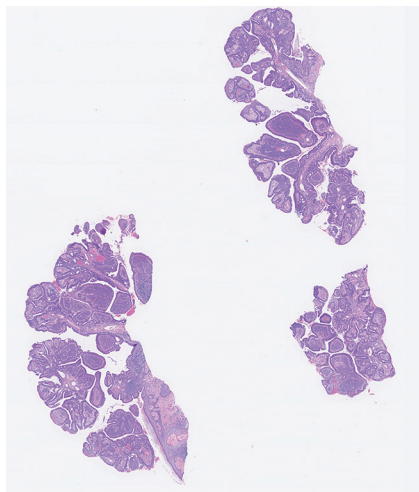


Figure 2. The low-power view shows papillary protrusions of tubular structures arising from the epidermis as well as a dense infiltrate.

hamartomatous growth most commonly present at birth that contains epidermal, sebaceous, follicular, and apocrine gland components.² Located predominantly on the scalp and face, NSJs have been described as having 3 developmental stages based on the gross and histologic characteristics of the lesion.^{1,3}

The initial stage spans childhood and is characterized by lobules of mature sebaceous glands with sparse eccrine and apocrine glands. Clinically, lesions appear as well-circumscribed, flat, yellow-orange plaques.^{1,3} When they develop on the scalp, the lesions are associated with localized alopecia. The second stage corresponds with the onset of puberty. NSJs undergo rapid growth of sebaceous glands, development of immature hair follicles, and formation of ectopic apocrine glands.^{1,3} Clinically, lesions tend to thicken and acquire a verrucous or nodular appearance. The final stage occurs when NSJs undergo neoplastic changes, resulting in benign and malignant tumors.^{1,3}

The rate of malignant transformation has been widely contested in the literature. Publications prior to 1990 tend to report 5% to 20% of tumors developing into malignancy, whereas publications from the most recent decades report

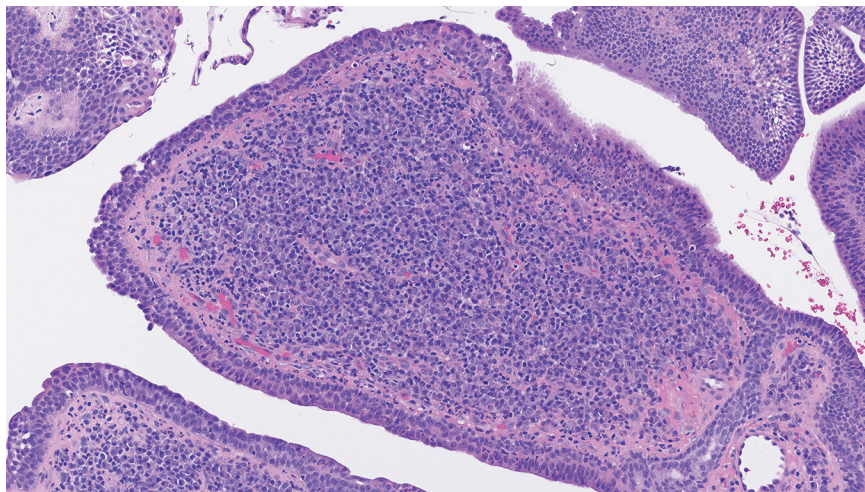


Figure 3. The high-power view shows a 2-layered epithelium with apocrine glands lining the lumen and the dermal infiltrate made of plasma cells.

much lower rates of 0% to 2.5% (**Table**). Bernard Cribier and colleagues⁴ have suggested this inconsistency is due to early publications' misclassification of trichoblastoma as basal cell carcinoma.

Compounding the already murky etiology and progression of NSJ is recent research that suggests human papilloma virus (HPV) infection could play a role in the pathogenesis of NSJ and its secondary neoplasms.^{5,6} While viral warts are not among the most common secondary neoplasms seen in NS, they are present in 2.3% to 11.6% of cases.⁵ Previous studies⁶ found that HPV DNA was present in 82% of 44 NS lesions. However, these findings were not replicated in a later study,⁷ which found that none of their 28 samples of NS had contained HPV DNA.

Conclusion

Regardless of etiology, the rate of malignant transformation has been debated, concerning the need for and timing of NS excision. Whereas practice had previously involved proactive removal of NS lesions in early childhood, recent practice has trended toward watchful waiting with removal if cosmetically concerning or if neoplasm arises.⁸ As more patients are opting for the latter, it is imperative

that both patients and physicians are aware of the presentations of secondary neoplasms.

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Table. Reported Rates of Benign and Malignant Growths Within Nevus Sebaceous

STUDY	SAM- PLE SIZE	TOTAL MALIG- NANCIES	BASAL CELL CARCINOMA	OTHER MA- LIGNANCIES	TOTAL BENIGN	SPAP	TRICHO- BLASTOMA	MOST COMMON NONMALIG- NANT TUMOR
Mehregan^a (1965)	150	19% (29)	14% (21)	KA: 2.7% (4); SE: 2.7% (4)	15% (23)	5.3% (8)	0	SPAP
Jones^b (1970)	140	6.4% (9)	0	BCE: 6.4% (9)	30% (42)	19.3% (27)	0	SPAP
Constant^c (1972)*	160	21% (34)	—	—	—	—	—	—
Chun^d (1995)	165	0	0	0	5.4% (9)	1.8% (3)	0	TB
Cribier^e (2000)	596	0.8% (5)	0.8% (5)	0	13.6% (81)	5.0% (30)	4.7% (28)	SPAP, TB
Jaqueti^f (2000)	155	0	0	0	21% (33)	6.4% (10)	7.7% (12)	TB
Rosen^g (2009)	631	0.8% (5)	0.8% (5)	0	2% (13)	1.1% (7)	0	SPAP
Idriss^h (2014)	707	2.5% (18)	1.1% (8)	SCC: 0.6% (4); SC: 0.4% (3)	18.9% (132)	5.2% (33)	7.4% (52)	TB

BCE = Basal cell epithelioma, KA = Keratoacanthoma, SPAP = Syringocystadenoma papilliferum, SC = Sebaceous carcinoma, SCC= Squamous cell carcinoma, SE = Sebaceous epithelioma

*Constant and colleagues only reported total number of malignancies; no information regarding malignancy type was provided.

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