# Consultant 360

# **Case Series Template**

A case series article is an observational report in which two or more cases describe a similar problem or treatment approach. For our case series, we ask that you include a brief abstract that describes how the case series offers new perspectives or new evidence related to a disease or treatment approach. (≤ 3000 words, excluding title page, abstract, and references)

#### **Required headings for case series articles:**

**Narrative Abstract.** The narrative abstract should include a sentence or two of background, a brief description of the cases, the connections between each case or how the case series offers new perspectives or new evidence related to a disease or treatment approach, and a brief conclusion. The abstract should be no more than 200 words.

#### Each case described in the case series should include the following subsections:

**Introductory sentence.** In one sentence, describe patient (age, gender), presentation, and location of presentation.

**EXAMPLE:** "An athletic 16-year-old boy presented to a primary care clinic with worsening bilateral neck pain for approximately 1 year."

**History.** Clearly describe the patient's current medical condition and medical history in chronological order.

**IMPORTANT:** include critical physical examination findings at the end of the patient history section.

**Diagnostic testing.** Describe the diagnostic testing and results. **IMPORTANT:** Based on the testing results, what is your diagnosis?

**Differential Diagnoses:** Describe other diagnoses that were considered.

TIP: Why were they considered and why were they ultimately not the right diagnoses?

**Treatment and management.** Describe the type of intervention(s) administered (pharmacologic, surgical, preventive, lifestyle) and how the intervention(s) were administered (dosage, strength, duration, and frequency).

**TIP:** Tables or figures may be useful here. See below for instructions for submitting figures and tables.

**Outcome and follow-up.** Describe the episode of care including (1) intervention modification, interruption, or discontinuation; (2) intervention adherence and how this was assessed; and (3) adverse effects or unanticipated events.

**IMPORTANT:** Was there follow-up? If so, describe the follow-up care using the same formula as above.

**Discussion.** Summarize the essential features, compare the case report with the literature, and explain the rationale for reporting the case. Describe the lessons/experiences readers can take away from this case report.

**IMPORTANT:** If you want to include a conclusion, add it to the end of this section. Your brief concluding paragraph should describe the most important findings from the case. All Photoclinic articles and figures should be submitted with completed permission and patient consent forms. If we do not receive all necessary forms at the time of the submission, your submission will be sent back.

## Figures & Tables (if applicable)

Authors should follow the below instructions for submissions with accompanying figures, tables, patient images, and scans:

- Images should be at least 300 dpi resolution and uploaded with manuscript as separate files.
- A descriptive title should accompany each table or figure.
- All abbreviations must be identified in a legend.
- If the table/figure has been published previously, permission to reprint the figure must be obtained in written from the copyright owner by the author and submitted with the manuscript. Sources should be acknowledged in the legend of the respective figure or table.

#### **Additional Author Guidelines**

#### **GENERAL**

Authors are encouraged to review "Preparing a Manuscript for Submission to a Medical Journal" published by the <u>International Committee of Medical Journal Editors</u> (ICMJE) prior to submitting an manuscript. Failure to comply with these instructions may result in a delayed review process.

All manuscripts submitted to *Consultant* must be original; manuscripts are accepted for publication in *Consultant* with the understanding that their content, all or in part, have not been published elsewhere and will not be published elsewhere, except in abstract form or by the express consent of the Managing Editor. It is the responsibility of the author to obtain all copyright permissions for use of any previously published figures or tables in their submission. Permissions forms and proper credit to the copyright holder must be provided at the time of initial submission. Any instances of research and publication misconduct will be handled in

accordance with the Committee on Publication Ethics (COPE) guidelines and internal HMP policy.

#### **REQUIRED FOR SUBMISSION**

**Title page**—Including submission title; authorship information with full name, academic degree(s) or credentials, and affiliations of each author; contact information for the corresponding author; disclosures of support; and conflicts of interest.

**Manuscript**—Blinded manuscript should be in submitted in a Microsoft Word document with the required body sections, references, and table/figure legends. Tables must be in an editable form. Tables/figures/images should be uploaded as separate files.

<u>Author Disclosure form(s)</u>—Each author listed should complete an Author Disclosure form (eg, 4 authors, 4 disclosure forms)

## Patient or parent/guardian consent form (if applicable)

Provide copies of or written confirmation that informed patient consent was obtained via signed patient consent forms to use and publish all patient photos provided in submission. Consent forms can remain in the author's archive, so long as written confirmation of proper consent is provided to the Editors via email. Editors will keep record of email confirmation on file. Authors must also indicate within the manuscript text that the patient /guardian has provided informed consent.

#### How to Submit to Consultant

We highly recommend that authors follow the templates before submitting to *Consultant*. Articles submitted to the journal should be framed and tailored to *Consultant's* multidisciplinary audience.

All articles must be uploaded and submitted through our online submission system at: https://www.editorialmanager.com/consultant

If you do not have an author account in our system, you will be required to make one. Please proceed to the "Register" link in the top header.

If you already have an author account, you may proceed directly to "Login" in the top header.

Authors who have lost or forgotten their login credentials should use the "Send Username/Password" link.

Once logged in, click the "Submit New Manuscript" link and follow the instructions.