

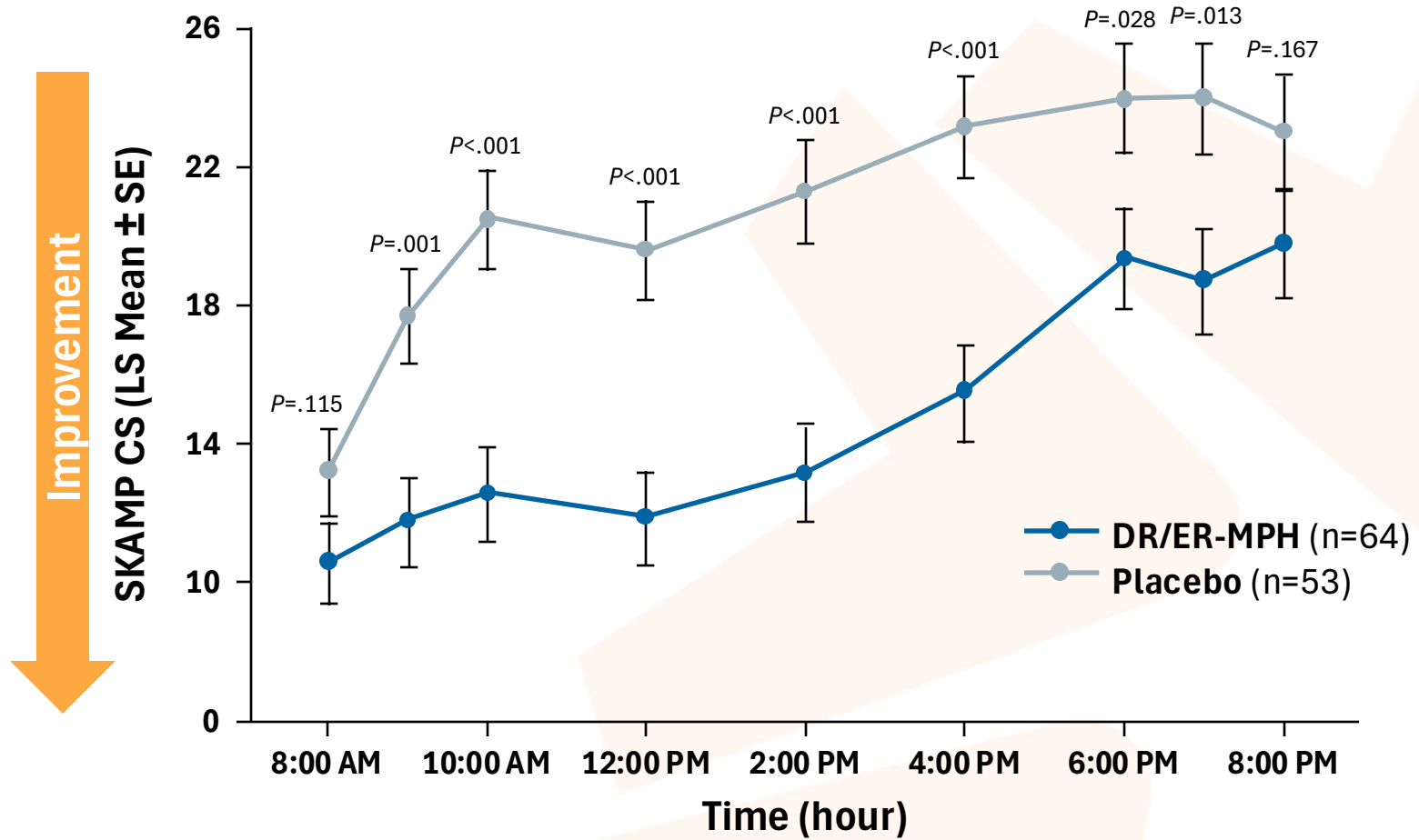


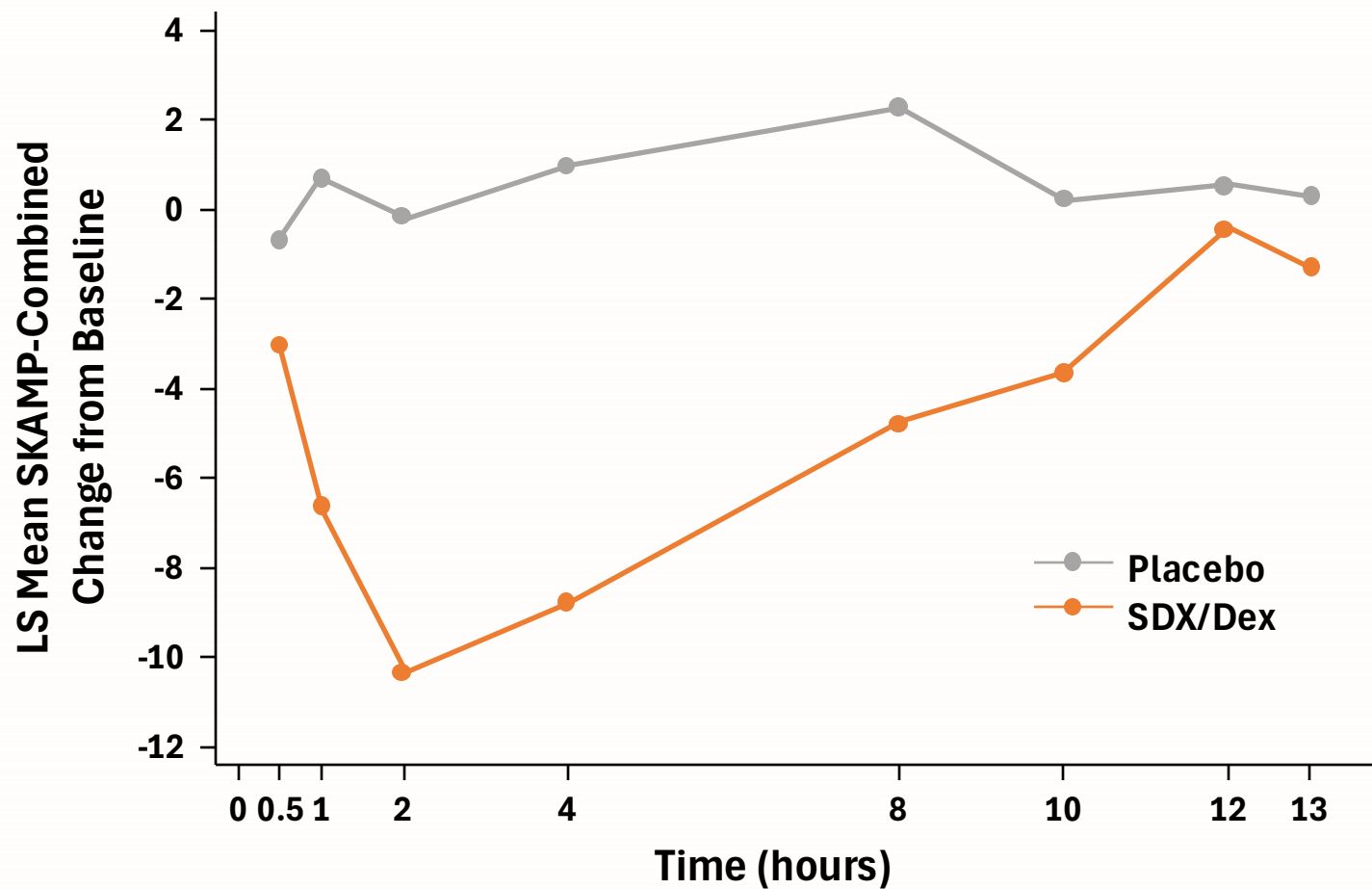
# Off the Beaten Path in ADHD: Individualizing Treatment with Alternative Stimulant Delivery Systems

## Module 2

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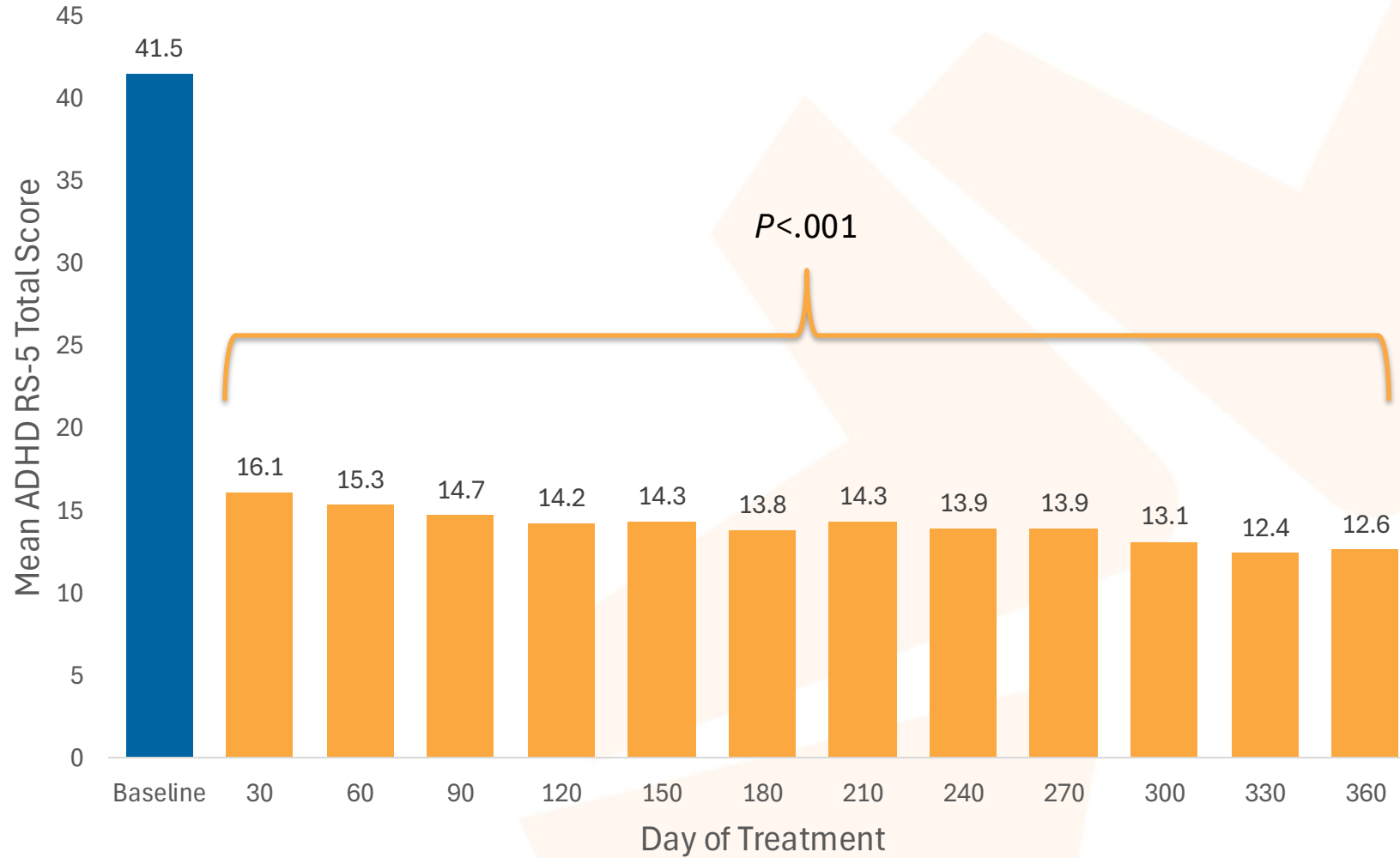
# Novel Stimulant Options for the Treatment of ADHD



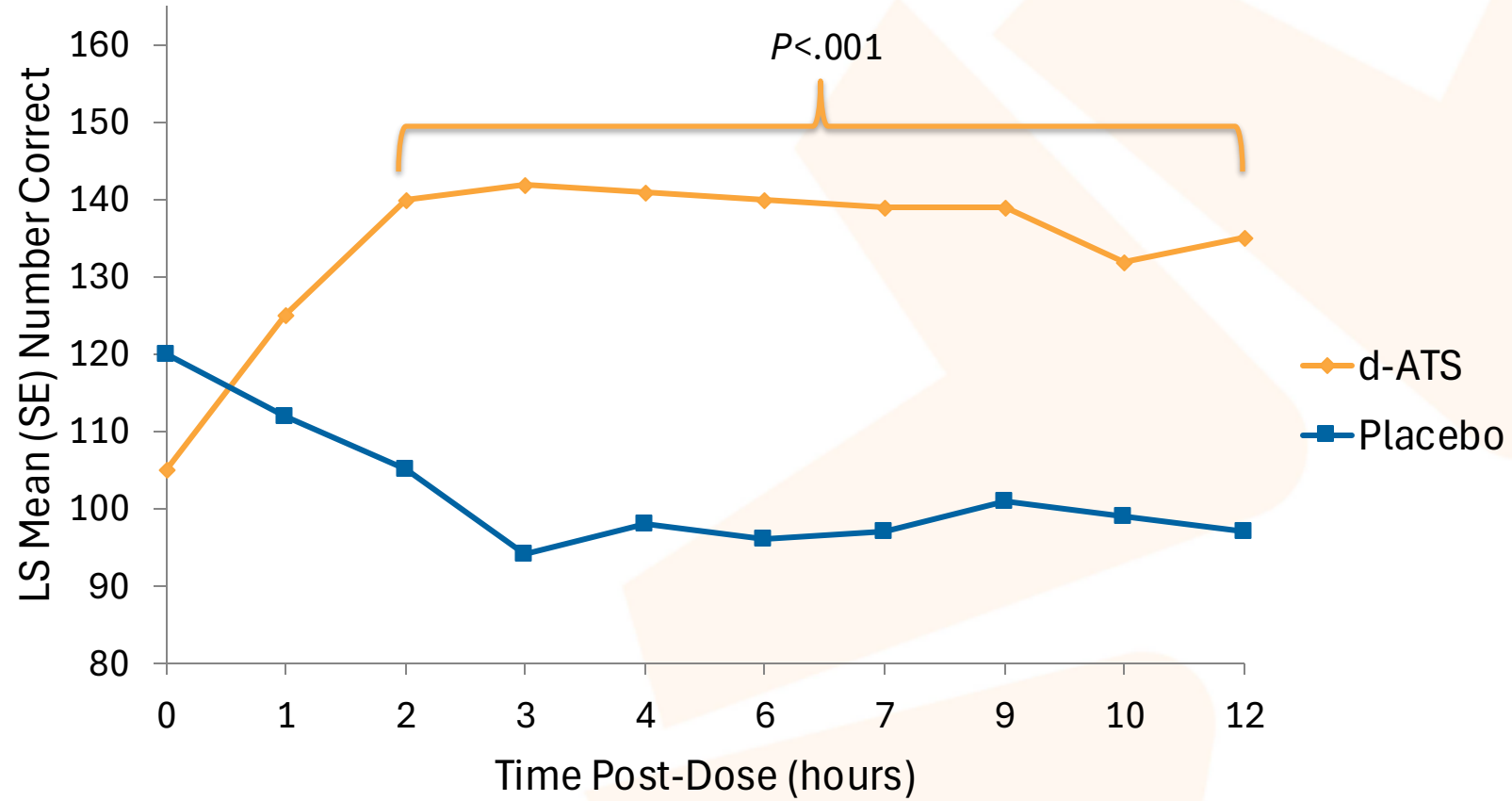


SDX = serdexmethylphenidate; Dex = dexmethylphenidate.  
Azstarys® PI. Drugs@FDA: FDA-Approved Drugs. Accessed February 2024.  
[https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2021/212994s000lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2021/212994s000lbl.pdf).

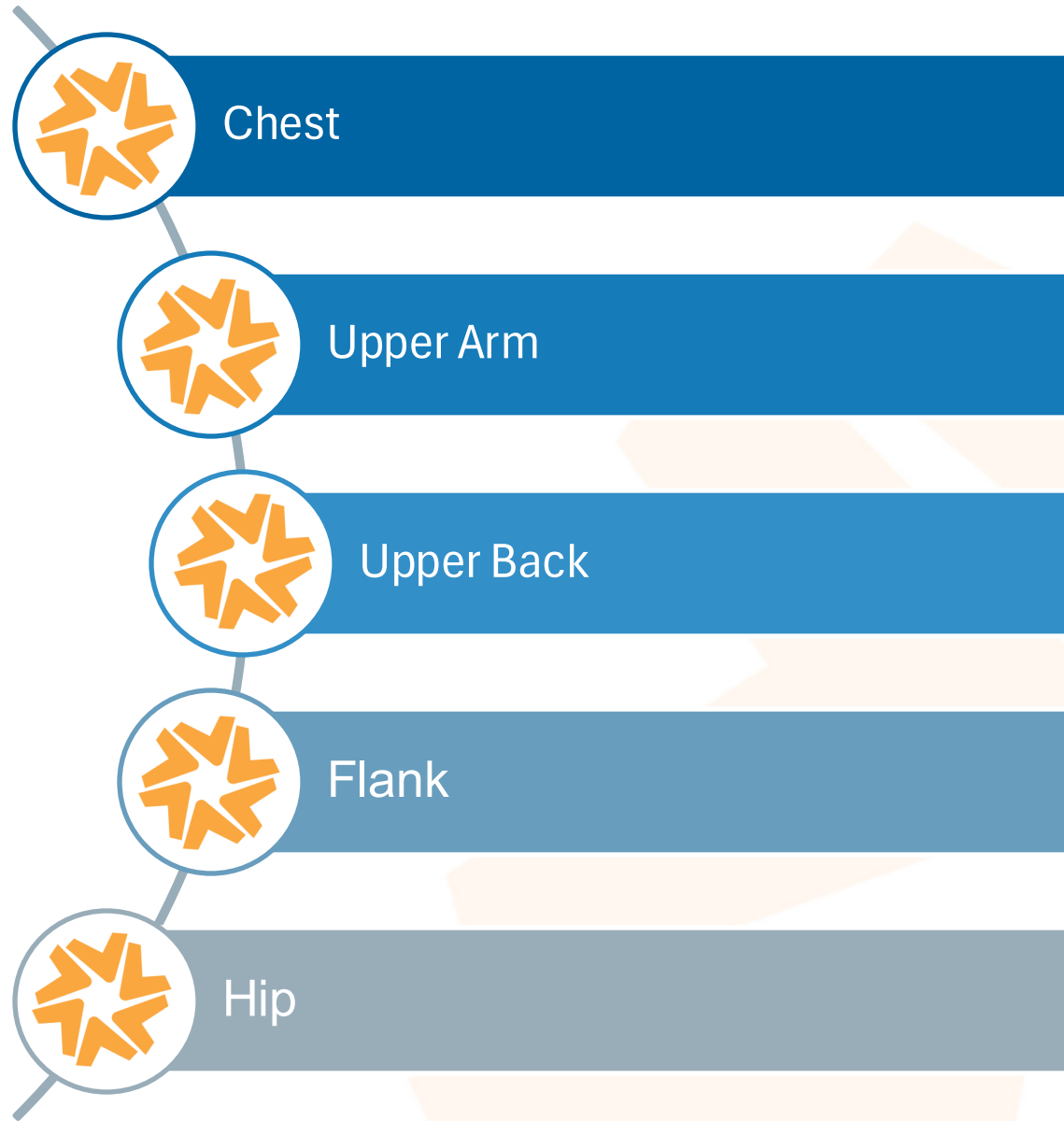
## Mean ADHD RS-5 Total Score



### Number of Problems Correct by Time

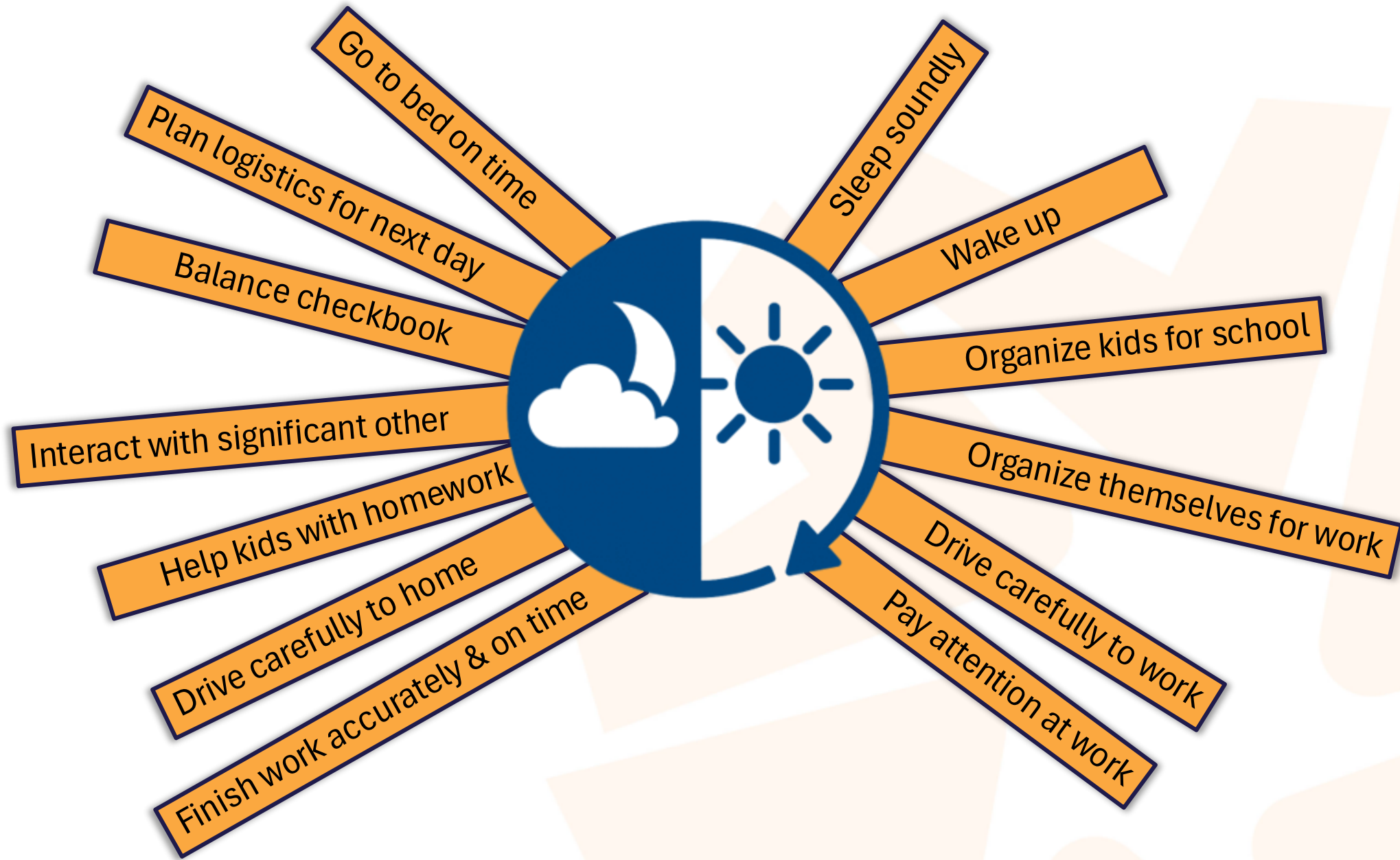


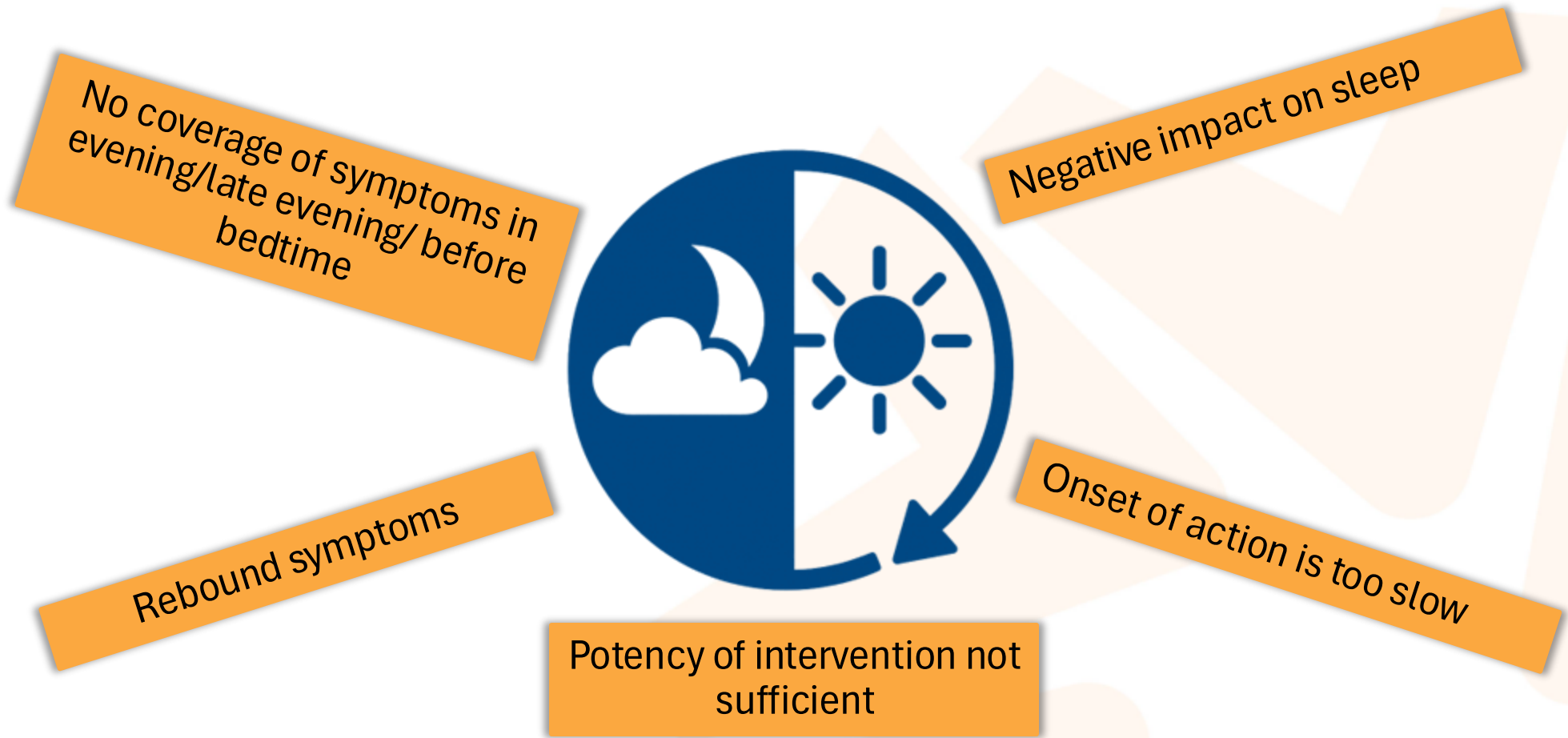
**d-ATS = Dextroamphetamine Transdermal System.**  
**Cutler AJ, et al. *J Child Adolesc Psychopharmacol.* 2022;32(2):89-97.**



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# Individualized Treatment Considerations and Strategies in ADHD







The optimal treatment goal for ADHD is to achieve early, comprehensive, and sustained control of all symptoms for as many hours of the day as possible, while maintaining excellent tolerability.



Engaging in shared decision-making between clinicians, patients, and caregivers is a critical pathway to successful treatment outcomes.



A primary objective in ADHD management is minimizing the potential for medication misuse, abuse, or diversion.



Recent stimulant formulations represent a significant advancement in ADHD treatment and merit broad integration into clinical practice.

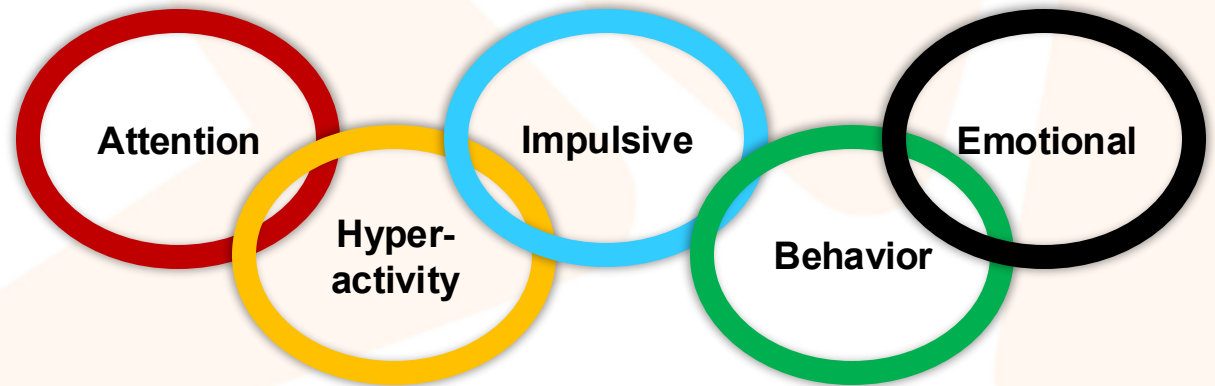
# In Conclusion: 3 Key Learning Points

1.

Optimum would be early, full, and sustained control over ALL symptoms of ADHD, for AS MANY hours in the day as possible (with great tolerability, of course!)

2.

Shared Decision Making is the royal road to success



3.

- Minimizing risk of abuse/diversion is a KEY goal
- New formulations of stimulants are major advancement and deserve wide adoption clinical practice