

# Wound Infection Day

Supported by an educational grant from the Urgo Foundation

# Faculty

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# Faculty Disclosures

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Consultant, Speakers Bureau: Aroa Biosurgery; Urgo Medical North America

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Consultant: Avita Medical

**Terry Swanson, NP**

Advisory Board: Coloplast Global; Speaker's Bureau: BBraun; Coloplast Global; Convatec; Smith and Nephew; Solventum; Urgo Medical

# Disclosures

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- Applicable CME staff have no relationships to disclose relating to the subject matter of this activity
- This activity has been independently reviewed for balance

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# AGENDA

Start Time	End Time	Topic	Faculty
3:30 PM	3:40 PM	Intro and drivers of wound infection today	Michael Desvigne, MD, FACS, CWS, FACCWS
3:40 PM	3:50 PM	Determine if there are gradations of contamination that be agreed upon and differentiate modes of treatment for wounds contaminated at various levels Categorize the levels of microbes in the wound	Abigail E. Chaffin, MD, FACS, CWSP, FAPWCA
3:50 PM	4:00 PM	Assess current techniques, in the in-patient and out-patient settings, to determine levels of contamination and identify which method to use and when	Lisa Gould, MD, PhD, FACS
4:00 PM	4:10 PM	Silver, Iodine, acetic acid and systemic antibiotic in the management of infection	Lisa Gould, MD, PhD, FACS
4:10 PM	4:20 PM	Outline new and emerging technologies to determine levels of contamination and infection in the wound	Terry Swanson, NP
4:20 PM	4:30 PM	Slough removal and infection control	Terry Swanson, NP
4:30 PM	4:40 PM	Examine findings from the recent IWII cleansing guidelines	Terry Swanson, NP
4:40 PM	4:50 PM	New and emerging technologies for slough removal	Michael Desvigne, MD, FACS, CWS, FACCWS
4:50 PM	5:00 PM	BREAK	
5:00 PM	5:30 PM	Hands-On Rotating Stations	
		Vashe/ UrgoClean AG	Michael Desvigne, MD, FACS, CWS, FACCWS
		Misonix	Abigail E. Chaffin, MD, FACS, CWSP, MAPWCA
		Moleculight Solventum	Terry Swanson, NP Lisa Gould, MD, PhD, FACS
5:30 PM	5:40 PM	Cases	Chaffin; Swanson; Gould; Desvigne
5:40 PM	5:45 PM	Q&A	Chaffin; Swanson; Gould; Desvigne

# Learning Objectives

- Explain the drivers of wound infection today
- Determine if there are agreed upon gradations of contamination and differentiate modes of treatment for wounds contaminated at various levels; what role, if any, does biofilm have in the issues faced?
- Categorize the levels of microbes in the wound
- Assess current techniques in inpatient and outpatient settings to determine levels of contamination and identify which method to use and when
- Explain the role of silver, iodine, acetic acid, and systemic antibiotic in the management of infection
- Outline new and emerging technologies to determine levels of contamination and infection in the wound
- Determine the relationship between slough removal and infection control
- Examine findings from the recent IWII cleansing guidelines
- Examine new and emerging technologies for slough dermal removal, including a novel hypochlorous acid, charged fiber
- Explore illustrative case studies on wound infection management and apply current strategies

# The Drivers of Wound Infection Today

**Michael N. Desvigne, MD, FACS, CWS, FACCCWS, MAPWCA**

Plastic and Reconstructive Surgery, Wound Care and Hyperbaric  
Medicine, Abrazo Arrowhead Hospital and Wound Clinic  
Glendale, AZ

# Wounds and Bacteria

- All chronic wounds are contaminated by bacteria<sup>1</sup>
- Wound healing can occur in the presence of bacteria<sup>2</sup>
- Certain bacteria (*Staphylococcus aureus*) appear to aid wound healing<sup>3</sup>

**Thus, it is not the presence of the microorganisms,  
but their type and numbers that determine  
their influence on wound healing**

1. Sibbald, G et al. Increased bacterial burden and infection: NERDS and STONES. Wounds UK, 2007, Vol 3, No 2 25- 46.

2. Laato M, Niinikoski J, Lundberg C, & Gerdin B Inflammatory reaction and blood flow in experimental wounds inoculated with *Staphylococcus aureus*. European Surgical Research 20, 33-38 (1998).

3. Levenson SM, Kan-Gruber D, Gruber C, et al. Wound healing accelerated by *Staphylococcus aureus*. Archives of Surgery 118, 310-320 (1983).

# **Gradations of Contamination and Modes of Treatment for Various Levels**

**Abigail E. Chaffin, MD, FACS, CWSP, MAPWCA**

Professor and Chief, Division of Plastic Surgery

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New Orleans, LA

# Wound Infection: Contamination vs Colonization

- Chronic wounds affect 20 million individuals worldwide
- Annual cost for their treatment and management is **\$31 billion**



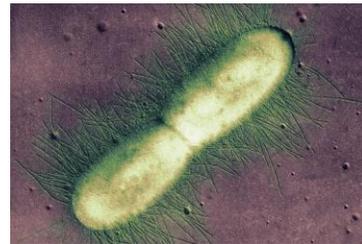
**\$31 BILLION**

- **Wound infection** delays the wound healing rate and requires immediate treatment
- 3 stages in the wound infection continuum
  - **CONTAMINATION**
  - **COLONIZATION**
  - **INFECTION**

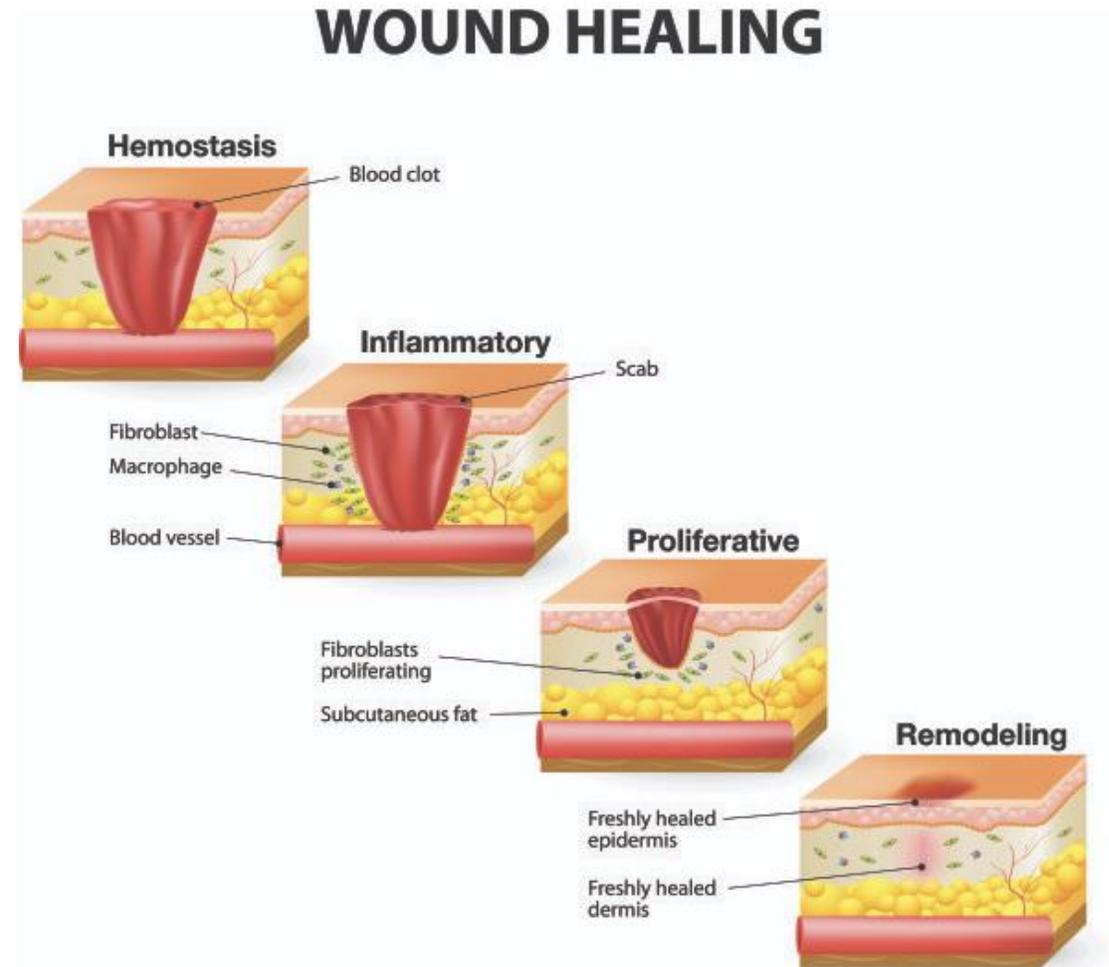


# Wound Infection: Contamination vs Colonization

- **Wound contamination** is the presence of nonreplicating microbes in an open wound
  - The presence of small numbers of microbes does not affect normal inflammatory responses and wound healing processes
- **Microbial replication causes wound colonization**
  - Prolongs the **inflammatory phase** of wound healing and leads to further tissue damage

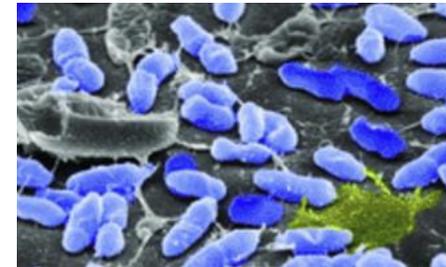


Credit: CNRI / Getty Images



# Factors Influencing Microbial Load in a Wound

- **Wound Type**
  - The type of wound (eg, surgical, traumatic, pressure ulcer) can influence the potential for microbial contamination
- **Wound Depth and Location**
  - Deeper wounds and those in areas with higher microbial populations (eg, near the gastrointestinal tract) are at higher risk of contamination
- **Tissue Perfusion**
  - Poor blood flow to the wound can impair the body's ability to fight infection, leading to increased microbial load
- **Host Immune Response**
  - The strength of the host's immune system plays a crucial role in controlling microbial growth and preventing infection
- **Presence of Biofilms/Microbial Colonies**
  - Biofilms, which are communities of microorganisms encased in a protective matrix, can be a common finding in chronic wounds and can make infections more difficult to treat



# Assessing Microbial Load in a Wound

- **Clinical Examination**

- Visual inspection of the wound for signs of infection, such as redness, swelling, pain, and pus, can help assess the level of microbial load

- **Wound Cultures**

- Taking a sample of the wound tissue or fluid and culturing it in a laboratory can help identify the types and number of microorganisms present

- **Molecular Techniques**

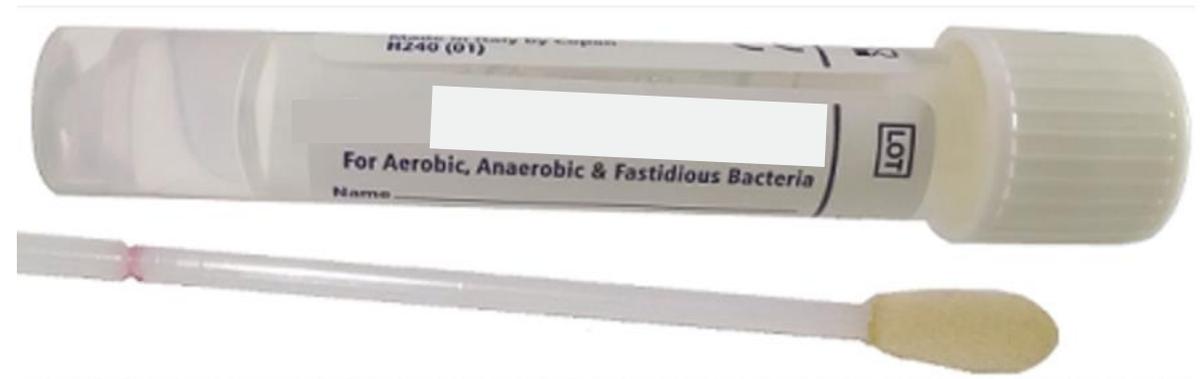
- Molecular methods, such as PCR, can be used to detect and identify microorganisms, even those that are difficult to culture

- **Quantitative Cultures**

- These cultures measure the number of microorganisms per gram of tissue or milliliter of fluid, helping to determine if the wound is colonized or infected

- **Semiquantitative Cultures**

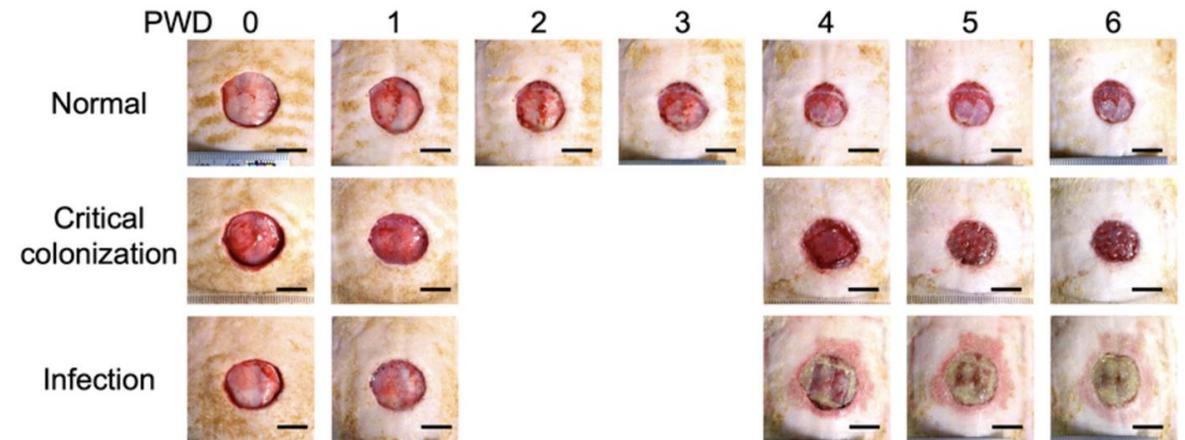
- These cultures assess the growth of microorganisms on a plate, providing a relative measure of the microbial load



# Critical Wound Colonization

- Multiplication of organisms without invasion but **interfering with wound healing**
  - Wounds often stagnate, rather than improve in condition
  - Obvious signs of infection, such as fever and inflammation, tend to be absent
  - Discoloration and odor may be observed
- Bioburden level of  $>10^5$  bacteria/gm of tissue is the threshold at which critical colonization crosses into infection
- $>10^6$  bacteria/gm of tissue leads to impeded wound healing

- **TIPPING POINT** where treatment becomes necessary **TO STOP THE PROGRESSION TO INFECTION**
  - Topical antiseptics can help control the bioburden
  - Allow wound healing to proceed



# Wound Infection

Contamination	All open wounds may contain microorganisms. They will not multiply or persist until suitable nutritive and physical conditions are available for each microbial species, or they successfully evade host's defenses. Consequently, their presence is only transient and wound healing is not delayed.
Colonization	Microbial species successfully grow and divide, but do not cause damage to the host or initiate wound infection.
Local infection	Covert (subtle) signs of local infection:  Hypergranulation (excessive “vascular tissue”); bleeding, friable granulation; epithelial bridging and pocketing in granulation tissue; wound breakdown and enlargement; delayed wound healing beyond expectations; new or increasing pain; increasing malodor.  overt (classic) signs of local infection:  Erythema; local warmth; swelling; purulent discharge; delayed wound healing beyond expectations; new or increasing pain; increasing malodor.
Spreading infection	Extending in duration +/- erythema; lymphangitis; crepitus; wound breakdown/dehiscence with or without satellite lesions; malaise/lethargy or nonspecific general deterioration; loss of appetite; inflammation, swelling of lymph glands.
Systemic infection	Severe sepsis; septic shock; organ failure; death.



# SSIs

- CDC healthcare-associated infection (HAI) prevalence survey
  - 110,800 surgical site infections (SSIs) associated with inpatient surgeries in 2015
  - **4% increase in SSI** standardized infection ration (SIR) related to all National Healthcare Safety Network (NHSN) operative procedure categories combined compared to previous year
- Advances have been made in infection control practices
  - Improved operating room ventilation
  - Improved sterilization methods, barriers
  - Improvements in surgical techniques
- However, SSIs remain a substantial cause of
  - **Morbidity**
  - **Prolonged hospitalization**
  - **Mortality**



# SSIs

- SSI accounts for **20% of all HAIs**
- SSI is associated with a **2- to 11-fold** increase in the risk of mortality
- **75% of SSI-associated deaths** are directly attributable to the SSI
- **SSI is the most costly HAI type**
  - Estimated annual cost of **\$3.3 billion**
  - Extends hospital **length of stay (LOS)** by 9.7 days
  - Cost of hospitalization increased by more than **\$20,000 per admission**



# SSI Wound Class

- An assessment of the **degree of contamination of a surgical wound** at the time of the surgical procedure
- **Wound class** is assigned by a person involved in the surgical procedure based on the wound class schema
  - Surgeon, circulating nurse
- The 4 wound classifications available within the NHSN application are
  - **Clean (C)**
  - **Clean-Contaminated (CC)**
  - **Contaminated (CO)**
  - **Dirty/Infected (D)**



# SSIs

ACS-NSQIP surgical wound classifications [11]

APS  
Archives of Plastic Surgery



Clean	Uninfected operative wounds without inflammation; respiratory, alimentary, genital or uninfected urinary tracts are not entered
Clean/ Contaminated	Operative wounds in the respiratory, alimentary, genital or uninfected urinary tracts are electively entered; without unusual contamination
Contaminated	Open, fresh, accidental wounds, operations with major breaks in sterile technique or gross spillage from the gastrointestinal tract, and incisions in which acute, non-purulent inflammation is encountered
Dirty	Old traumatic wounds with retained devitalized tissue or those that involve existing clinical infection or perforated viscera

ACS-NSQIP, American College of Surgeons-the National Surgical Quality Improvement Program.

# SSIs



Comparison of overall postoperative SSIs reported in ACS-NSQIP stratified by wound classification [13]

Population	Clean	Clean/Contaminated	Contaminated	Dirty
All specialties <sup>a)</sup>	2.58%	6.67%	8.61%	11.80%
Plastic surgery	2.75%	2.82%	4.94%	5.06%

ACS-NSQIP, American College of Surgeons-the National Surgical Quality Improvement Program; SSIs, surgical site infections.

Rates of overall complications, surgical site infections, reoperation, and mortality by wound classification

Postoperative outcomes	Clean (n = 12,530)	Clean/Contaminated (n = 1,098)	Contaminated (n = 850)	Dirty (n = 811)
Overall complications	603 (4.81)	101 (9.06)	134 (15.76)	160 (19.73)
Overall surgical site infection	344 (2.75)	31 (2.82)	42 (4.94)	41 (5.06)
Superficial SSI	237 (1.89)	18 (1.64)	19 (2.24)	16 (1.97)
Deep SSI	80 (0.64)	7 (0.64)	19 (2.24)	18 (2.22)
Organ/Space SSI	34 (0.27)	7 (0.64)	4 (0.47)	8 (0.99)
Reoperation	404 (3.23)	68 (6.19)	100 (11.76)	154 (18.99)
Mortality	10 (0.08)	2 (0.18)	12 (1.41)	28 (3.45)

SSIs, surgical site infections.

# SSI Rates per Wound Class

- Clean
  - 1%-5%
- Clean-Contaminated
  - 3%-11%
- Contaminated
  - 10%-17%
- Dirty/Infected
  - >27%



# Clean Case: DFSP Resection and Keystone Flap



# Clean-Contaminated Case: Palatal Adenocarcinoma Tongue Flap Reconstruction



# Contaminated Case: Axillary Hidradenitis



# Dirty/Infected Case: Tree Fell on Car/Leg Crush



# Clinical Pearls

- Most of my cases are **CONTAMINATED or DIRTY/INFECTED** cases
- How to modulate this with a goal of **decreased SSI and more rapid wound healing?**
  - Consideration for preoperative preparation of surgical site, ie, **highly charged fiber dressings, pHA wound irrigation**
  - Wide excision of necrotic/fibrotic/infected tissue
  - Consideration of **NPWT** and/or **INCISIONAL NPWT** and/or **NPWT with instillation and dwell**
  - Intraoperative wound irrigation with **pHA**
  - Plastic surgical wound closure techniques: **minimize tension**
  - **WIDE drainage** techniques
    - Closed-suction drains, iodine-impregnated gauze strips
  - Targeted **antibiotic** therapy
  - Close post-operative follow-up/incision cleansing with pHA post-op

# Clinical Cases

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# LLE Wound

- 75y Male
- Squamous cell carcinoma resected from LLE by his dermatologist
- Referred to wound center
- Wound has not healed 9 months later



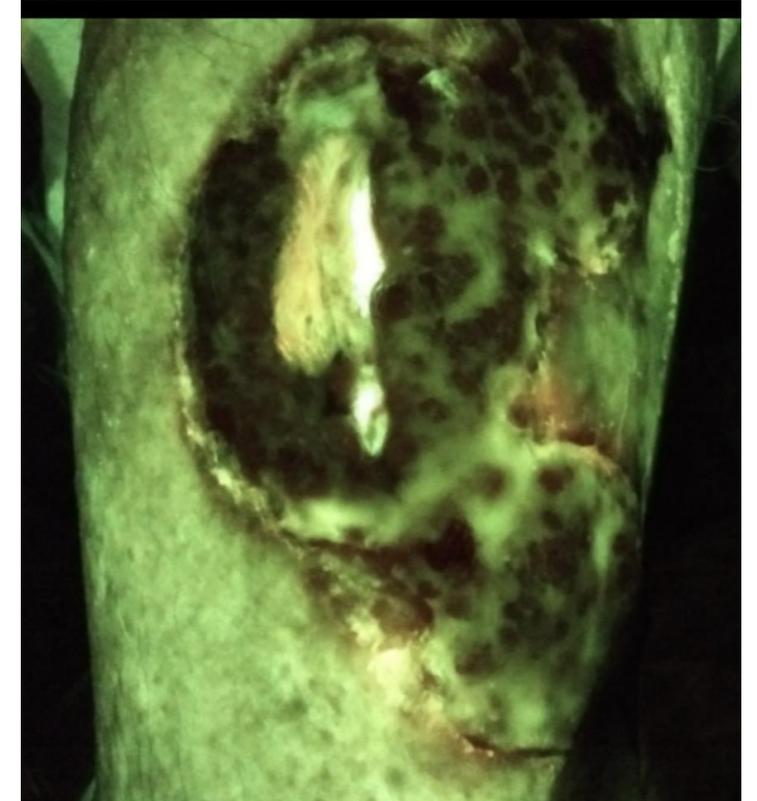
# LLE Wound

- Initiate pHA soaks and highly charged fiber dressing q2 days
- Plan for operative debridement of osteomyelitis



# LLE Wound

- 1 wk later in outpatient wound center
- Sharp debridement
- Decreased slough
- Dessicated bone more clearly delineated
- Fluorescent imaging: improved





# LLE Wound

- After OR debridement, pHA soak for 10 min
- Placement of OFM graft to build granulation tissue over the bone
- NPWT
- Plan for staged skin graft closure



# LLE Wound

- 2 wks later
- Continuation of pHA soaks and NPWT outpatient
- Confluent granulation tissue seen over bone



# LLE Wound

- 4 wks later
- Take back to OR for **STSG**
- NPWT



# LLE Wound

- 8 weeks postop – HEALED!



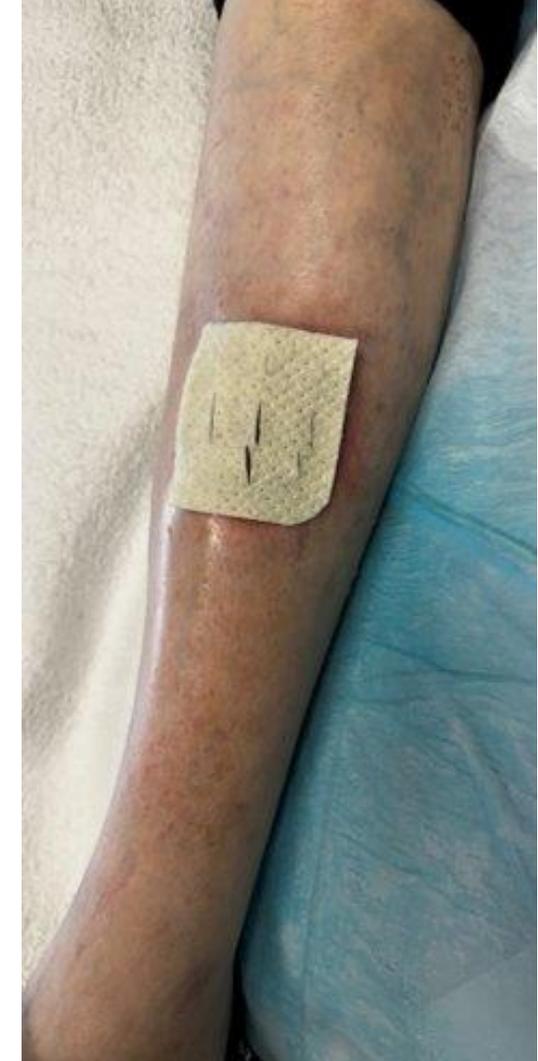
# Pyoderma Gangrenosum Wound

- 72y Female
- PMHx: Rheumatoid arthritis
- Spontaneous development of painful RLE wound with necrosis and slough
  
- Dermatology
  - Infliximab
  - Prednisone

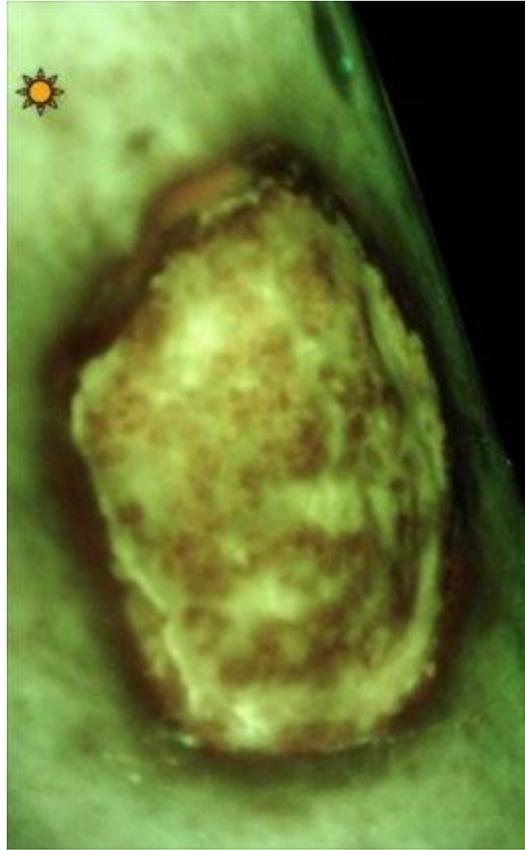


# Pyoderma Gangrenosum Wound

- Ultrasonic debridements performed
- Highly charged fiber dressing initiated with pHA soaks
- Fenestrations added to assist with heavy slough removal
- ABD and tubular compression dressing



# Pyoderma Gangrenosum Wound



# Current Techniques to Determine Levels of Contamination in Wounds

**Lisa Gould, MD, PhD, FACS**

South Shore Health, Weymouth, MA

Clinical Associate Professor,

Brown University Warren Alpert Medical School, Providence, RI

University of South Florida, Tampa, FL

Tufts University School of Medicine, Boston, MA

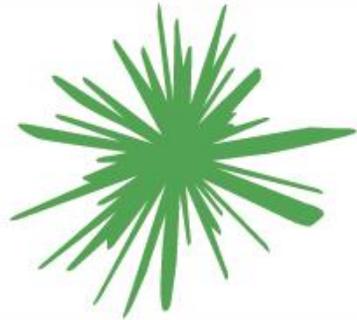
# How to Diagnose Wound Infection

- Need at least 2 clinical signs
  - Increased drainage
  - Odor
  - Erythema
  - Wound deterioration
  - Increased pain

## **WARNING:**

- Almost all bacteria may be pathogens
- Identification of a pathogen without clinical signs of infection  $\neq$  infection

INTERNATIONAL CONSENSUS UPDATE 2022



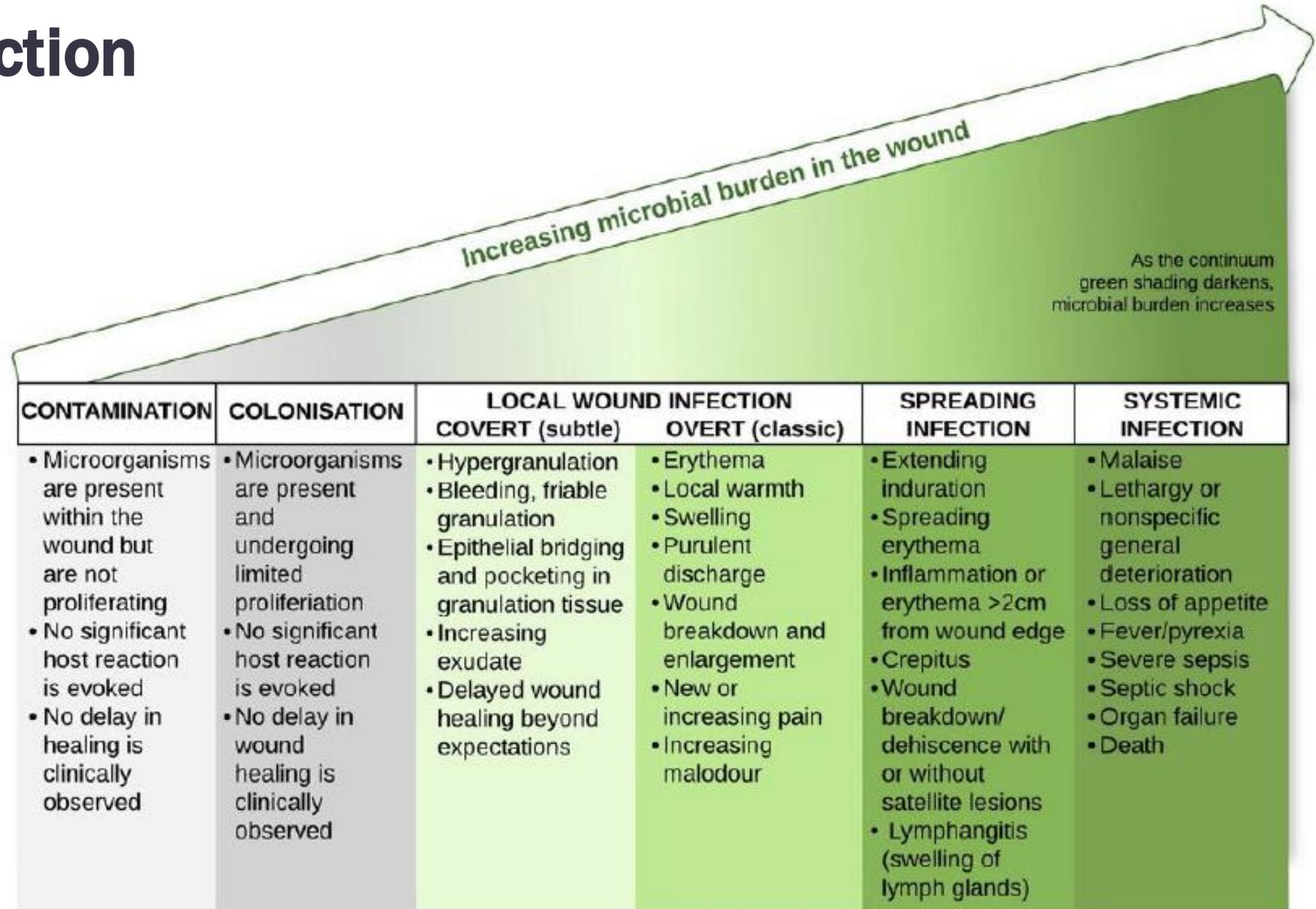
International Wound  
Infection Institute

# WOUND INFECTION IN CLINICAL PRACTICE

**Principles of best practice**

**“The germ is nothing. It is  
the terrain in which it is  
found that is everything.”  
Louis Pasteur, 1880**

# Wound Infection Continuum





*Only collect a wound sample in the presence of clinical signs and symptoms of wound infection.*



*Use an inert wound cleanser and debride the wound (if required) prior to collecting a wound specimen to avoid false positive results.*



*Tissue biopsy is the preferred wound specimen for obtaining accurate cultures. When this is not an option, use the Levine technique to collect a wound swab. This will express microbes from below the wound tissue.*

# Levine Swab Technique

**Table 6.** Concordance of qualitative swab and tissue cultures

	Wound exudate (%)	Z-technique (%)	Levine's (%)
<b>All organisms</b>			
Mean concordance	83	78	78
<i>Staphylococcus aureus</i>			
Total concordance	95	93	96
Occurrence concordance	91	88	94
Nonoccurrence concordance	90	85	92
<i>Pseudomonas aeruginosa</i>			
Total concordance	95	92	96
Occurrence concordance	69	56	75
Nonoccurrence concordance	95	91	96
<b>Groups A or B <i>Streptococcus</i></b>			
Total concordance	99	99	99
Occurrence concordance	67	67	67
Nonoccurrence concordance	99	99	99

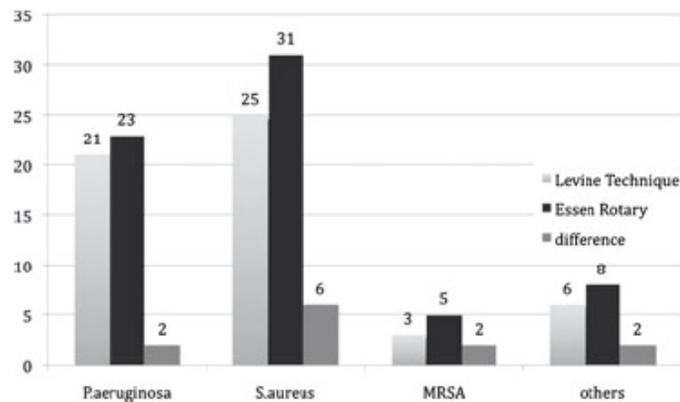
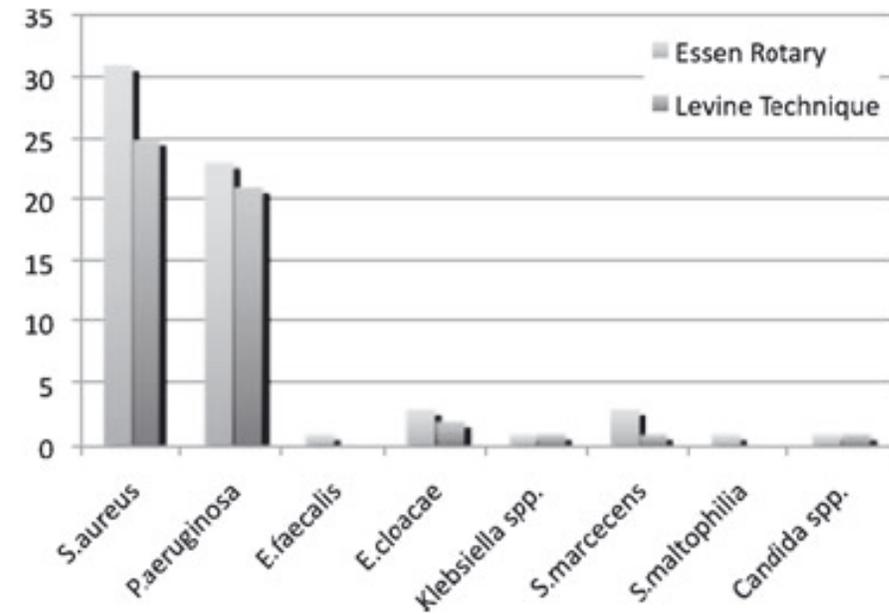
N=83.



- Cleanse with sterile saline (not antibacterial)
- Sample 1 cm<sup>2</sup> area with sufficient pressure to obtain tissue fluid
- Most reflective of tissue microbes

Levine, et al. 1976.

# Essen Rotary Swab Technique



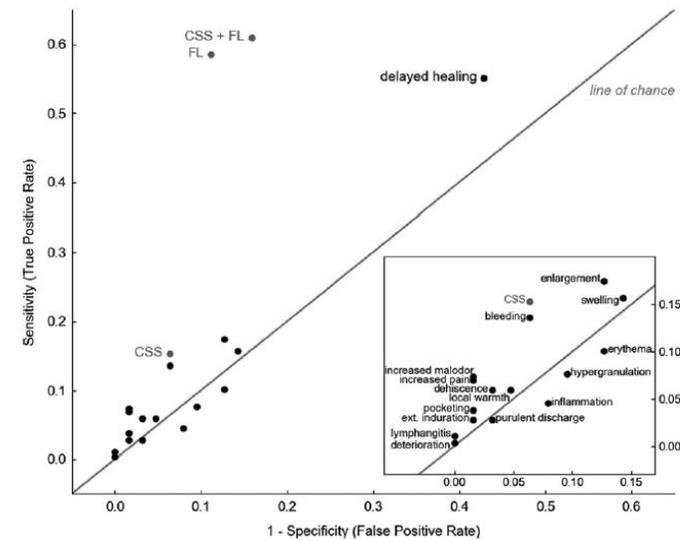
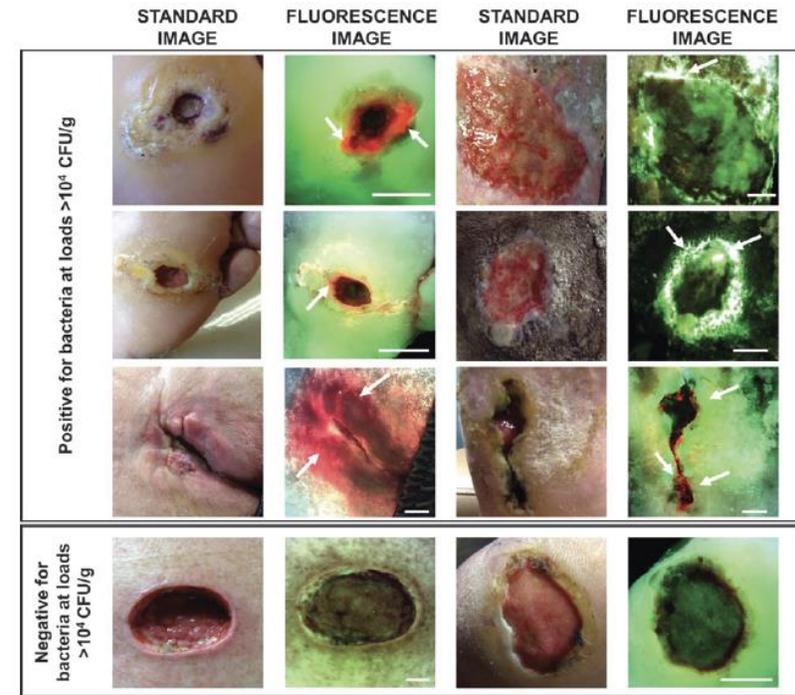
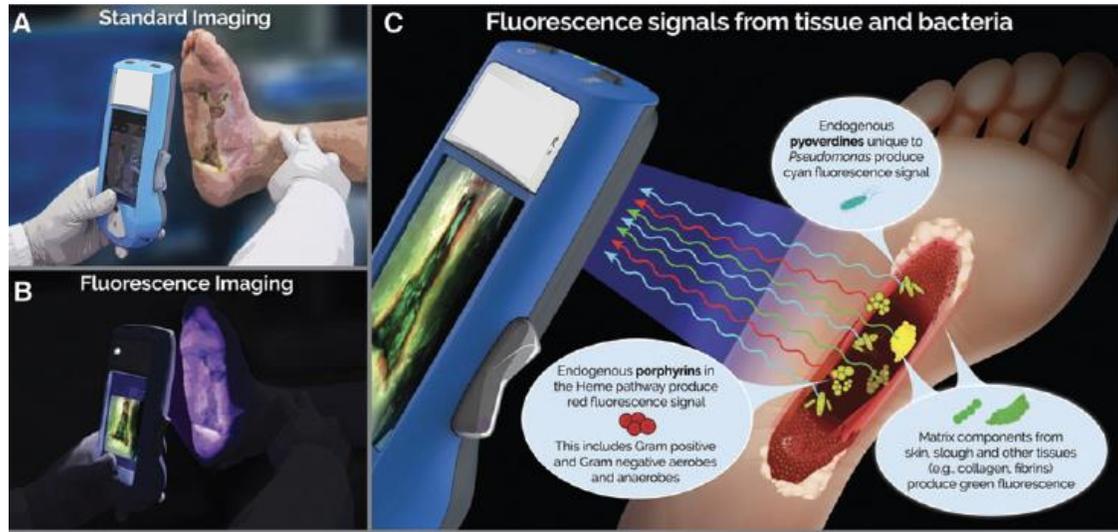
Al Ghazal P, Körber A, Klode J, Schmid EN, Buer J, Dissemond J. Evaluation of the Essen Rotary as a new technique for bacterial swabs: results of a prospective controlled clinical investigation in 50 patients with chronic leg ulcers. *Int Wound J.* 2014 Feb;11(1):44-9.

**Figure 5** Direct comparison of the absolute results. Essen Rotary vs. conventionally performed swab according to the Levine technique.

# Non-Specific Options

- Temperature
- pH
- Inflammatory markers
- Xrays and other imaging

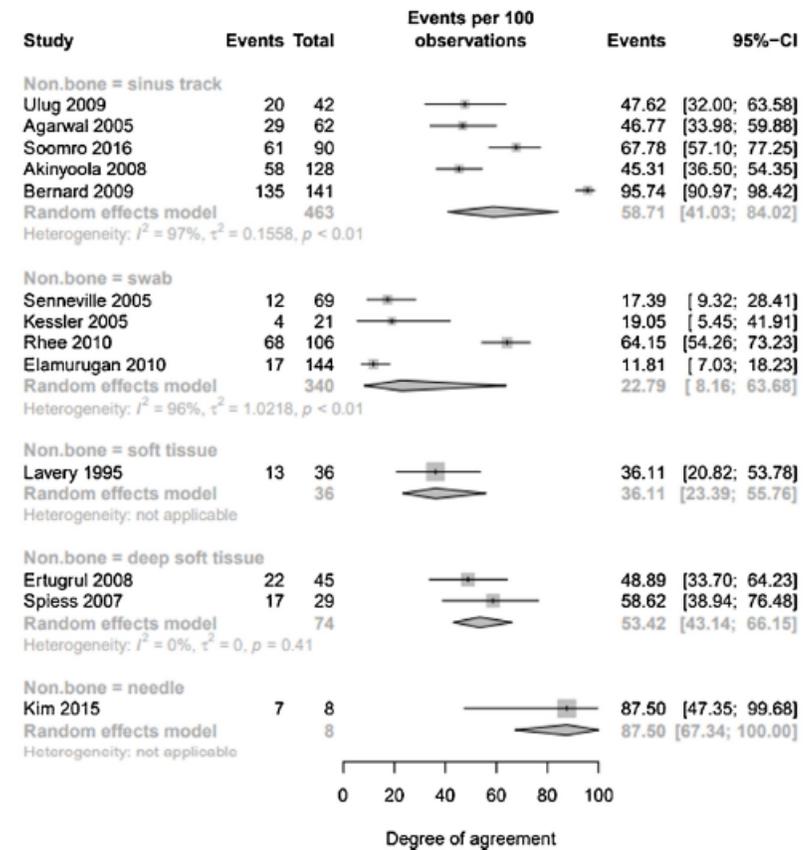
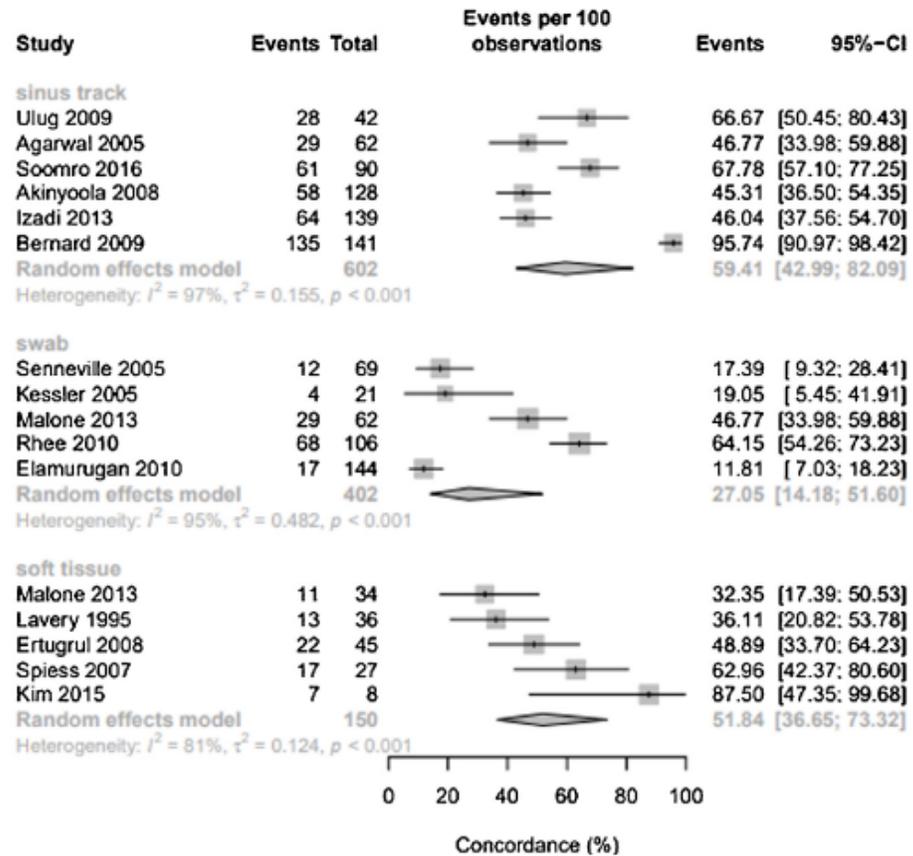
# Point of Care Technology



# What about PCR?

- When the references are old, and the number of advertisements exceeds the number of scientific papers, I get worried...
  - Ragothaman KK, et al. Evaluation of Polymerase Chain Reaction in the Identification and Quantification of Clinically Relevant Bacterial Species in Lower Extremity Wound Infections, *The Journal of Foot and Ankle Surgery*. 2022;61(4):713-718
    - Faster
    - Higher sensitivity
    - Unable to identify sensitivity to antibiotics
    - Unable to demonstrate clearance of species
- Commercial Enterprises
  - GENETWORx
  - Precision Life Sciences
  - Wound Care PCR Testing, Golden Point Labs
  - Advanced Wound Care (mobile wound care)
  - CoreBioLabs

# Intra-Operative Cultures

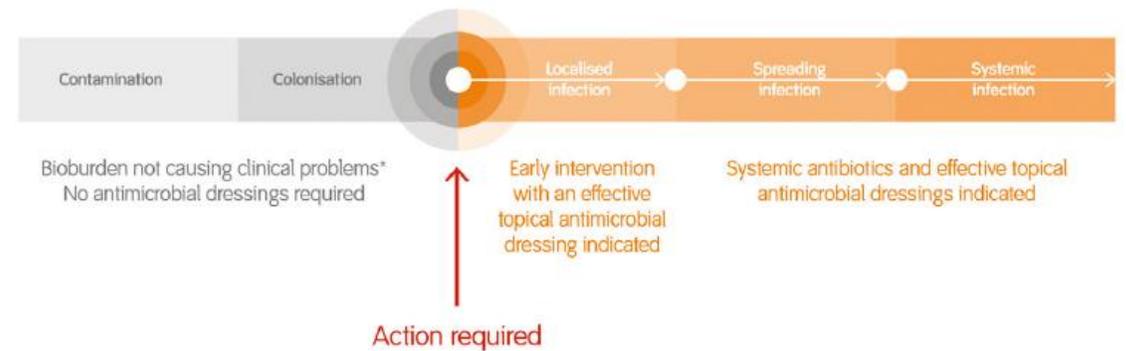
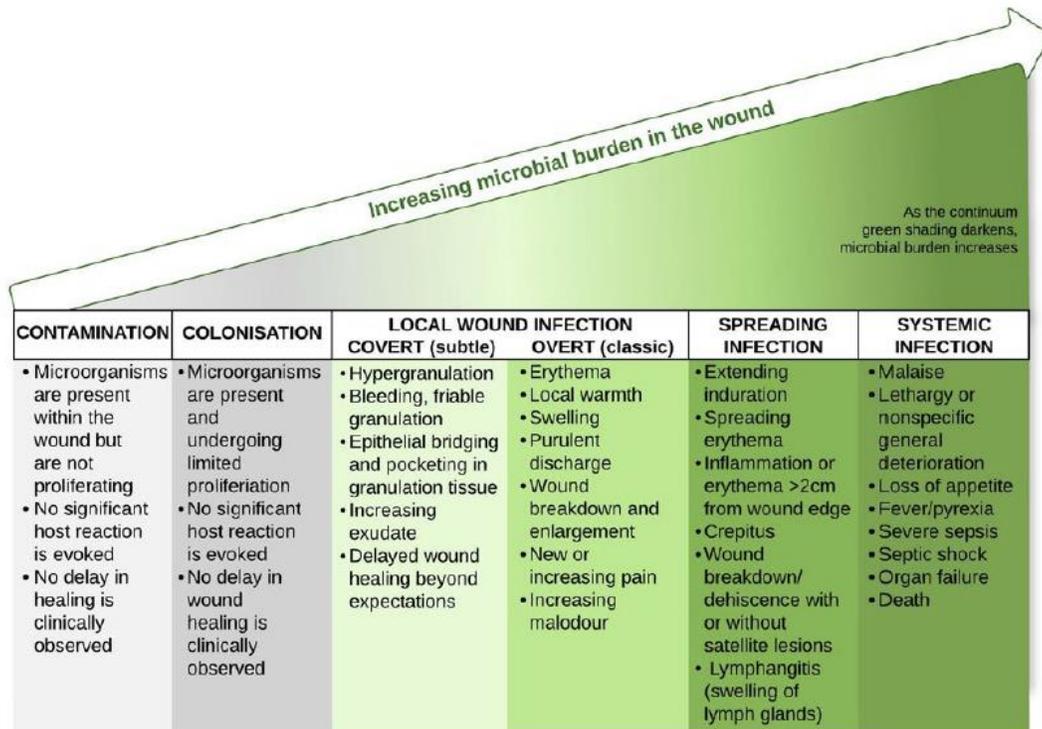


# What Don't We Have (Yet)?

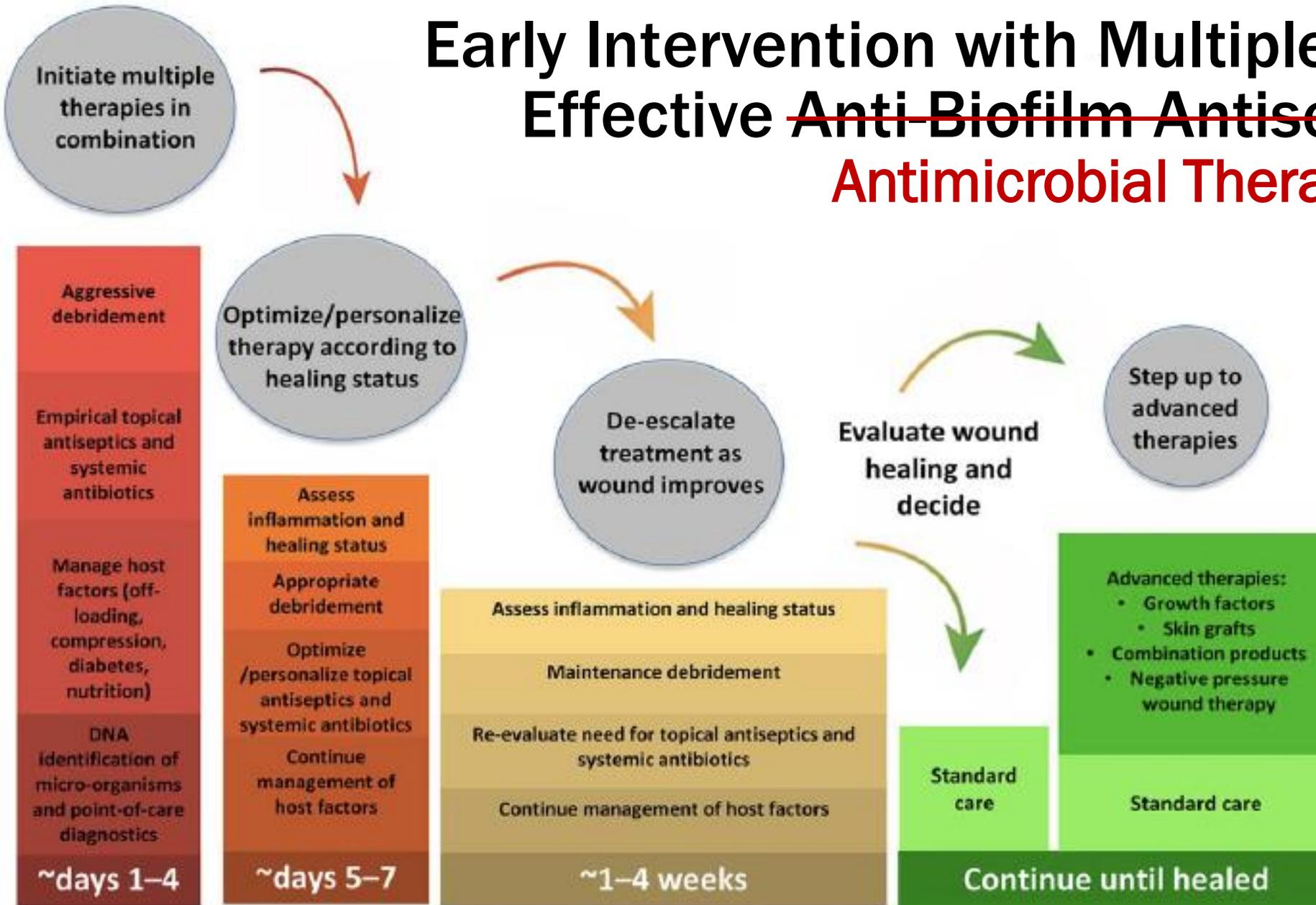
- True point-of-care diagnostic
- Rapid fungal culture
- Biofilm diagnostics
- Method to determine the pathogen

# **What Is the Role of Topical Antimicrobials and Systemic Antibiotics in the Management of Wound Infection?**

# Appropriate Use of Antimicrobials

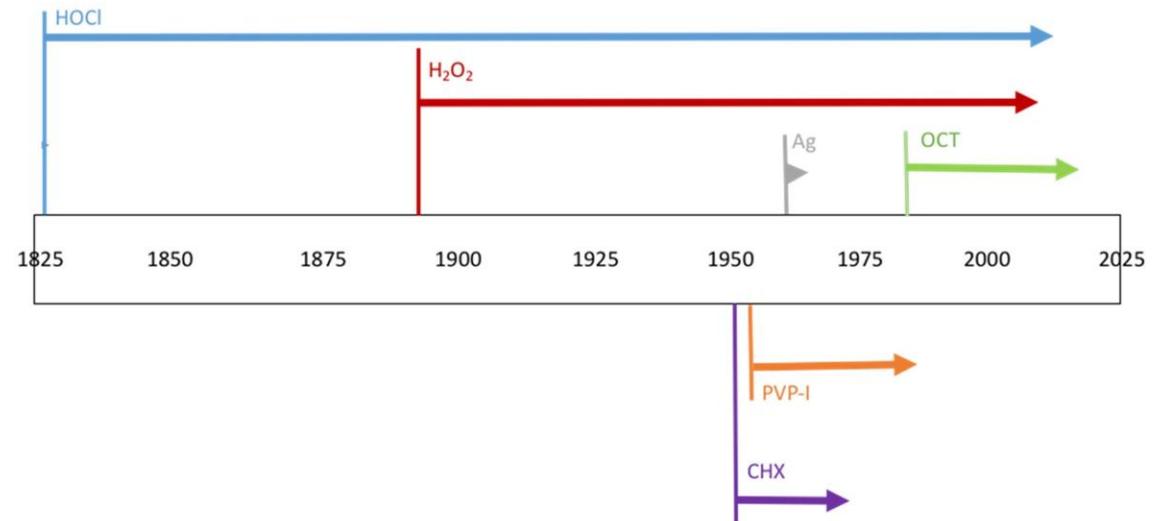


# Early Intervention with Multiple Therapies and Effective ~~Anti-Biofilm Antiseptics~~ Is Key Antimicrobial Therapy



# Specifically for This Presentation

- Silver
- Iodine
- Acetic acid
- Systemic antibiotic
  
- But there are many other things that people put in wounds to kill bacteria
  - Hypochlorous acid
  - PHMB
  - Sodium hypochlorite
  - Hydrogen peroxide
  - Methylene blue
  - Gentian violet
  - Chlorhexidine
  - Even antibiotics!



# Silver

Cytotoxic to bacteria, viruses, yeast, and fungi

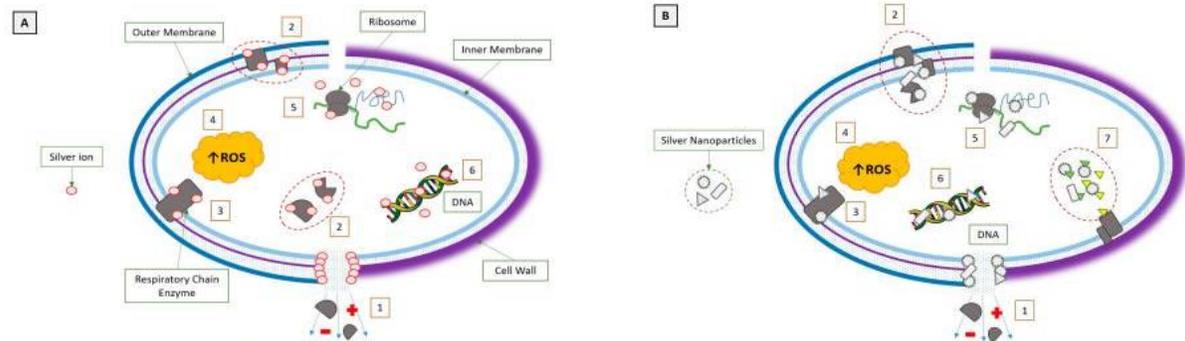
- Active against resistant organisms
  - MRSA
  - VRE
  - *P. aeruginosa*
  - CRE

## Mechanism of Action

1. Cell wall and membrane disruption
2. Denaturing of proteins and enzymes
3. Preventing respiration
4. Inhibiting DNA synthesis

## Silver ≠ Silver

1. Oxidation state
  - a.  $\text{Ag}^0$
  - b.  $\text{Ag}^+$
  - c.  $\text{Ag}^{++}$
  - d.  $\text{Ag}^{+++}$
2. Structure
  - a. Silver sulfadiazine (Silvadene)
  - b. Nanocrystalline
  - c. Ionic silver
3. Concentration
  - a. Bactericidal at 30-40ppm
  - b. Toxic to keratinocytes and fibroblasts in high concentration (60ppm in collagen lattice)
  - c. Systemic toxicity is rare (>60ppm)

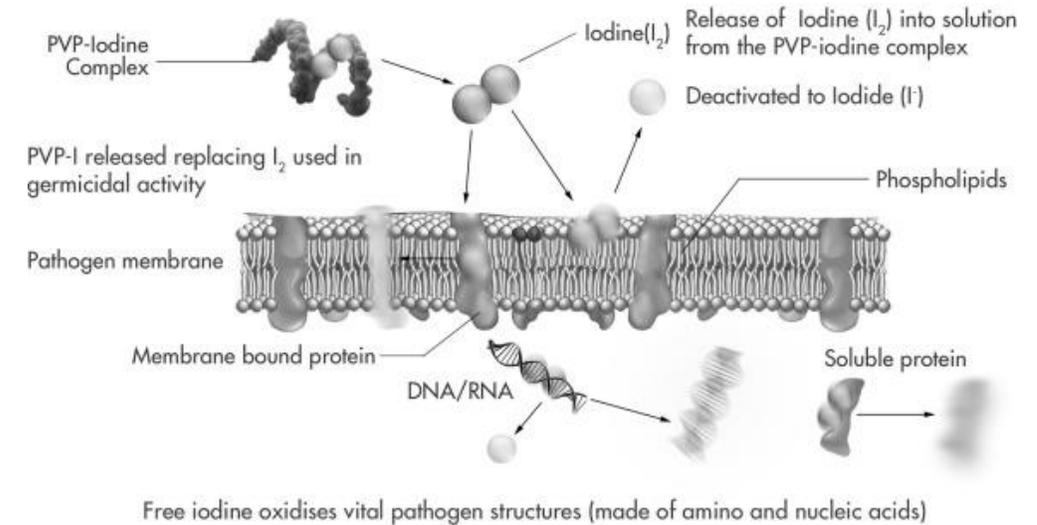


# Topical Antimicrobial Dressings

Table 12: Clinical evidence for topical antiseptics in complete wound healing¥	
Preparation	Evidence from reviews and randomised and/or controlled trials
Alginogel	No difference in complete healing rate for burns versus silver sulfadiazine dressing <sup>288</sup>
Cadexomer iodine	<ul style="list-style-type: none"> <li>Higher complete healing rates for pressure injuries,<sup>285</sup> venous leg ulcers<sup>289</sup> and in chronic wounds<sup>290</sup> versus standard care</li> <li>Higher complete healing at 12 weeks with 0.9% cadexomer iodine in both gel and powder forms versus standard care<sup>291</sup></li> </ul>
DACC	Higher complete health rates at 75 days for pilonidal sinus versus alginate dressing <sup>292</sup>
Honey	<p>Higher rates of complete healing for surgical wounds versus EUSOL<sup>284</sup></p> <ul style="list-style-type: none"> <li>Higher complete healing rates for superficial burns versus silver sulfadiazine<sup>293</sup></li> <li>Higher complete healing rates for burns versus topical antibiotics<sup>283</sup> and versus silver sulfadiazine<sup>294</sup></li> <li>Higher complete healing rates for VLU versus alternative dressings<sup>289</sup></li> <li>Higher complete healing rates for minor wounds versus standard care<sup>294</sup></li> </ul>
OCT	<ul style="list-style-type: none"> <li>Similar complete healing rates for chronic leg ulcers with OCT versus Ringer's solution<sup>295</sup></li> <li>Complete healing was significant for partial thickness burns with OCT gel, similar rates to herbal gel<sup>296</sup></li> </ul>
PHMB	Higher rates of chronic wound healing with a PHMB dressing versus a silver dressing <sup>186, 297</sup>
Povidone iodine	<p>Inferior complete healing rates for pressure injuries versus protease modulating dressing<sup>285</sup></p> <ul style="list-style-type: none"> <li>Conflicting findings for complete healing versus non-antimicrobial dressings with no difference shown for chronic ulcers<sup>298</sup> or donor-sites,<sup>299</sup> but faster healing shown for diabetic foot ulcers (DFUs)<sup>299</sup></li> <li>Reduction in time to complete healing in burns<sup>283</sup></li> </ul>
SOS	<p>Improved healing for chronic wounds with no difference in healing outcomes for SOS versus tetrachlorodecaoxide<sup>300</sup></p> <ul style="list-style-type: none"> <li>Higher rates of chronic wound healing for SOS versus povidone iodine<sup>301-303</sup></li> <li>Faster complete healing of burns for sodium hypochlorite versus silver sulfadiazine<sup>283</sup></li> </ul>
Silver	<ul style="list-style-type: none"> <li>Higher rates of healing for venous leg ulcers (VLUs)<sup>286</sup> and for burns<sup>283</sup> with silver dressings versus non-antimicrobial dressings</li> <li>No difference in healing rates for burns between nanocrystalline silver dressing versus any other silver-impregnated dressings<sup>304</sup></li> <li>Higher rates of healing for chronic wounds<sup>305</sup> and for VLUs<sup>286</sup> with silver dressings versus antimicrobial dressings</li> <li>Higher rates of healing for pressure injuries with silver sulfadiazine versus povidone iodine<sup>285</sup></li> <li>Higher rates of healing for DFUs with nanocrystalline silver dressing versus honey or nonactive dressing<sup>306</sup></li> <li>Lower or similar rates of healing for burns with silver sulfadiazine versus a range of other comparators<sup>307, 308</sup></li> </ul>

¥ reported as complete wound closure within 8-12 weeks

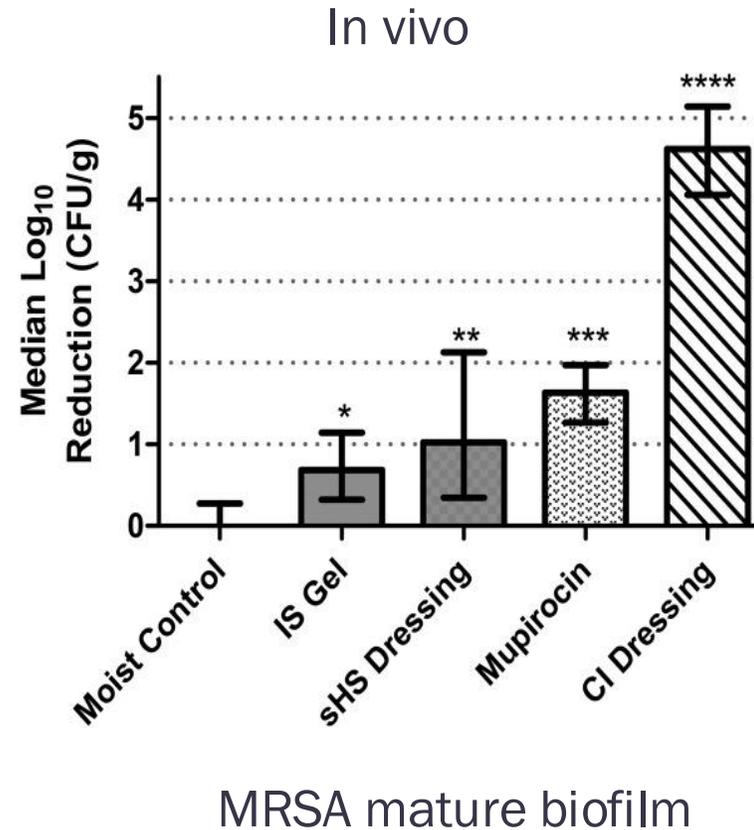
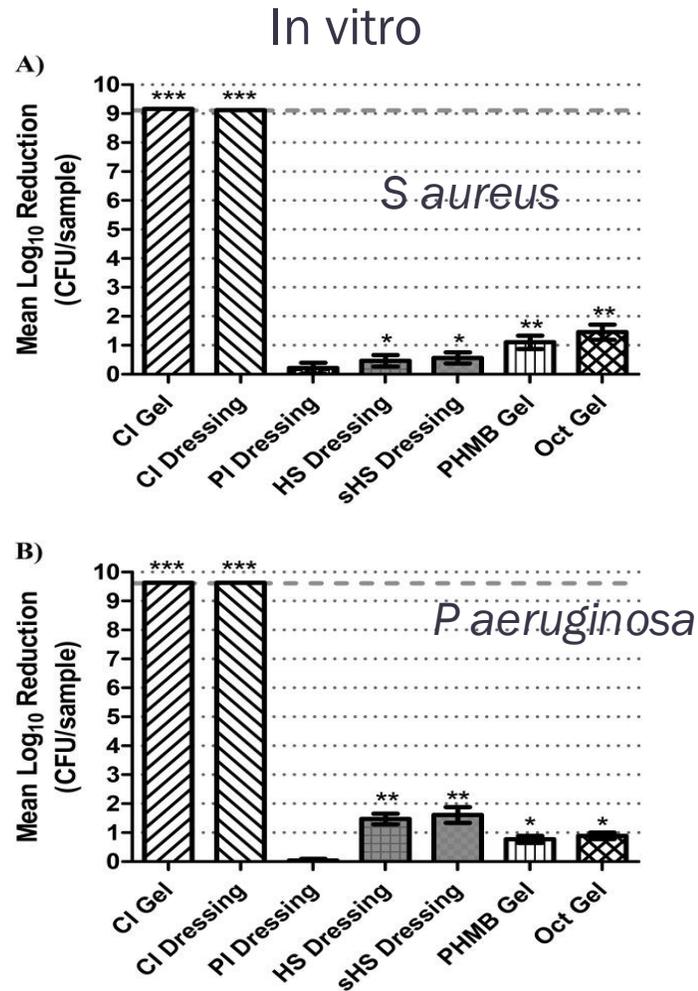
# Iodine



Three types of iodophors used in wound dressings in the U.S.

- **Cadexomer iodine:** produced by the reaction of dextrin with epichlorohydrin and iodine
- **Povidone iodine:** a liquid chemical complex of povidone, hydrogen iodide, and elemental iodine
- **Absorptive PVA-based foam dressing:** a newer iodophor—the exact chemical structure of which has not yet been fully determined—which is specifically indicated for use on infected wounds

# Cadexomer Iodine Provides Superior Efficacy Against Bacterial Wound Biofilms In Vitro and In Vivo



## DRESSINGS

CI = cadexomer iodine

PI = povidone iodine

IS = ionic silver gel

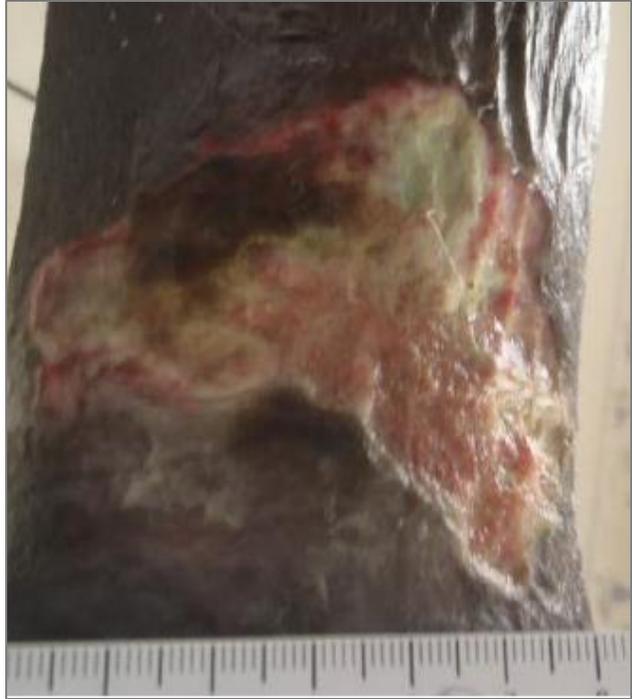
HS = hydrofiber silver

sHS = supplemented HS

PHMB = polyhexamethylene  
biguanide gel

Oct = octenidine gel

# Wound Bed Preparation with Cadexomer Iodine



**Cadexomer  
Iodine**



62y immunosuppressed, renal transplant with right leg ulcer, worsening with local wound care. Painful with foul, green drainage.

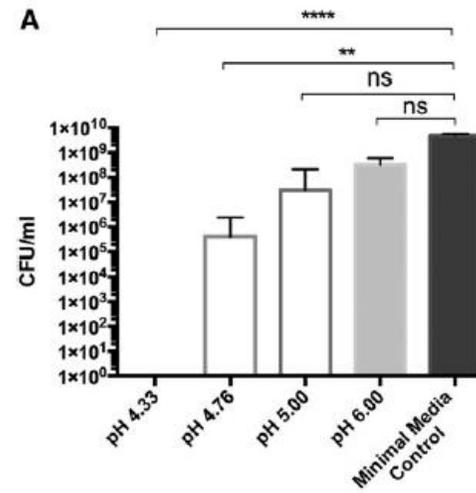
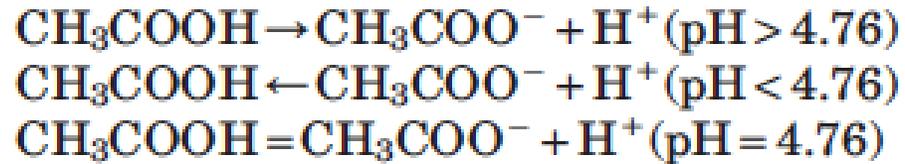
## 3 Wks after Outpatient Pixel Graft



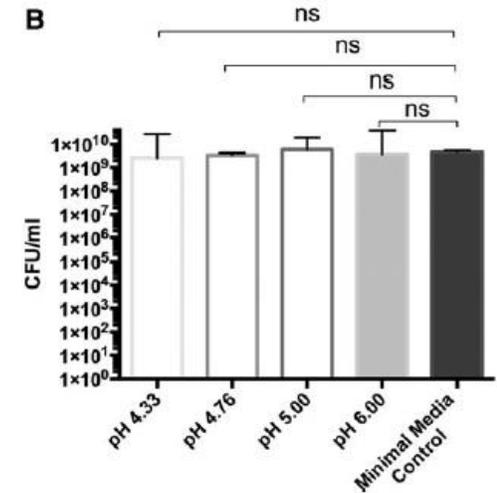
- Persistent *pseudomonas* in wound
- Patches of graft visible in wound bed
- No migration

# Acetic Acid

- Acetic acid eradicates mature biofilms
- It is the acetic acid molecule itself, in its nondissociated form, that kills bacteria: CH<sub>3</sub>COOH
- Maximal antibacterial effect at pH 4.76 and lower

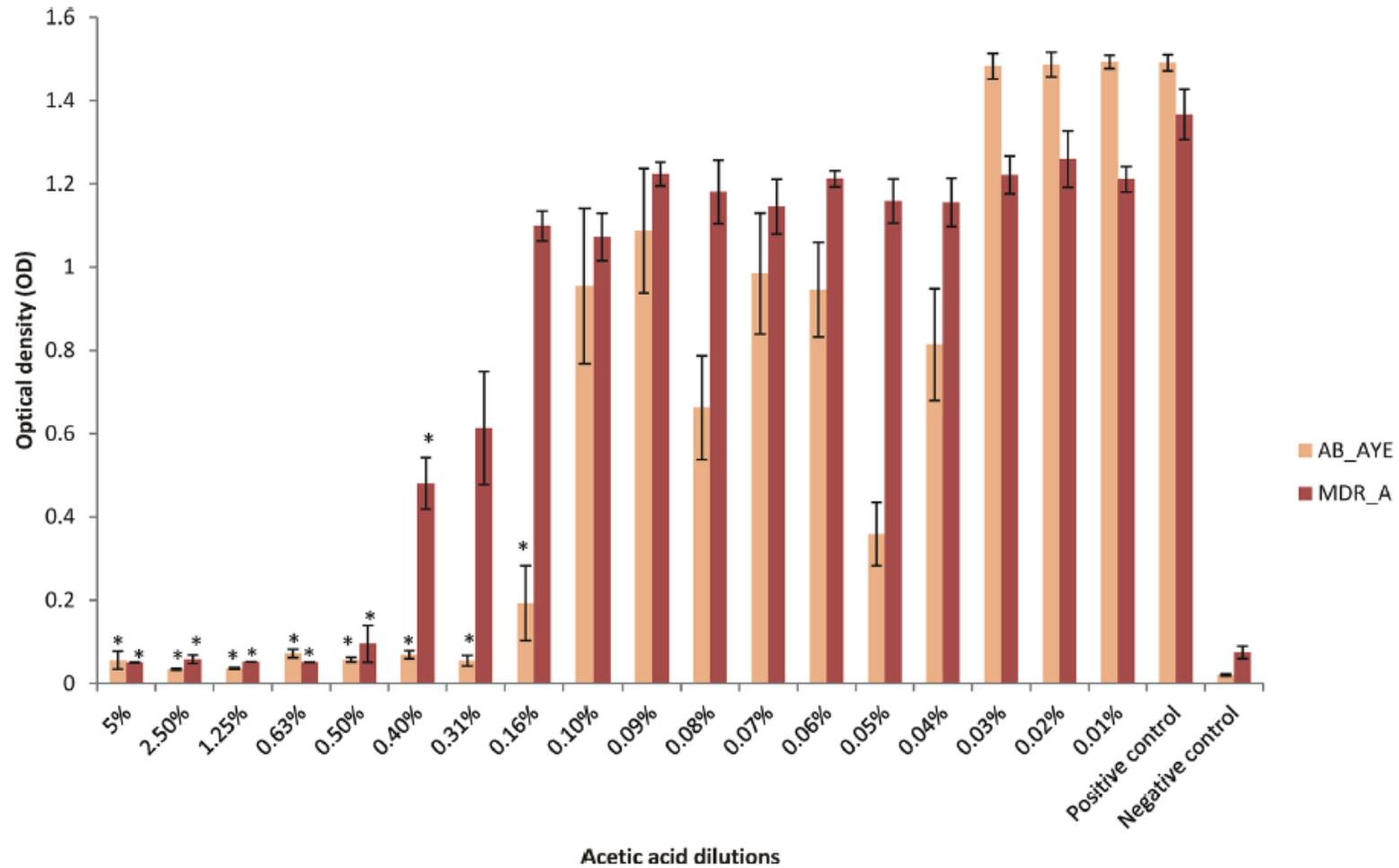


Acetic acid



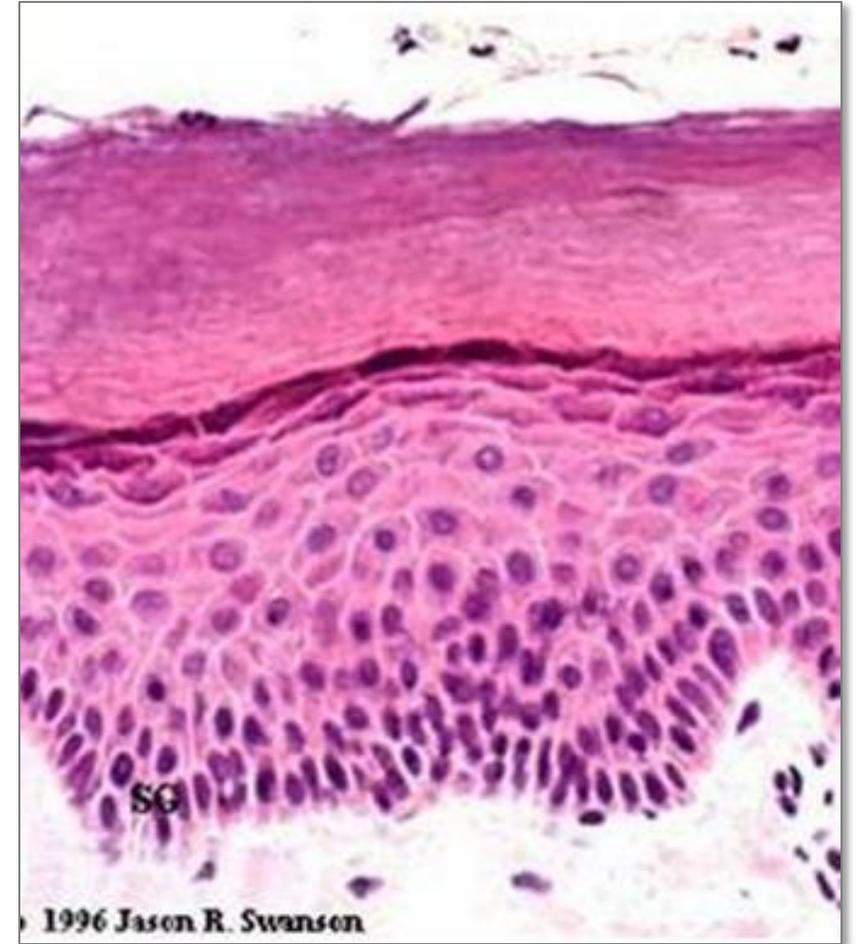
Hydrochlorous acid

# Impact of Acetic Acid on Mature Biofilm



**Persisters  
Eradicated**

**Epidermal Skin Barrier  
Restored**

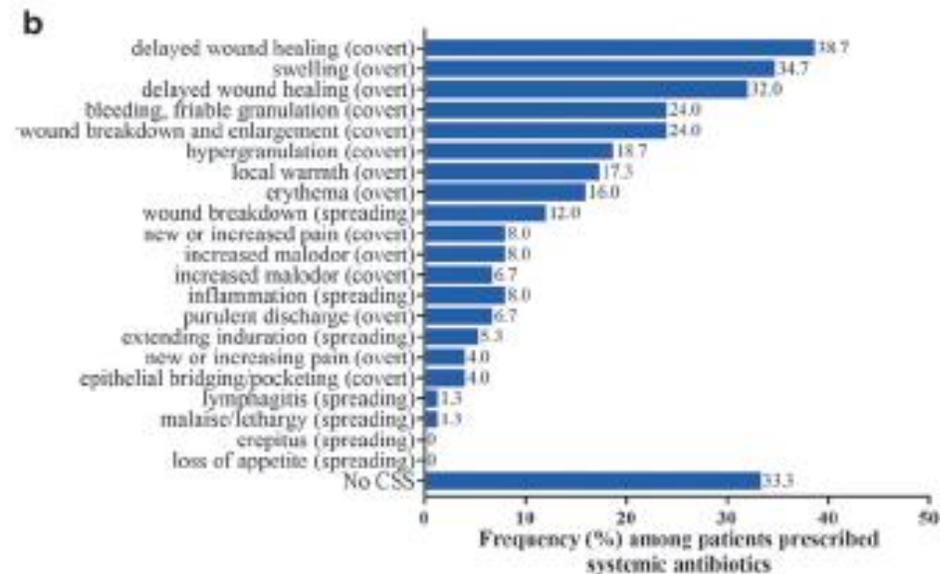
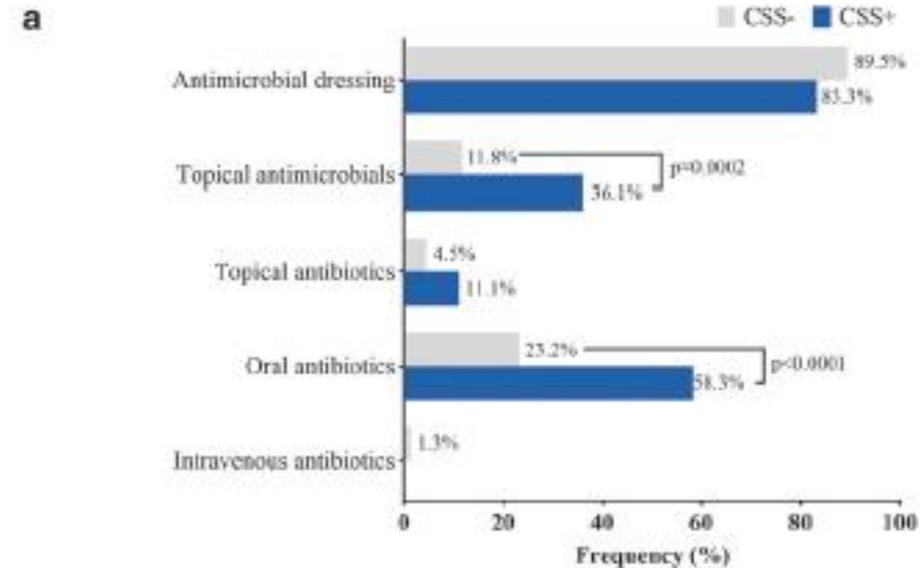
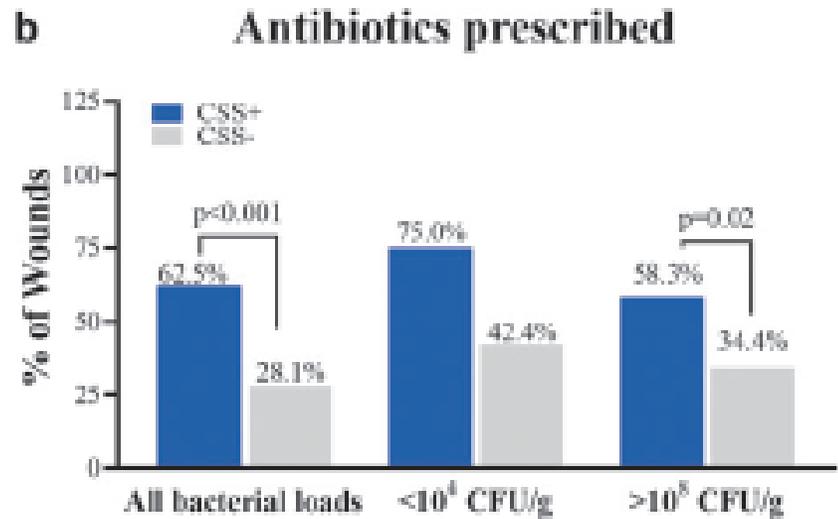


# Houston – We Have a Problem...

100 cases, 12 nursing homes in Denver

- **Most common infections**
  - Non-purulent cellulitis ( $n = 55$ )
  - Wound infection ( $n = 27$ )
  - Infected ulcer ( $n = 8$ )
  - Cutaneous abscess ( $n = 7$ )
- **26 cases previously published minimum clinical criteria for initiating were not met**
  - 52 were initiated as a telephone order following a call from a nurse
  - 41 patients were not evaluated by a provider within 48 h after initiation of antibiotics
- **95 were treated with oral antibiotics alone**
  - Median treatment duration was 7 days
  - 43 patients received treatment courses of  $\geq 10$  days

# Antibiotics Treat Infection, Not Wounds



# Dos and Don'ts of Infection Management in Wound Care

- Don't forget the management of underlying comorbidities and concomitant factors
- Don't perform routine swabs for all chronic wounds
- Don't use topical antibiotics indiscriminately
- Don't use systemic antibiotics indiscriminately
  
- Do use wound hygiene as the **#1 strategy**
- Do use debridement for wound bed preparation
- Do use a multi-disciplinary team
- Do use culture-guided antibiotics for severe infections

# **NPWT with Irrigation**

# Pressure Ulcer Decision-Making

At request of WOCN:

- 82y Male, admitted from skilled nursing facility (SNF)
- Evaluated together at bedside
  - Reviewed palliative care note and discussed patient's goals of care with team before proceeding



**DTI**



**Demarcation**



**Bedside debridement**

# Pressure Ulcer Debridement → iNPWT

- Combined with WOCN re: best treatment strategy
- Discussed with hospitalists and Case Manager regarding length of stay, discharge to SNF, and capacity of the SNF for NPWT



**7/7**



**8/6**

**Discharged to SNF with NPWT**

# Necrotizing Soft Tissue Infections

- Aggressive serial debridement is critical
  - “3 debridements in 72 hrs”
- Optimize the patient
  - ICU care
    - Renal function
    - Fluid resuscitation vs edema
    - Ventilator support
    - Nutrition, diabetes management
- Rapidly cover
  - Decreases frequency of wound care
  - Decreases inflammatory reaction
  - Decreases pain
    - Improves overall management and ability to extubate



# Post-Acute Care

- Coordinated effort with Case manager for discharge with NPWT
- Discussed with VNA and equipment rep due to insurance not covering usual NPWT device
- Virtual visits with VNA due to increased drainage:
  - Wound culture
  - Prep for grafting



# From ICU to Healed and Back to Work: 6 Months



# Operative Debridement → iNPWT → NPWT



**Infected hematoma**



**Operative debridement**



**1 wk iNPWT**



**2 months post-op  
Telehealth  
NO in-person clinic  
visits needed**

# **New and Emerging Technologies To Determine Levels of Contamination And Infection in the Wound**

**Terry Swanson, NP, FAWMA, FMACNP**

Wound Education Research Consultancy (W.E.R.C.)

swansonterry7@gmail.com

# Outline

- In addition to Dr Gould's review of techniques to identify infection
  - Clinical signs and symptoms
  - Wound culturing and specimen assessment
  - Fluorescence imaging
- Protease levels
- pH
- Blot test for biofilm
- Temperature
  - Long wave infrared thermography

# Have We Advanced Since 2013?



## Wound infection

**Wounds International's clinical innovations section presents recent developments in wound care. This issue, we focus on innovations in wound infection.**

### Wound infection and diagnostics in practice: what is emerging?



*Authors (left to right): Gregory Schultz and Randall D Wolcott*

**W**ound infection unquestionably impairs healing, but many chronic wounds do not have high levels of planktonic bacteria as measured by standard clinical microbiology laboratory culturing methods. Recent research (James

et al, 2008; Phillips et al, 2010) suggests this "critical colonisation" state is due to the presence of polymicrobial biofilm communities that are highly tolerant of hosting antibodies, inflammatory cells, antibiotics, and many antiseptics.

Polymerase chain reaction (PCR)-based identification of multiple bacterial species from wound biopsies appears to be a promising technology that overcomes most of the limitations of traditional bacterial-culturing methods. Methods of utilising improved profiling bacterial and fungal species present in wounds enables customised formulations of antibiotics and other agents that target a specific spectrum of organisms. Topical treatment with personalised antimicrobial formulations appears to substantially improve the healing of complex wounds (Dowd et al. 2011).

in reducing adverse economic and health consequences, especially in the context of growing levels of antibiotic resistance (Harding et al, 2008). Unfortunately, current standard clinical microbiology tests – which are based on the 100-year-old technique of growth of bacteria on nutrient agar plates – only provide a partial profile of the planktonic bacterial and fungal species present in wounds; essentially, those microorganisms adapted to grow rapidly under specific conditions in an incubator (Dowd et al, 2008). This leads, in most situations, to the identification of only a select few of the many planktonic bacteria present in a wound.

Clearly, there is a need for better diagnostic tests to identify and measure levels of bacteria and fungi in wounds. However, such a test (diagnostic) should meet several parameters. It should be cost-effective, at least in the range of the current standard clinical microbiology tests. Results should be generated in a few hours and provide information that can be used to guide clinical decision-making. In other words, just having more complete information about the bacteria and fungi species present in wound biopsies, curettes or swabs has minimal effect, unless there is a way to use that information to guide specific treatments for that patient, which is the aim underpinning the concept of personalised medicine.

Fortunately, molecular biology technologies have been developed that can replace the standard microbiology culturing technique. It quickly became evident in the 1990s that sequencing the 16S regions of bacteria and 18S region of fungi led to levels of sensitivity and specificity

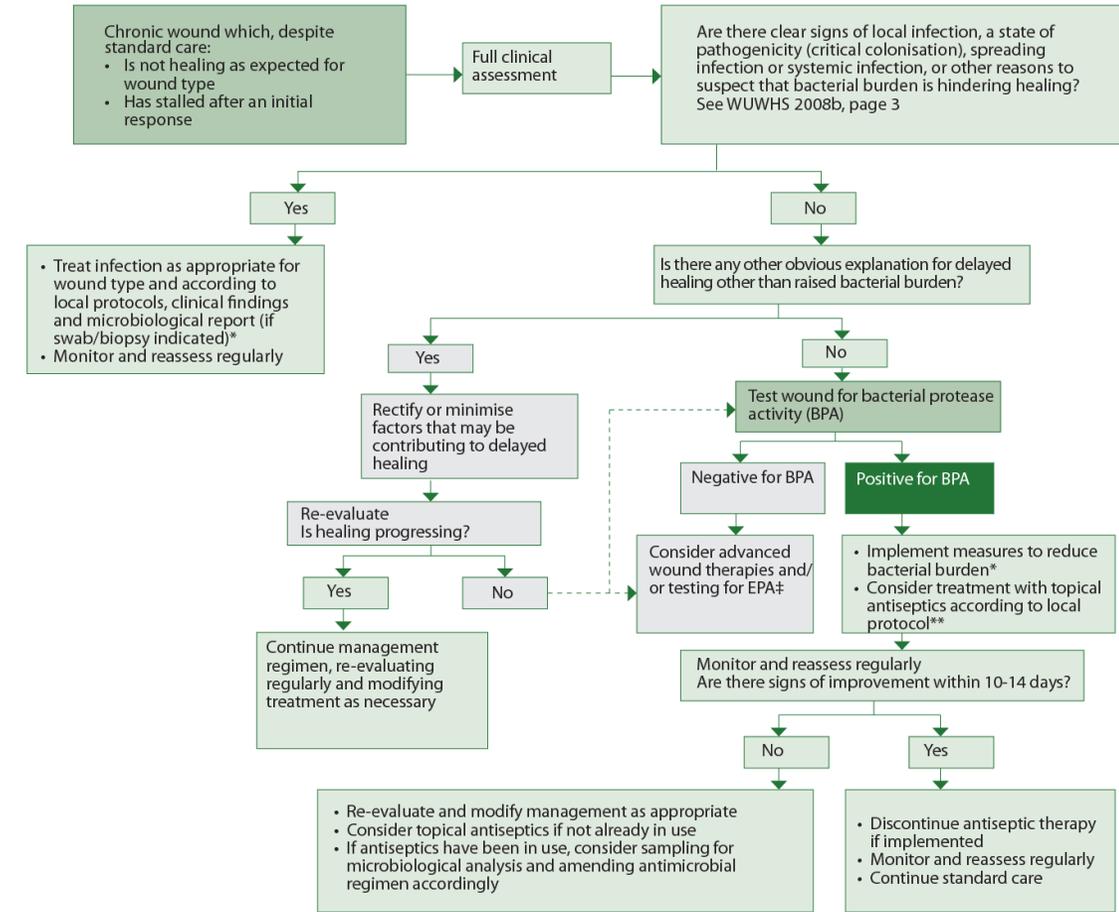
# Laboratory Investigations

- **C- reactive protein (CRP)**
  - A protein made in the liver and increases with inflammation and infection and noted in simple blood test
  - Changes can occur within 24-48 hrs of stimulus, such as infection
  - Good correlation with acute infection such SSI and wounds exhibiting s&s of spreading infection in DFU/I
- **Procalcitonin**
  - Peptide hormone secreted by non-neuroendocrine parenchymal cells. Elevated in pts with bacterial infections
- **White Blood Cell (WBC) count**
  - Elevated WBC (leukocytosis) indicates an immune response to infection
  - Elevated neutrophils is common in bacterial infections
  - Band cells (shift to the left) indicates presence of immature WBC, which suggests the bone marrow is responding to the infection
  - Normal or low may occur in immunocompromised pts with localised infections
- **Erythrocyte Sedimentation Rate (ESR)**
  - Elevated during inflammation and infection, tissue injury
  - Elevation may suggest inflammation or chronic infection

**Not much has changed, but when patient has signs and symptoms of spreading infection, they may be warranted**

# Bacterial Protease Activity (BPA)

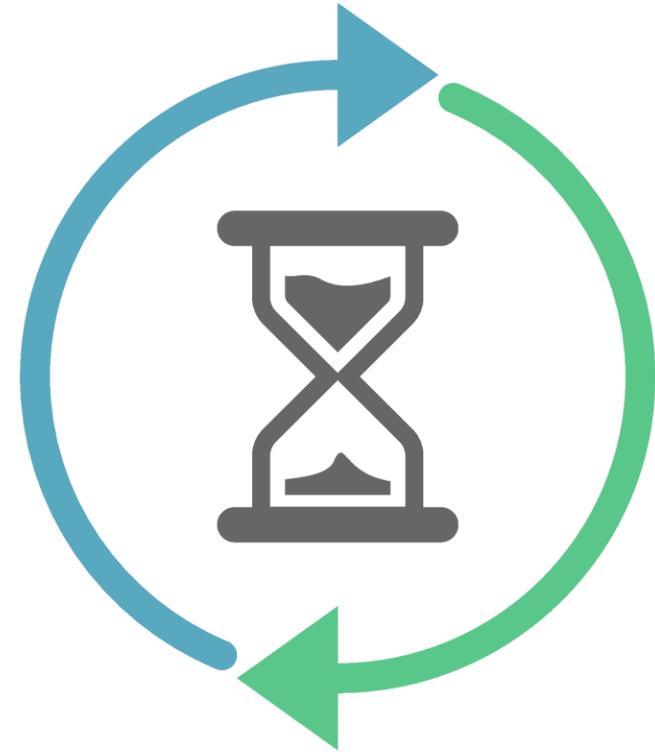
- Elevation of proteases leads to degradation of extracellular membrane, growth factors, and receptors
- Contributes to prolonged inflammation
- May impede wound healing
- Point of Care (POC): Qualitative assessment of bacterial proteases activity amongst common bacteria in wound that correlate with pathogenicity



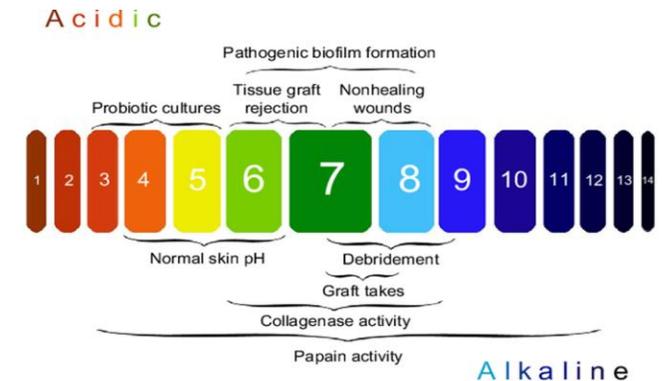
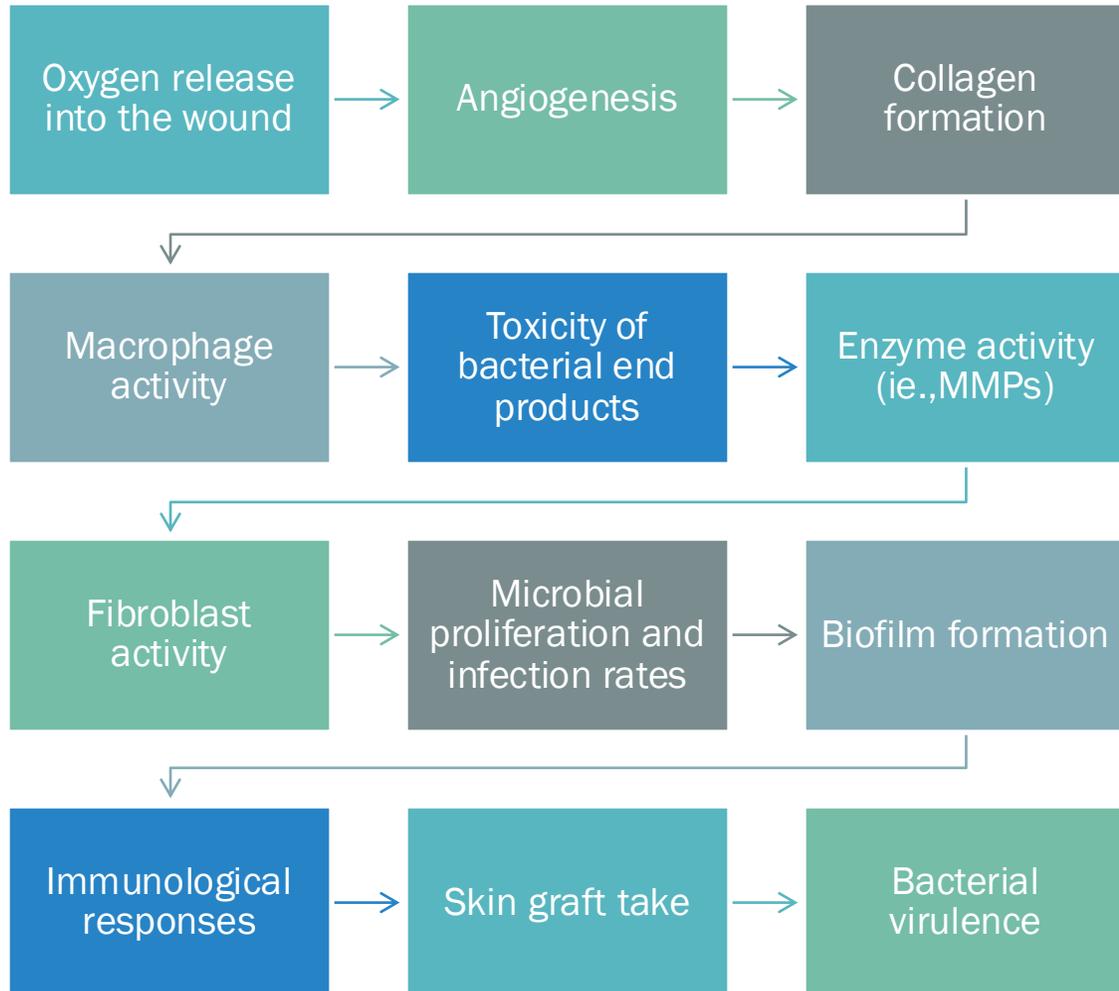
\*Incorporate into management plan:  
 • Optimisation of host response: nutrition, hydration, glycaemic control, tissue perfusion  
 • Reduction of bacterial load: prevent further contamination or cross-contamination, facilitate wound drainage, debride wound, increase dressing change frequency, cleanse wound at every dressing change, manage excess exudate, manage malodour, topical antiseptic +/- systemic antibiotic(s)  
 • General measures such as management of symptoms, patient and carer education, optimise patient cooperation, ensure psychosocial support [WUWHs, 2008b]  
 \*\*Systemic antibiotics are usually reserved for patients with spreading or systemic infection; avoid use of topical antibiotics [WUWHs, 2008b]  
 ‡ If positive for elevated protease activity (EPA), consider incorporating protease-modulating interventions into management [International Consensus, 2011; Dissemo

# Wound pH

- Increases with bacterial colonisation
- An early indicator of infection



# The pH value within the wound directly and indirectly influences all biochemical reactions



Gethin G. The significance of surface pH in chronic wounds. *Wounds UK* 2007; 3: 52–6. Olson E. Influence of pH on bacterial gene expression. *Mol Microbiol* 1993; 8: 5–14. Vestacka A, Ciznar I, Stefkovicova M. Temperature and pH affect the production of bacterial biofilm. *Folia Microbiol* (Praha) 2010; 55: 75–8, Lipsky BA, Aragón-Sánchez J, Diggle M, Embil J, Kono S, Lavery L, et al. IWGDF guidance on the diagnosis and management of foot infections in persons with diabetes. *Diabetes Metab Res Rev*. 2016;32(Suppl 1):45–74.

# Why Does the pH Increase with Infection?

- Secretion of alkaline proteases increase the pH
- Alkaline environment allows more bacteria species to survive and multiply, as well as increased activity of gelatinases (MMP-2 – MMP-9)
- Most pathogenic bacteria are inhibited in a lower pH environment
- An increase in the pH of infected wounds may influence bacterial virulence, as well as bacterial growth
- Wound pH can also impact the effectiveness of antibiotics and antiseptics
- An alkaline environment favorable for bacterial growth



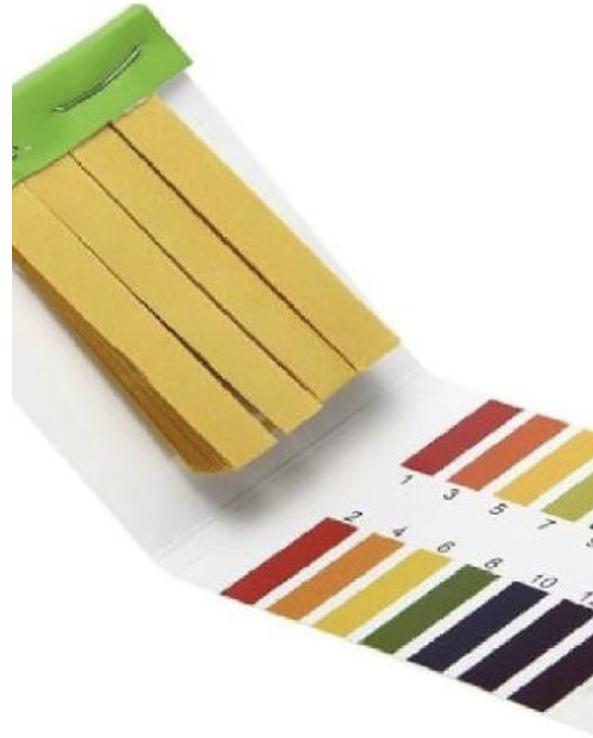
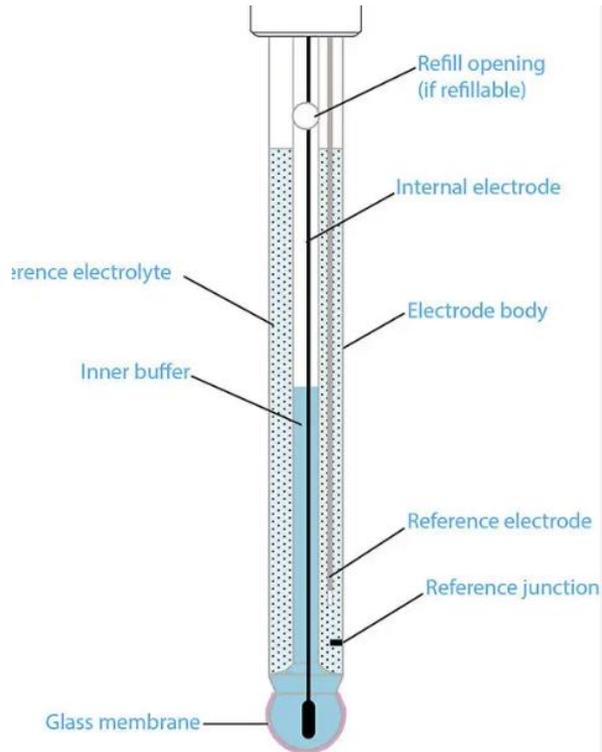
# pH Testing – How?

When and how to test

- Before wound cleansing?

Tools to test

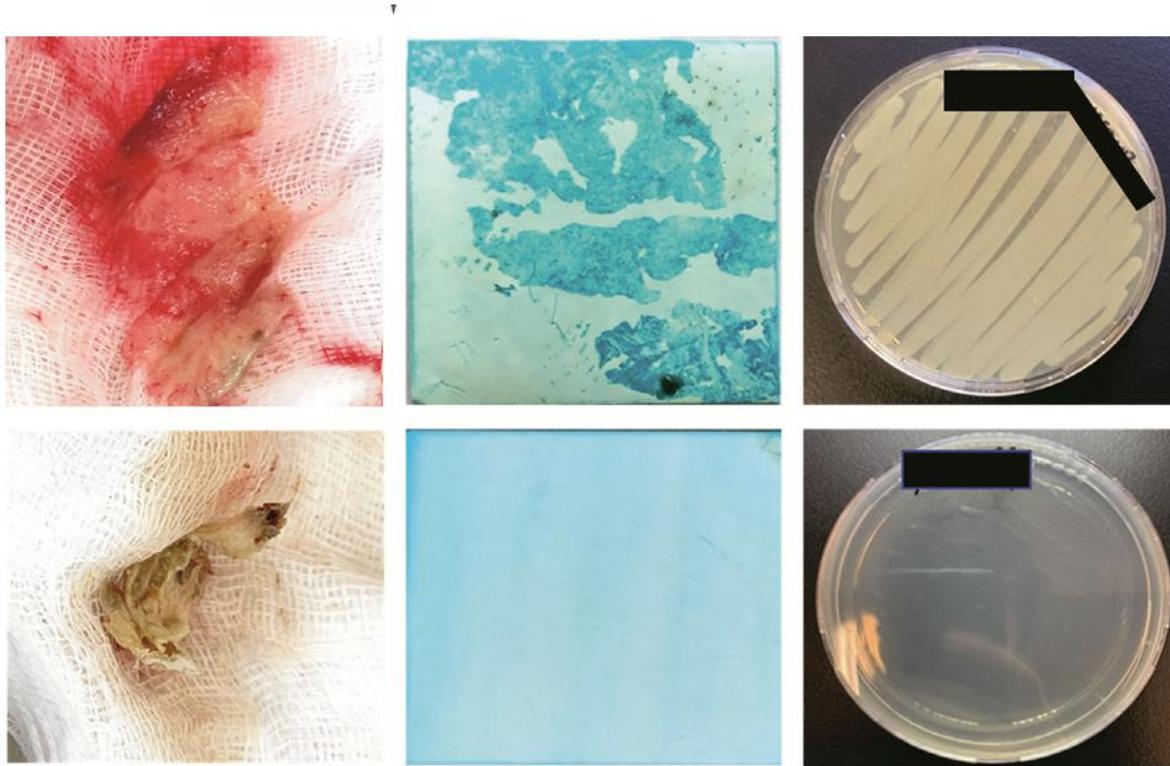
- Litmus paper
- Glass probe
- Digital monitors



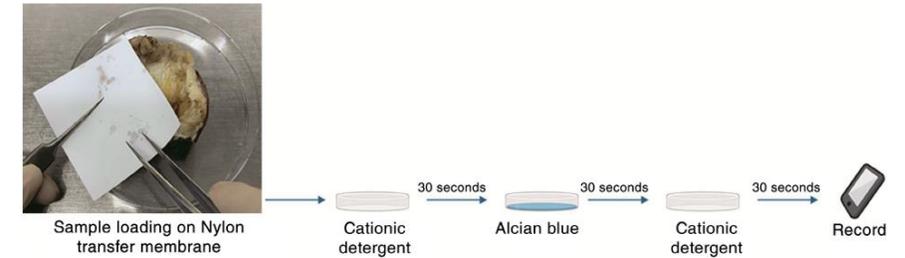
# Blotting for Biofilm

- Nakagami, et al (2017-2019) used ruthenium red or alcian blue dyes to visualise blotted biofilm on nitrocellulose membrane; although effective, it requires 30 minutes to conduct test and multiple processes
- Yu-Feng, et al (2020) modified the process to decrease time to several minutes by using alcian blue and positively charged membrane for staining plus CTAC cationic detergent for blocking and washing the membrane

# Modified Blotting for Biofilm



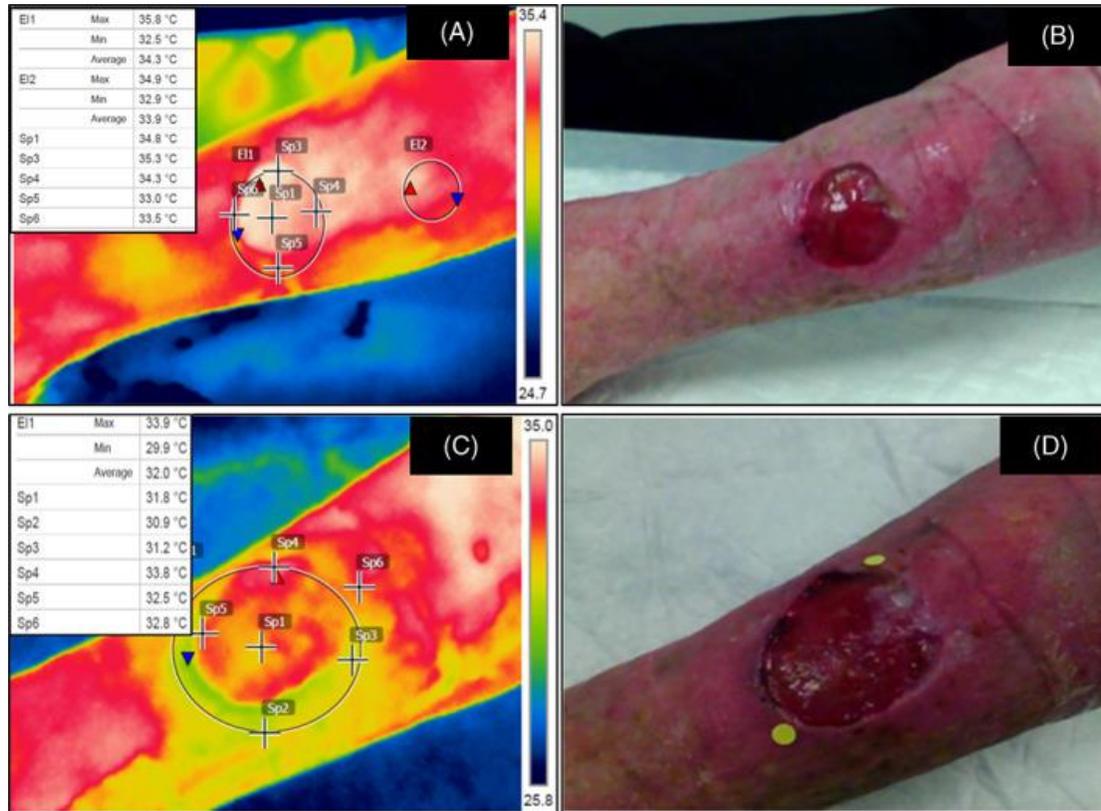
**FIGURE 4** Representative cases with biofilm-positive and biofilm-negative wounds. The upper row shows a picture of clinical tissue, positive results of the modified alcian blue staining, and the positive microbiology culture of a representative biofilm-positive case. The lower row shows a picture of clinical tissue, negative results of the modified alcian blue staining, and the negative microbiology culture of a representative biofilm-negative case [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]



**FIGURE 1** Schematic of modified alcian blue staining procedure. Sample loading by dripping 3  $\mu$ L bacterial aliquots onto the membrane or pressing the membrane firmly onto wound tissue; followed by soaking the membrane in cationic detergent (30 seconds) for blocking non-specific binding, alcian blue solution for staining (30 seconds), and cationic detergent again for washing (30 seconds). The cationic detergent used in our protocol was 1% CTAC. Photographs of the air-dried (30 seconds) membranes were taken for further image processing [Color figure can be viewed at [wileyonlinelibrary.com](http://wileyonlinelibrary.com)]

- Modified staining results correlated well with microbiology culturing results (83.9% consistency, 95.2% sensitivity, and 60% specificity)
- Protocol showed high predictive validity for clinical wound outcomes as determined at a 1-month follow-up visit (78.6% consistency, 83.3% sensitivity, and 70% specificity).

# Temperature



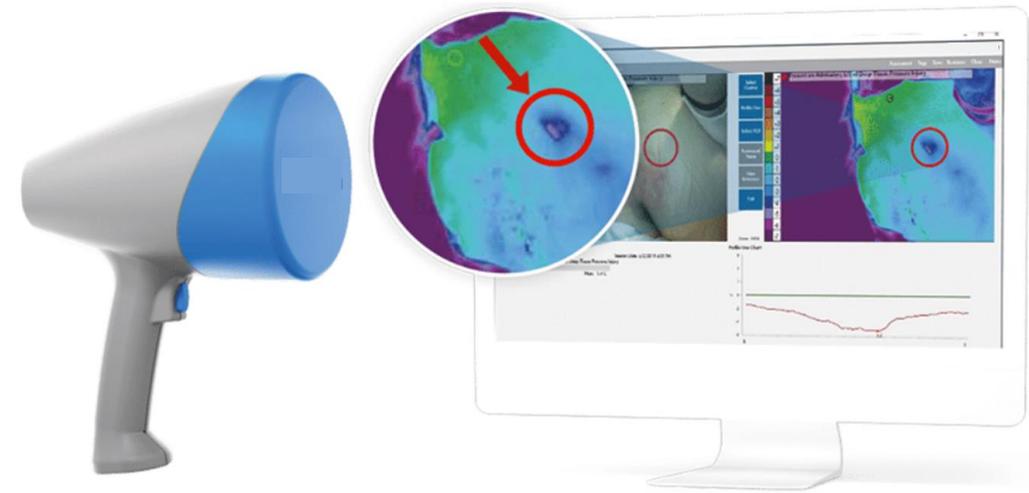
Thermography used for diagnostic, screening and monitoring purposes. An adjunctive evaluation.

## Benefits:

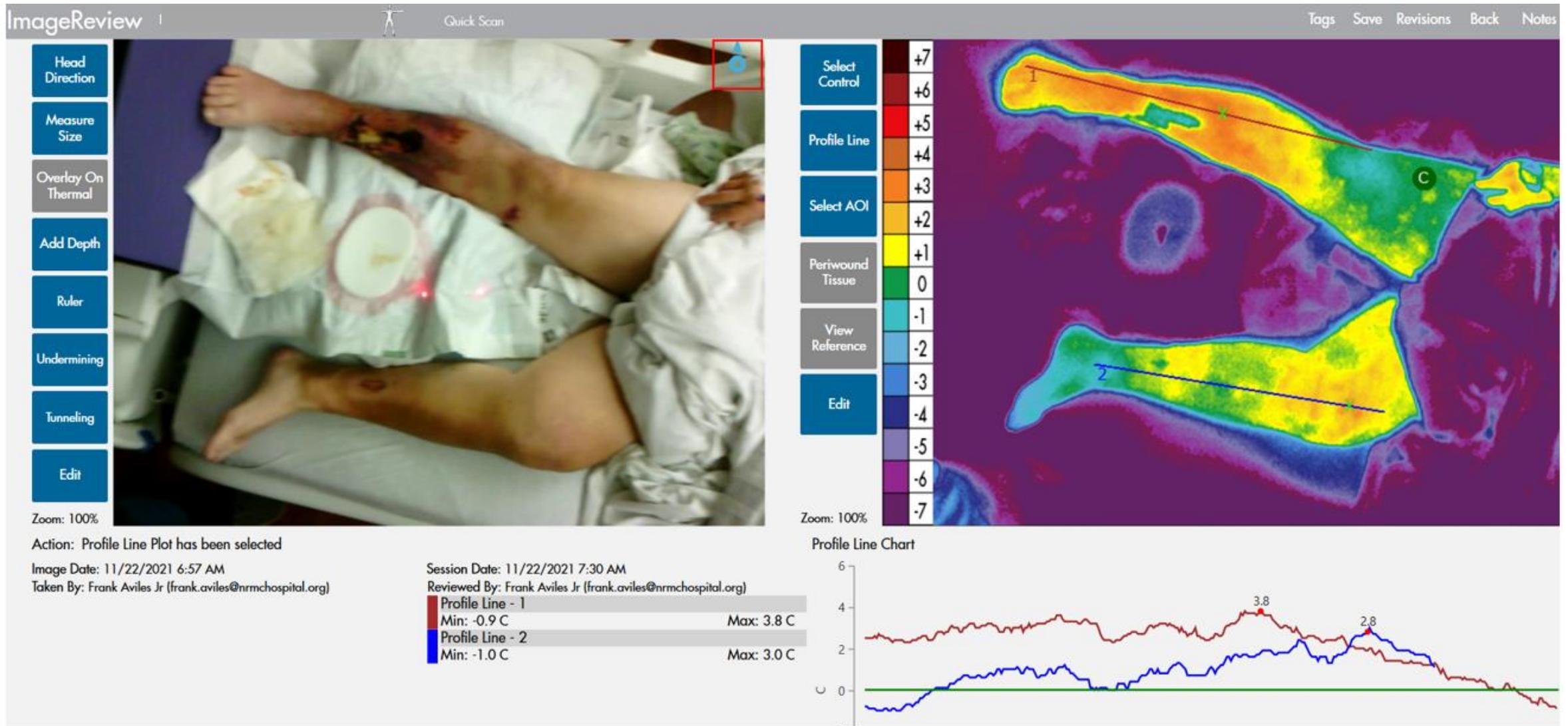
- Non radiation
- Simple to use
- Low cost

# Long Wave Infrared Thermography (LWIT)

- Infrared light in the electromagnetic spectrum is nonvisible
- Measures radiation emitted from the body as thermal energy due to metabolic response to an event (like wound infection)
- Converts the information into a pattern based on temperature
- Infection/ inflammation causes hyperperfusion
- It is not a diagnostic tool but a complimentary device to aid the clinician in validating their assessment, as a preventative device, validates interventions, and guides treatments



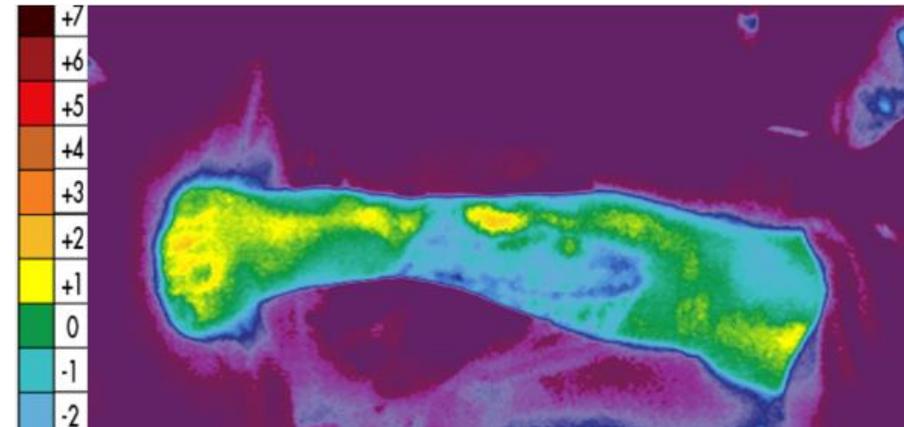
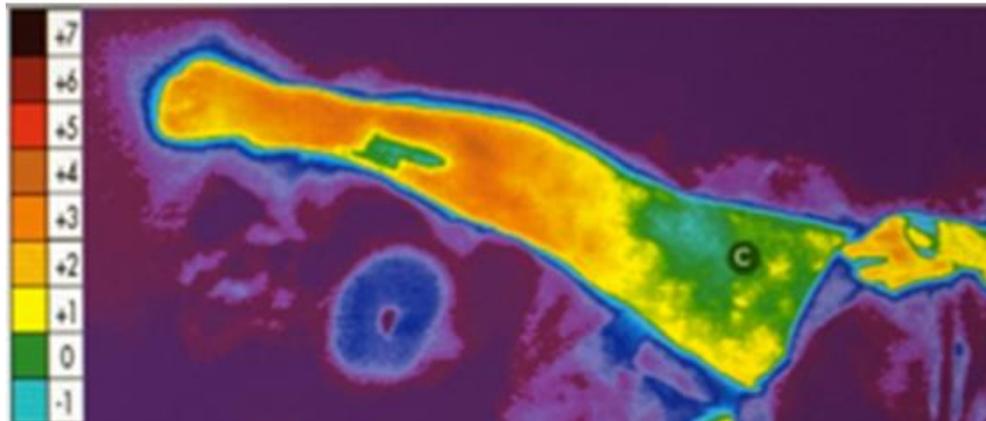
# LWIT: Infection Confirmed with Objective Tests



Increased metabolic activity noted by increased thermal energy beyond normal. Objective testing demonstrated a necrotizing infection

# LWIT Validating Treatment Interventions

Image on Post Op Day 3



**Patient was taken to surgery for extensive debridement,  
received hyperbaric oxygen and systemic antibiotics**

# **Therapeutic Wound and Skin Cleansing: Clinical evidence and recommendations from the IWII**

**Terry Swanson, NP, FAWMA, FMACNP**

Wound Education Research Consultancy (W.E.R.C.)

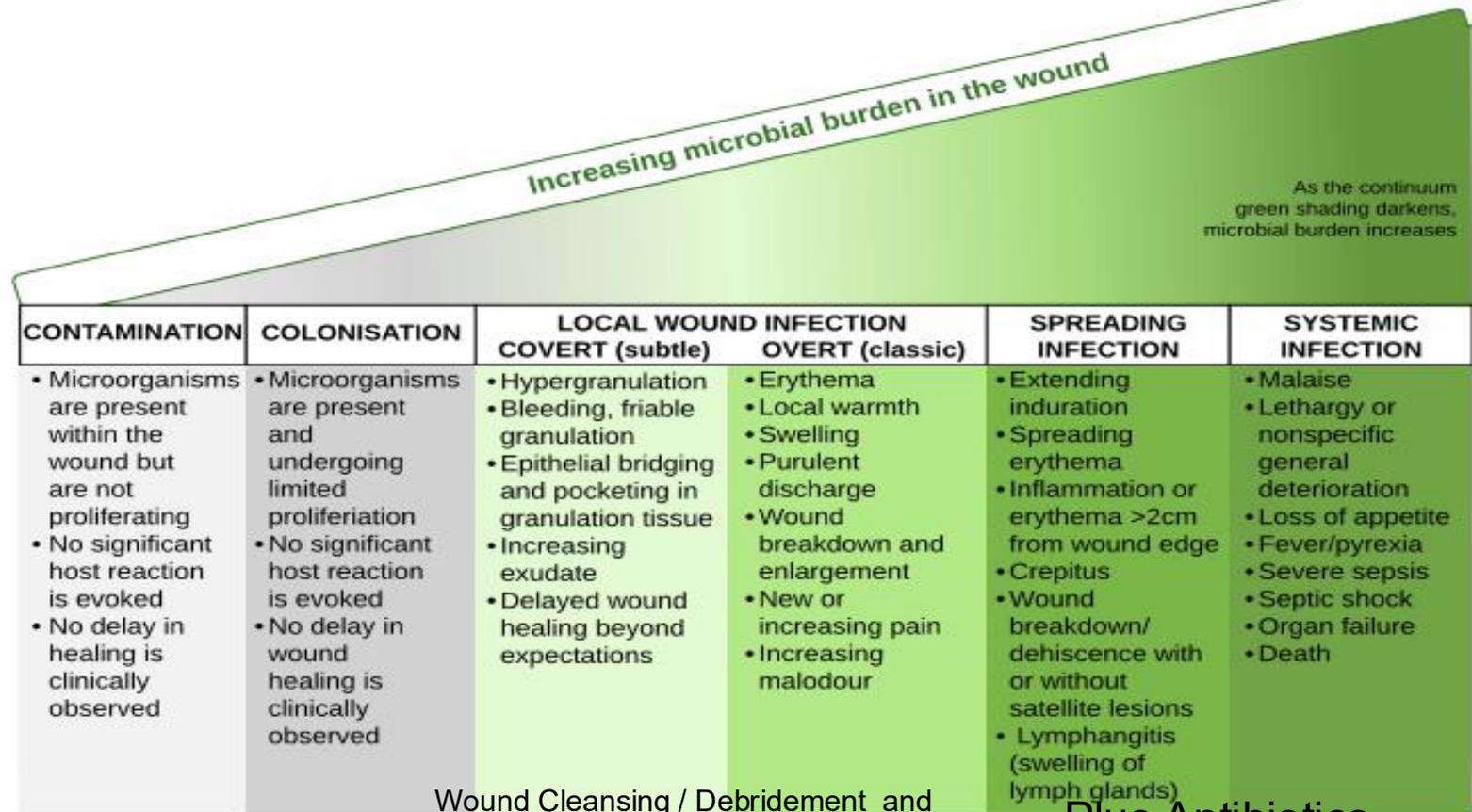
swansonterry7@gmail.com

# Overview

- Wound Infection Continuum (IWII)
- Therapeutic Wound and Skin Cleansing
  - Patient/Wound/Environment
  - WIC
  - Solutions
  - Techniques
  - Intensity
  - Equipment
- Three zones for cleansing
- Solutions and considerations
- Pain considerations
- Aseptic Technique
- Wound and Skin Cleansing Continuum (IWII)

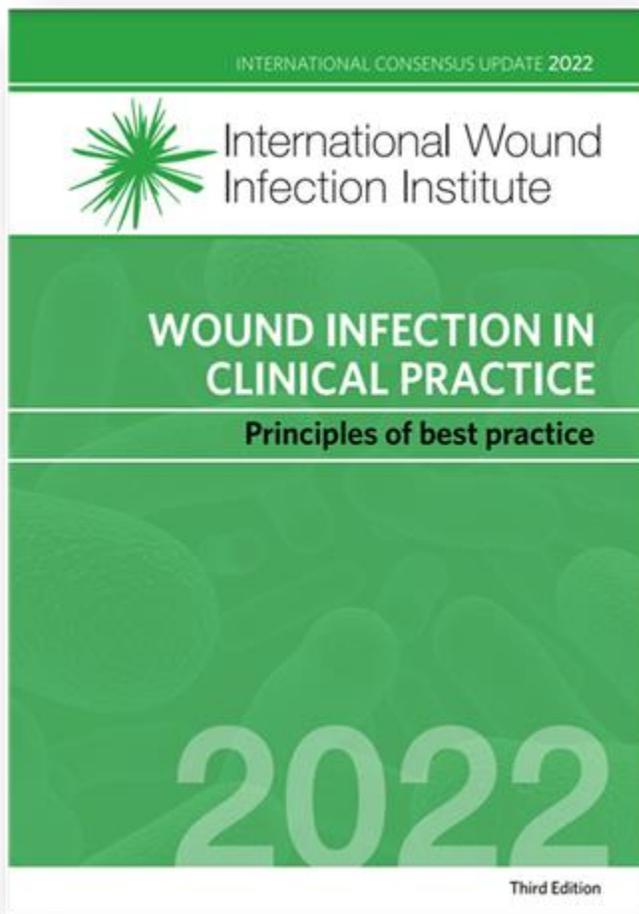


# IWII WOUND INFECTION CONTINUUM



Wound Cleansing / Debridement and Commence antimicrobials

Plus Antibiotics



# Therapeutic wound and skin cleansing: Clinical evidence and recommendations



International Wound Infection Institute

WOUNDS | INTERNATIONAL



## IWII THERAPEUTIC WOUND AND SKIN CLEANSING CONTINUUM



- Three zones for therapeutic cleansing: wound bed and edge, periwound and surrounding skin
- Apply antiseptics for the recommended contact time to achieve antimicrobial activity
- Follow local policies and procedures

Increasing microbial burden in the wound

As the continuum green shading darkens, microbial burden increases

	HEALING	CONTAMINATION	COLONISATION	LOCAL WOUND INFECTION COVERT (subtle)	LOCAL WOUND INFECTION OVERT (classic)	SPREADING INFECTION	SYSTEMIC INFECTION
		<ul style="list-style-type: none"> <li>• Microorganisms are present within the wound but are not proliferating</li> <li>• No significant host reaction is evoked</li> <li>• No delay in healing is clinically observed</li> </ul>	<ul style="list-style-type: none"> <li>• Microorganisms are present and undergoing limited proliferation</li> <li>• No significant host reaction is evoked</li> <li>• No delay in wound healing is clinically observed</li> </ul>	<ul style="list-style-type: none"> <li>• Hypergranulation</li> <li>• Bleeding, friable granulation</li> <li>• Epithelial bridging and pocketing in granulation tissue</li> <li>• Increasing exudate</li> <li>• Delayed wound healing beyond expectations</li> </ul>	<ul style="list-style-type: none"> <li>• Erythema</li> <li>• Local warmth</li> <li>• Swelling</li> <li>• Purulent discharge</li> <li>• Wound breakdown and enlargement</li> <li>• New or increasing pain</li> <li>• Increasing malodour</li> </ul>	<ul style="list-style-type: none"> <li>• Extending induration</li> <li>• Spreading erythema</li> <li>• Inflammation or erythema &gt;2cm from wound edge</li> <li>• Crepitus</li> <li>• Wound breakdown/dehiscence with or without satellite lesions</li> <li>• Lymphangitis (swelling of lymph glands)</li> </ul>	<ul style="list-style-type: none"> <li>• Malaise</li> <li>• Lethargy or nonspecific general deterioration</li> <li>• Loss of appetite</li> <li>• Fever/pyrexia</li> <li>• Severe sepsis</li> <li>• Sepsic shock</li> <li>• Organ failure</li> <li>• Death</li> </ul>
PAIN	• Continual pain assessment: Remember the 3 As of pain management: Anticipate, Administer and Assess						
WOUND CLEANSING SOLUTION	• Inert solutions	• Inert solutions	• Inert solutions • High risk: surfactants and/or antiseptics	• Antiseptics • Surfactants • Inert solutions		• Antiseptics • Surfactants • Inert solutions	
WOUND CLEANSING INTENSITY	• Gentle	• Gentle to moderate	• Moderate/rigorous	• Moderate to vigorous		• Vigorous	
WOUND CLEANSING TECHNIQUE	<ul style="list-style-type: none"> <li>• Therapeutic cleansing</li> <li>• Irrigation</li> <li>• Soaks</li> <li>• Compress</li> <li>• Swabbing</li> <li>• Scrubbing/mechanical action</li> <li>• Instillation</li> <li>• Hydroresponsive dressings</li> </ul>						
CLEANSING EQUIPMENT	<ul style="list-style-type: none"> <li>• Cleansing wipes/cloth</li> <li>• Irrigation equipment</li> <li>• Cleansing pad/microfilament pad</li> <li>• Gauze</li> </ul>						
SKIN CLEANSING	<ul style="list-style-type: none"> <li>• Mild skin cleanser with pH close to normal skin (4 to 5.5)</li> <li>• Cleansing wipes/cloths/gauze</li> <li>• Soaks, swabbing, scrubbing/mechanical action</li> </ul>						

Figure 5. International Wound Infection Institute (IWII) Therapeutic Wound and Skin Cleansing Continuum

# Why a stand-alone document on cleansing?

- Lack of terminology/definitions
- Confusion regarding
  - How
  - When
  - What to use
  - How to use it



## Definition of Therapeutic Wound Cleansing

**TWC refers to the active removal of surface contaminants, loose debris, non-attached, non-viable tissue, microorganisms and / or remnants of previous dressings from the wound bed and periwound.**

“Stop anointing wounds” Terry Swanson

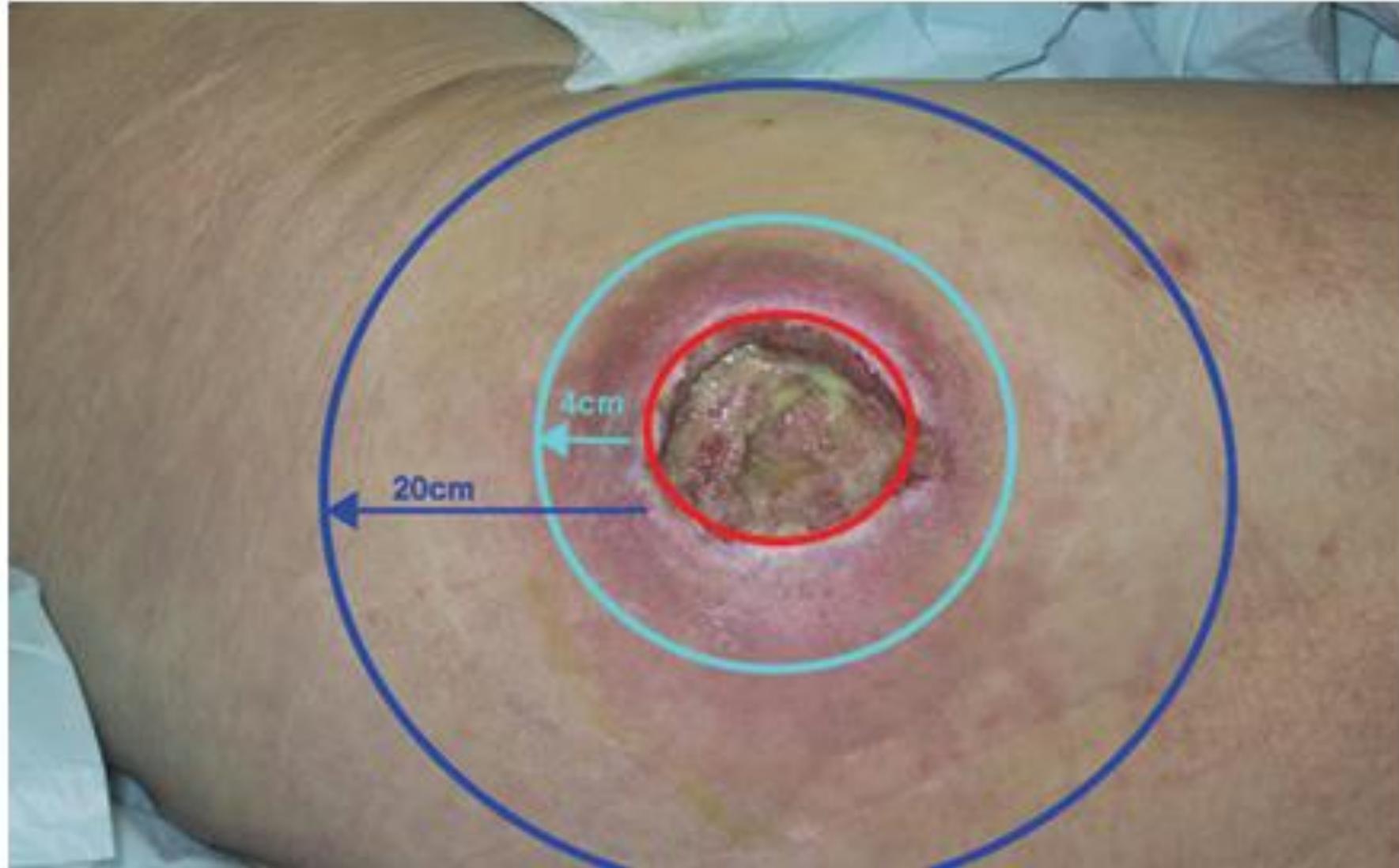
“Clean it like you mean it” Dot Weir

**Figure 2.** Therapeutic cleansing zones

Zone 1 (red): wound bed and wound edge

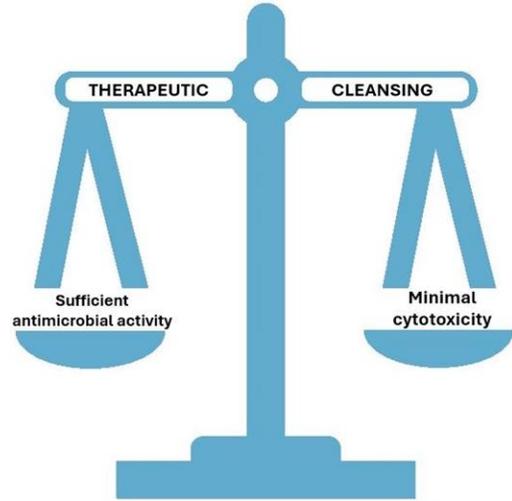
Zone 2 (light blue): periwound 4cm from wound edge

Zone 3 (blue): surrounding skin zone 20cm from wound edge



## The Three Zones for Cleansing

# Considerations when selecting a wound cleansing solution



<b>Wound dressing procedure and therapeutic cleansing technique</b>	<ul style="list-style-type: none"> <li>sterile/surgical aseptic technique → sterile solution must be selected</li> <li>volume of cleanser needed</li> <li>feasible for the cleansing application technique</li> </ul>
<b>Wound characteristics</b>	<ul style="list-style-type: none"> <li>Healthy granulation and epithelial tissue is predominant → inert solution</li> <li>sloughy, necrotic or stagnant wound bed → surfactants and antimicrobial cleaners (EXCEPTION: dry necrotic tissue on heels should be kept dry)</li> </ul>
<b>Risk/presence of infection</b>	<ul style="list-style-type: none"> <li>individual at higher wound infection risk → antiseptic solution</li> <li>infection suspected based → antiseptic solution</li> <li>infection confirmed through diagnostic testing → antiseptic solution</li> </ul>
<b>Abundance/species of microorganisms</b>	<ul style="list-style-type: none"> <li>Infection suspected → antiseptic with broad antimicrobial properties</li> <li>Infection confirmed → antiseptic solution with known activity against the species</li> </ul>
<b>Cytotoxicity and allergenicity</b>	<ul style="list-style-type: none"> <li>Check the individual's allergies</li> <li>Therapeutic index can be used as an indication of the balance between safety and clinical effectiveness</li> <li>Balance the toxicity profile with the benefits in promoting healing</li> </ul>
<b>Optimal pH</b>	<ul style="list-style-type: none"> <li>Monitor the wound bed pH</li> <li>Use antiseptics strategically to optimise wound bed pH</li> </ul>
<b>Goals of care / individual factors</b>	<ul style="list-style-type: none"> <li>Consider care goal (e.g. healing, prevent infection, or palliative )</li> <li>Palliative management with no signs/symptoms concerning individual → non-sterile solution</li> <li>Purulent exudate and/or malodour → antiseptic solution</li> <li>If pain occurs on application, review selection.</li> <li>Time constraints</li> </ul>
<b>Product information</b>	<ul style="list-style-type: none"> <li>Review product information for the recommended contact time with the wound</li> <li>Review product information for any safety considerations</li> </ul>
<b>Local policies, resources and availability</b>	<ul style="list-style-type: none"> <li>Available in dispensary and/or can be acquired?</li> <li>Cost and resources required</li> <li>Microbial stewardship guidelines</li> </ul>

Cleansing solution*	Properties	Concentration	pH	Therapeutic index**	Safety profile <sup>#</sup>	Mode of Action
---------------------	------------	---------------	----	---------------------	-----------------------------	----------------

\* There are multiple different preparations available for most cleansing solutions. Data is indicative only, always read the product information.

\*\* The therapeutic index is a ratio of the lowest concentration that causes cytotoxicity to human cells over the minimum bactericidal concentration. A high therapeutic index indicates the wound cleanser is safe and has potential greater clinical effectiveness.<sup>69</sup>

# Always review the manufacturer's information regarding safe product use.

**Table 3: Profiles of commonly used wound and skin cleansing solutions**

# Therapeutic Index

The therapeutic index is a ratio of the lowest concentration that causes cytotoxicity to human cells over the minimum bactericidal concentration.

A high therapeutic index indicates the wound cleanser is safer and has potential greater clinical effectiveness, noting the data is from *in vitro* studies.



## Partial Table 3: Profiles of commonly used wound and skin cleansing solutions

Cleansing solution*	Properties	Concentration	pH	Therapeutic index**	Safety profile*	Mode of Action
* There are multiple different preparations available for most cleansing solutions. Data is indicative only, always read the product information.						
** The therapeutic index is a ratio of the lowest concentration that causes cytotoxicity to human cells over the minimum bactericidal concentration. A high therapeutic index indicates the wound cleanser is safer and has potential greater clinical effectiveness. **						
# Always review the manufacturer's information regarding safe product use.						
Acetic Acid	Antimicrobial	1% -5% (3% conc. should be preferred)	2.4	No data	Cytotoxicity to human cells is reported at concentrations as low as 0.25% <sup>23</sup> Allergic reaction is rare <sup>24</sup>	<ul style="list-style-type: none"> <li>Passively diffuses into bacterial cells, resulting in anion accumulation and osmotic alternations that impair metabolic processes. <sup>25</sup></li> </ul>
Aluminium acetate	Antimicrobial Astringent	13% aluminium acetate dissolved in water at 1:40 concentration <sup>26</sup>	3-4.5	No data	<ul style="list-style-type: none"> <li>May cause hypersensitivity<sup>27</sup></li> <li>Not recommended under an occlusive dressing<sup>27</sup></li> </ul>	<ul style="list-style-type: none"> <li>High acidity causes deformations on the bacterial cell wall and cytoplasm<sup>28</sup></li> <li>Astringent properties that cause contraction of cells, reducing inflammation</li> <li>Drying action reduces maceration in skin folds</li> </ul>
Betaine and Poly-hexamethylene biguanide (PHMB)	Surfactant (betaine) Antimicrobial (PHMB)	0.1%	6-8	Mean therapeutic indices: <sup>29</sup> MRSA 12.12 <i>Paeruginosa</i> 1.14 <i>E.coli</i> 0.66 <i>Saureus</i> 0.60	<ul style="list-style-type: none"> <li>Minimal cytotoxicity is reported<sup>29,30,30</sup></li> <li>Potential for allergic reaction is low<sup>31</sup></li> </ul>	<ul style="list-style-type: none"> <li>Polyhexanide increases bacterial membrane permeability and disrupts adenosine triphosphate (ATP) production, <sup>32,33</sup> interferes with bacterial production of homoserine and interferes with quorum sensing ability<sup>34</sup></li> <li>Betaine reduces the adherence quality of microbials, reducing the force required to remove bacteria and debris<sup>35,37</sup></li> </ul>
Chlorexidine	Antimicrobial	0.05%	5.5-7	Mean therapeutic indices: <sup>38</sup> MRSA 2.43 <i>Paeruginosa</i> 0.70 <i>E.coli</i> 1.15 <i>Saureus</i> 0.07	<ul style="list-style-type: none"> <li>Cytotoxicity reported<sup>39,39</sup></li> <li>Reported to damage granulating tissue<sup>41</sup></li> <li>Hypersensitivity reported<sup>44,45</sup></li> </ul>	<ul style="list-style-type: none"> <li>Binds to bacterial cell wall, interfering with the metabolic capacity of the cell, interferes with the cell membrane integrity causing leakage of cellular material from the bacteria<sup>46</sup></li> <li>Tolerance and resistance has been reported in gram-negative and gram-positive bacterial species<sup>45,48</sup></li> </ul>
Citric acid	Antimicrobial Used in other preparations to adjust pH	3%	3-6	No data		<ul style="list-style-type: none"> <li>Disrupts the bacterial cell membrane and lowers the pH, slowing bacterial growth<sup>49</sup></li> <li>Alters bacterial metabolic activity<sup>50</sup></li> </ul>
Gentle soap	Surfactant	No data	7	No data	No cytotoxicity in humans reported <sup>51</sup>	<ul style="list-style-type: none"> <li>May stimulate autolytic debridement and reduce inflammation by degrading collagen and influencing protein activity. <sup>78</sup></li> <li>Reduces the adherence quality of microbials, reducing the force required to remove bacteria and debris<sup>35,37</sup></li> </ul>
Hypochlorous acid (HOCl)	Antimicrobial Hypotonic	0.03%	3.5-5.5	Mean therapeutic indices: <sup>52</sup> <i>Paeruginosa</i> 8.81 <i>Saureus</i> 6.31 <i>E.coli</i> 5.49	No cytotoxicity <sup>4</sup>	<ul style="list-style-type: none"> <li>Passively diffuses into bacterial cells, leading to anion accumulation and osmotic alternations that impair metabolic processes. <sup>53</sup></li> <li>Oxidizes the surfaces of bacterial cells to disrupt membrane function and soften tissue, aiding its removal during cleansing and debridement. <sup>52,100,108</sup></li> <li>Has an anti-inflammatory effect through reducing activity of histamines, MMPs, mast cell and cytokine activity<sup>93,108</sup></li> </ul>
Normal saline (NaCl)	Isotonic	0.9%	5.5	No data	Allergic reaction rare <sup>54</sup>	<ul style="list-style-type: none"> <li>Exact mechanism of normal saline is not known.</li> <li>At high concentrations, saline disrupts bacteria through osmotic alternations. <sup>14</sup></li> </ul>
Octenidine Dihydrochloride (OCT)	Antimicrobial Surfactant Cationic	0.5%	1.6-12.2	Mean therapeutic indices: <sup>55</sup> <i>E.coli</i> 1.33 <i>Paeruginosa</i> 0.95 <i>Saureus</i> 1.15 MRSA 3.33	Allergic reaction rare <sup>54</sup>	<ul style="list-style-type: none"> <li>Disrupts outer cell membrane and loss of cell wall and bind to bacteria leading to cell death</li> <li>Has anti-inflammatory effects<sup>4</sup></li> </ul>

## Wound bed tissue appearance: Part 1

Wound bed tissue	Appearance		
Non-viable adipose tissue	Non-viable body fat and loose connective tissue that appears white, brown or yellow (colour varies by hydration). It may resemble fat molecules or droplets and can sometimes be mistaken for slough	 <small>Photograph courtesy of Donna Larsen and Multimedia Design, Royal Perth Hospital, Perth, Western Australia</small>	 <small>Photograph courtesy of Dot Weir</small>
Epithelial tissue	Pink, lavender or pearly white in appearance, indicating the wound is viable and healthy. Note that epithelialisation will not occur in an unhealthy wound bed	 <small>Photograph courtesy of Donna Larsen and Multimedia Design, Royal Perth Hospital, Perth, Western Australia</small>	 <small>Photograph courtesy of Dot Weir</small>
Granulating tissue	Red, moist and well-vascularised, occurring during the reconstruction (proliferative) phase of healing and indicates the wound bed is viable and healthy	 <small>Photograph courtesy of Donna Larsen and Multimedia Design, Royal Perth Hospital, Perth, Western Australia</small>	 <small>Photograph courtesy of Donna Larsen and Multimedia Design, Royal Perth Hospital, Perth, Western Australia</small>
Slough	Adherent tissue that appears yellow, brown or grey and indicates presence of devitalised tissue (i.e. dead cells) and debris that will impede wound healing	 <small>Photograph courtesy of Donna Larsen and Multimedia Design, Royal Perth Hospital, Perth, Western Australia</small>	 <small>Photograph courtesy of Donna Larsen and Multimedia Design, Royal Perth Hospital, Perth, Western Australia</small>

## Wound Infection Continuum

### Solution

### Intensity

- Gentle
- Moderate
- Rigorous
- Vigorous

### Technique

### Equipment

## IWII THERAPEUTIC WOUND AND SKIN CLEANSING CONTINUUM

- Three zones for therapeutic cleansing: wound bed and edge, periwound and surrounding skin
- Apply antiseptics for the recommended contact time to achieve antimicrobial activity
- Follow local policies and procedures

Increasing microbial burden in the wound

As the continuum green shading darkens, microbial burden increases

	HEALING	CONTAMINATION	COLONISATION	LOCAL WOUND INFECTION COVERT (subtle)	OVERT (classic)	SPREADING INFECTION	SYSTEMIC INFECTION
		<ul style="list-style-type: none"> <li>• Microorganisms are present within the wound but are not proliferating</li> <li>• No significant host reaction is evoked</li> <li>• No delay in healing is clinically observed</li> </ul>	<ul style="list-style-type: none"> <li>• Microorganisms are present and undergoing limited proliferation</li> <li>• No significant host reaction is evoked</li> <li>• No delay in wound healing is clinically observed</li> </ul>	<ul style="list-style-type: none"> <li>• Hypergranulation</li> <li>• Bleeding, friable granulation</li> <li>• Epithelial bridging and pocketing in granulation tissue</li> <li>• Increasing exudate</li> <li>• Delayed wound healing beyond expectations</li> </ul>	<ul style="list-style-type: none"> <li>• Erythema</li> <li>• Local warmth</li> <li>• Swelling</li> <li>• Purulent discharge</li> <li>• Wound breakdown and enlargement</li> <li>• New or increasing pain</li> <li>• Increasing malodour</li> </ul>	<ul style="list-style-type: none"> <li>• Extending induration</li> <li>• Spreading erythema</li> <li>• Inflammation or erythema &gt;2cm from wound edge</li> <li>• Crepitus</li> <li>• Wound breakdown/dehiscence with or without satellite lesions</li> <li>• Lymphangitis (swelling of lymph glands)</li> </ul>	<ul style="list-style-type: none"> <li>• Malaise</li> <li>• Lethargy or nonspecific general deterioration</li> <li>• Loss of appetite</li> <li>• Fever/pyrexia</li> <li>• Severe sepsis</li> <li>• Septic shock</li> <li>• Organ failure</li> <li>• Death</li> </ul>
<b>PAIN</b>	<ul style="list-style-type: none"> <li>• Continual pain assessment: Rember the 3 As of pain management: Anticipate, Administer and Assess</li> </ul>						
<b>WOUND CLEANSING SOLUTION</b>	<ul style="list-style-type: none"> <li>• Inert solutions</li> </ul>	<ul style="list-style-type: none"> <li>• Inert solutions</li> </ul>	<ul style="list-style-type: none"> <li>• Inert solutions</li> <li>• High risk: surfactants and/or antiseptics</li> </ul>	<ul style="list-style-type: none"> <li>• Antiseptics</li> <li>• Surfactants</li> <li>• Inert solutions</li> </ul>		<ul style="list-style-type: none"> <li>• Antiseptics</li> <li>• Surfactants</li> <li>• Inert solutions</li> </ul>	
<b>WOUND CLEANSING INTENSITY</b>	<ul style="list-style-type: none"> <li>• Gentle</li> </ul>	<ul style="list-style-type: none"> <li>• Gentle to moderate</li> </ul>	<ul style="list-style-type: none"> <li>• Moderate/ rigorous</li> </ul>	<ul style="list-style-type: none"> <li>• Moderate to vigorous</li> </ul>		<ul style="list-style-type: none"> <li>• Vigorous</li> </ul>	
<b>WOUND CLEANSING TECHNIQUE</b>	<ul style="list-style-type: none"> <li>• Therapeutic cleansing</li> <li>• Irrigation</li> <li>• Soaks</li> </ul>	<ul style="list-style-type: none"> <li>• Therapeutic cleansing</li> <li>• Irrigation</li> <li>• Soaks</li> <li>• Compress</li> <li>• Swabbing</li> <li>• Scrubbing/mechanical action</li> <li>• Instillation</li> <li>• Hydroresponsive dressings</li> </ul>					
<b>CLEANSING EQUIPMENT</b>	<ul style="list-style-type: none"> <li>• Cleansing wipes/cloth</li> <li>• Irrigation equipment</li> <li>• Cleansing pad/microfilament pad</li> <li>• Gauze</li> </ul>						
<b>SKIN CLEANSING</b>	<ul style="list-style-type: none"> <li>• Mild skin cleanser with pH close to normal skin (4 to 5.5)</li> <li>• Cleansing wipes/cloths/gauze</li> <li>• Soaks, swapping, scrubbing/mechanical action</li> </ul>						

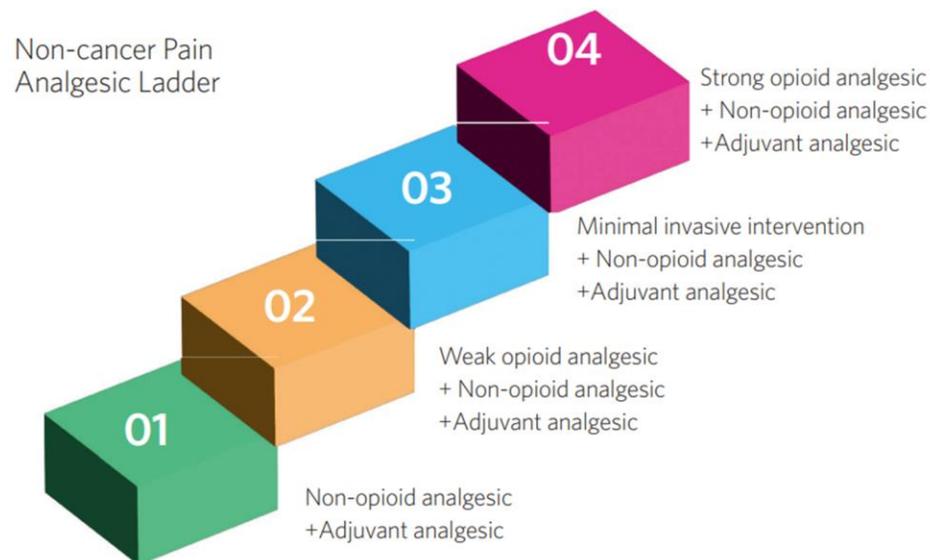
## Overview of wound cleansing techniques

Technique	When to use
<b>Irrigation/ flushing</b>	<ul style="list-style-type: none"> <li>• minimal exudate</li> <li>• without slough</li> <li>• minimal microbial burden</li> </ul>
<b>Swabbing</b>	<ul style="list-style-type: none"> <li>• exudate</li> <li>• visible debris, slough and other nonviable tissue</li> <li>• signs and symptoms of infection</li> </ul>
<b>Scrubbing/ cleansing pad/ monofilament fibre pad/ gauze pad</b>	<ul style="list-style-type: none"> <li>• exudate</li> <li>• visible debris, slough and other nonviable tissue</li> <li>• signs and symptoms of infection</li> </ul>
<b>Compress</b>	<ul style="list-style-type: none"> <li>• Heathy granulation or new epithelialisation with healthy or dry wound edges</li> <li>• Wet wound bed with macerated wound edges</li> <li>• loose debris or signs and symptoms of local wound infection</li> </ul>
<b>Soaking/bathing/ wet packing</b>	<ul style="list-style-type: none"> <li>• require increased hydration/moisture (e.g. dry healable wounds or moisture-balanced wound bed with desiccated wound edges)</li> <li>• Signs and symptoms of local wound infection and spreading infection</li> <li>• visible debris</li> <li>• Surrounding skin or periwound with visible debris or hyperkeratotic tissue</li> </ul>
<b>Instillation</b>	<ul style="list-style-type: none"> <li>• small debris particles that are more difficult to dislodge,</li> <li>• poor wound bed integrity</li> <li>• need for grafting or granulation tissue formation</li> </ul>
<b>Hydro-responsive dressings</b>	<ul style="list-style-type: none"> <li>• devitalised tissue requiring removal</li> <li>• dry or moist wound bed</li> </ul>

# Addressing Pain Associated With Therapeutic Wound Cleansing

## 3 As of pain

- Anticipate
- Administer
- Assess



## Strategies for pain

- Topical and systemic analgesia
- Warm solutions
- Education and explanation
- Appropriate technique

# Summary

- Take the time to be therapeutic
- Three zones for cleansing
- Use solutions appropriately for good antimicrobial stewardship
- Proactive care to promote healing



# IWII Expert Working Group

- Terry Swanson (Australia)
- Geoff Sussman (Australia)
- Dot Weir (USA)
- Donna Larsen (Australia)
- Karen Ousey (UK)
- Emily Haesler (Australia)
- Keryln Carville (Australia)
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- Susie Seaman (USA)
- Kim LeBlanc (Canada)
- Hari Nair (Malaysia)
- Nicola Waters (Canada)
- David Keast (Canada)
- Paulo Alves (Portugal)



Reviewers: Prof Thomas Bjarnsholt and Prof Lindsey Kalan

**IWII Has Free Membership**  
**<https://woundinfection-institute.com>**



International Wound  
Infection Institute



# Slough Removal and Infection Control

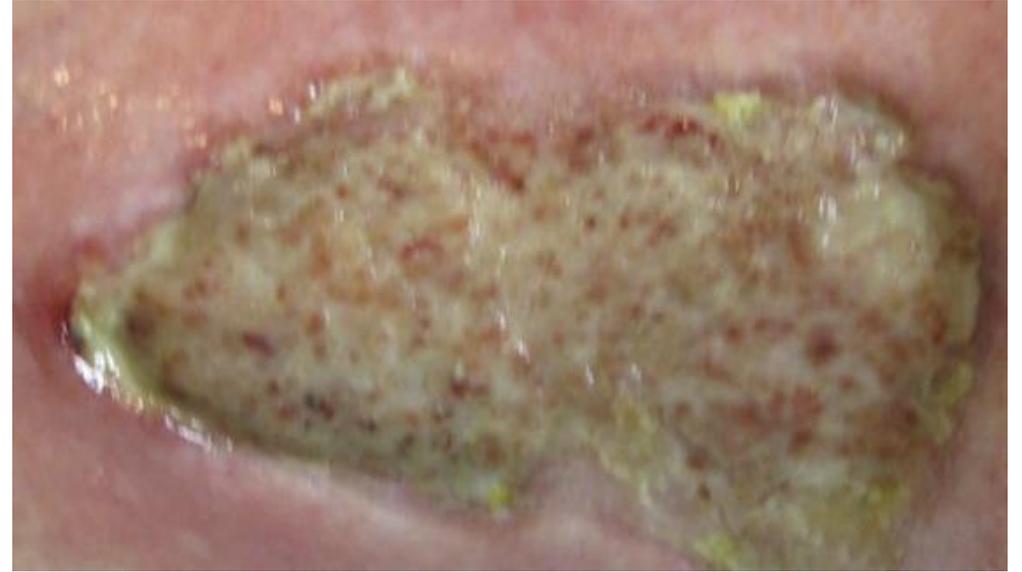
**Terry Swanson, NP, FAWMA, FMACNP**

Wound Education Research Consultancy (W.E.R.C.)

swansonterry7@gmail.com

# Outline

- Definition
- Identification of the yellow
- IWII Slough Project and results
- Management of slough



# Slough: Composition, Analysis, and Effect on Healing



<https://www.woundinfection-institute.com>

# Slough

- Non-viable tissue of varying colour (eg, cream, yellow, greyish or tan) that may be loose or firmly attached, slimy, stringy, or fibrinous
- Varies in colour, moisture, consistency, and adherence

## Types of and colour of nonviable tissue

Colour	Moisture content (range)	Consistency	Adherence to wound bed
Cream/yellow	Moist or wet 	'Mucinous'/slimy soft	Non-adherent
Tan/brown		'Gelatinous' soft	Loosely adhered
Grey/blue May be seen with topical application of some silver antimicrobial dressings		Stringy/clumpy firm	Firmly adhered
Green May be seen in the presence of Pseudomonas aeruginosa – local infection		Fibrinous firm to hard	Separating edges
Black (in addition to full-thickness NVT) May also be seen in the presence of specific bacterial local infection		Dry and dehydrated	'Leathery' hard

White W & Asimus M, (in print) Assessment and management of non-viable tissue. Chapter 8 in Swanson T, Asimus M, McGuiness W. Wound Management for the Advanced Practitioner. PI Communications . Used with permission

# Slough and Its Detrimental Effects



Known feature of non-healing wounds



Can promote bacterial growth and biofilm formation



Barrier to topical management



Prevent formation of granulation tissue and subsequent re-epithelialisation

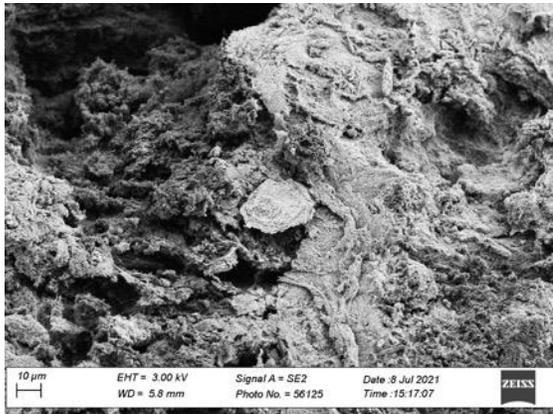


Interferes with wound contraction

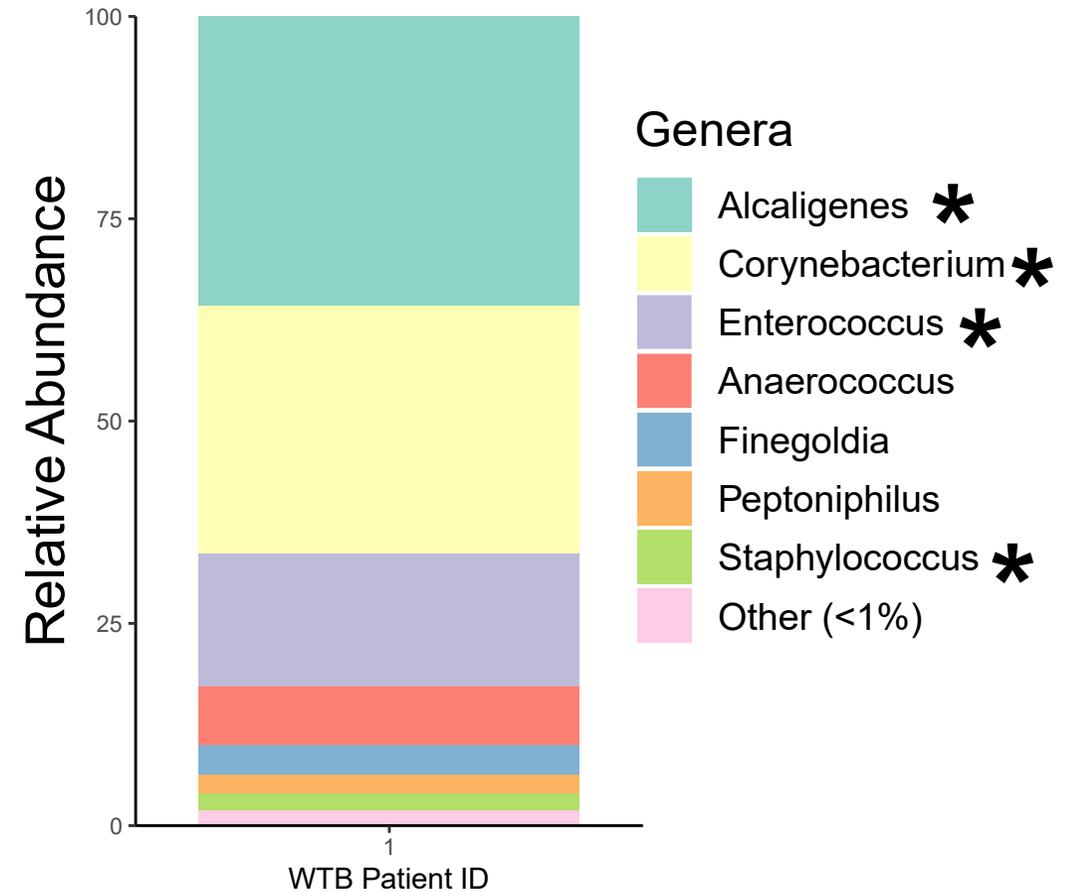


# Patient A

Side	Location	Etiology	Age	Length(cm)	Width(cm)	cm <sup>2</sup>	Shape	CFUs
Left	Medial Ankle	Lymphedema	15	8.5	4	34	Irregular; Round Oval	1.3 x 10 <sup>7</sup>

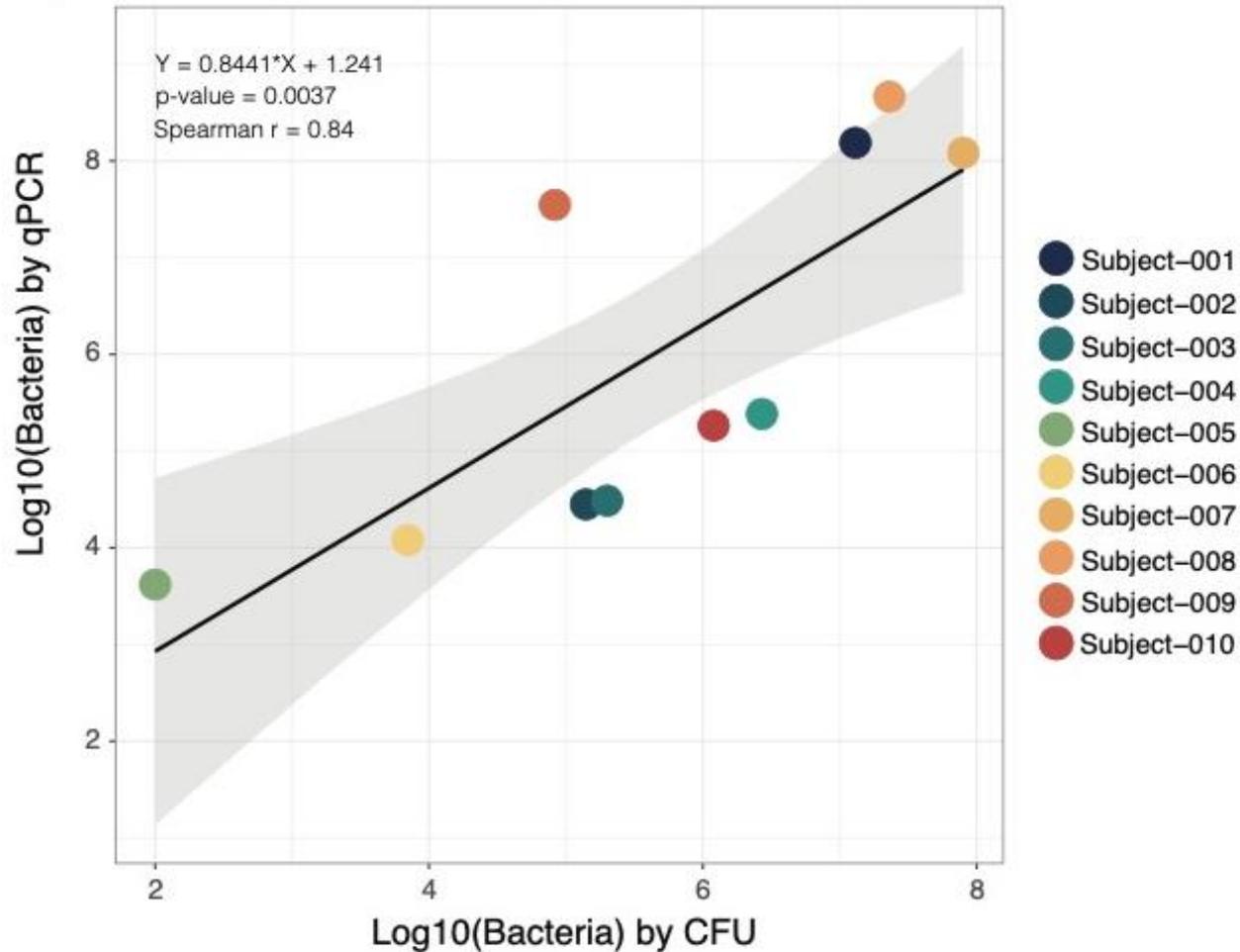


- ❖ Persistent ongoing wound
- ❖ Loosely adherent yellow slough
- ❖ High bioburden
- ❖ Polymicrobial (4+ by culture)
- ❖ No obvious biofilm by SEM
- ❖ Inflammatory Proteins detected



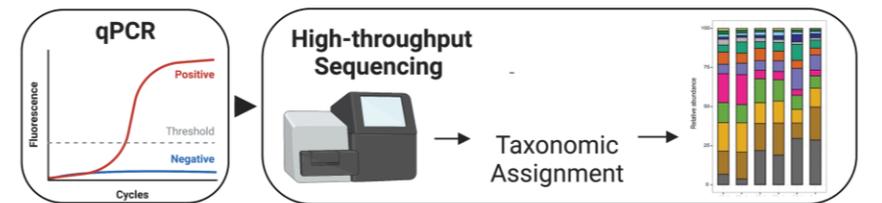
**\* also detected by culture**

# Slough Has a High Bioburden

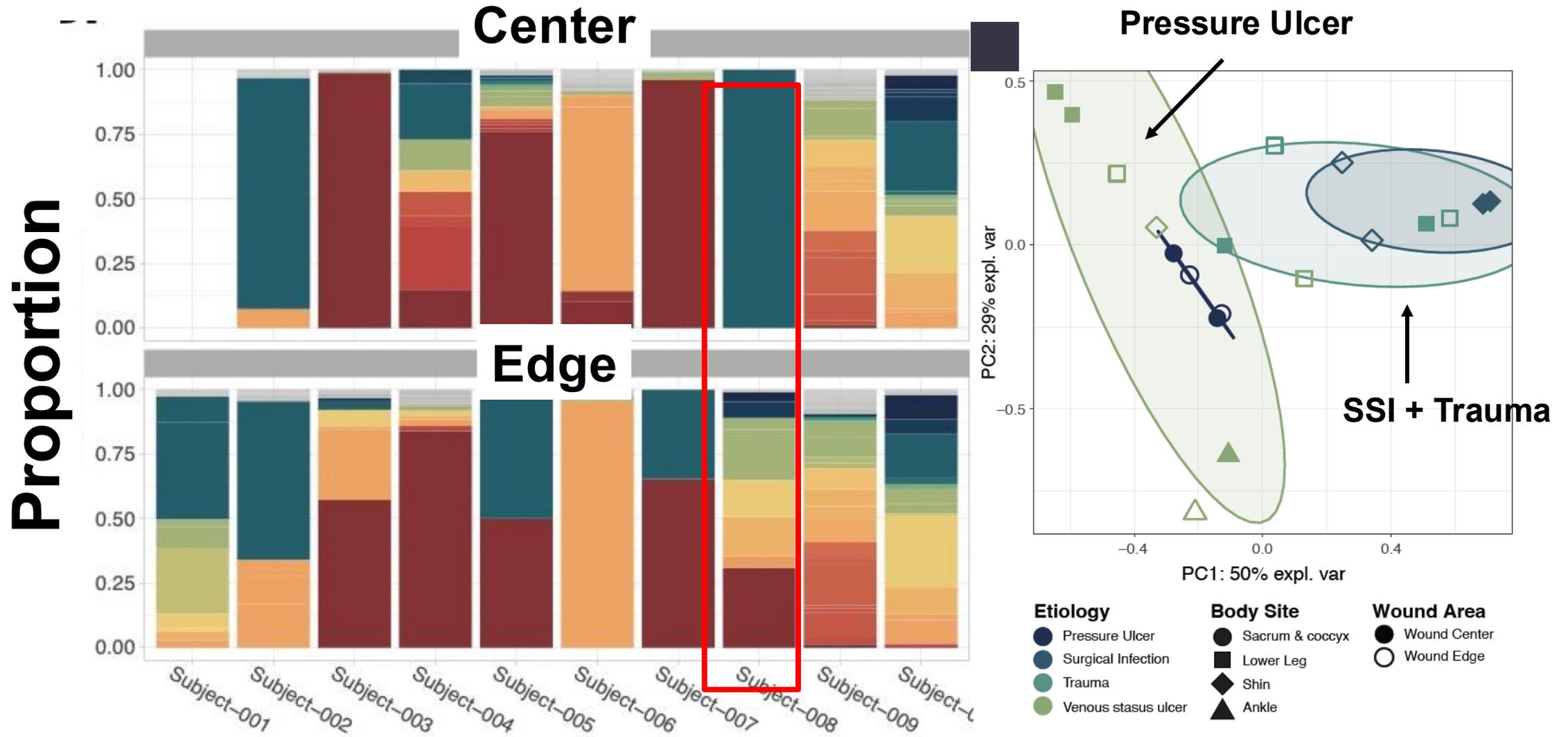


Bacterial Bioburden via **CFU & qPCR** strongly correlate

10 samples = 114 isolates

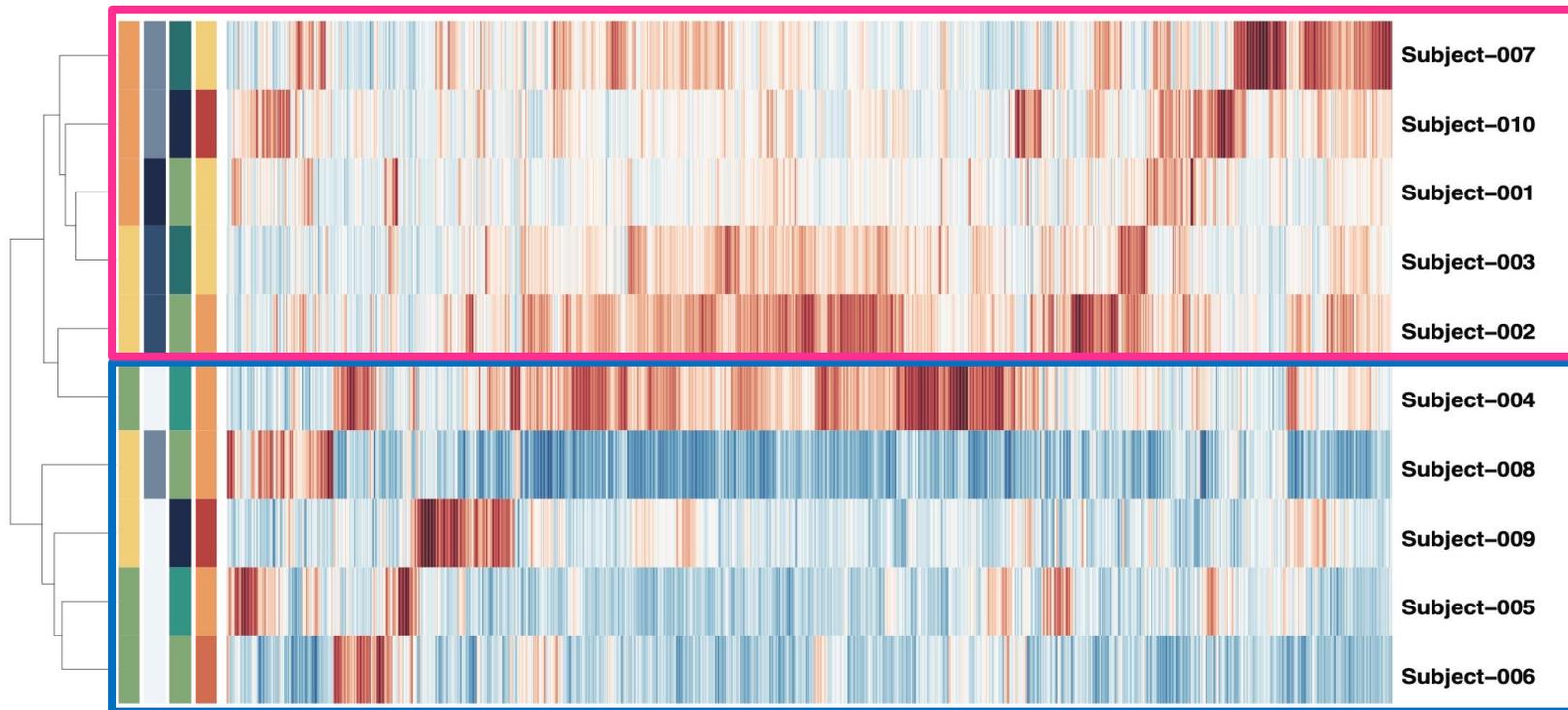


# Slough Is Polymicrobial



# Slough Protein Content Groups by Outcome

1,447 proteins identified



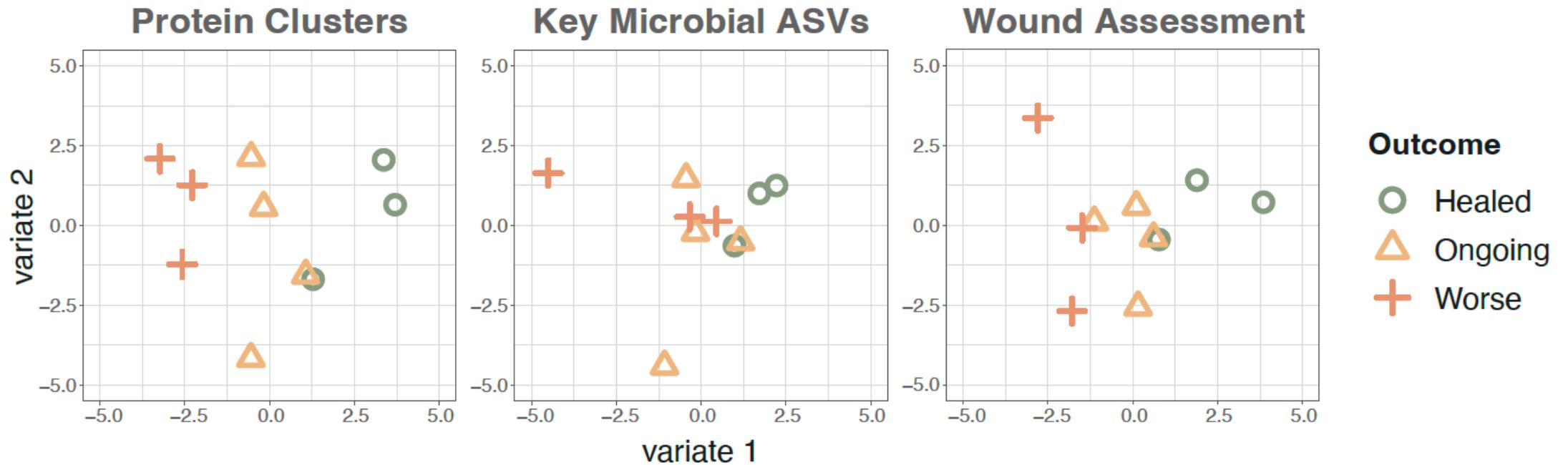
Non-healing

Persisting >2 yrs

Healing Trajectory



# Protein Content Differentiates Wound Outcomes



## Deteriorating Wounds

- Enriched in immune and inflammatory effectors

## Healing Wounds

- Enriched in cellular metabolism and negative regulation of protease activity

# Overall Summary of Findings

- 25 patient samples
- qPCR, quantitative culture, SEM, confocal microscopy, 16S sequencing, proteomics
- ~30% positive for biofilm by microscopy
- High-throughput sequencing (16S profiling) identifies 6-52 species per sample (mean = 22)
- Slough from wounds with poor trajectories are enriched in inflammatory proteins while healing wounds are enriched for normal metabolic processes.

# Future Directions

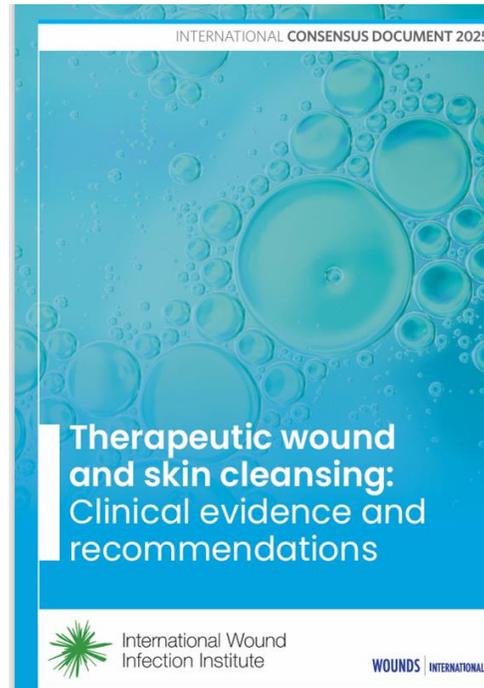
- Do color and slough consistency associate with microbial and host protein composition
- Can we build profiles to predict healing outcomes based on slough composition
- Grow the study to power for statistical considerations

# Need to Differentiate Slough from Tendon

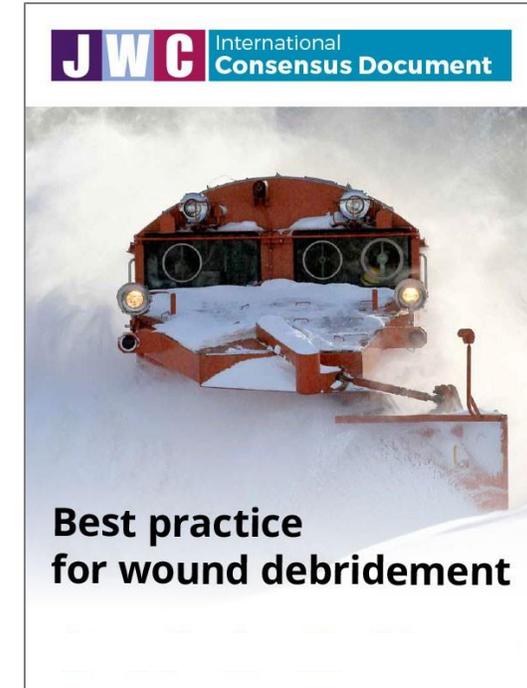


# Management of Slough

- Debridement
- Therapeutic wound and skin cleansing
- Moisture balance



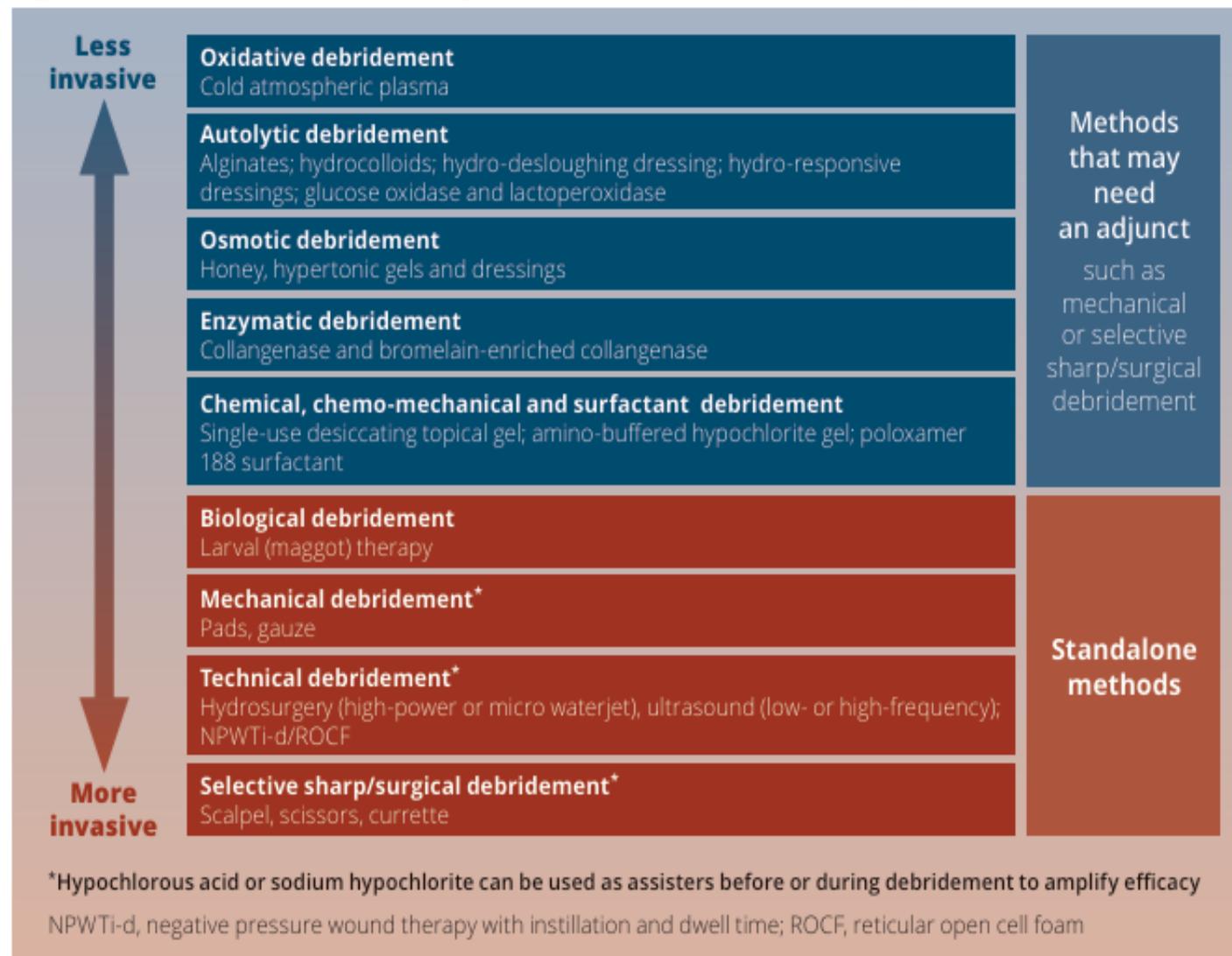
<https://www.woundinfection-institute.com>



<https://www.journalofwoundcare.com/docs/debridementConsensus.pdf>

- Surgical
- Selective Sharp
- Mechanical
- Biological
- Technical:
  - Hydrosurgical
  - Ultrasonic
  - NPWTi with ROCF
- Chemical/Enzymatic
  - Chemo-mechanical
- Surfactant
- Oxidative
  - Cold atmospheric plasma
- Osmotic
  - Honey
  - Hypertonic
- Autolytic
  - Continuous with dressings

**Figure 8. Debridement methods by invasiveness and need for an adjunct**



# **New and Emerging Technologies For Slough Dermal Removal**

**Michael N. Desvigne, MD, FACS, CWS, FACCS, MAPWCA**

Plastic and Reconstructive Surgery, Wound Care and Hyperbaric  
Medicine, Abrazo Arrowhead Hospital and Wound Clinic  
Glendale, AZ

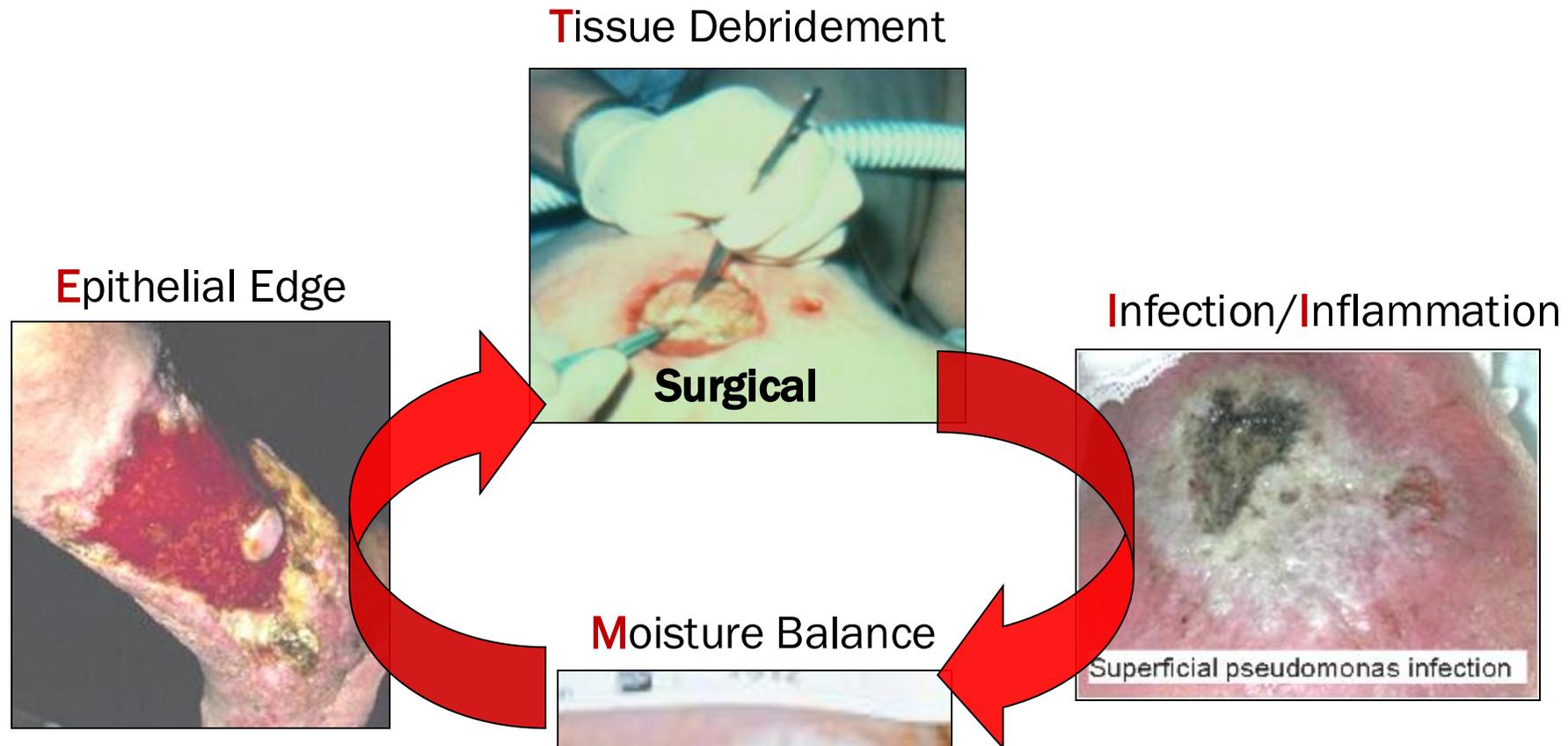
# Wounds and Bacteria

- All chronic wounds are contaminated by bacteria<sup>1</sup>
- Wound healing can occur in the presence of bacteria<sup>2</sup>
- Certain bacteria (*Staphylococcus aureus*) appear to aid wound healing<sup>3</sup>

**Thus, it is not the presence of the microorganisms,  
but their type and numbers that determine  
their influence on wound healing**

1. Sibbald G, et al. Increased bacterial burden and infection: NERDS and STONES. *Wounds UK*. 2007;3(2):25-46.
2. Laato M, Niinikoski J, Lundberg C, Gerdin B. Inflammatory reaction and blood flow in experimental wounds inoculated with *Staphylococcus aureus*. *European Surgical Research*. 1998;20:33-38.
3. Levenson SM, Kan-Gruber D, Gruber C, et al. Wound healing accelerated by *Staphylococcus aureus*. *Archives of Surgery*. 1983;118:310-320.

# Wound Bed Preparation and TIME — Tissue, Inflammation/Infection, Moisture, Edge



# 21 Years of TIME

## Wound bed preparation: a systematic approach to wound management

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The healing process in acute wounds has been extensively studied and the TIME acronym has been extrapolated to the care of chronic wounds. On the assumption that the current status, role, and key elements of wound bed preparation are different stages of wound healing. For the normal repair process to resume, the acute chronic wound healing process differs in many important respects from the wounds. The orderly sequence of events seen in acute wounds becomes disrupted in chronic wounds. The TIME acronym is a systematic approach to wound management. It is an important concept with significant potential as an educational tool in wound care. The article was developed after a meeting of wound healing experts in July 2003. The overview of the current status, role, and key elements of wound bed preparation are the following issues: • the current status of wound bed preparation; • an acute chronic wound; • how wound healing can take place in these environments; • the clinical and cellular components of the wound bed preparation; • the components of wound bed preparation. (WOUND REP RES 2003; 11:1-28)

**ACUTE WOUND**  
A wound is a breach in the skin that is defined as a protective barrier. Most of the current research has been devoted to acute wounds. Wound care generally proceeds through the following stages:  
• coagulation  
• inflammation  
• cell proliferation  
• epithelialization  
These stages last for months (Figure 1).

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2003

2004

2012

2016

2019

2024

## Wound bed preparation and a brief history of TIME

Gregory S Schultz, David J Barillo, David W Mazinga, Gloria A Chin, The Wound Bed Advisory Board Members\*

**ABSTRACT**  
Management of chronic wounds has progressed from merely assessing the status of a wound to understanding the underlying molecular and cellular abnormalities that prevent the wound from healing. The concept of wound bed preparation has conventionally related to provide a systemic approach to ensuring three barriers to natural healing and enhancing the effects of advanced therapies. This brief review of wound bed preparation traces the development of these concepts and explains how to apply systematic wound management using the TIME acronym – tissue, biofilm, infection/inflammation, moisture balance and edge of wound (abstract).

**THE WORLD BEFORE WOUND BED PREPARATION**  
Until the 1960s, the aims of wound management were simply to cover and control. Materials used for wound management were adaptations of materials in use for other purposes, such as cotton (sterilized, woven, jaxed, low cotton gauze). These materials were passive products that did little to encourage the healing process, and no attention was paid either to their functional performance or to the healing environment required for different types of wounds. If a wound healed without problems, it was an ability to be due to chance, not a design.

**WOUND ASSESSMENT AND WOUND MANAGEMENT**  
Wound management starts with wound assessment. Wound assessment methods were an important part of the development of active wound management. Standardized methods were developed that allowed wound care clinicians to monitor the status of the wound and, by implication, the effect of an intervention. Wound assessment methods, including scales, were developed for pressure ulcers, venous ulcers and diabetic foot ulcers, and much work has gone into assessing their validity and reliability. A number of different classification systems have been developed to assess pressure

## Extending the TIME concept: what have we learned in the past 10 years?\*

David J Leaper, Gregory Schultz, Keryn Carville, Jacqueline Fletcher, Theresa Swanson, Rebecca Drake

**ABSTRACT**  
The TIME acronym (tissue, infection/inflammation, moisture balance and edge of wound) was first described 10 years ago, by an international group of wound healing experts, to provide a framework for approach to wound bed preparation, a basis for optimizing the management of open chronic wounds secondary intention. However, it should be recognized that the TIME principles are only a part of the holistic evaluation of each patient at every wound assessment. This review, prepared by the Internat Key Messages  
Chronic wounds, wound bed preparation, Wound healing

**INTRODUCTION**  
The TIME acronym was first developed more than 10 years ago, by an international group of wound healing experts, to provide a framework for a structured approach to wound bed preparation (1). This concept was developed to assess pressure ulcers, venous ulcers and diabetic foot ulcers, and much work has gone into assessing their validity and reliability. A number of different classification systems have been developed to assess pressure

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**ORIGINAL ARTICLE**  
International Wound Journal  
International Wound Journal ISSN 1527-0081

**ORIGINAL ARTICLE**  
Wound bed preparation: TIME for an update  
Rhiannon L Harris<sup>1</sup>, David C Bosanquet<sup>2</sup> & Keith G Harding<sup>3</sup>

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**practice**  
TIME CDST: an updated tool to address the current challenges in wound care

**ABSTRACT**  
Despite the understanding that wounds are a common problem affecting the individual, the health service and society as a whole, there continues to be a lack of a systematic, structured, evidence-based approach to wound management. The TIME principle was first published in 2003, and has since been integrated by many into clinical practice and research. However, the tool has been criticised for its tendency to focus mainly on the wound rather than on the wider issues that the patient is presenting with. At an expert meeting held in London in 2016, this consensus was addressed and the TIME clinical decision support tool (CDST) was introduced. This article introduces the TIME CDST, explains why it is required and discusses how its use is likely to benefit patients, clinicians and health service organisations. It also reviews the framework in detail, and shows why this simple and accessible framework is robust enough to facilitate consistency in the delivery of wound care and better patient outcomes. Finally, it outlines the next steps for the rollout, use and evaluation of the impact of the TIME CDST.

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**practice**  
Wound Bed Preparation 2024: Delphi Consensus on Diabetic / Other Foot Ulcer Management in Resource-Limited Settings

**ABSTRACT**  
Chronic wound management in low-resource settings deserves special attention. Rural or under-resourced settings (e.g. those with limited basic needs/healthcare supplies and inconsistent availability of professional team members) may not be able to apply or duplicate best practices from urban or abundantly resourced settings. Objective: The authors linked world expertise to develop a practical and scientifically sound application of the wound bed preparation model for communities without ideal resources. Methods: A group of 41 wound experts from 15 countries reached a consensus on wound bed preparation in resource-limited settings. Results: Each statement of 10 key concepts (32 sub statements) reached more than 88% consensus. Conclusions: The consensus statements and rationales can guide clinical practice and research for practitioners in low-resource settings. These concepts should prompt ongoing innovation to improve patient outcomes and healthcare system efficiency for all persons with foot ulcers, especially persons with diabetes.

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# “T” – Tissue Debridement

## Remove Non-Viable or Deficient Tissue

- Goals are to remove necrotic tissue, micro-debris, slough, and reduce microbial bioburden
- Types of debridement
  - Autolytic
  - Surgical/sharp
  - Mechanical
  - Enzymatic
  - Biological
  - Hydrosurgery
  - Ultrasonic
  - Chemical
  - Honey



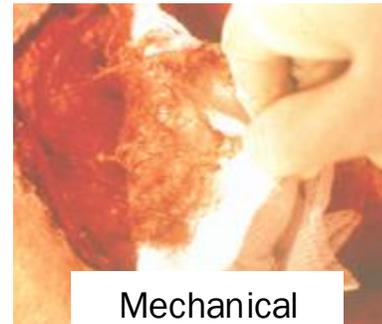
Autolytic



Surgical



Ultrasonic



Mechanical



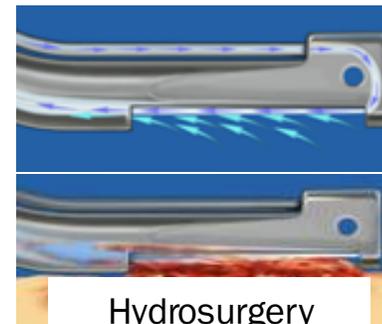
Enzymatic



Chemical/Oxidative



Biological



Hydrosurgery



Honey

# International Consensus Document On Wound Debridement, 2024

## DEFINITION

Debridement is the removal of viable and non-viable wound components, including necrotic material, slough, antimicrobial tolerant polymicrobial communities, and foreign materials. The primary goal of debridement is to reduce both microbial and non-microbial biomaterials using the most effective methods with the fewest side effects. These methods should be safely executable at the site of care.

## ACTION POINT

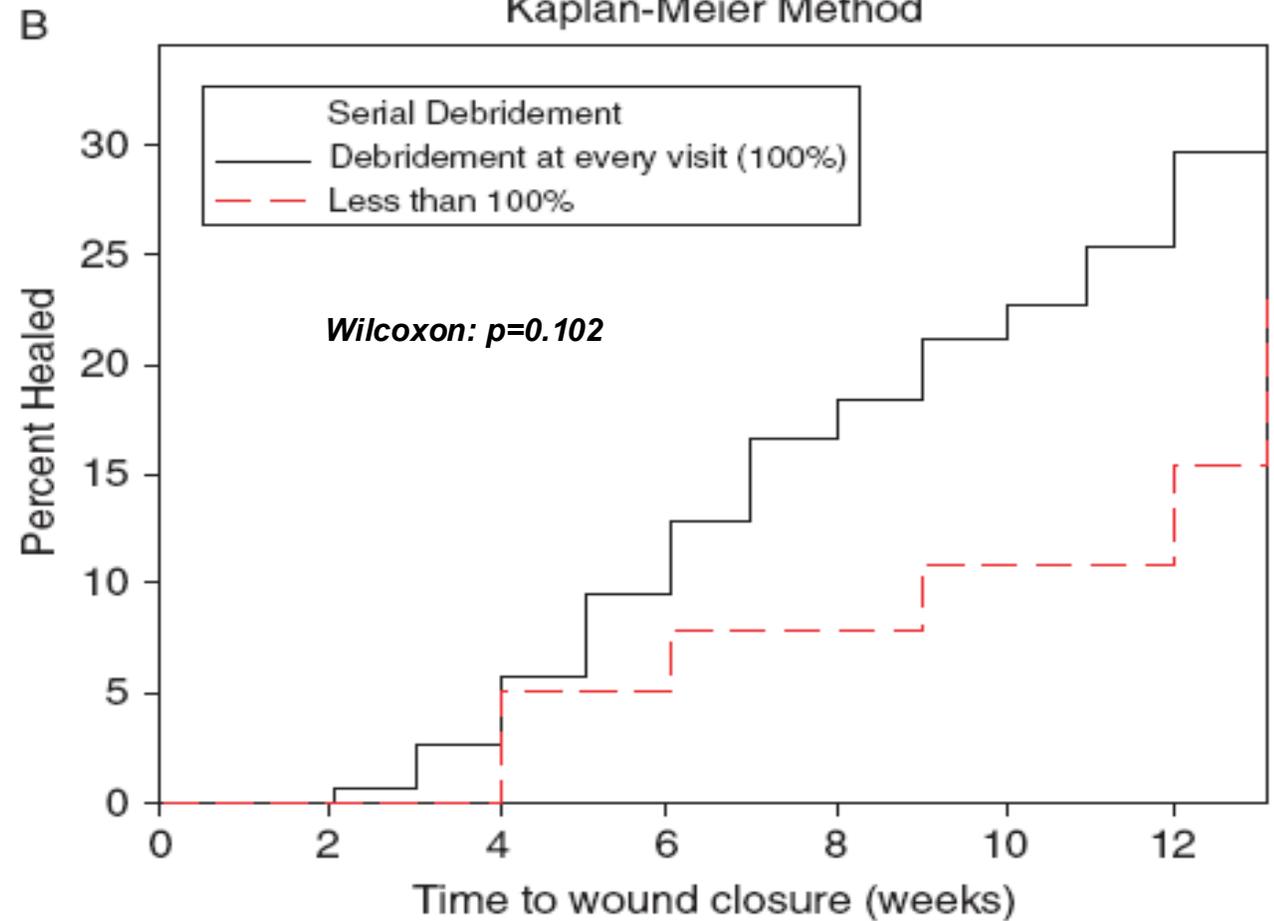
Debridement is a critical component of best practice in wound management due to its significant impact on the healing process. The rationale for debridement lies in the removal of devitalized tissue, microbial and non-microbial biomaterial, and bacterial colonies and debris from wounds. Devitalized tissue, such as necrotic or sloughy tissue, creates a barrier to wound healing. It hinders the migration of healthy cells and the formation of new blood vessels, impeding the wound's ability to progress through the healing phases. By removing this non-viable tissue, debridement promotes the growth of healthy granulation tissue and facilitates wound closure.

# Frequent Sharp Debridement Improves Healing Of Chronic VLUs and DFUs

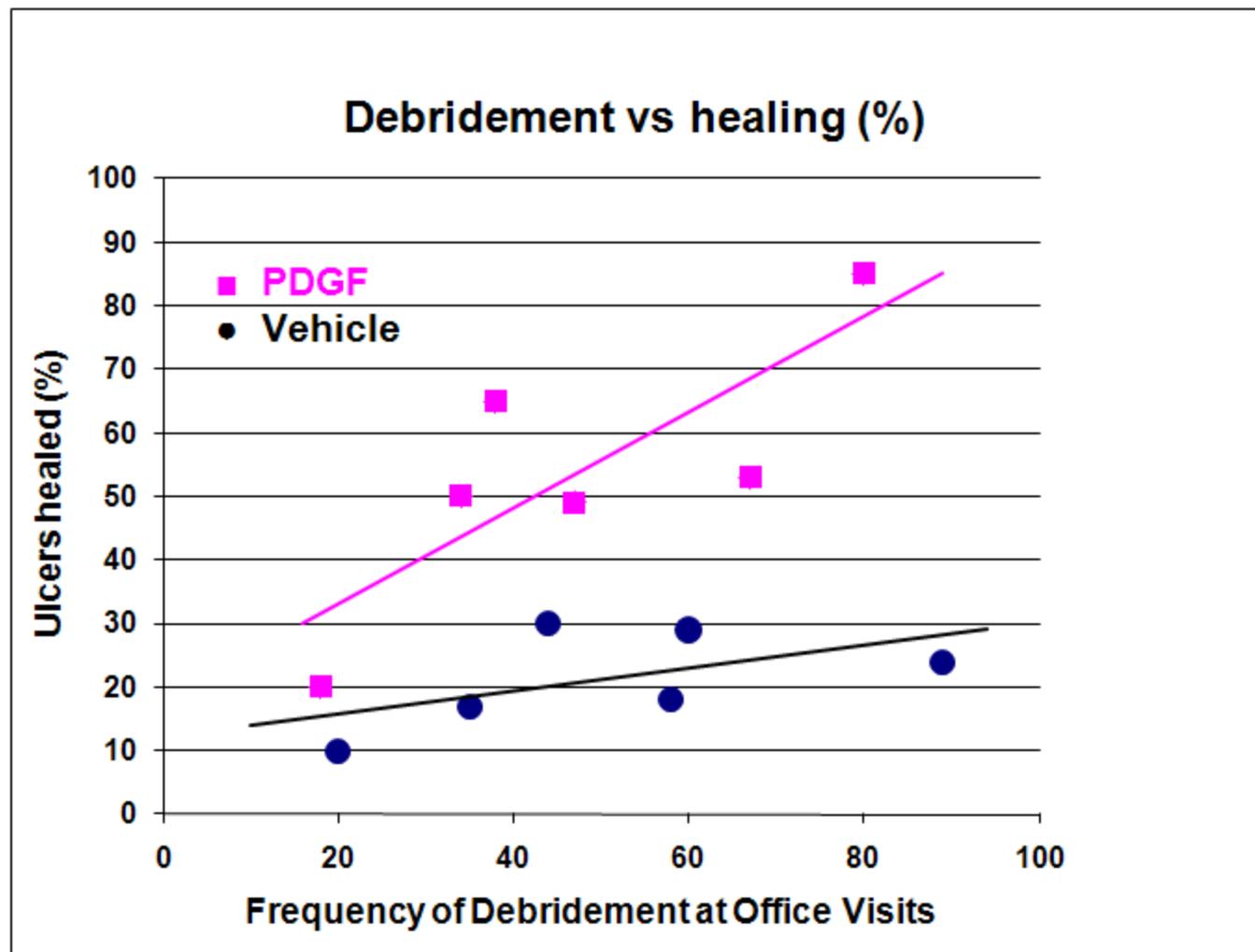
VLU Time to Healing vs. Serial Debridement  
Kaplan-Meier Method



DFU Time to Healing vs. Serial Debridement  
Kaplan-Meier Method



# Frequent Sharp Debridement Improves Healing of Chronic DFU and Effect of Advanced Treatments – rhPDGF



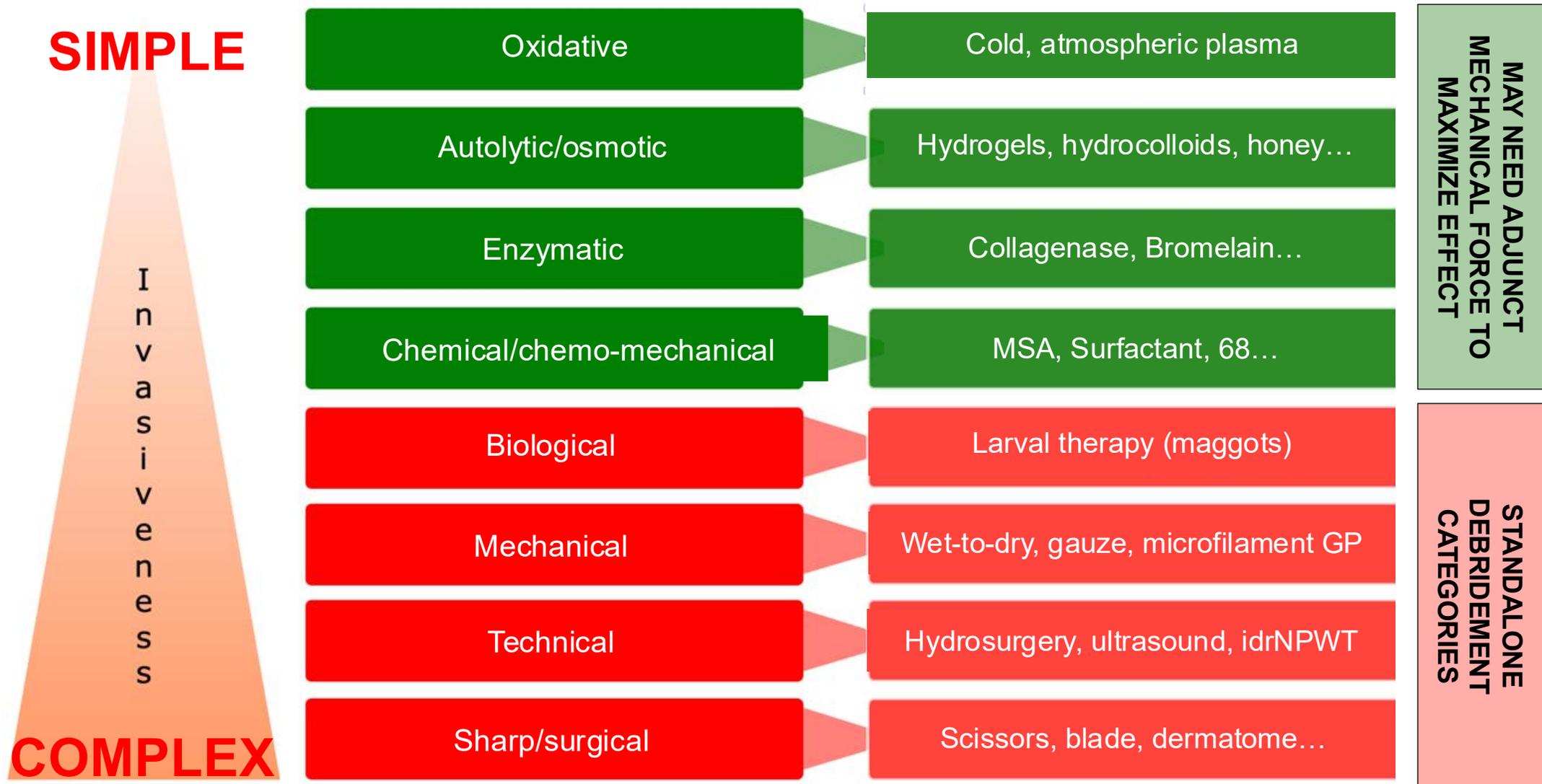
# Debridement: An Essential Component of Wound Bed Preparation

Sharp vs other...

# Types of Debridement

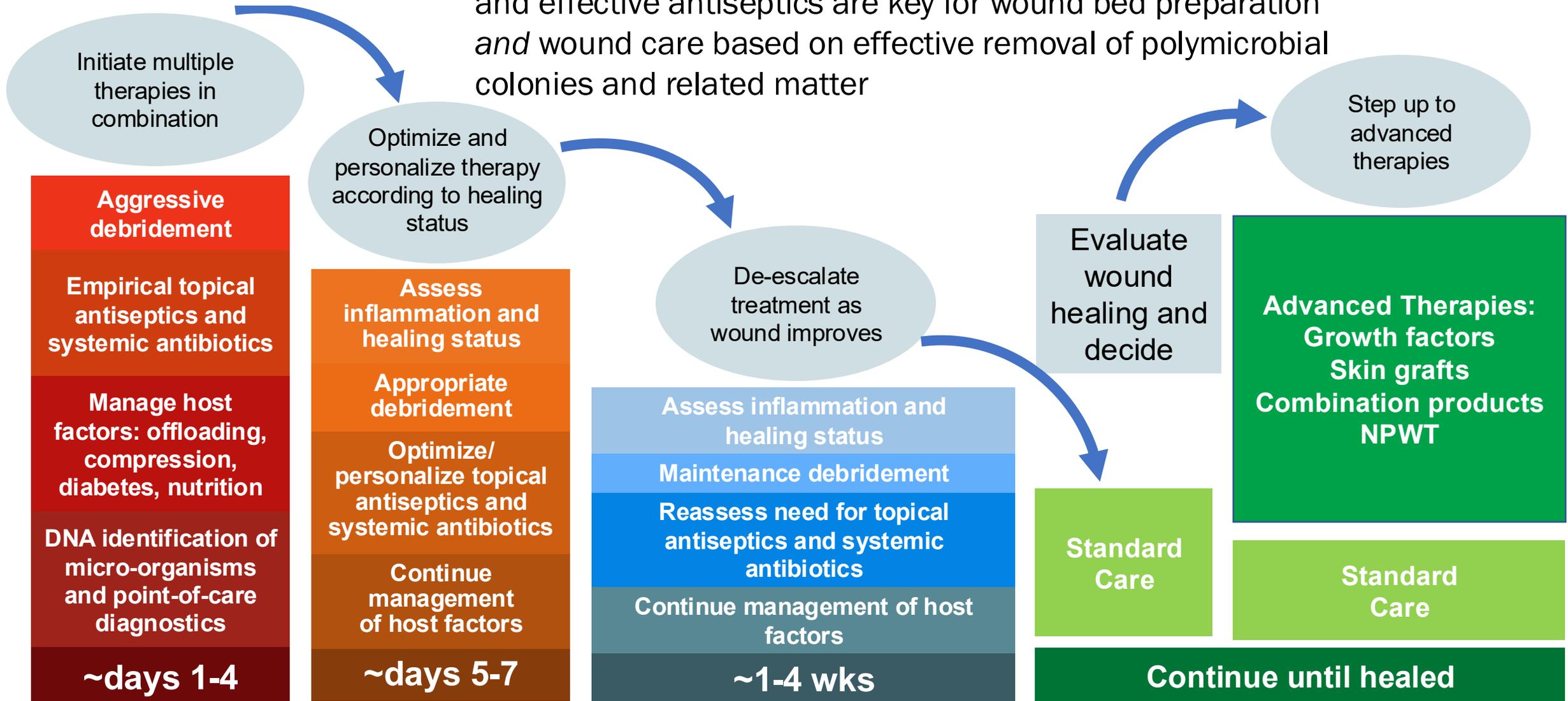


# Complexity of Wound Debridement Procedures



# Step-Down then Step-Up Treatment Strategy

Early intervention with debridement and multiple therapies and effective antiseptics are key for wound bed preparation *and* wound care based on effective removal of polymicrobial colonies and related matter



# Microbial Colonies and Associated Debris Begin to Re-form 24 Hrs After Debridement

- “Slough or necrotic tissue can promote bacterial growth...[and] prevent the formation of granulation tissue, and subsequent re-epithelialisation, and interfere with wound contraction” (IWII)
- “More frequent debridement was associated with improved healing. Wounds that were debrided weekly or more frequently were over four times more likely to heal than wounds receiving debridement less often than weekly” (EPUAP, NPIAP, PPPIA)
- “Autolytic debridement... is insufficient to meet the debridement requirements of wound hygiene, as it takes a long time to occur, requires numerous dressing changes and can increase the risk of infection in hard-to-heal wounds” (JWC International Consensus Document)



# Continuous Debridement of Slough Is Needed

## 1. Must be effective

Continuously remove slough and wound debris and mitigate re-formation of microbial colonies post-sharp debridement

## 2. Must be accessible

All caregivers can incorporate sharp debridement throughout the continuum of care

## 3. Must be easy and comfortable

Easy to use by healthcare providers and well tolerated by patients

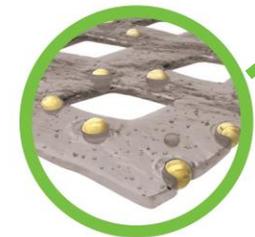
### Charged fibers support the continuous debridement of slough

- Fibrin, microorganisms, and wound residue attach to negatively charged fibers to continuously clean the wound bed
- Fibers form a gel to promote moist wound healing



### Antimicrobial

- Fast, broad-spectrum, antimicrobial-barrier efficacy
- Antimicrobial layers impregnated with silver (TLC-Ag healing matrix) promotes healing and atraumatic, pain-free removal



# Case: Pressure Ulcer (Day 1)



**Excisional debridement performed. Collagenase applied.**

# Case: Non-Healing Wound Abdominal Wall (Days 1, 47)



**Collagenase applied daily for 6 wks**

# The Need for Debridement Options

## Current State

- Feeling stuck in a pigeonhole of 5 ways to prepare a wound bed

## Clinician Wants

- To safely clean a wound and “do no harm” to healthy tissue
- Something with wide variety of use cases and safe with other modalities

## Market

Evolutionary  
vs  
Revolutionary

# How Do Charged Fibers Work?

Biomaterials behave in predictable ways within complex tissue environments

- Steric exclusion
- Hydrophobic interactions
- Hydrogen bonds
- **Fibers have a high attraction to positively charged fibers**
- Electrostatic interactions



# Case Summary: LE Complex Wounds

- 70y Male with complex wounds RLE uncertain etiology. Vascular work-up negative for arterial or venous disease. Patient is poor surgical candidate, requires continuous debridement to allow for wound progression.
- Medical history: No known CAD, DM, HTN
- Treatment
  - Excisional debridement in office.
  - **Negatively charged dense fibers initiated to expedited debridement**
  - Treatment is ongoing

## RLE Complex Wound (Day 1)



RLE Complex wound with eschar, slough and heavy exudate

## RLE Complex Wounds (4 Wks)



RLE Complex wound with less slough and thinner eschar

## BLE Complex Wounds (Day 1)



RLE Complex wound with eschar, slough, and heavy exudate

## BLE Complex Wounds (4 Wks)



RLE Complex wound with less slough and thinner eschar

# Case Summary: Venous Stasis Ulcers

- 59y Male with longstanding venous stasis ulcers declined surgical intervention; requires continuous debridement to allow for wound progression.
- Medical history: Obesity, HTN
- Treatment
  - Excisional debridement in office.
  - **Negatively charged dense fibers initiated to expedited debridement**
  - Treatment is ongoing

## Venous Stasis Ulcers (Day 1)



LLE Venous ulcer with slough and heavy exudate

## Venous Stasis Ulcers (3 Months)



LLE Venous ulcer reduced in size, slough, and exudate

# Combining Technologies

## Highly Charged Fiber (HCF)\* dressings to support debridement in conjunction with debridement via clostridial collagenase

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Plastic & Reconstructive Surgery, Wound Care & Hyperbaric Medicine, Abrazo Arrowhead Hospital & Wound Clinic, Glendale, Arizona

### INTRODUCTION

Complex wounds need highly effective debridement to heal optimally, or to be prepared optimally for primary closure via surgery. Debridement can be done via excision, but this acute procedure can be subsequently augmented with the use of enzymatic products such as clostridial collagenase. Additional debridement support may be obtained, via the use of newly available highly charged fiber dressings that can be used synergistically with other modalities such as excisional debridement, or enzymatic debridement. In particular we studied wounds treated with collagenase with conjunctive use of HCF dressings, and we report our results.

### METHOD

Five cases of complex wounds are presented, two of these were destined for surgical closure pending appropriate wound bed preparation. Three wounds were planned and destined for secondary closure. Cases 1-5 details and images shows how the wounds progressed via the judicious use of sharp debridement, enzymatic debridement, and debridement support from Highly Charged Fiber (HCF) dressings.

### RESULTS

We found that the use of the HCF dressing allows the continuation of slough removal, post excisional debridement and collagenase debridement enzyme, allowing successful surgical closure in two wounds, and stepdown to secondary closure in three others following optimal cleansing/debridement of the wounds.

#### CASE 1 – RIGHT ISCHIAL PRESSURE ULCER

61 yo male with paraplegia with h/o multiple pressure ulcers including progressive right ischial ulcer with necrotic debris, despite wound management and offloading.  
Medical history: Paraplegia

Treatment:

- Clostridial Collagenase utilized following office excisional debridements.
- Negatively Charged Dense fibers added to Clostridial Collagenase to expedited debridement
- Taken to OR for flap closure once wound bed preparation deemed adequate
- Placental allograft placed to optimize healing.
- Incisional V.A.C.® Therapy initiated with a 3M™ Prevena™ Customizable Dressing immediately following closure



#### CASE 2 – NON HEALING SURGICAL WOUND LOWER BACK

74 yo female s/p spine surgery complicated by PE requiring anticoagulation that resulted in hematoma and secondary dehiscence. | Medical history: DVT, PE (On anticoagulants) | Treatment:

- Clostridial Collagenase utilized following office excisional debridements.
- Negatively Charged Dense fibers added to Clostridial Collagenase to expedited debridement
- Taken to OR for flap closure once wound bed preparation deemed adequate
- Placental allograft placed to optimize healing.
- Incisional V.A.C.® Therapy initiated with a 3M™ Prevena™ Customizable Dressing immediately following closure

#### CASE 2 – CONT'D



#### CASE 3 – THIGH WITH FULL THICKNESS NECROSIS

70yo female s/p recurrent ventral hernia repair with postoperative dehiscence and tissue necrosis.  
Medical history: Obesity, Pace maker

Treatment:

- Clostridial Collagenase utilized following office excisional debridements.
- Negatively Charged Dense fibers added to Clostridial Collagenase to expedited debridement
- Secondary healing without need for surgical intervention



#### CASE 4 – THIGH WITH FULL THICKNESS NECROSIS

49 yo male with paraplegia with failed flap with extensive full thickness necrosis thigh.  
Medical history: Paraplegia | Treatment:

- Excisional debridement in office.
- Clostridial Collagenase utilized following office excisional debridements.
- Negatively Charged Dense fibers added to Clostridial Collagenase to expedited debridement
- NPWT initiated



#### CASE 5 – THIGH WITH FULL THICKNESS NECROSIS

57 yo male with paraplegia with right ischial pressure ulcer extending to bone (Stage 4). Presents with extensive debris with deep tissue necrosis | Medical history: Paraplegia | Treatment:

- Clostridial Collagenase utilized following office excisional debridements.
- Negatively Charged Dense fibers added to Clostridial Collagenase to expedited debridement
- Taken to OR for flap closure once wound bed preparation deemed adequate
- Placental allograft placed to optimize healing.
- Incisional V.A.C.® Therapy initiated with a 3M™ Prevena™ Customizable Dressing immediately following closure



### CONCLUSION

The results show that though more research is indicated in this area, the combination of established debridement methods, such as excisional debridement and enzymatic debridement, can likely be supported by the continuous slough removal properties of the Highly Charged Fiber (HCF) dressings.

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# Case Summary: Right Ischial Pressure Ulcer

- 61y Male with paraplegia with h/o multiple pressure ulcers, including progressive right ischial ulcer with necrotic debris despite wound management and offloading
- Medical history: Paraplegia
- Treatment
  - Clostridial collagenase utilized following office excisional debridements
  - Negatively charged dense fibers added to clostridial collagenase to expedite debridement
  - Taken to OR for flap closure once wound bed preparation deemed adequate
  - Placental allograft placed to optimize healing.
  - Incisional NPWT initiated with a customizable incision management dressing immediately following closure

## Necrotic Pressure Ulcer (Day 1)



Debridement supported with negative charged fibers applied daily

## Necrotic Pressure Ulcer (Day 1, 7)



## Necrotic Pressure Ulcer (Day 7)



## Necrotic Pressure Ulcer (Day 7)



## Necrotic Pressure Ulcer (Day 7)



Debridement supported with negative charged fibers applied daily until definitive surgical closure performed

## Necrotic Pressure Ulcer (6 Wks)



# Case Summary: Non-Healing Surgical Wound Abdomen

- 70y Female s/p recurrent ventral hernia repair with post-operative dehiscence and tissue necrosis
- Medical history: Obesity, pacemaker
- Treatment
  - Clostridial collagenase utilized following office excisional debridements
  - Negatively charged dense fibers added to clostridial collagenase to expedite debridement
  - Secondary healing without need for surgical intervention

# Non-Healing Wound Abdomen (Day 1)



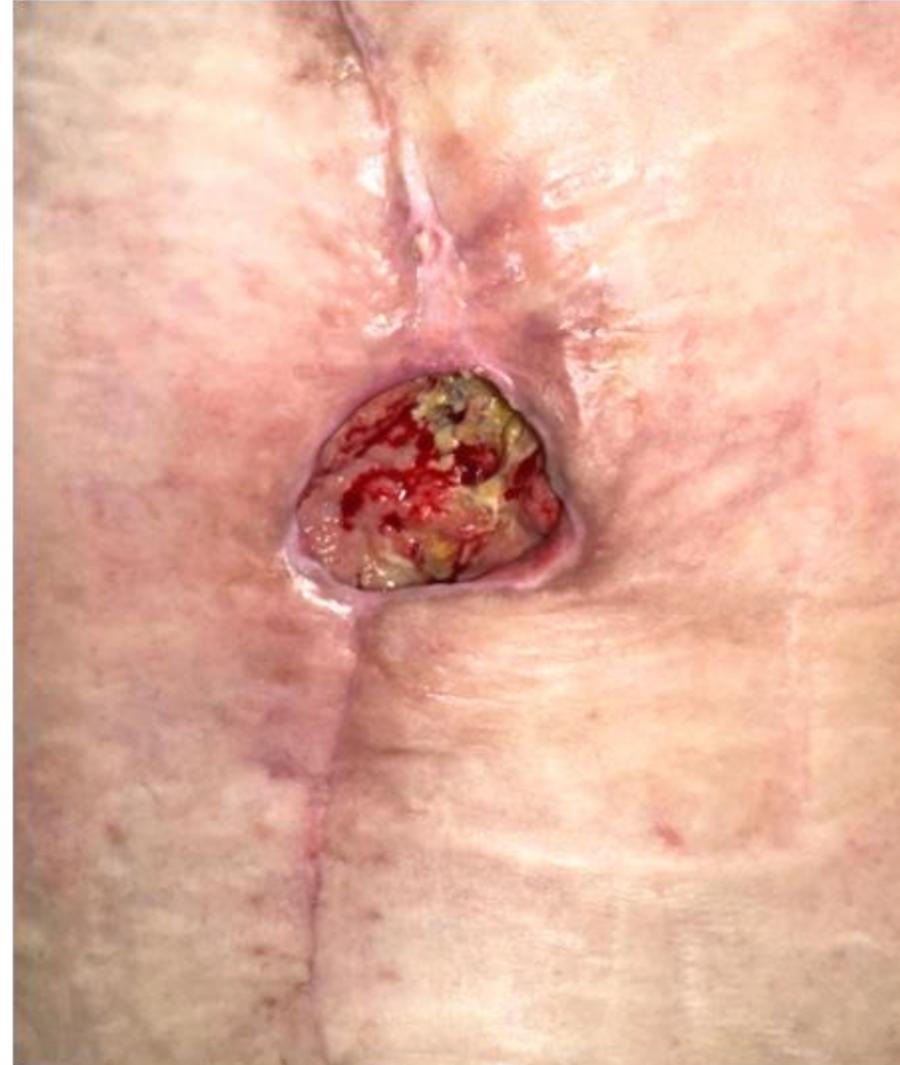
## Non-Healing Wound Abdomen (Day 7)



## Non-Healing Wound Abdomen (Day 7)



## Non-Healing Wound Abdomen (Day 21)



## Non-Healing Wound Abdomen (Day 21)



## Non-Healing Wound Abdomen (Day 21)



## Non-Healing Wound Abdomen (6 Wks)



## Non-Healing Wound Abdomen (8 Wks)



## Non-Healing Wound Abdomen (8 Wks)



## Non-Healing Wound Abdomen (10 Wks)



# Case Summary: Thigh with Full Thickness Necrosis

- 49y Male with paraplegia with failed flap with extensive full thickness necrosis thigh
- Medical history: Paraplegia
- Treatment
  - Excisional debridement in office
  - Clostridial collagenase utilized following office excisional debridements
  - Negatively charged dense fibers added to clostridial collagenase to expedite debridement
  - NPWT initiated

# Necrosis Left Thigh (Day 1)



Left thigh with full thickness necrosis



s/p Removal eschar

# Necrosis Left Thigh (Day 1)



## Necrosis Left Thigh (Day 1)



CC application followed by  
non-adherent



Negatively charged dense fibers

## Necrosis Left Thigh (Day 7)



# Necrosis Left Thigh (Day 7)



CC application followed by  
non adherent and



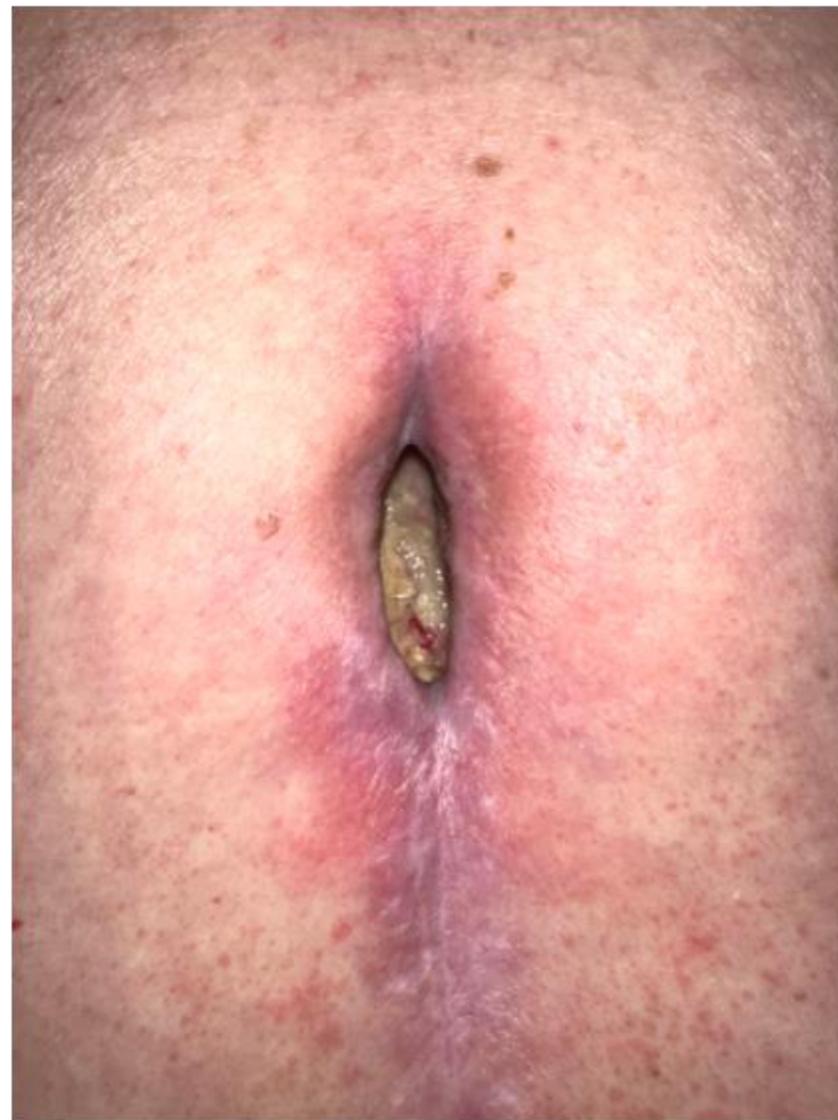
Negatively charged dense fibers



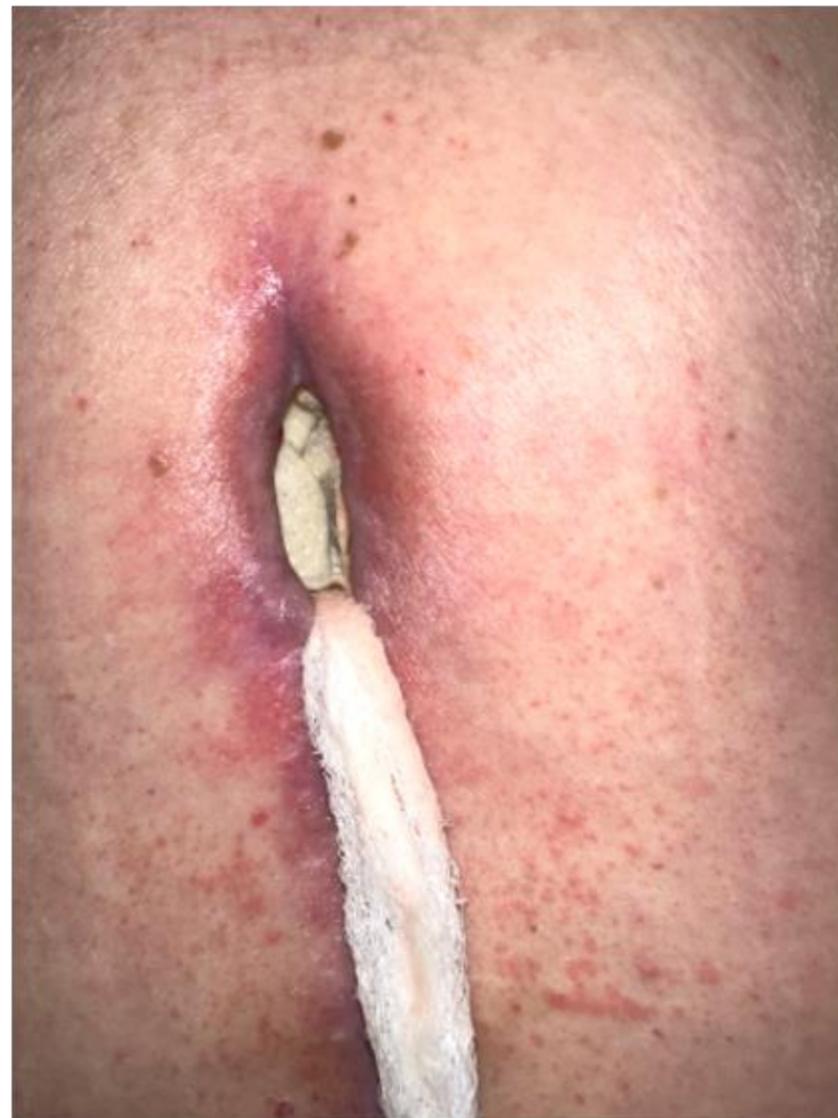
# Case Summary: Non-Healing Surgical Wound Lower Back

- 74y Female s/p spine surgery complicated by PE requiring anticoagulation that resulted in hematoma and secondary dehiscence.
- Medical history: DVT, PE (on anticoagulants)
- Treatment
  - Clostridial collagenase utilized following office excisional debridements
  - Negatively charged dense fibers added to clostridial collagenase to expedite debridement
  - Taken to OR for flap closure once wound bed preparation deemed adequate
  - Placental allograft placed to optimize healing
  - Incisional NPWT initiated with customizable incision management dressing immediately following closure

## Non-Healing Wound Spine (Day 1)



## Non-Healing Wound Spine (Day 1)



## Non-Healing Wound Spine (Day 1)



## Non-Healing Wound Spine (Day 10)



## Non-Healing Wound Spine (Day 10)



# Case Summary: Right Ischial Pressure Ulcer

- 57y Male with paraplegia with right ischial pressure ulcer extending to bone (Stage 4) presents with extensive debris with deep tissue necrosis
- Medical history: Paraplegia
- Treatment:
  - Clostridial collagenase utilized following office excisional debridements
  - Negatively charged dense fibers added to clostridial collagenase to expedited debridement
  - Taken to OR for flap closure once wound bed preparation deemed adequate
  - Placental allograft placed to optimize healing.
  - Incisional NPWT initiated with customizable incision management dressing immediately following closure

## Right Ischial Ulcer (Day 1)



## Right Ischial Ulcer (Day 1)



# Right Ischial Ulcer (Day 1)



## Right Ischial Ulcer (6 Wks)



## Right Ischial Ulcer (6 Wks)



## Right Ischial Ulcer (6 Wks)



# Summary

- Debridement is the cornerstone for wound bed preparation and reduction of bacterial burden to allow for wound healing
- There is a role for integral debridement with a variety of techniques to optimize patient outcome
- Negatively charged fibers may assist in the removal of slough, bioburden, and necrotic tissue, and associated debris that may lead to infection free in highly complex wounds/patients
- Combining technologies may lead to faster wound bed preparation in anticipation of surgical closure and or expedite healing secondarily