

Optimizing Y90 Treatment for HCC: Update on Data, Dosimetry and Advanced Techniques: CME Symposium at CIO 2025.

Sponsored by an educational grant from Sirtex

CIO

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Faculty Disclosures

- **Zach Berman, MD**- Consultant: AstraZeneca, Boston Scientific, Sirtex, Trisalus Life Sciences; Speakers Bureau: Trisalus Life Sciences. Guerbet, Varian
- **Jacob Core, DO**- has nothing to disclose in relation to this activity
- **Ripal T. Gandhi, MD**- Advisory Board- Trisalus Life Sciences; Consultant- ABK Biomedical, Argon, BD Life Sciences, Cook, Medtronic, Quantum surgical, RenovoRx, Sirtex, Teilx; Speaker's Bureau- Genentech, Quantum surgical, Sirtex, Trisalus Life Sciences
- **Nima Kokabi, MD**- Consultant: Boston Scientific, Sirtex Medical Ltd, Terumo Medical, Okami Medical, Trisalus Life Sciences

Disclosures

- The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational use(s) of drugs, products, and/or devices (any use not approved by the U.S. Food and Drug Administration).
 - Applicable CME staff have no relationships to disclose relating to the subject matter of this activity
 - This activity has been independently reviewed for balance
 - This continuing medical education activity may include device or medicine brand names for participant clarity purposes only; no product promotions or recommendations should be inferred

Learning Objectives

- Analyze recent clinical trial data and real-world studies supporting the efficacy and safety of transarterial radioembolization (TARE) with Yttrium-90 for hepatocellular carcinoma, including its role in early, intermediate, and advanced-stage disease management.
- Integrate advanced dosimetric planning and emerging interventional techniques to optimize treatment delivery, improve therapeutic outcomes, and minimize toxicity in patients undergoing Y90 radioembolization.
- Identify key patient selection criteria and collaborate across oncology, hepatology, and interventional radiology disciplines to determine the optimal timing and integration of Y90 treatment within the broader hepatocellular carcinoma care continuum.

Update on Y90 Data for HCC

Zach Berman, MD

Associate Professor of Clinical Radiology
UC San Diego

We live in a great time for interventional oncology – and more specifically, Y90 radioembolization.

I think it's worth a **brief** (actually, very rapid) **history**

Radioembolization is older than you think



It's even older than this guy

The initial concept was with another Y: Yb169

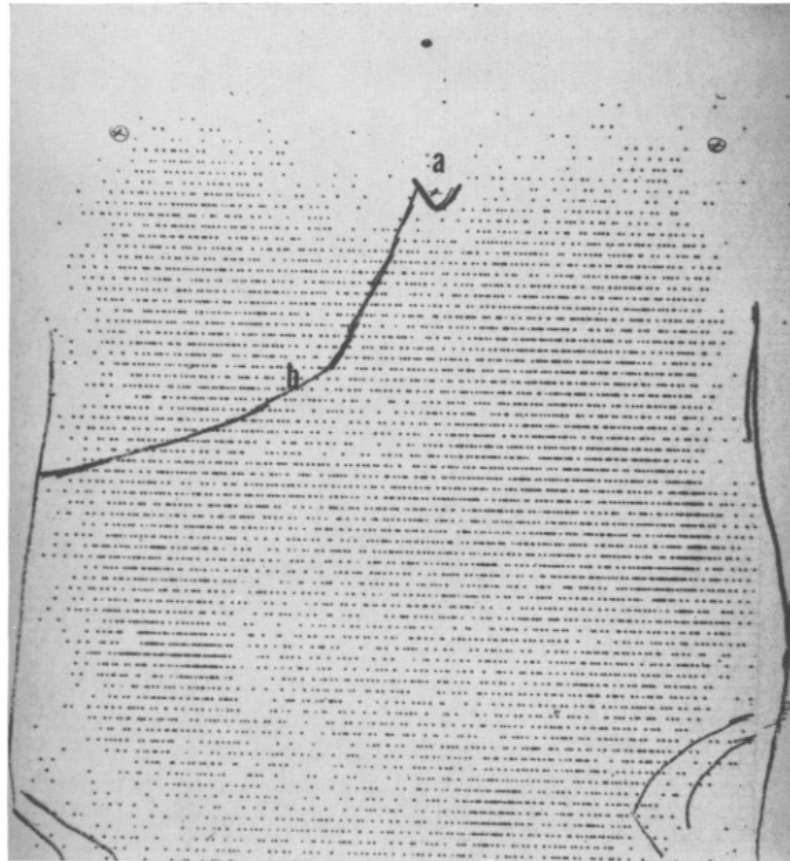
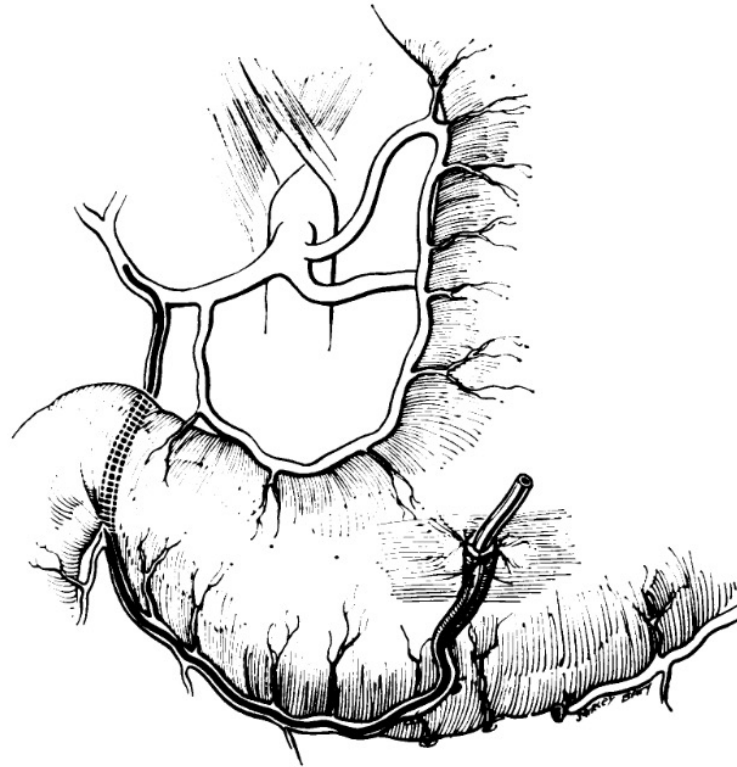


FIG. 1. Photostatic of abdomen in patient who received radiating microspheres to which are attached Yb^{169} . Catheter was inserted into aorta at level of celiac axis. Note uniform distribution of radiation source. Entire abdomen, including liver and spleen, has retained administered microspheres. (a) xiphoid process. (b) right costal margin.

Results were as bad as one would imagine

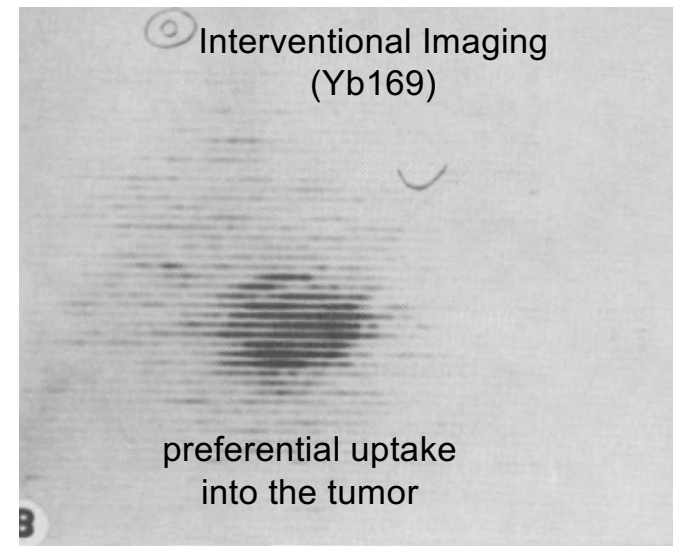
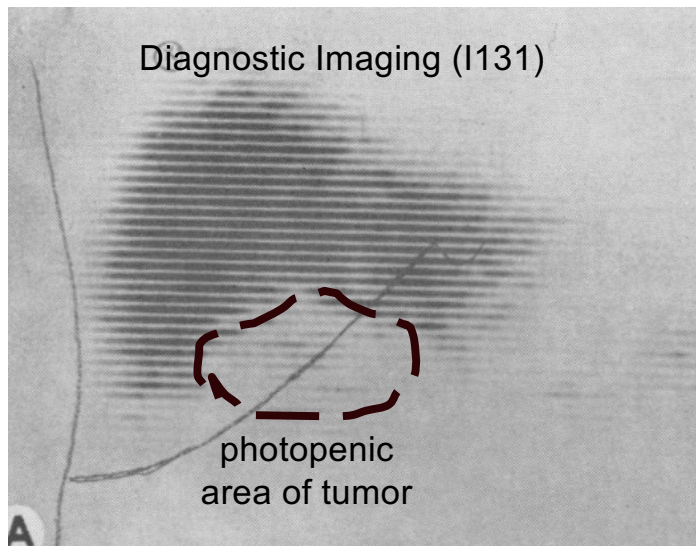


Maybe it wasn't the best idea to infuse the entire abdominal aorta – selective infusion is better



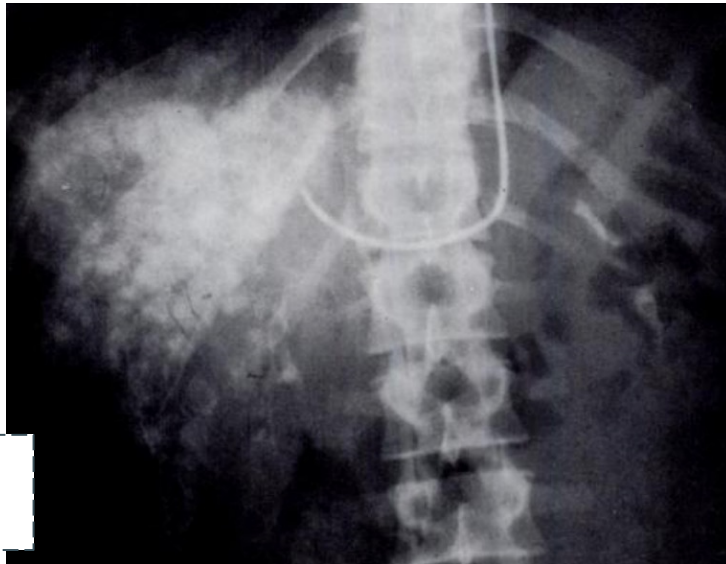
Catheter surgically placed into the right gastroepiploic, through GDA to hepatic artery

The future is standardized and customized and in combination



Catheter-based techniques were coming into fashion

– as was the concept of dosimetry

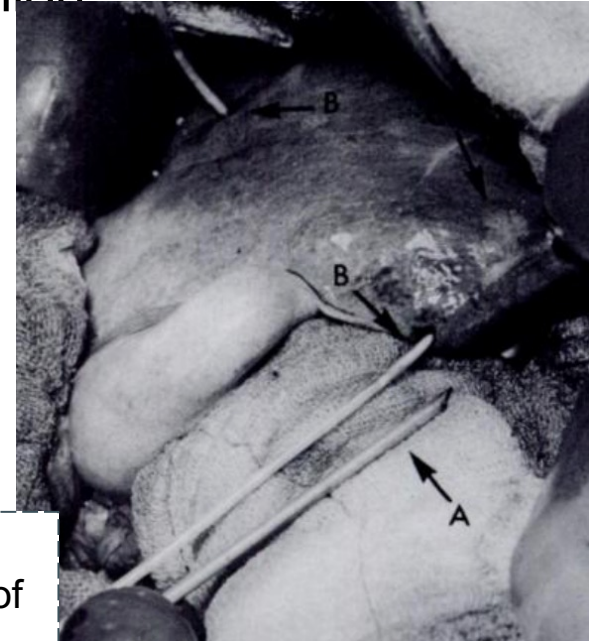


proto-MIRD

DOSIMETRY

For practical purposes, we assume that the intra-arterially injected beta emitter is distributed evenly throughout the liver and estimate the dose by the formula:

$$D_B = 73.8CE_{BT},$$



The origins of T:N

... cathed dosimeters (B) is shown. Dosimeters within tumor nodules (C) received about twice the dose received by dosimeters within normal liver tissue. The dosimeters remained in the tissue for almost 1 hour after the Y^{90} had been injected into the hepatic artery.

The next big advancement came about 10 years later

Establishment of MIRD

The Society of Nuclear Medicine's Committee on Radiation Dosimetry gave us method of dose calculation.³ The summary of these MIRD formulas gives us a formula generally applicable for dosimetry of rads

Further refinement of T:N

tumors in rats and found that all moderate sized tumors (3–7 mm) had well-developed arterial circulation. Blanchard *et al.*⁵ demonstrated that intra-arterial administration of ⁹⁰Y microspheres gave four times as much radiation in the tumor of V-2 cancers in rabbit livers as accumulated in the normal liver. Blanchard⁴ recently described autoradiographs in a patient who died a few weeks after treatment with initial great

The origins of the microsphere activity debate!

activity are used, the number of beads lodged per gram of tissue to deliver a desired radiation dose will be correspondingly higher. It is clear that variations in dosage per individual microsphere will not be a factor influencing therapeutic effectiveness.

Modulating T:N

to assess the pattern of yttrium-90 microsphere localization. Our own studies in recent cases indicated that administration of adrenalin along with ⁹⁰Y may direct the microspheres preferentially to tumor by selectively constricting arterioles leading to normal liver tissue. Because of the fact that the duration of the effect of adrenalin is not yet established, the method

Something that we would also recognize today!

Thera Sphere (Theragenics, Atlanta, GA)

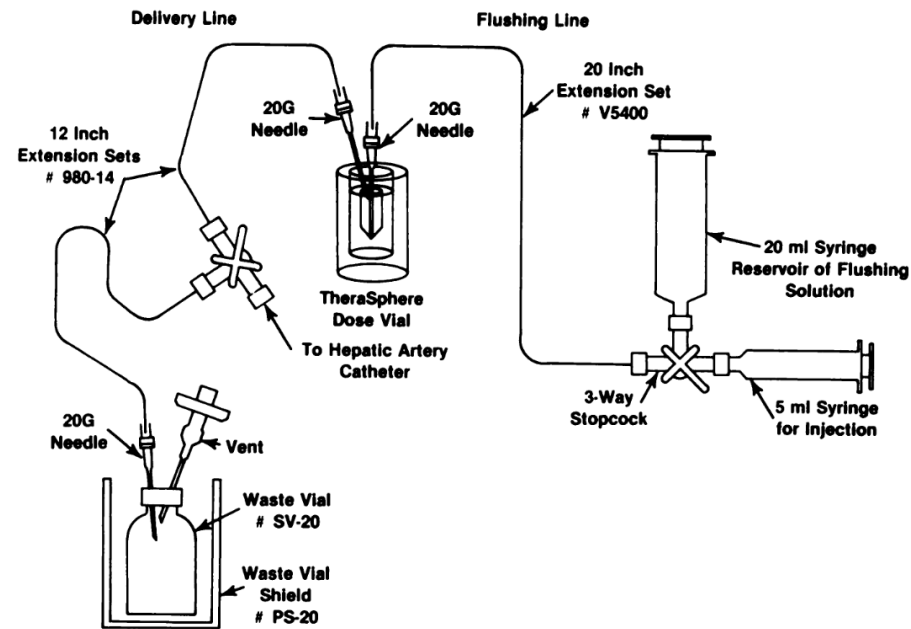


Figure 1. Diagram of the Y-90 glass microspheres delivery apparatus.

Something that we would also recognize today!

Dose escalation trial
our starting point of d

Fifteen patients (12 m
mean age 62 years [rang
were included in the stu
metastatic colorectal can
cinoid ($n = 1$), islet cell
hepatoma ($n = 1$) treated
levels of 5,000, 7,500, and
(5,000, 7,500, and 10,000

Though partition dosing suggested

With the technologic improvements that we incorporated, we have shown that this form of internal radiation therapy is practical and feasible and will allow further response studies to be done in an attempt at achieving an optimal therapeutic dose depending on size, morphologic characteristics, and vascularity of malignant hepatic lesions. GI tract side effects might be a limiting factor, although perhaps prophylactic measures to protect the GI mucosa might be beneficial. ■



Further dose escalation in dogs gave us our **current** on-label dosing today

TABLE 1. Doses of Nonradioactive and Radioactive TheraSphere Received by 12 Dogs

Dog	Estimated liver weight (g)	Sphere dose (mg)*	Sphere dose (mCi)	Actual cGy to liver
1	925	143.0	—	—
2	812	148.0	—	—
3	850	558.0	—	—
4	665	562.0	—	—
5	700	145.0	52.5	13,650
6	700	154.0	53.9	14,000
7	650	147.0	54.5	15,260
8	700	147.9	49.0	12,740
9	700	150.0	73.0	18,980
10	650	145.5	69.5	19,460
11	650	148.0	112.2	31,420
12	575	147.0	112.1	35,480

* There are approximately 7.5 million TheraSphere in 140 mg.

Further dose escalation done in humans

shunt fraction was calculated as the ratio of the lung counts to the total counts. Contrast scintigraphic views of the stomach (10) were obtained when indicated to confirm shunting of microspheres to stomach.

The administered amount of Y-90 was based on the volume of the patient's liver and the desired total radiation absorbed dose to the liver (5,000 cGy for the first four patients, 7,500 cGy for the next two, and 10,000 cGy for the last patient) assuming a uniform distribution of the microspheres within the hepatic parenchyma. Under this assumption, each megabecquerel of Y-90 per kilogram of liver tissue gives a total absorbed dose of 4 cGy over the complete decay of the Y-90 (11). The required activity A (in megabecquerels) for a given hepatic radiation

Dose
Relationship

How ahead of their time

internal radiation (4).

Further work needs to be done in the area of dosimetry. We expected to see a better response to the internal radiation in tumors that received high doses of absorbed radiation. A possible explanation for this lesser

Further T:N evidence

The tumor-to-liver perfusion ratio varied from unity to 10: 1.0, 1.0, 2.3, 2.4, 6.0, and 10.0. These values are similar to the perfusion ratios

Sirspheres were being developed simultaneously

MIRD was initial dosimetry

The protocol for SIR therapy has developed over several years. As radiation hepatitis has been observed in several patients receiving high radiation doses, it is now our policy to deliver an amount of Yttrium-90 activity that will result in an inferred radiation dose to the normal liver of approximately 80 Gy.¹³ Because the radiation from SIR therapy is delivered as a series of discrete point sources, the dose of 80 Gy is an average dose with many normal

Continued attempts to alter T:N

SELECTIVE INTERNAL RADIATION THERAPY

The technique of SIR therapy has been described in detail elsewhere.^{7,12} It involves a laparotomy to expose the hepatic arterial circulation and infusion of Angiotensin-2 into the hepatic artery to redirect arterial blood to flow into the metastatic tumour component of the liver and away from the normal parenchyma. This is followed by embolization of Yttrium-90 containing microspheres (SIR spheres)

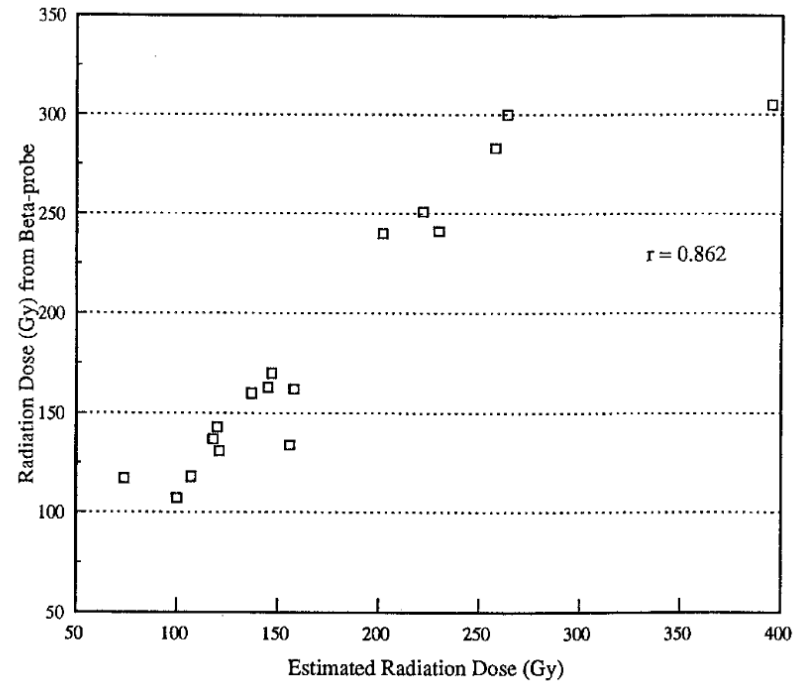
Further dose escalation studies confirm that doses up to 140 Gy safe with glass

Patient dose (cGy)	Calculated nominal absorbed radiation dose (cGy)*
1	5500
2	5700
3	7400
4	8600
5	8700
6	8100
7	8500
8	8300
9	12700
10	11100
11	13800
12	14000
13	10300
14	10700
15	10700
16	12500
17	12500
18	12500
19	13600
20	14200
21	11100
22	15000
23	15300
24	13700

80-150 is posited as the safe threshold MIRD dosimetry for glass microspheres

People were even debating the use of **MAA** as a surrogate for Y90 in 1996

$$\frac{A_T / M_T}{A_N / M_N} = r.$$



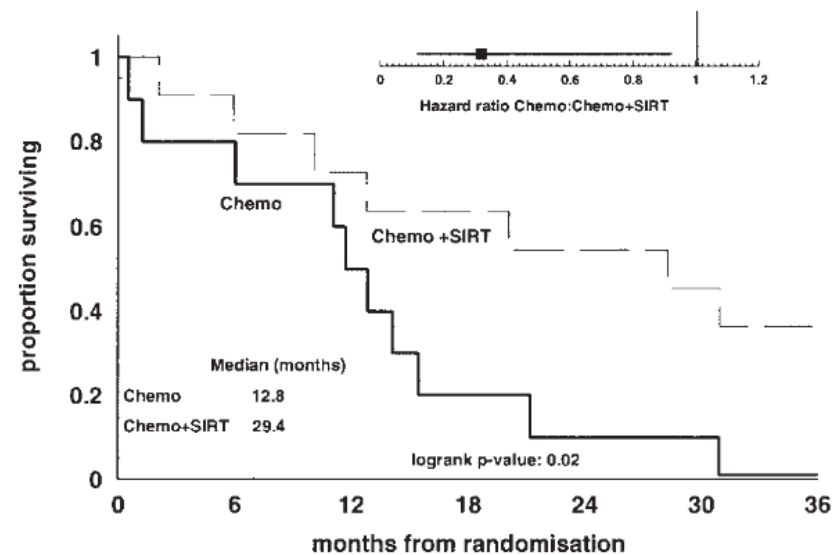
2004 was a big year for Y90 therapy dosimetry

BSA is born

The first five patients treated with SIRT received a standard dose of 2.5 GBq of yttrium-90 activity. As one very small patient developed evidence of radiation hepatitis at this radiation dose, the subsequent six patients were treated with a dose of SIR-Spheres that was calculated from the patient's body surface area and the size of the tumour within the liver according to the following equation:

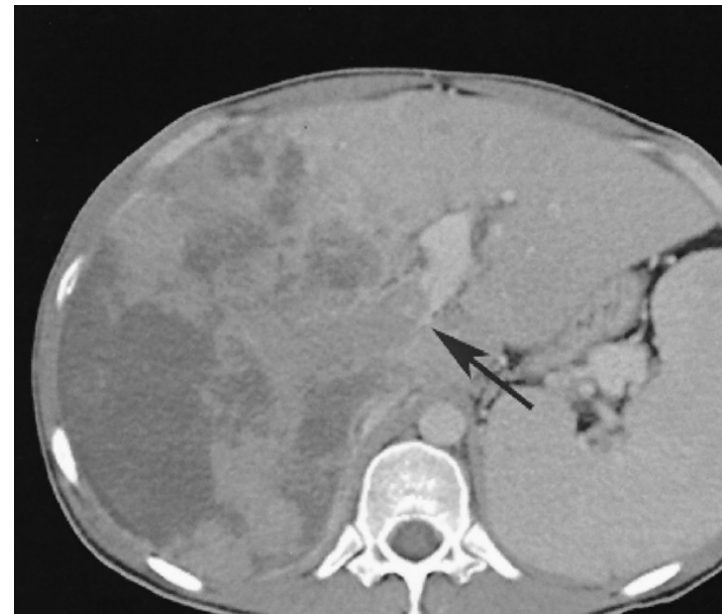
$$\begin{aligned} &\text{Dose of SIR-Spheres in GBq} \\ &= (BSA^* - 0.2) + \left(\frac{\% \text{ tumor involvement}}{100} \right) \end{aligned}$$

* BSA = body surface area measured in square metres.



2004 also confirmed the dosimetry targets for glass microspheres

...atric illness. All treated patients were evaluated to confirm an acceptable risk of shunting of ^{90}Y - μS to the lungs ($< 30 \text{ Gy}$) and no detectable flow to the gastrointestinal organs. Patients who completed treatment of the recommended dose of 80–150 Gy and who demonstrated PVT in the absence of CVT, as determined by CT imaging and hepatic angiography were in-



Modern uses of “-ectomy” started quite quickly thereafter

Patient	Initial RHLV	Final RHLV		Initial LHLV	Final LHLV		
	(cm ³)	(cm ³)	(% change)	(cm ³)	(cm ³)	(% change)	
1	1025	717	(-30)	467	850	(+82)	
2	1842	739	(-60)	1365	1532	(+12)	
3	9	1.7, range 1–5) radioembolization sessions. Mean activity delivered to the target lobe, corrected for shunting and residual activity, was 2.20 GBq (range 0.49–4.2 GBq). Mean dose delivered to the target hepatic volume during each treatment session was 103 Gy (median 109 Gy, range 28–151 Gy). Mean cumulative dose delivered to the target hepatic volume over all treatment sessions was 175 Gy (median 132 Gy, range 103–413 Gy). There were no procedure-related complications, no misadministrations, and no gastrointestinal ulcers.					(+64)
4	7					(+43)	
5	6					(+86)	
6	13					(+19)	
7	9					(+67)	
8	6					(+56)	
9	10					(+11)	
10	12					(+15)	
11	7					(+80)	
12	7					(+93)	
13	10					(+67)	
14	7					(+32)	
15	7					(+19)	
16	1151	370	(-68)	1226	1558	(+27)	
17	1155	402	(-65)	836	1198	(+43)	
18	679	325	(-52)	566	758	(+34)	
19	1026	810	(-21)	484	994	(+105)	
20	790	525	(-34)	827	1095	(+32)	
Summary	955	460	(-52)	719	1004	(+40)	

40% overall growth in contralateral lobe

2011 – Where traction was started for HCC

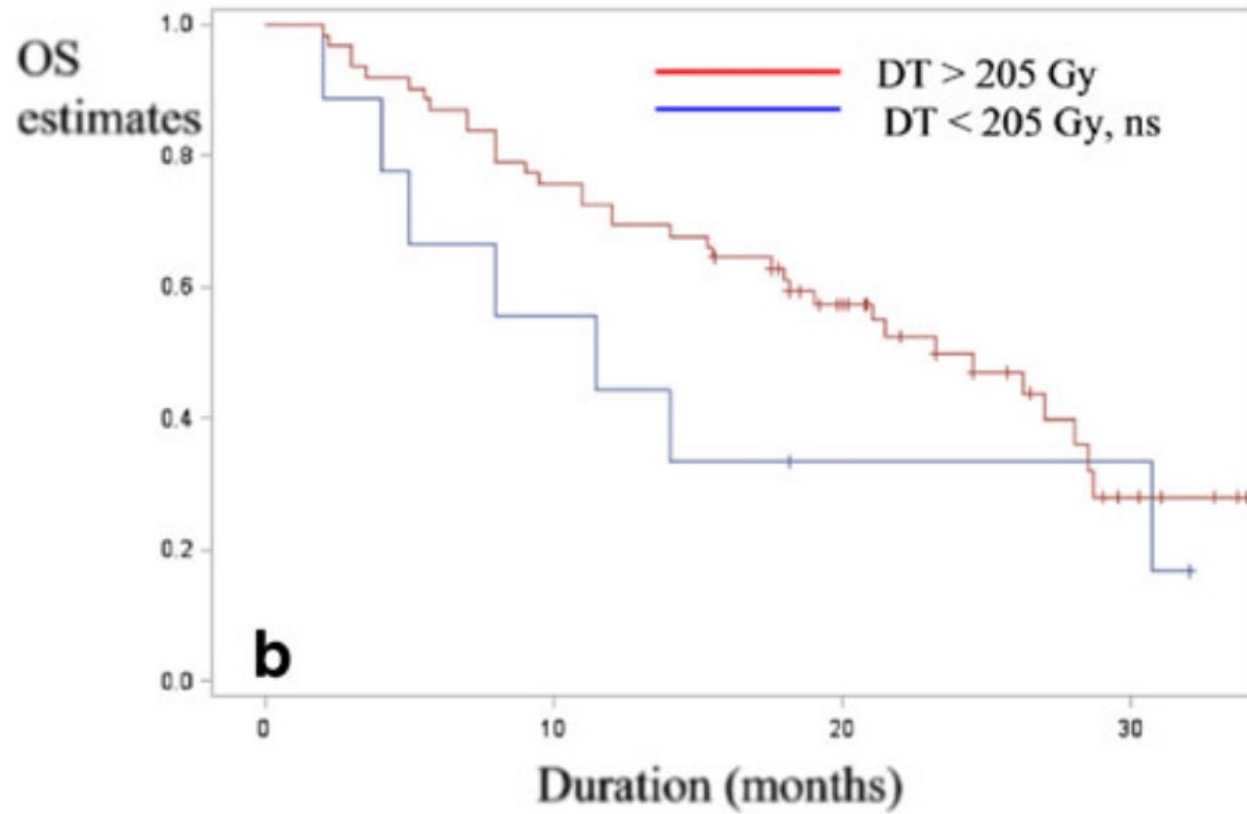
Pretreatment planning dosimetry was based on the assumption that we would only be able to catheterize the lobar hepatic arterial branch and that ^{90}Y infusion would expose the entire lobe to our target of 120 Gy. Tumor hypervascularity would result in preferential flow to the tumor relative to normal parenchyma (13). However, on the day of treatment, because a hypertrophied vessel perfusing the segment containing the tumor could be identified, the entire activity vial was infused in the segmental artery rather than the lobar branch, to increase dose to tumor and minimize exposure to normal hepatic parenchyma. Because glass microspheres function as microembolic particles rather than causing macroembolization, vascular capaci-

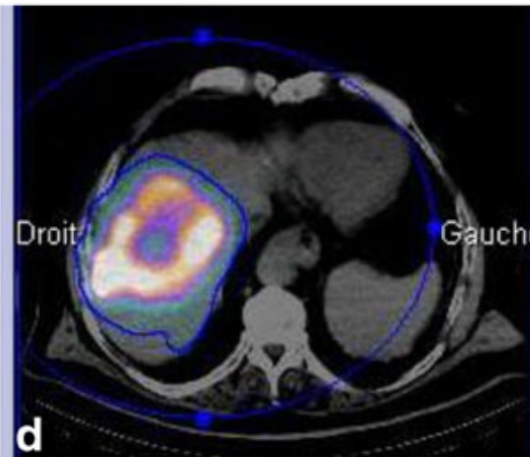
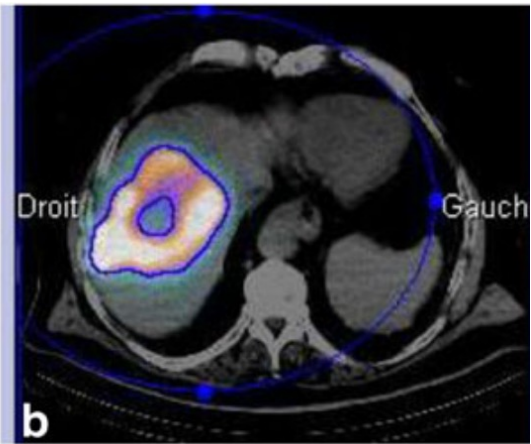
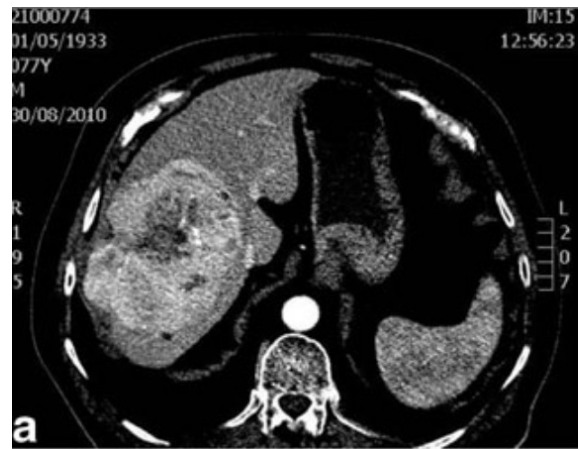
were delivered to the whole liver, one lobe, segment, and the tumor only was 35.5 (32–41.3), 97 (89–110), 521 (404–645), and 1657 (1271–2087) Gy, respectively.

> 400 Gy was in vogue about a decade BEFORE Legacy



Only 2 years after personalization based on MAA was





3 years after rad seg described, 190 Gy MIRD was target

translates to radiation segmentectomy resulting in 90-100% pathology necrosis in all treated patients. More complete necrosis was observed when irradiation dose exceeded 190 Gy ($P = 0.03$; Table 3), suggesting the possibility of a threshold dose needed to achieve CPN. Baseline lesion size, radiation dose, mRECIST response, and pathological response of transplanted patients are

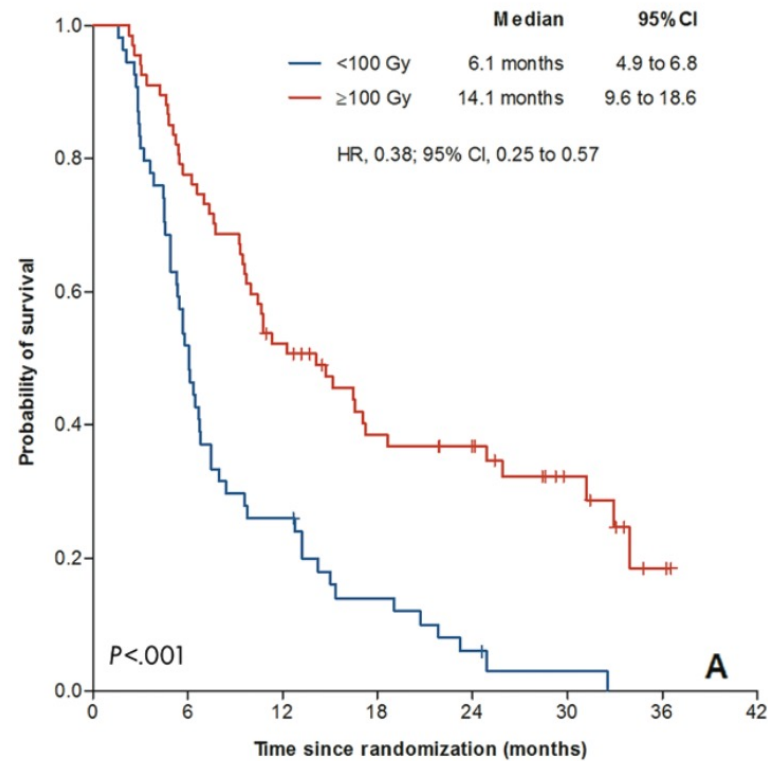
Table 3. Pathological outcome by radiation dose

	PN	CPN	Total
<190 Gy	9	3	12
>190 Gy	7	14	21
Total	16	17	33

$P = 0.03$ (Fisher's exact test).

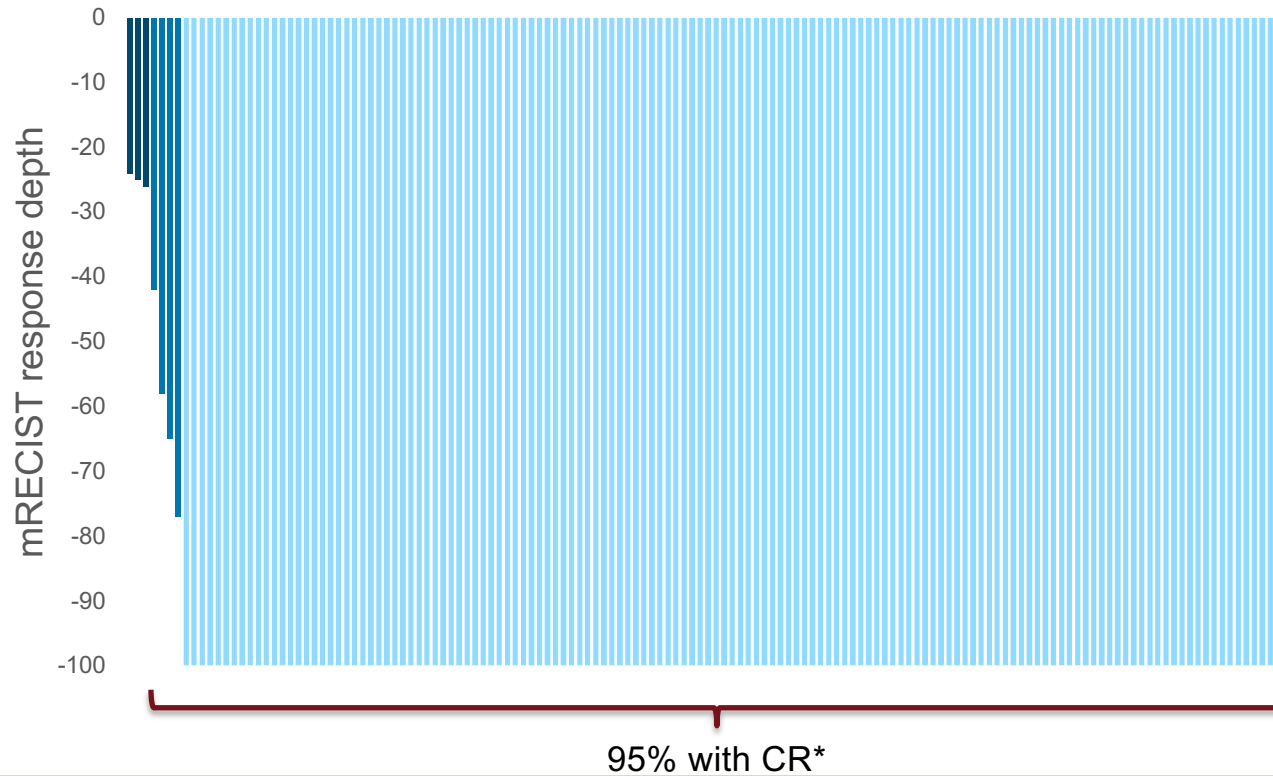
What was going on with resin dosimetry?

SARAH says, 100 Gy, and the beginning of partition for Sirspheres

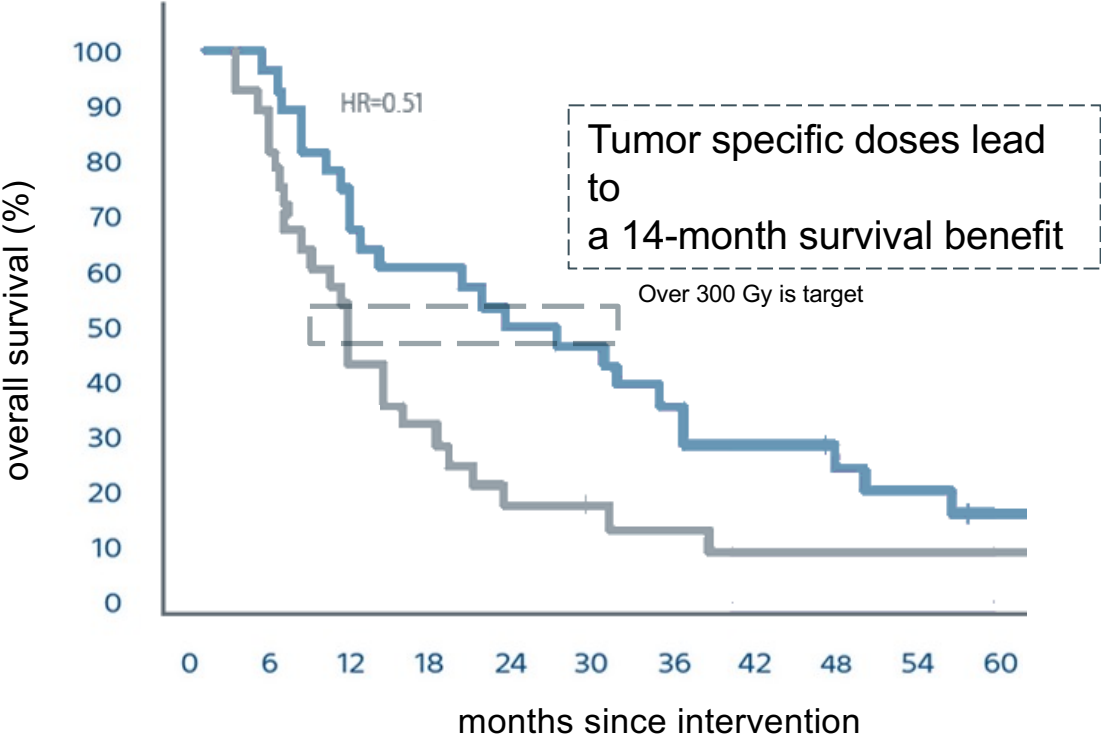


Legacy confirmed radiation segmentectomy (>190 Gy) as SoC

Depth of Response in Legacy Study

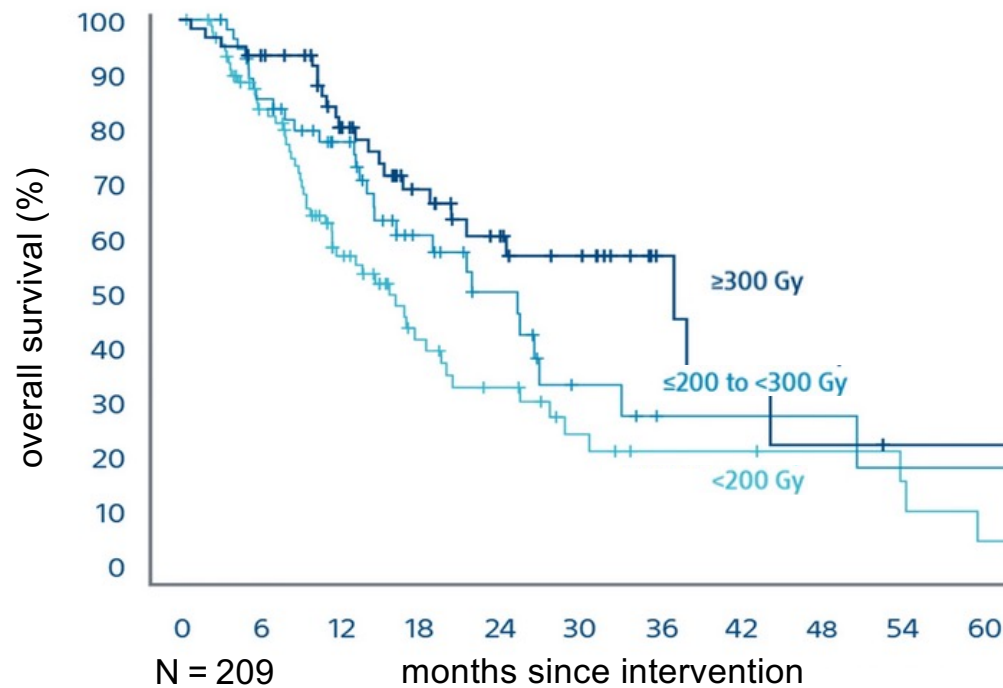


Increased tumor dose is correlated with OS; best at doses >300 Gy for tumors ~10cm in size with TIV

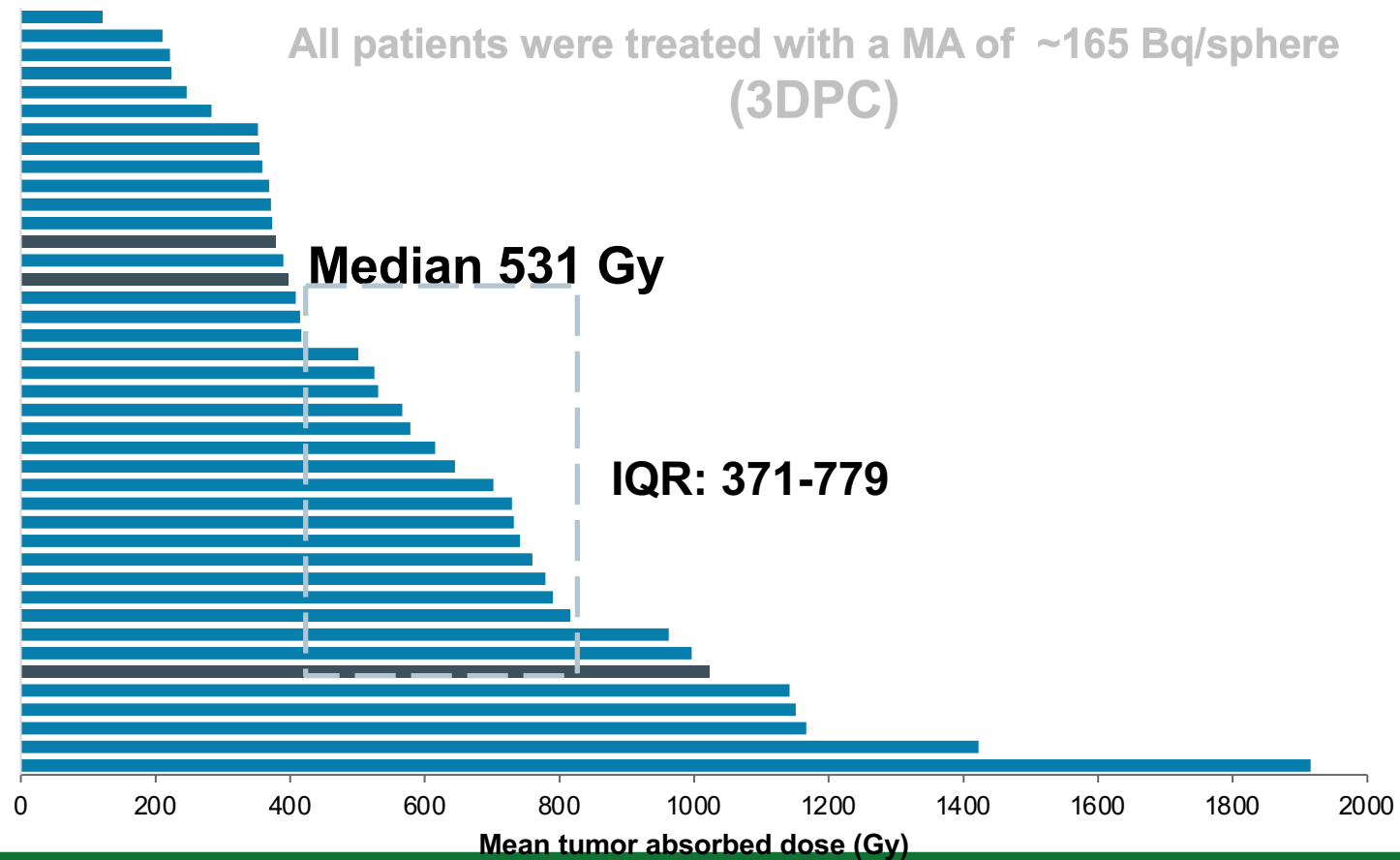


Median tumor dose is correlated with survival odds for tumors ~7 cm in size

with optimal outcomes seen at doses that are greater than 300 Gy

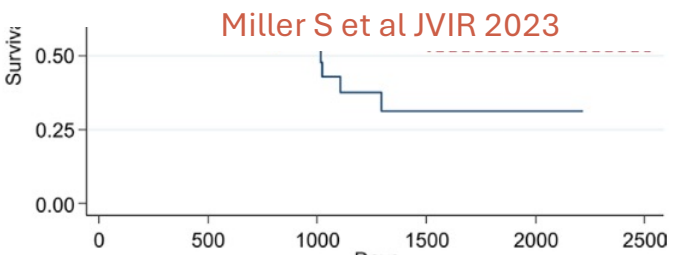


Data is less concrete but developing with resin microspheres



Y90 has had a very exciting past.
What does the future have in store?

- **Bolus Delivery** **Continuous DS**
- **es?**
- **Improving delivery?**



Dosimetry: How I Do It

Nima Kokabi, MD, FRCPC

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Vice Chair of Clinical Research

Director of Interventional Oncology

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Chapel Hill, NC



Agenda

- HCC
- Glass and resin
- Calibration to order
- Dosimetry considerations and planning
 - Contemporary data

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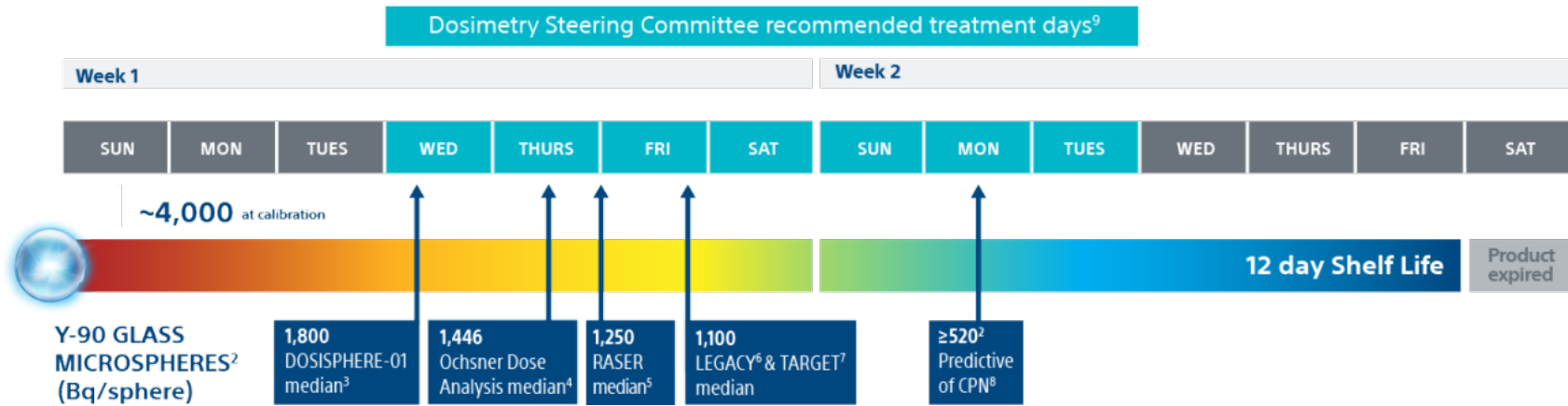


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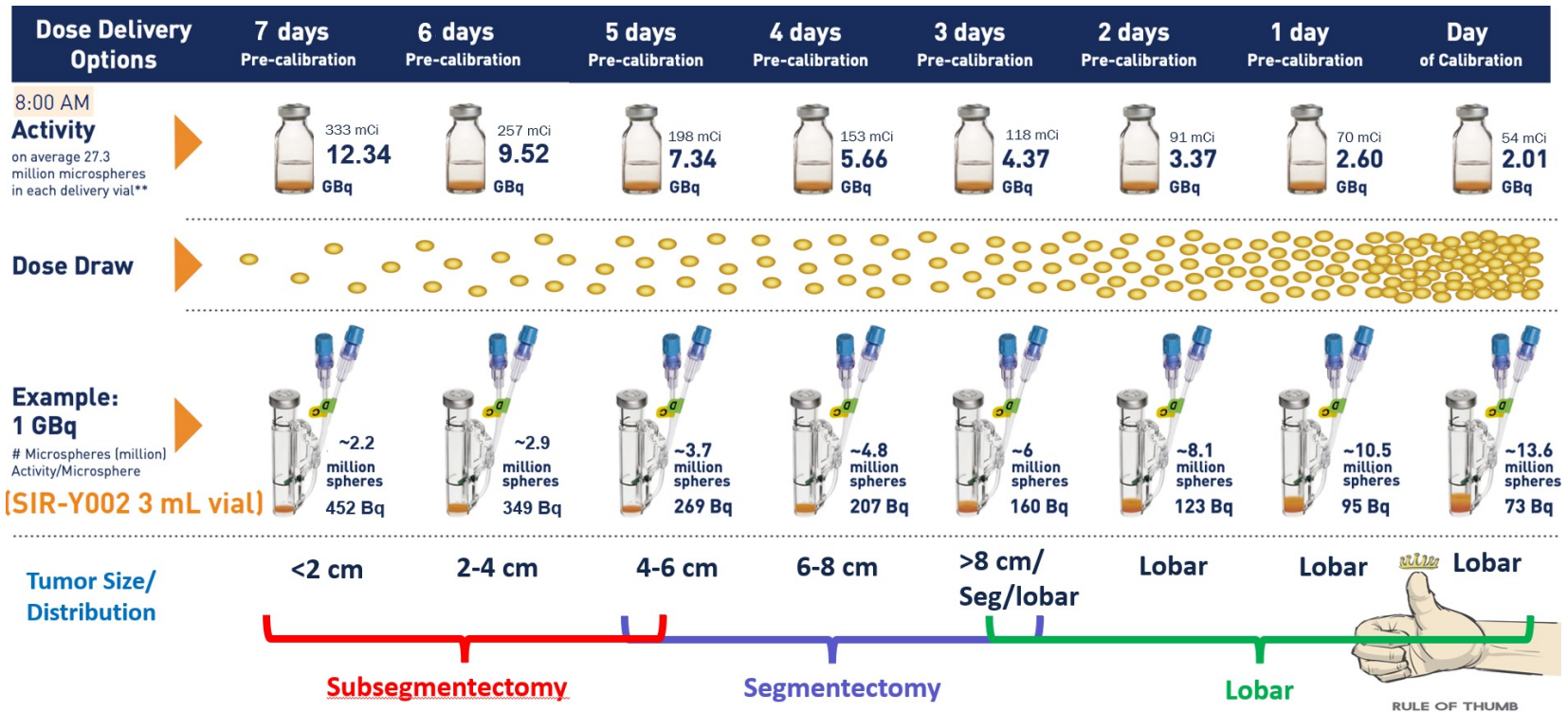
Glass Y90



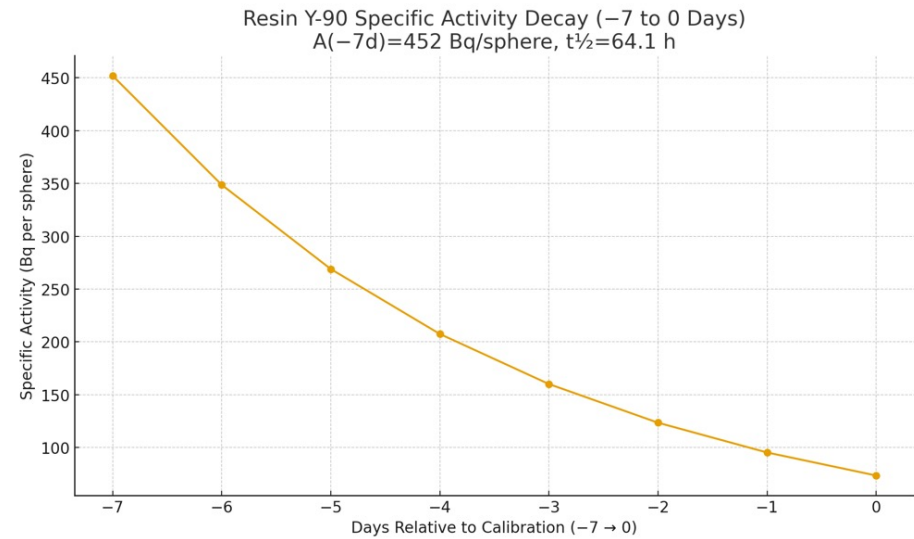
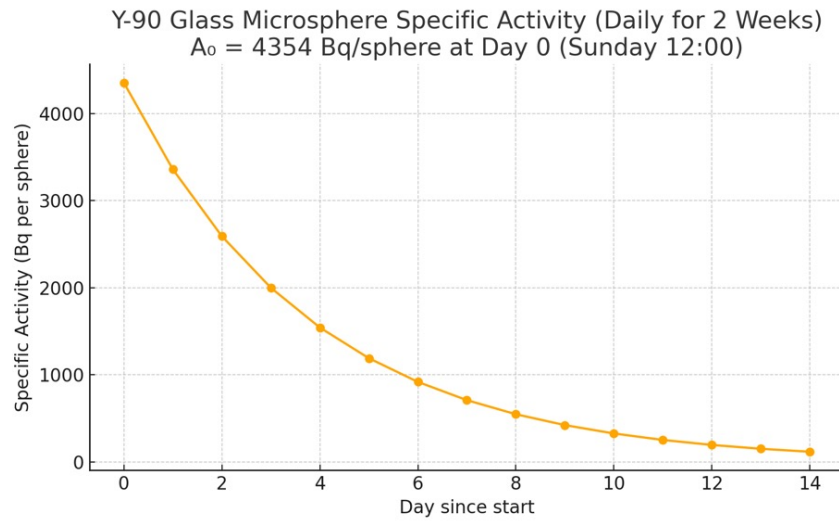
Resin Y90



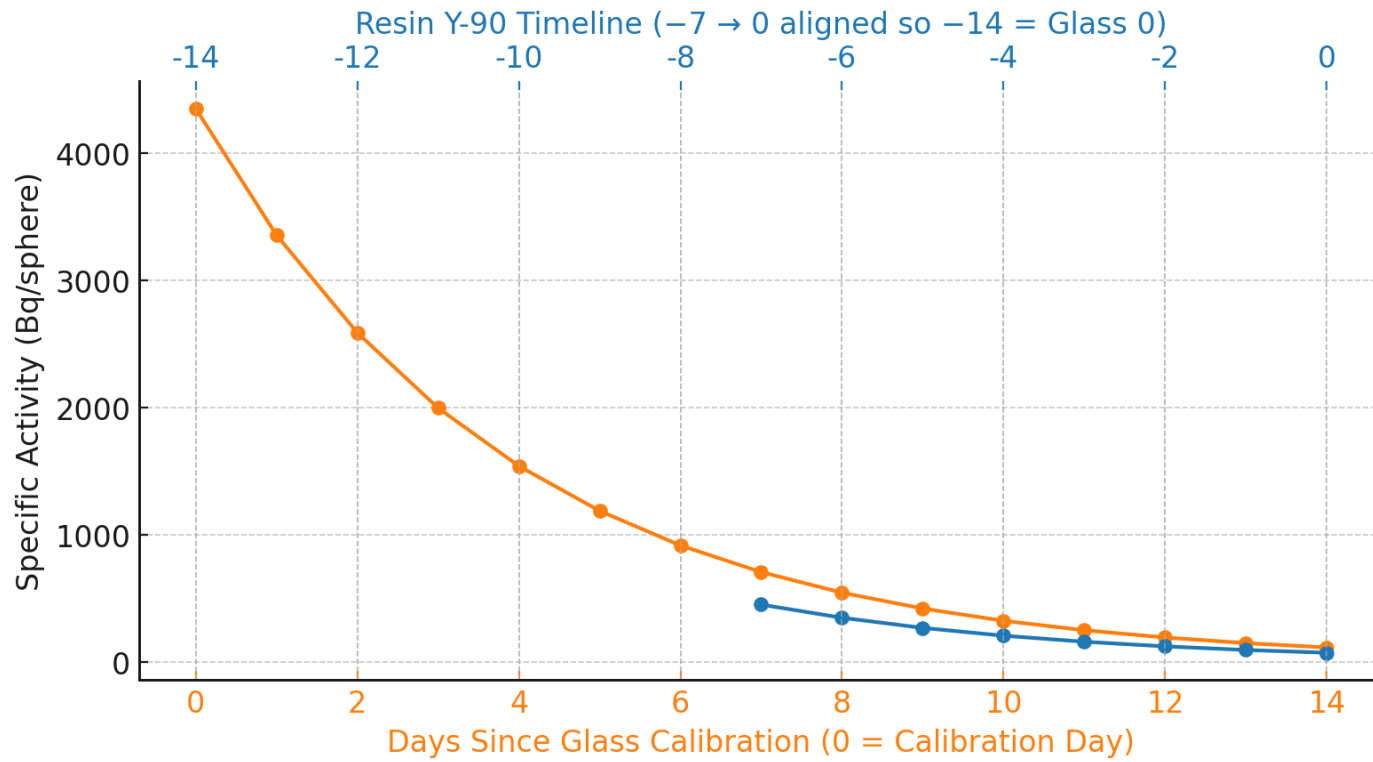
FLEXDose Delivery Program (USA)



Glass vs Resin Specific Activity



Glass vs Resin Specific Activity





Dosimetry



Yttrium-90 Radioembolization Dosimetry: Dose Considerations, Optimization, and Tips

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²Miami Cancer Institute, Miami Cardiac and Vascular Institute, Miami, Florida

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Semin Intervent Radiol 2024;41:63–78

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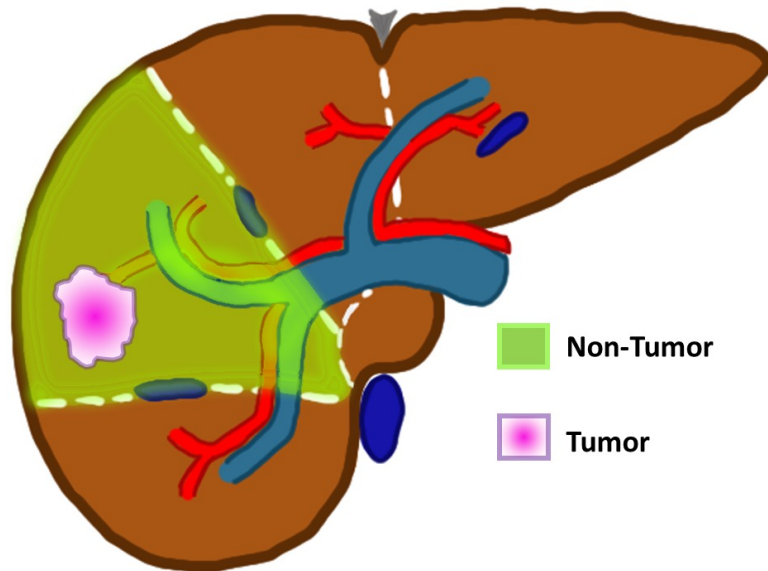
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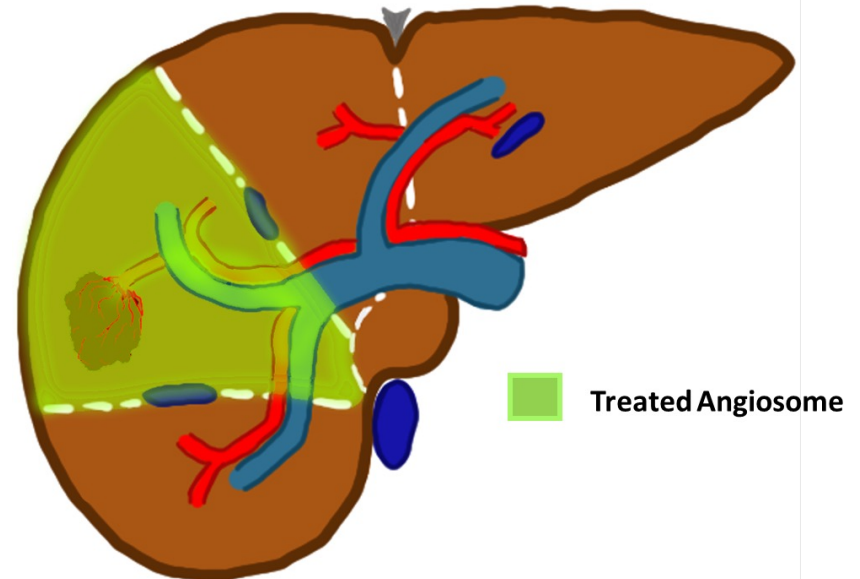
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Clinically Prudent Dosimetry Models*

Multi-compartment (Partition)



Single Compartment (MIRD)

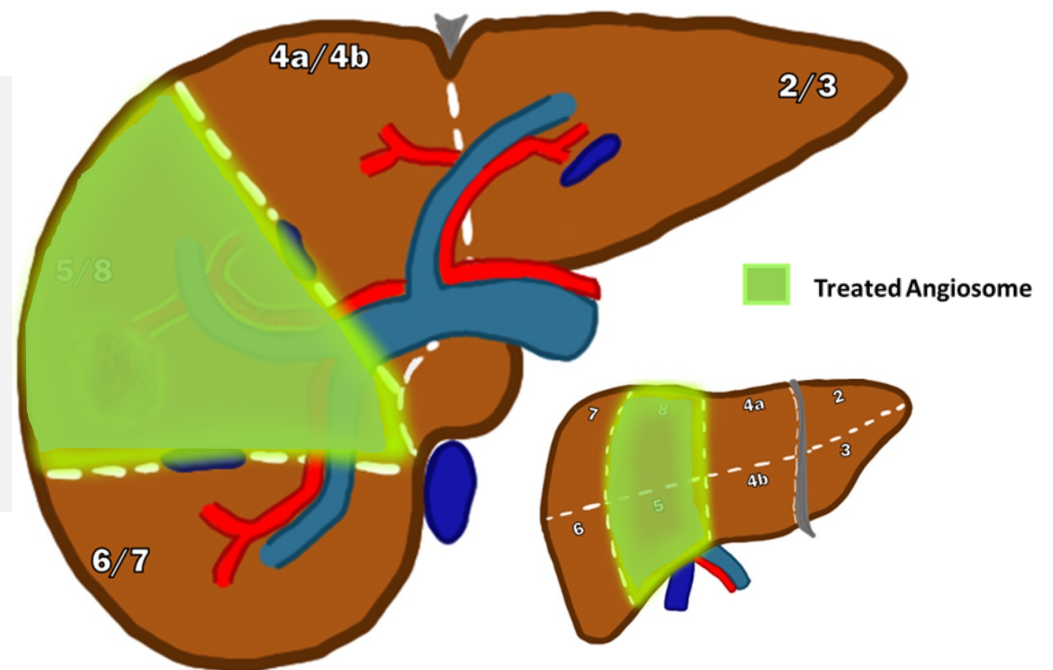


Curative Intent (Glass)

Single Compartment (MIRD) Dosimetry

Wednesday 1st wk- Tuesday 2nd Wk

>500* Gy Angiosome^{1,2}

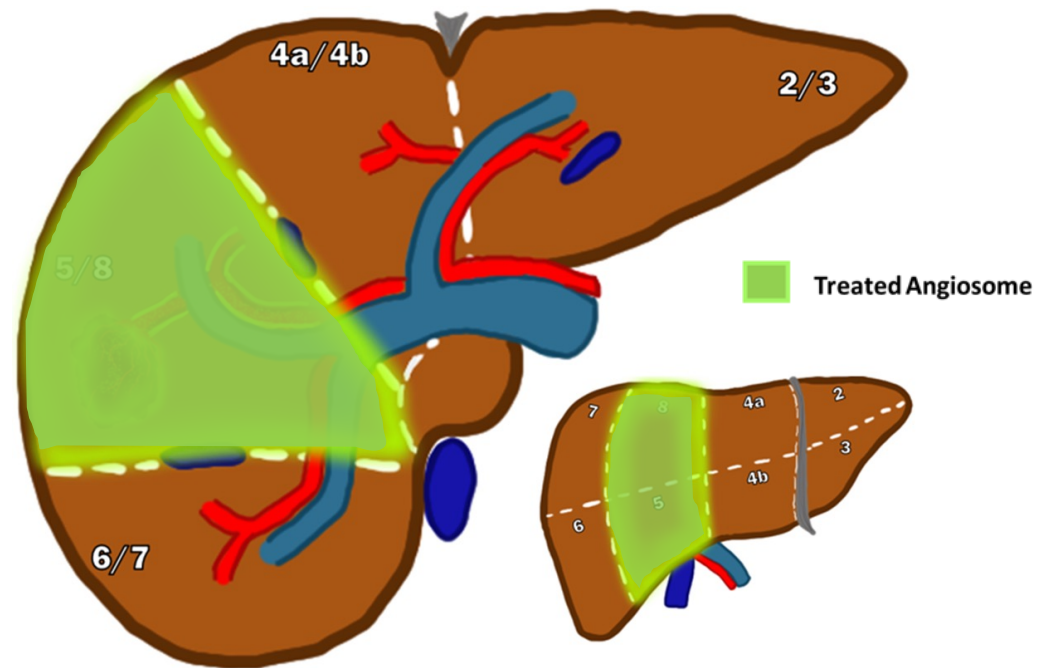


Montazeri SA, et al. *EJNMMI*. 2025;52(9):3145-3150. Pianka KT, et al. *EJNMMI*. 2024;51(12):3744-3752.

Curative Intent (Resin)

Single Compartment (MIRD) Dosimetry

- Segmental:
3-5 day Pre-Cal
>350 Gy Angiosome^{1,2,3}
- Sub-Segmental:
5-7 Day Pre-Cal
>400 Gy Angiosome⁴



Kokabi N, et al. *EJNMMI*. 2023;50(6):1743-1752. Sarwar A, et al. *Radiology*. 2024;311(2):e231386. Dabbous H, et al. *CVIR*. 2025;48(8):1113-1125. Villalobos A, Kokabi N. *JVIR*. 2023;34(10):1846-1847.

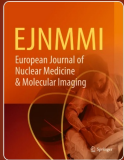
Particle Distribution for Curative Intent? (Glass)

Home > European Journal of Nuclear Medicine and Molecular Imaging > Article

Achieving Complete Pathologic Necrosis in Hepatocellular Carcinoma Treated with Radiation Segmentectomy before Liver Transplantation: A Comprehensive Glass Microsphere Analysis

Short Communication | Published: 11 March 2025
Volume 52, pages 3145–3150, (2025) [Cite this article](#)

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Avoid common mistakes on your manuscript.

- Different calibrations
- For those **<570 Bq/spheres** →
- **Angiosome PD $\geq 11.4 \times 10^3/\text{ml}$ → CPN**
- No correlation between PD and CPN for = >570 Bq/spheres



Journal of Vascular and Interventional Radiology

Volume 35, Issue 11, November 2024, Pages 1602-1612.e1



Clinical Study

Using Voxel-Based Dosimetry to Evaluate Sphere Concentration and Tumor Dose in Hepatocellular Carcinoma Treated with Yttrium-90 Radiation Segmentectomy with Glass Microspheres

Tyler Sandow MD ^a , Juan Gimenez MD ^a, Kelley Nunez PhD ^b, Richard Tramel MD ^a, Patrick Gilbert MD ^a, Brianna Oliver MD ^a, Michael Cline MD ^a, Kirk Fowers PhD ^c, Ari Cohen MD ^d, Paul Thevenot PhD ^b

- CR Tumor PD: 13,697/cc
- None-CR tumor PD: 12,279/cc
- **No correlation between PD and CR**

Particle Distribution for Curative Intent? (Resin)



Journal of Vascular and Interventional Radiology

Available online 21 March 2023

In Press, Journal Pre-proof [What's this? >](#)



European Journal of Nuclear Medicine and Molecular Imaging

<https://doi.org/10.1007/s00259-025-07471-0>

ORIGINAL ARTICLE

Clinical Study

Yttrium-90 Radiation Segmentectomy of Hepatocellular Carcinoma: A Comparative Study of Effectiveness, Safety, and Dosimetry of Glass vs. Resin-based Microspheres

Alexander Villalobos MD¹ [ORCID](#) [Email](#) [ORCID](#), Linzi Arndt BS, MBA¹, Bernard Cheng MD¹,

Howard Dabbous MD¹, Mohammed Loya MD¹, Bill Majdalany MD¹, Zachary Bercu MD¹,

Nima Kokabi MD FRCPC¹

Histopathologic outcomes of hepatocellular carcinoma treated with transarterial radioembolization with yttrium-90 resin microspheres

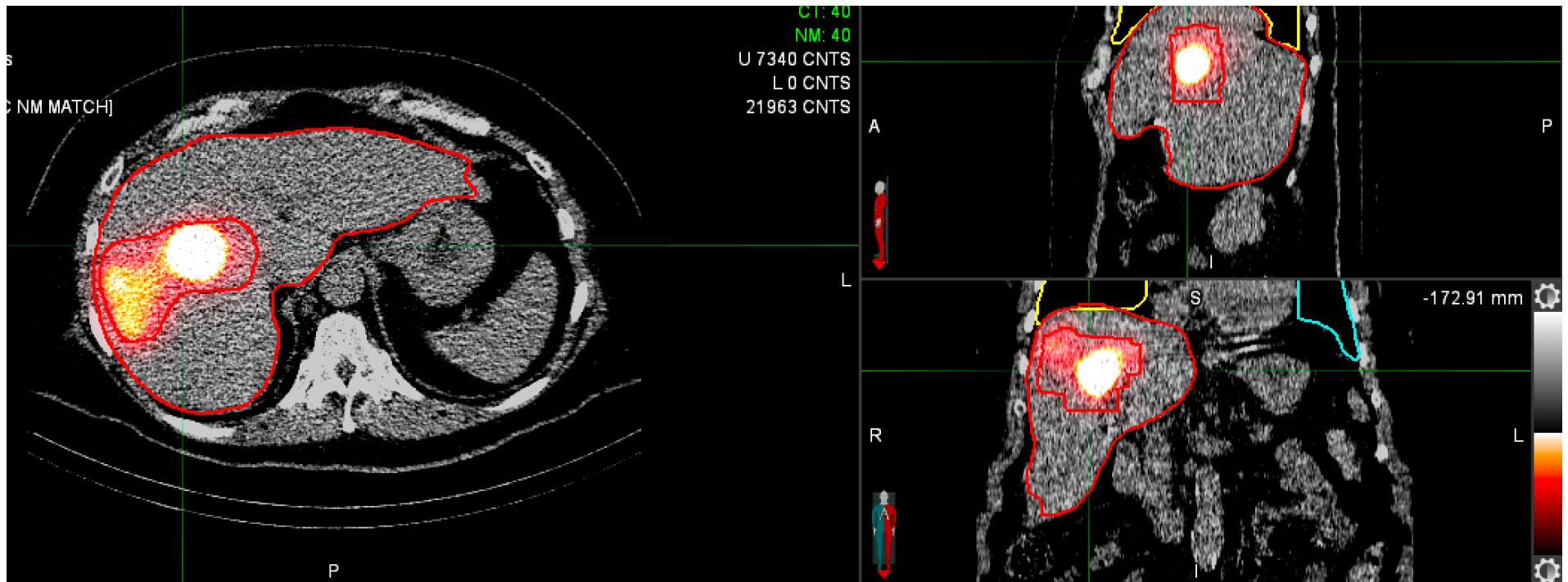
Ammar Sarwar¹ [ORCID](#) · Imad Nasser² · Jeffrey L. Weinstein¹ · Mahmoud Odeh¹ · Hafsa Babar³ · Diana Dinh¹ · Michael Curry⁴ · Andrea Bullock⁵ · Devin Eckhoff⁶ · Martin Dib⁶ · John A. Parker⁷ · Muneeb Ahmed¹

- 3-day pre-cal Resin
- **Mean: 40,000 microspheres/cc tumor → CR**

- 3-day pre-cal Resin
- **Median: 78,000 microspheres/cc tumor → CPN**

ciO

MAA SPECT/CT (Segment Volume Calculation)



Segment Volume and LSF

Target Region Statistics			
Contour Name =	Liver_L	Liver_R	Unit
Target Region Volume =	545.84	1797.86	cc
Percent of Liver Outside Target Region =	76.71	23.29	%
Percent of Liver Inside Target Region =	23.29	76.71	%
Liver Volume =	2343.7		cc
Tumor Involvement =	0	13.47	%
All Tumors (within Target Region) Volume =	0	242.13	cc
Total Tumor TNR =	N/A	28.36	:1
Tumor 1 (within Target Region) Volume =	0	242.13	cc
TNR Tumor 1 =	N/A	28.36	:1

Lung Shunt and Volumes		
Lung Shunt =	1.02	%
Lungs Total Counts =	715.9	kCNTS
Liver Total Counts =	69239.8	kCNTS
Lungs Volume =	1116.95	cc
Liver Volume =	2343.7	cc



Glass Planning

Uniform Uptake of Microspheres

Total Activity (GBq) **2.61**

Total Activity (mCi) **70.50**

Lung Dose (Gy) **1.30**

Desired Dose to Perfused Volume (Gy)
500

Lung shunt (%)
1

Volume of treatment (cm³)
242

Sphere Count **TLV**

Single **Partition**

Sphere Count

SirSphere™ Therasphere™

Uniform Uptake of Microspheres

Activity (GBq) **2.61**

Volume Of Distribution (cm³) **242.00**

Day Post Calibration	Activity (GBq)	Number of Spheres	Sphere Size (µm)	Volume (cm ³)	Activity (GBq)
Monday	201	195,094	3	3,352	3.2
Tuesday	1553	15,940	4	6,940	4.2
Wednesday	1198	11,897	5	8,997	5.4
Thursday	713	7,822,864	5	15,273	7.1
Friday	713	3,658,241	1	15,273	9.1
Saturday	550	4,742,411	1	19,597	11.9
Sunday	424	6,151,712	2	25,420	14.9
Monday	327	7,976,532	2	32,961	19.9
Wednesday	195	195,094	3	3,352	3.2

Share Report

Resin Planning



Uniform Uptake of Microspheres

Total Activity (GBq)	1.83	Total Activity (mCi)	49.35
Lung Dose (Gy)	0.91		

Desired Dose to Perfused Volume (Gy)
350

Lung shunt (%)
1

Volume of treatment (cm³)
242

Sphere Count **TLV**

Single **Partition**

Particle Density

Sphere Count

SirSphere™ Therasphere™

Uniform Uptake of Microspheres

Activity (GBq) Volume Of Distribution (cm³)

1.83 **242.00**

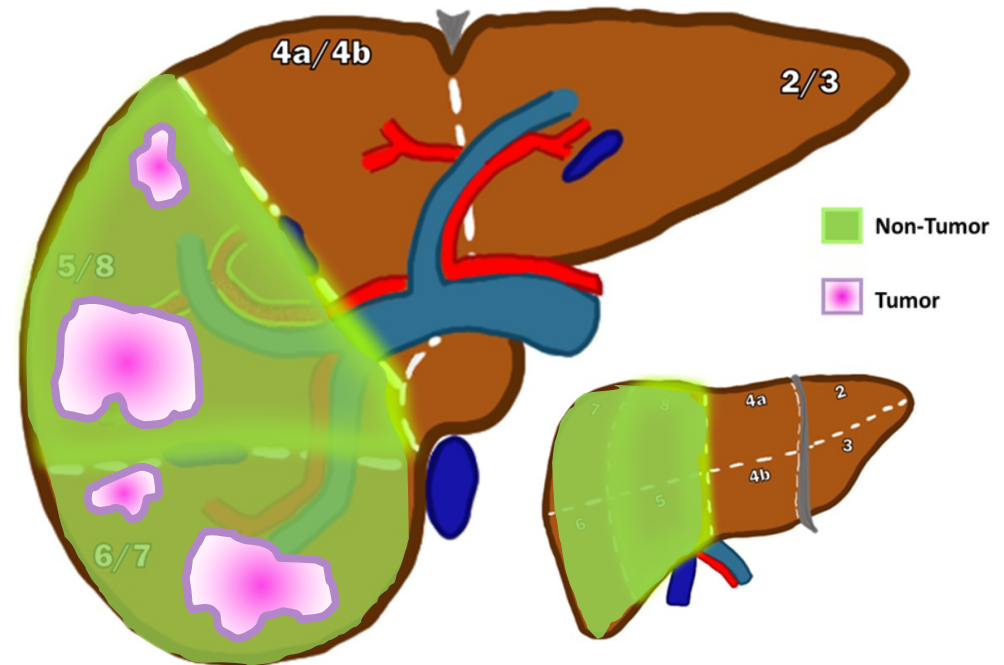
	Activity Per Sphere (Bq)	Number of Spheres	Spheres/cm ³
DOC	76	24,024,056	99,273
Flex -1	99	18,442,710	76,210
Flex -2	130	14,044,833	58,036
Flex -3	171	10,677,358	44,121
Flex -4	223	8,187,571	33,833
Flex -5	293	6,231,496	25,750
Flex -6	384	4,754,761	19,648

Share Report

Glass: Unilobar HCC (Palliative Intent)

Multicompartiment (Partition)

- **Mean NTAD**
 - **<90 Gy (ideal)***
- **Mean TD**
 - **>205 Gy (minimum)**
 - **>250 Gy (ideally)**
- **Calibration**
 - **Late 1st wk or early 2nd week**

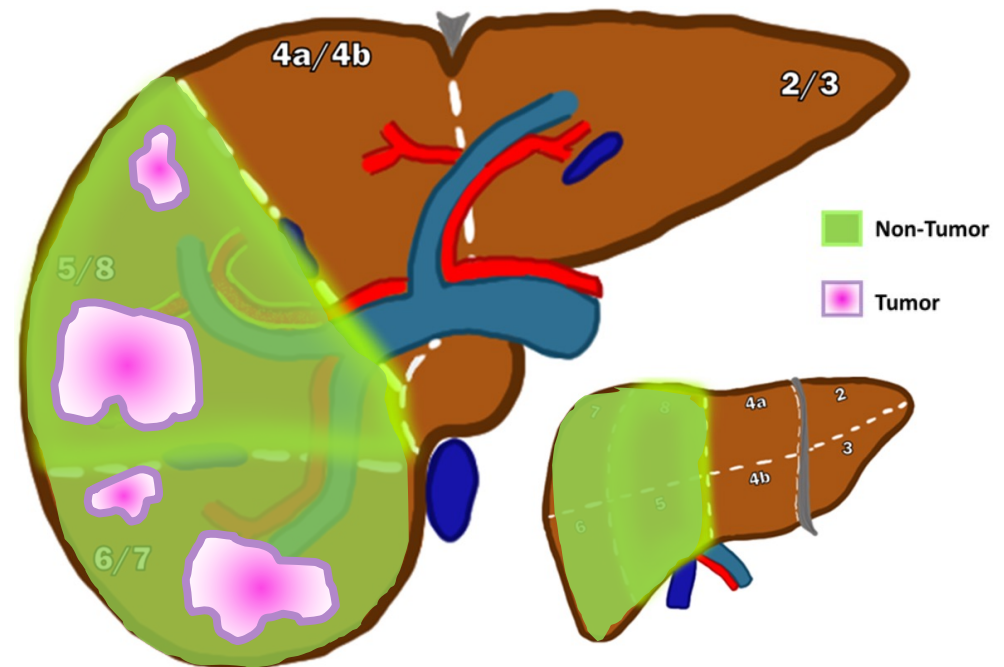


Kokabi N, et al. *EJNMMI*. 2023;50(6):1743-1752. Sarwar A, et al. *Radiology*. 2024;311(2):e231386. Dabbous H, et al. *CVIR*. 2025;48(8):1113-1125. Villalobos A, Kokabi N. *JVIR*. 2023;34(10):1846-1847.

Resin: Unilobar HCC (Palliative Intent)

Multicompartment (Partition)

- **Mean NTAD**
 - CP A or ALBI 1: <70 Gy
 - CP-B7 or ALBI 2: <40-50 Gy
- **Mean TD**
 - >120 Gy (minimum)
 - >250-330 Gy (ideally)
- **Calibration:**
 - 1-2 day pre-cal or DOC



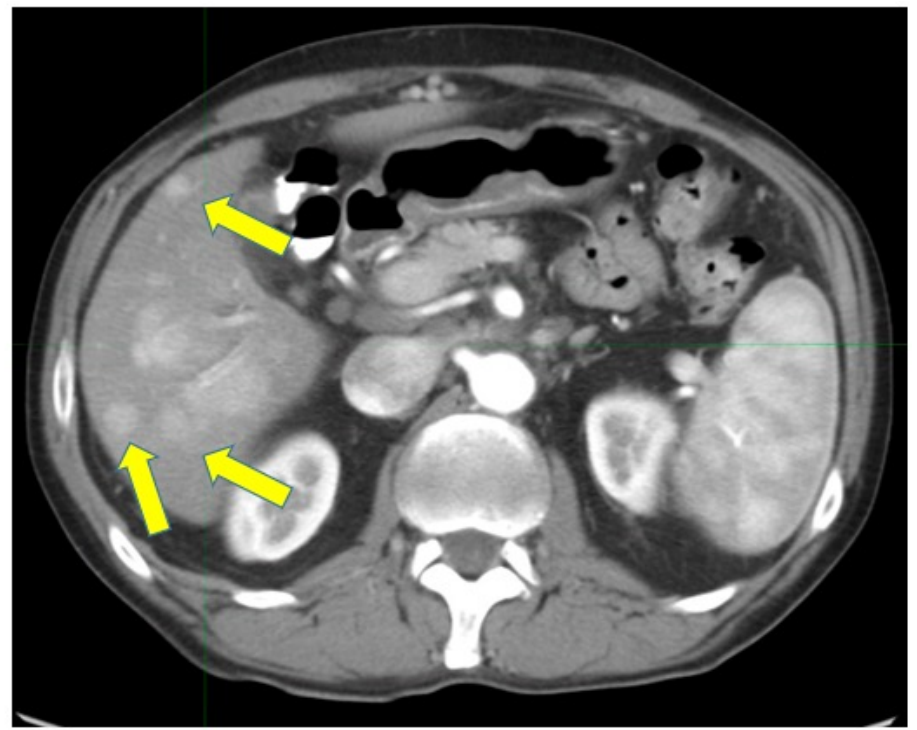
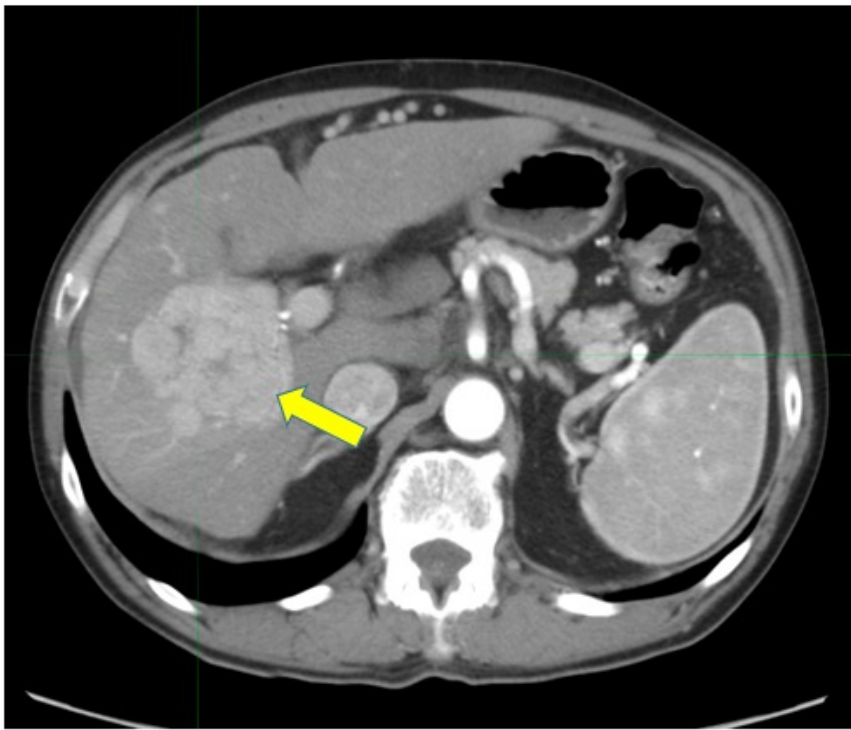
Kokabi N, et al. *EJNMMI*. 2023;50(6):1743-1752. Sarwar A, et al. *Radiology*. 2024;311(2):e231386. Dabbous H, et al. *CVIR*. 2025;48(8):1113-1125. Villalobos A, Kokabi N. *JVIR*. 2023;34(10):1846-1847.

Case: Lobar Treatment

- 64-year-old Male
- Hepatitis C Cirrhosis
- 7.3 cm HCC (right lobe)
 - Several satellite lesions
- CP A-5
- ALBI Grade 1
- ECOG 0

Courtesy of Dr. Armeen Mahvash

Baseline CTA



Intraprocedural CT (Mapping)



CiO

Target Region Statistics			
Contour Name =	Liver_L	Liver_R	Unit
Target Region Volume =	532.4	1094.86	cc
Percent of Liver Outside Target Region =	67.28	32.72	%
Percent of Liver Inside Target Region =	32.72	67.28	%
Liver Volume =	1627.26		cc
Tumor Involvement =	0	11.2	%
All Tumors (within Target Region) Volume =	0	122.63	cc
Total Tumor TNR =	N/A	10.24	:1
Tumor 1 (within Target Region) Volume =	0	122.63	cc
TNR Tumor 1 =	N/A	10.24	:1

CTNM Fusion #1
 C104, Lobar Palliative
 ANON81850
 Adam Y90 Contours
 2022-12-02 11:48:49
 SIR Spheres Abdomen [AC Recon]
 2022-12-02 11:26:46

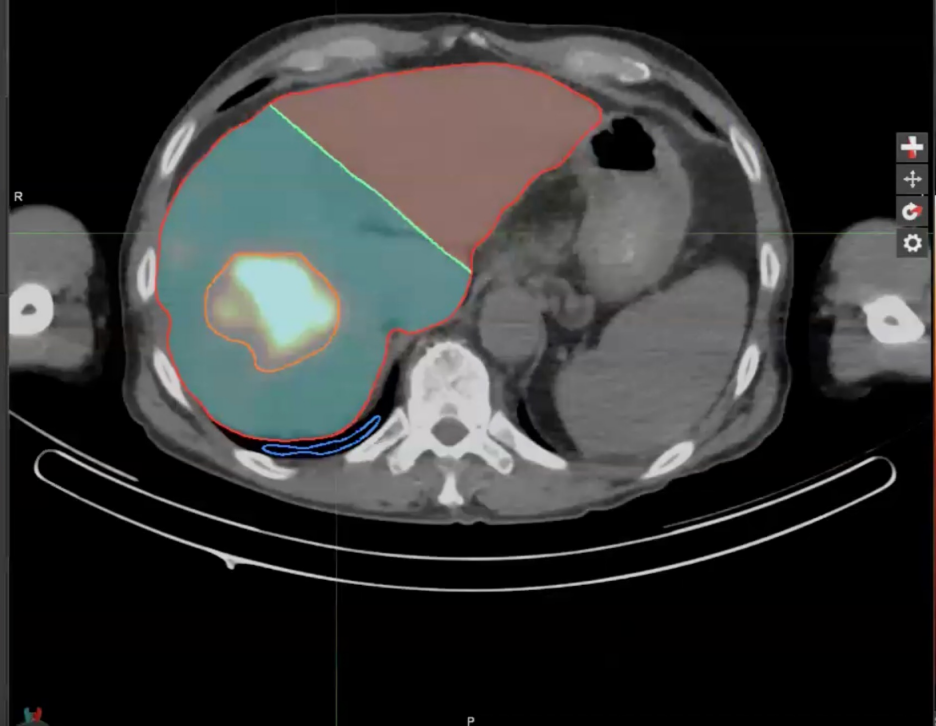
Notifications

Z-Launch Y90 Pre-Op... Question

Results Page Review

Please review the target region statistics and lung shunt results, then choose how to proceed.

Select an Option:



TNR Calculation = $\frac{\text{Tumor Activity (within Target Region)} \div \text{Tumor Mass (within Target Region)}}{\text{Normal Liver Activity (within Target Region)} \div \text{Normal Liver Mass (within Target Region)}}$

Lung Shunt and Volumes		
Lung Shunt =	3.04	%
Lungs Total Counts =	3969.9	kCNTS
Liver Total Counts =	126443.39	kCNTS
Lungs Volume =	3302.18	cc
Liver Volume =	1627.26	cc

Activity Calculation (Glass)

- The following parameters were used
 - Tumor volume: 122 cc
 - Right hepatic lobe volume: 972 cc
 - TNR: 10.2
 - LSF: 2.1%
 - Partition Model
 - Desired non-tumoral liver dose:
 - **<90 Gy (targeted lobe)**
 - **Desired tumor dose: 250 Gy**
 - Prescribed activity: 32 mCi

Partition Dosimetry

Activity for (GBq)	
Tumor Treatment	Normal liver
0.66	0.52
Lung Dose (Gy)	Normal Liver Dose (Gy)
1.24	24.51
Mean Dose for Treated Volume (Gy)	Total Activity
49.66	GBq 1.18 mCi 32.00

Desired dose to tumor (Gy)
250

Volume of normal liver (cm³)
972

Volume of tumor (cm³)
122

T:N ratio
10.2

Lung shunt (%)
2.1

Single Partition



Activity Calculation (Glass: Dose Escalation)

- The following parameters were used
 - Tumor volume: **122 cc**
 - Right hepatic lobe volume: **972 cc**
 - **TNR: 10.2**
 - **LSF: 2.1%**
 - **Partition Model**
 - Desired non-tumoral liver dose:
 - **<90 Gy (targeted lobe)**
 - **Desired tumor dose: 400 Gy**
 - **Prescribed activity: 51 mCi**

Partition Dosimetry

Activity for (GBq)	
Tumor Treatment	Normal liver
1.06	0.83
Lung Dose (Gy)	Normal Liver Dose (Gy)
1.98	39.22
Mean Dose for Treated Volume (Gy)	Total Activity
79.45	GBq 1.89 mCi 51.21

Desired dose to tumor (Gy)
400

Volume of normal liver (cm³)
972

Volume of tumor (cm³)
122

T:N ratio
10.2

Lung shunt (%)
2.1

Single Partition



Activity Calculation (Resin: Dose Escalation)

- The following parameters were used
 - Tumor volume: **122 cc**
 - Right hepatic lobe volume: **972 cc**
 - **TNR: 10.2**
 - **LSF: 2.1%**
 - **Partition Model**
 - Desired non-tumoral liver dose:
 - **<70 Gy (targeted lobe)**
 - **Desired tumor dose: 330 Gy**
 - **Prescribed activity: 43 mCi**

Partition Dosimetry

Activity for (GBq)	
Tumor Treatment	Normal liver
0.89	0.69
Lung Dose (Gy)	Normal Liver Dose (Gy)
2.35	32.35
Mean Dose for Treated Volume (Gy)	Total Activity
65.55	GBq 1.58 mCi 42.64

Desired dose to tumor (Gy)
330

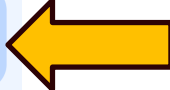
Volume of normal liver (cm³)
972

Volume of tumor (cm³)
122

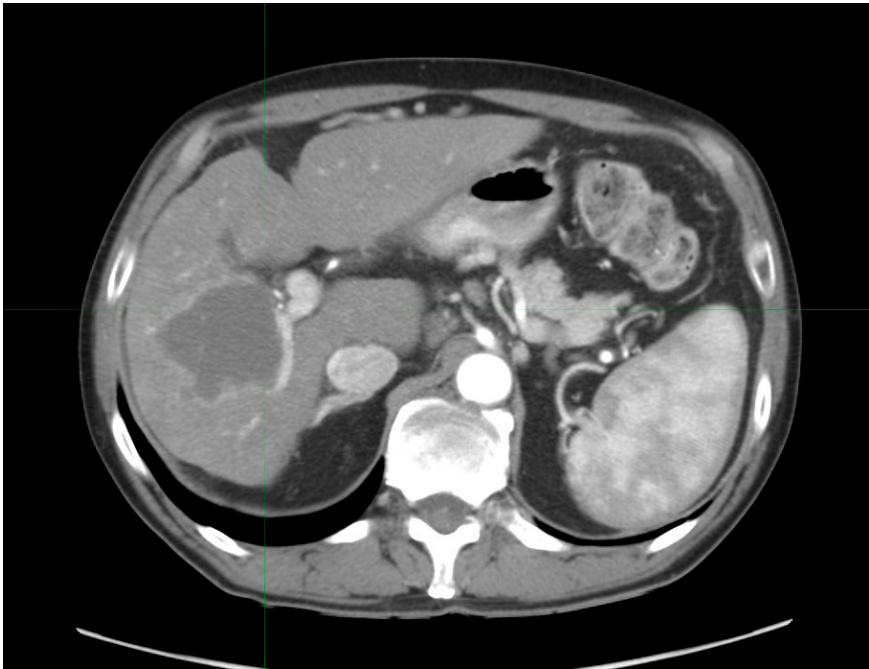
T:N ratio
10.2

Lung shunt (%)
3

Single Partition



F/U CT @ 6 months Post Y90

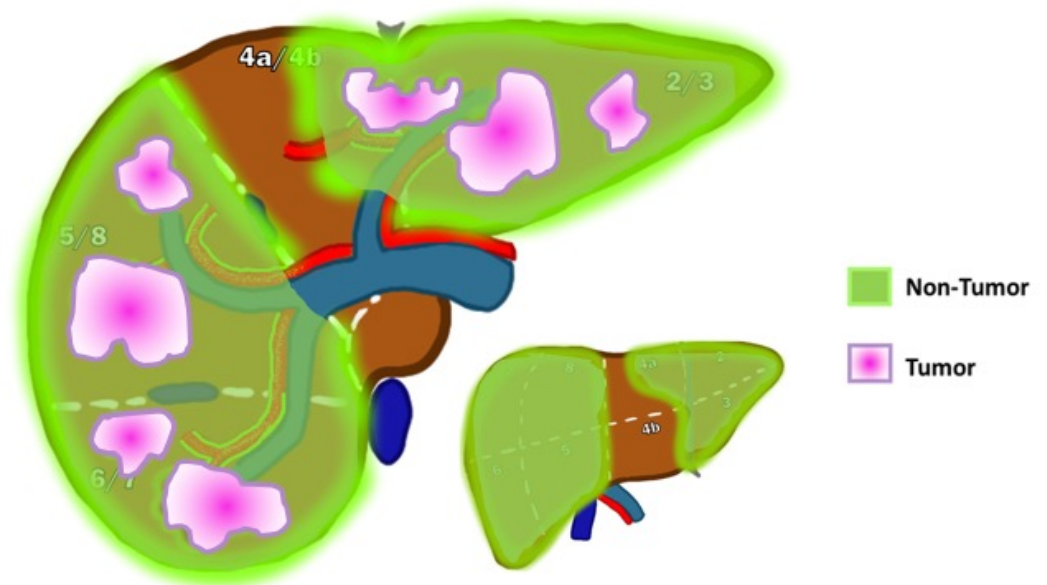


- Treatment cavity
- No residual enhancement
- **Complete response**
- **No grade 2+ treatment-related toxicity @ 6 months**
- **No significant post-radiation changes in the right lobe of the liver**

Multifocal Bilobar HCC (Glass)

Multicompartment (Partition)

- **Mean NTAD:**
 - **<40-70 Gy**
- **Mean TD:**
 - **>205 Gy (minimum)**
 - **>250 Gy (ideally)**
- **Calibration:**
 - **Late 1st wk or early 2nd week**

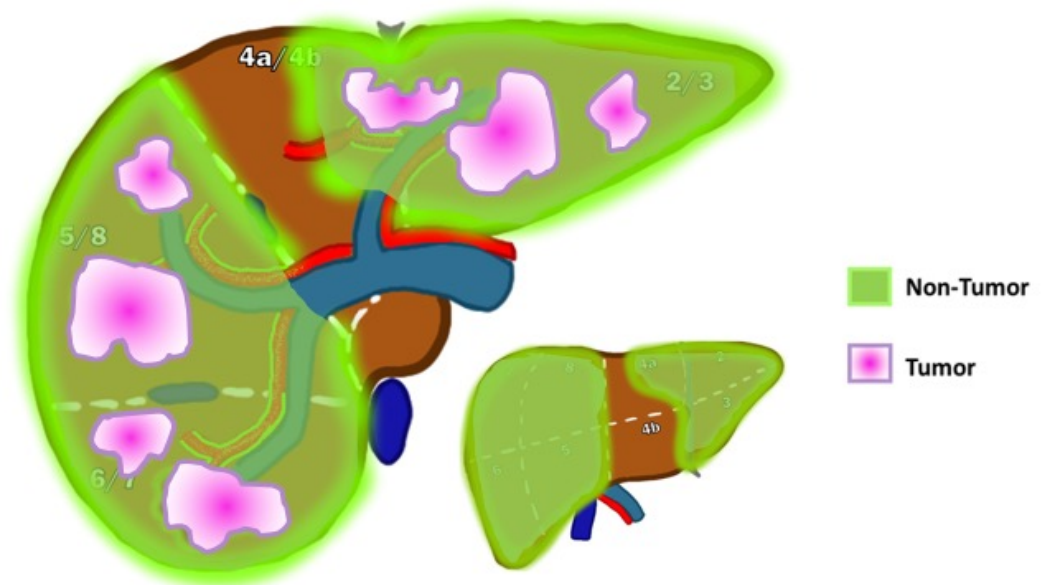


Salem R, et al. *EJNMMI*. 2023;50(2):328-343.

Multifocal Bilobar HCC (Resin)

Multicompartment (Partition)

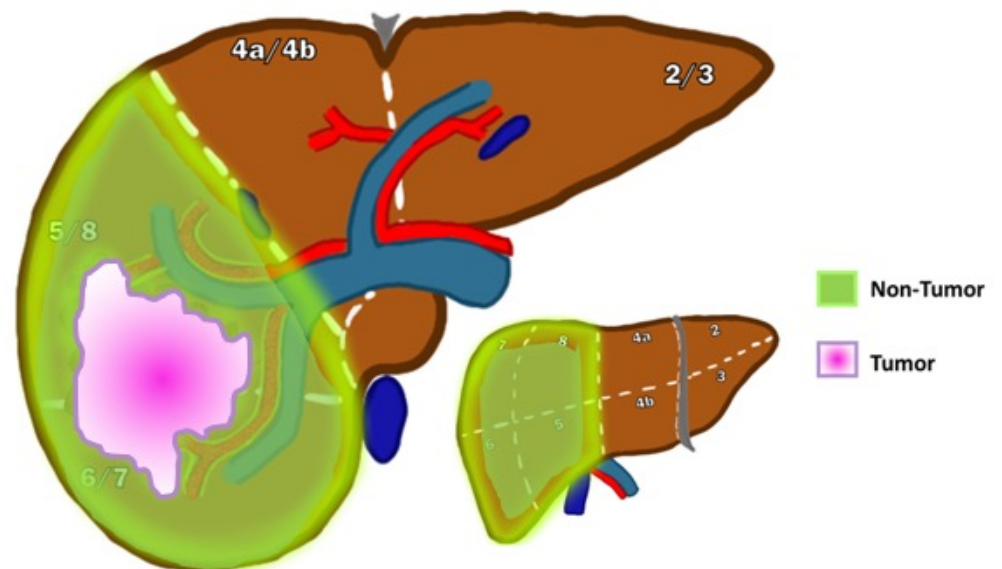
- **Mean NTAD:**
 - <30-40 Gy
- **Mean TAD:**
 - >100 Gy (minimum)
 - >150 Gy (ideally)
- **Calibration:**
 - 1-2 day pre-cal or DOC*



Levillain H, et al. *EJNMMI*. 2021;48(5):1570-1584.

Partition Model: Preferred Dosimetry Approach

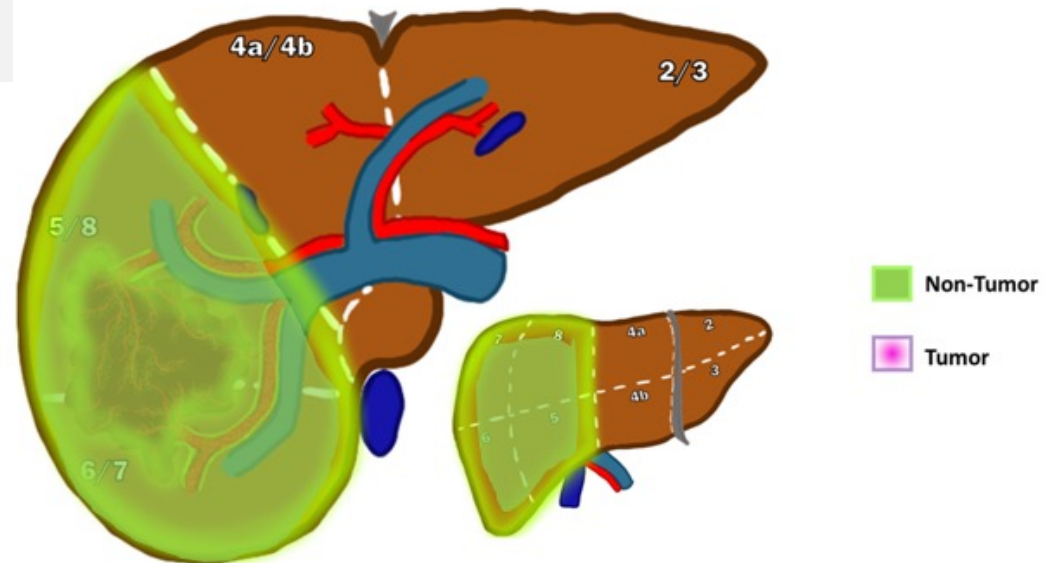
- **Liver Function: CP A and ALBI 1**
- **NTL Dose**
 - **>70 Gy (Resin)**
 - **>88 Gy (Glass)**
- **Tumor(s): Could consider a 2nd Segmental Dose to tumor**
 - **>300 Gy (Resin)**
 - **>400 Gy (Glass)**
- **Calibration**
 - **Glass: wk 1 (Wednesday) to wk 2 (Tuesday)**
 - **Resin: DOC or 1-day pre-Cal**



Salem R, et al. *EJNMMI*. 2023;50(2):328-343. Levillain H, et al. *EJNMMI*. 2021;48(5):1570-1584.

Single Compartment Dosimetry: Less Preferred

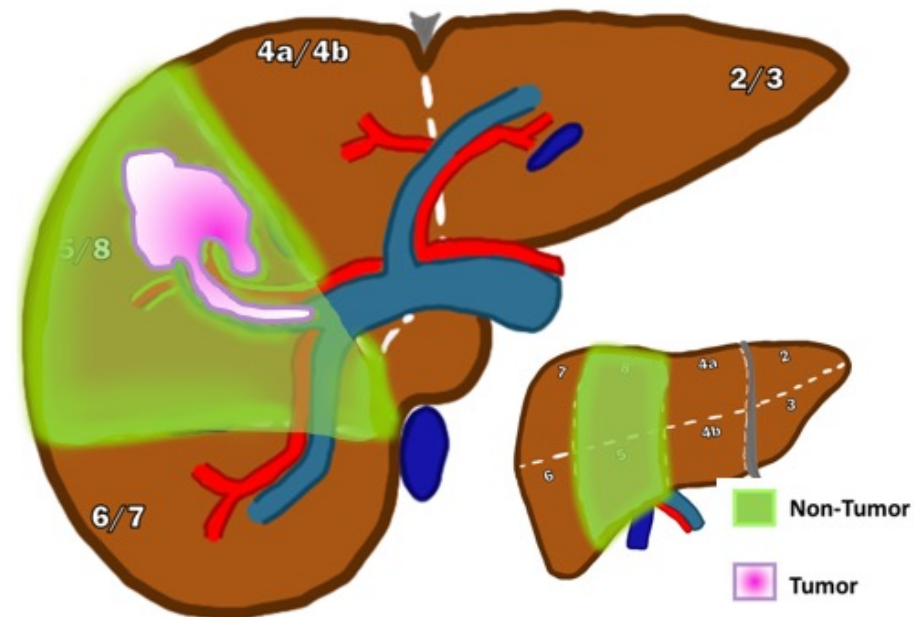
- Single Compartment (MIRD)
 - >80-100 Gy (Resin)
 - >140-150 Gy (Glass)



Salem R, et al. *EJNMMI*. 2023;50(2):328-343. Levillain, et al. Levillain H, et al. *EJNMMI*. 2021;48(5):1570-1584.

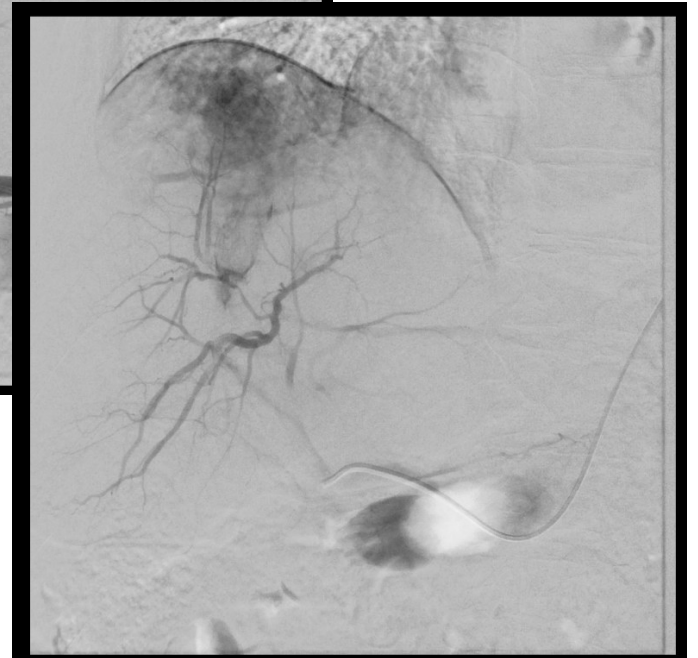
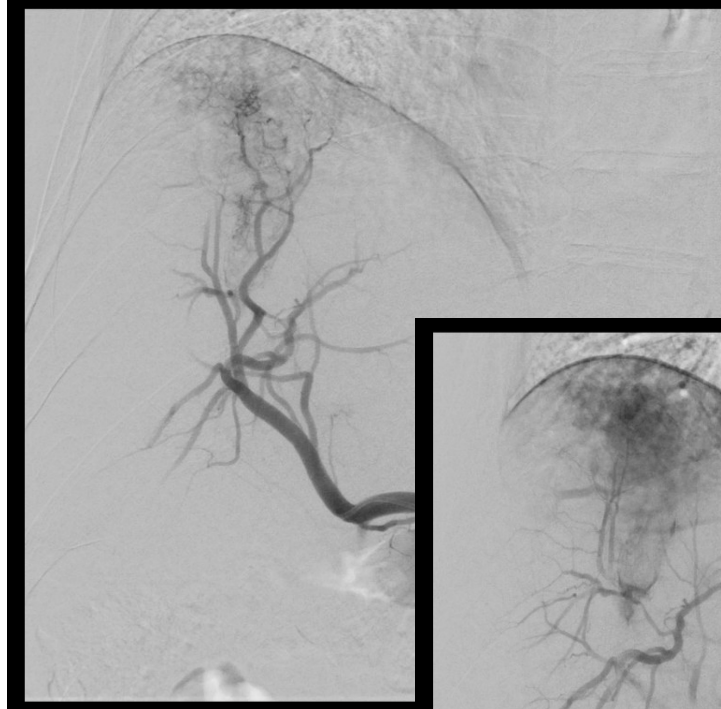
Tumor with Macrovascular Invasion

- **Segmental: Rad Segmentectomy**
- **Unilobar: Rad lobectomy (partition)**
- **Bilobar: Bilobar w/o MVI (partition)**
- **Key: Arterial Enhancement and/or Tc99-MAA uptake on mapping**

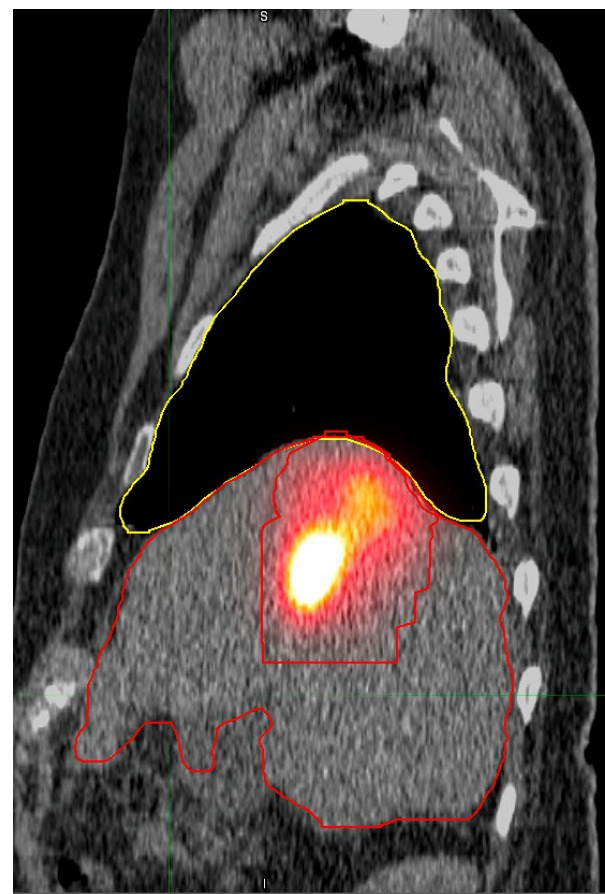
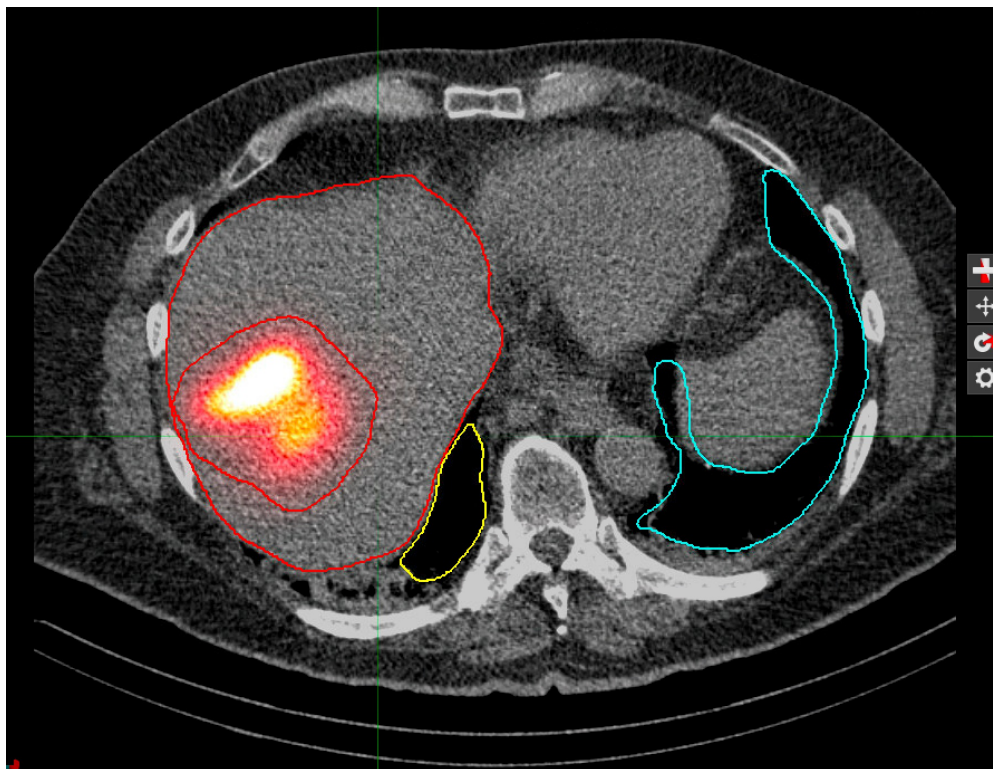


Case: HCC w/ MVI

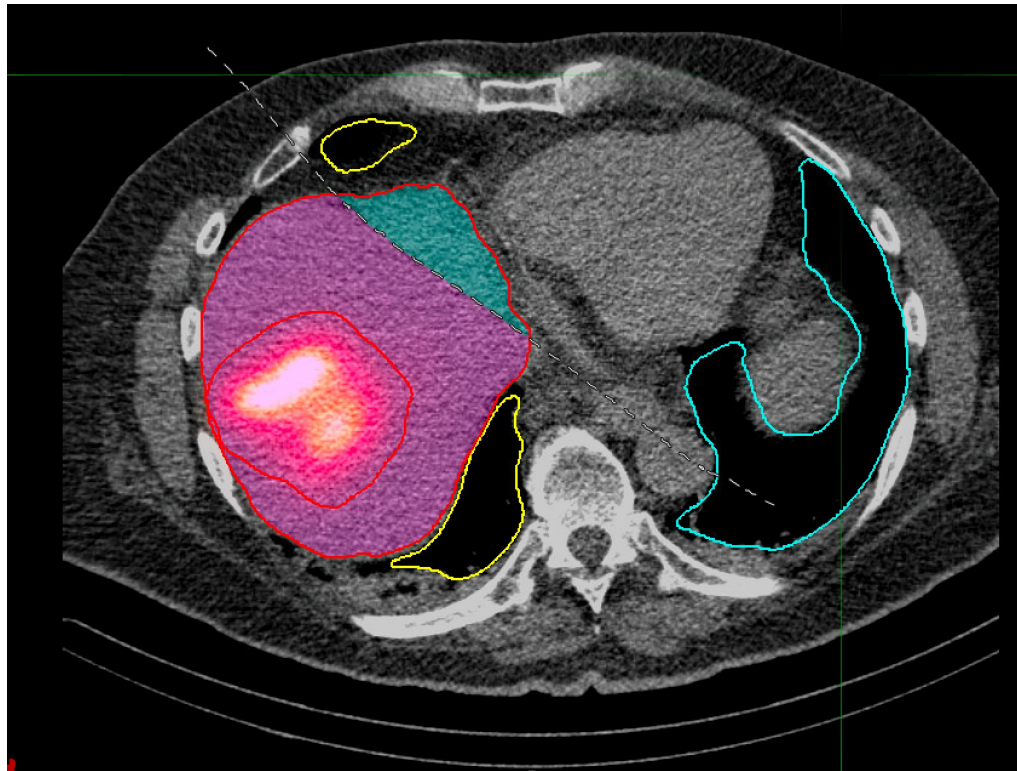
- 67-year-old Male
- 3.6 cm HCC (Seg 8) w/ PVT
- CPA
- ECOG 0



MAA SPECT/CT



MAA SPECT/CT



Target Region Statistics			
Contour Name =	Liver_L	Liver_R	Unit
Target Region Volume =	762.97	1879.95	cc
Percent of Liver Outside Target Region =	71.13	28.87	%
Percent of Liver Inside Target Region =	28.87	71.13	%
Liver Volume =	2642.92		cc
Tumor Involvement =	0	16.51	%
All Tumors (within Target Region) Volume =	0	310.29	cc
Total Tumor TNR =	N/A	40.21	:1
Tumor 1 (within Target Region) Volume =	0	310.29	cc
TNR Tumor 1 =	N/A	40.21	:1

Lung Shunt and Volumes		
Lung Shunt =	8.46	%
Lungs Total Counts =	5032.45	kCNTS
Liver Total Counts =	54470.24	kCNTS
Lungs Volume =	2863.95	cc
Liver Volume =	2642.92	cc

Dosimetry Planning

Glass

Uniform Uptake of Microspheres

Total Activity (GBq)	3.62	Total Activity (mCi)	97.71
Lung Dose (Gy)	15.26		

Desired Dose to Perfused Volume (Gy)
500

Lung shunt (%)
8.5

Volume of treatment (cm³)
310

Sphere Count **TLV**

Single Partition

Resin

Uniform Uptake of Microspheres

Total Activity (GBq)	2.89	Total Activity (mCi)	78.16
Lung Dose (Gy)	12.21		

Desired Dose to Perfused Volume (Gy)
400

Lung shunt (%)
8.5

Volume of treatment (cm³)
310

Sphere Count **TLV**

Single Partition

Take Home Points

- **Personalized Y90 is key to success in HCC**
- Always keep in mind the **treatment goal**
- **Segmentectomy:** Single compartment (T/N = 1)
- **Everything Else:** Multicompartment (Partition)
- **Particle Density Matters to achieve CR and CPN in Resin**
 - **No convincing evidence on Glass side so far**



Getting the Particles Where You Want Them: **Advanced Flow Diversion Techniques**

Jacob Core, DO

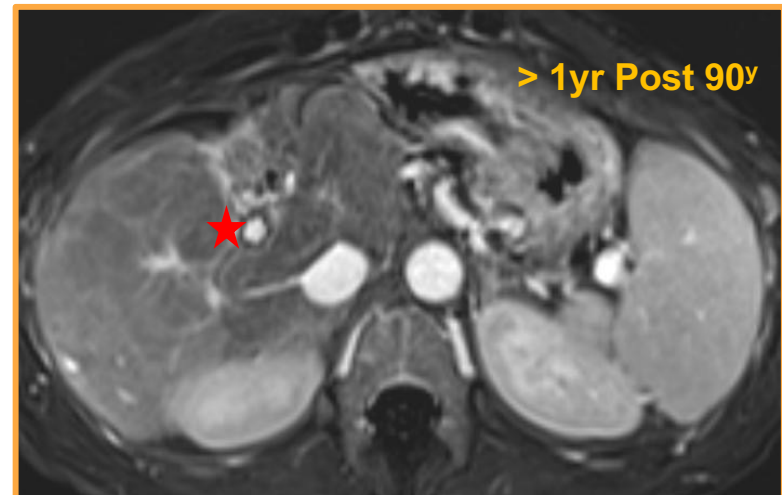
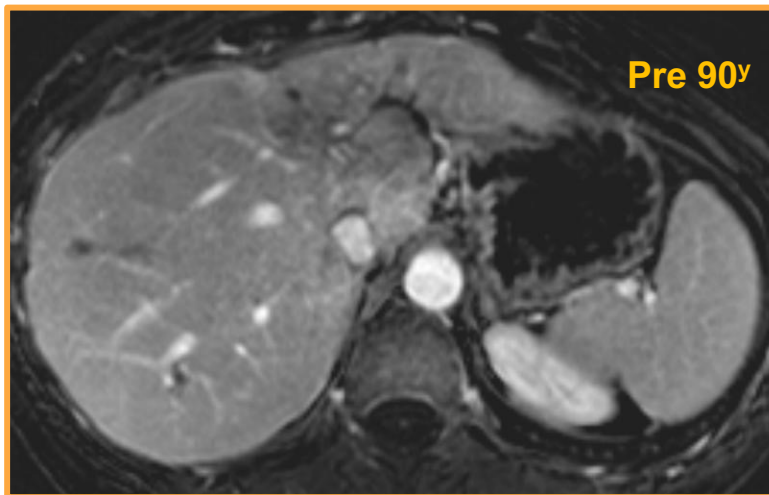
Vascular and Interventional Radiology, Assistant Professor
Mayo Clinic Florida



ciO

Early years of radioembolization showed that large-volume radioembolization can lead to hepatic failure

Whole Liver Resin 90y @ 0.9GBq



Radiation-Induced Liver Disease (RILD)

Increased age, elevated baseline serum bilirubin (**ALBI**), **Whole Liver 90y**, and baseline **cirrhosis** in earlier literature have shown to be predictors of RILD risk following radioembolization^{1,2}

Cirrhosis	Treatment	Prior Chemo	Standard Protocol (n=75)		Modified Protocol (n=185)	
			All Cases	CTC≥3	All Cases	CTC≥3
No Cirrhosis	Whole-liver	No Chemo	10/51 (19.6%)	7	4/121 (3.3%)*	2**
		Chemo	1/6 (16.7%)	1	0/20	0
	Selective	No Chemo	9/31 (29.0%)	6	4/52 (7.7%)**	2**
		Chemo	0/9		0/21	
	Global disease control		0/5		0/28	
	Local disease control		28 (54.9%)		58 (47.9%)	
Cirrhosis	Whole-liver	No Chemo	32 (62.7%)		72 (59.5%)	
		Chemo	7/24 (29.1%)	3	6/64 (9.3%)**	2
	Selective	No Chemo	3/9 (33.0%)	1	0/5	0
		Chemo	2/2 (100%)	1	1/1 (100%)	0
	Global disease control		2/13 (15.4%)	1	5/57 (8.8%)	2
	Local disease control		—		0/1	
Global disease control		18 (75%)		46 (71.9%)		
Local disease control		18 (75%)		51 (79.7%)		

*P < 0.001 for comparison with standard protocol group.
 **P < 0.05 for comparison with standard protocol group. CTC: grade by NCI Common Toxicity Criteria v. 3.0.

¹Riaz A, et al. Complications following radioembolization with yttrium-90 microspheres: A comprehensive literature review. *J Vasc Interv Radiol.* 2009;20(9):1121–1130.

²Gil-Alzugaray B, et al. Prognostic factors and prevention of radioembolization-induced liver disease. *Hepatology.* 2013;57(3):1078–1087.

Modern radioembolization technique involves segmental or superselective administrations unless lobar delivery is necessary for best clinical outcome

RADIATION SEGMENTECTOMY: A NOVEL APPROACH TO INCREASE SAFETY AND EFFICACY OF RADIOEMBOLIZATION

AHSUN RIAZ, M.D.,* VANESSA L. GATES, M.S.,* BASSEL ATASSI, M.D.,*
ROBERT J. LEWANDOWSKI, M.D.,* MARY F. MULCAHY, M.D.,† ROBERT K. RYU, M.D.,*
KENT T. SATO, M.D.,* TALIA BAKER, M.D.,‡ LAURA KULIK, M.D.,† RAMONA GUPTA, M.D.,*
MICHAEL ABECASSIS, M.D.,‡ AL B. BENSON, III, M.D.,† REED OMARY, M.D.,* LAURA MILLENDER, M.D.,§
ANDREW KENNEDY, M.D.,|| AND RIAD SALEM, M.D.*‡

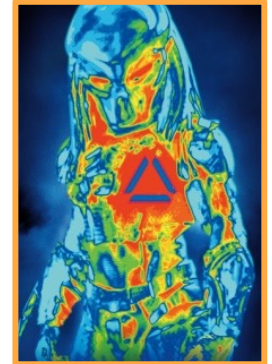
However, complex/unfavorable blood supply may not allow for selective infusions

Riaz A, et al. Radiation segmentectomy: A novel approach to increase safety and efficacy of Radioembolization. *Int J Radiat Oncol Biol Phys*. 2011;79(1):163-171.

Flow Diversion and Flow Redistribution

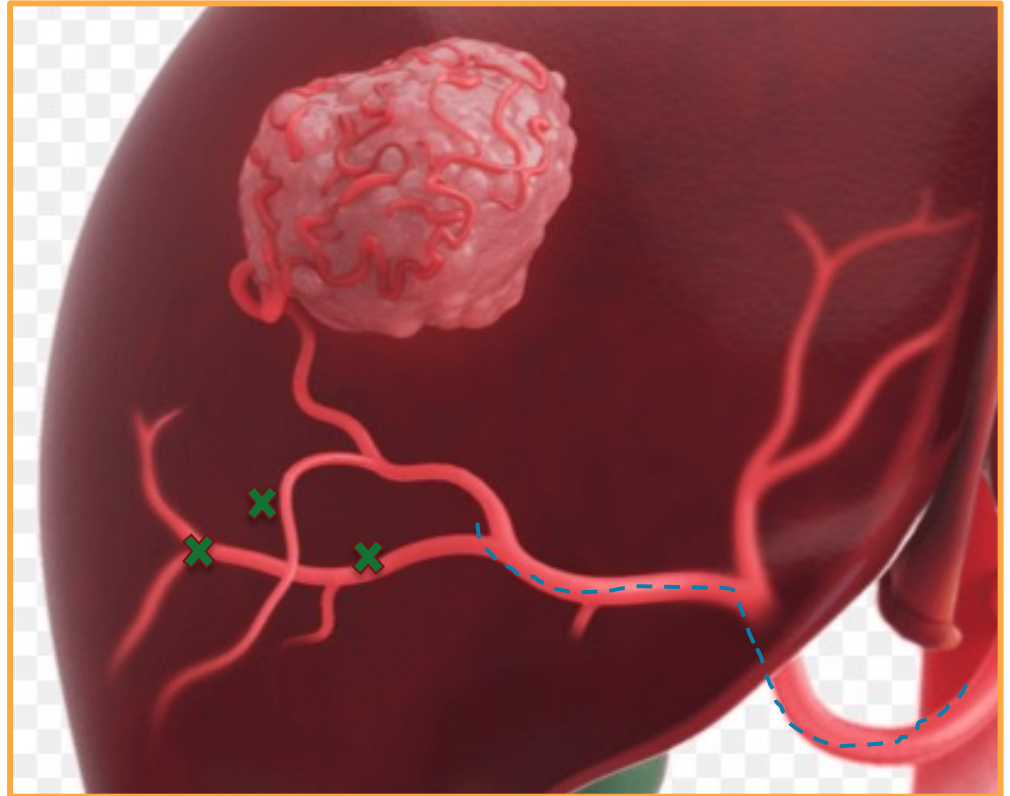
Definitions

- Flow Diversion – Technique to promote blood (and dose) to the intended treatment bed and mitigate toxicity to non-target tissue
- Flow Redistribution – Technique that typically involves occlusion of a tiny tumor supplying artery(s) to promote flow and coverage via a larger feeder artery to the intended treatment bed
- Proximal Radioembolization Enabled by Distal Angiosomal Truncation (PREDATr)



¹Kim HC. Radioembolization: Technical tips and follow-up imaging. *J Korean Soc Radiol.* 2025;86(4):457. ²Core JM, et al. Increasing yttrium-90 dose conformity using proximal radioembolization enabled by distal angiosomal truncation for the treatment of hepatic malignancy. *J Vasc Intervent Radiol.* 2020;31(6):934-942.

Does PREDATr result in increased particle deposition in the tumor bed and reduce deposition in non-target tissue?



¹What is hepatocellular carcinoma? Cleveland Clinic. Last reviewed Feb. 2, 2024. Accessed Oct. 17, 2025. <https://my.clevelandclinic.org/health/diseases/21709-hepatocellular-carcinoma-hcc> ²Core JM, et al. Increasing yttrium-90 dose conformity using proximal radioembolization enabled by distal angiosomal truncation for the treatment of hepatic malignancy. *J Vasc Interv Radiol.* 2020;31(6):934-942.

Temporary distal balloon occlusion for hepatic embolization: a novel technique to treat what cannot be selected



Michael W Itagaki¹

Affiliations + expand

PMID: 24322307 DOI: [10.1007/s00270-013-0816-7](https://doi.org/10.1007/s00270-013-0816-7)

Cardiovasc Intervent Radiol (2017) 40:1624–1630
DOI [10.1007/s00270-017-1688-z](https://doi.org/10.1007/s00270-017-1688-z)



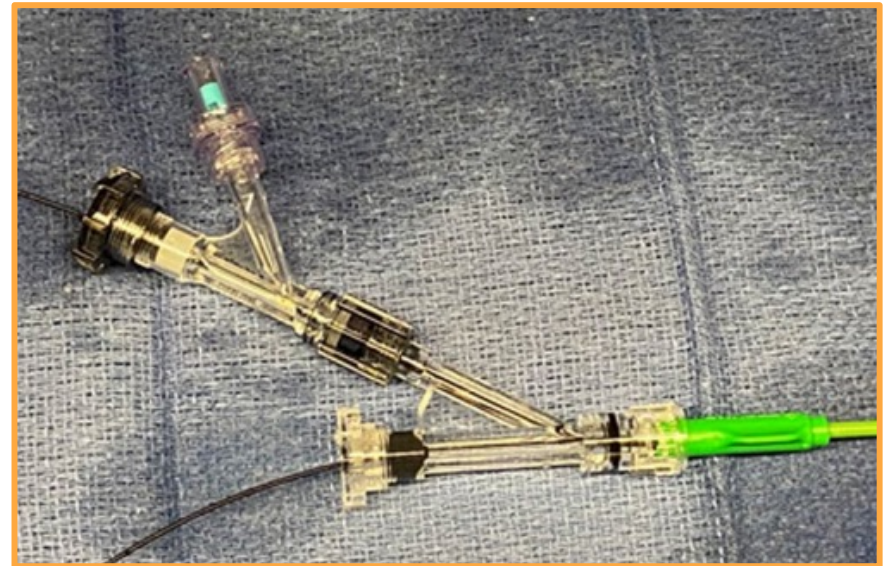
TECHNICAL NOTE

Prophylactic Temporary Occlusion of the Cystic Artery Using a Fibered Detachable Coil During ⁹⁰Y Radioembolization

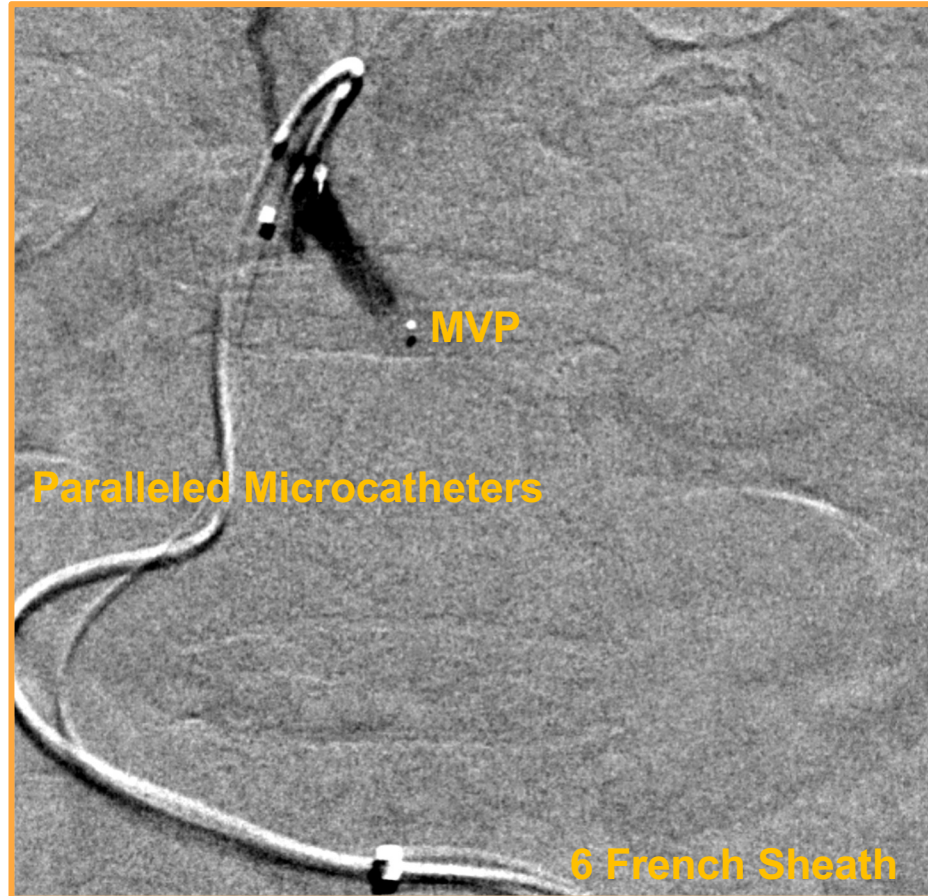
Jin Woo Choi¹ · Min Young Yoo^{2,3} · Hyo-Cheol Kim¹ · Jin Chul Paeng³ ·
Yoon Jun Kim⁴ · Jin Wook Chung¹

Temporary Occlusion Devices and Technique

- Microvascular Plug (Medtronic™)
- Retrievable Coil (Concerto™, Covidien)
- Gelatin Slurry (Gelfoam®) (Surgifoam™, Ethicon)
- Balloon Microcatheter (Sniper™, Embolx)
- Balloon Microcatheter + Gelfoam
- Double Balloon Microcatheter Technique
- Degradable Starch Microspheres (Embocept-S®, PharmaCept)



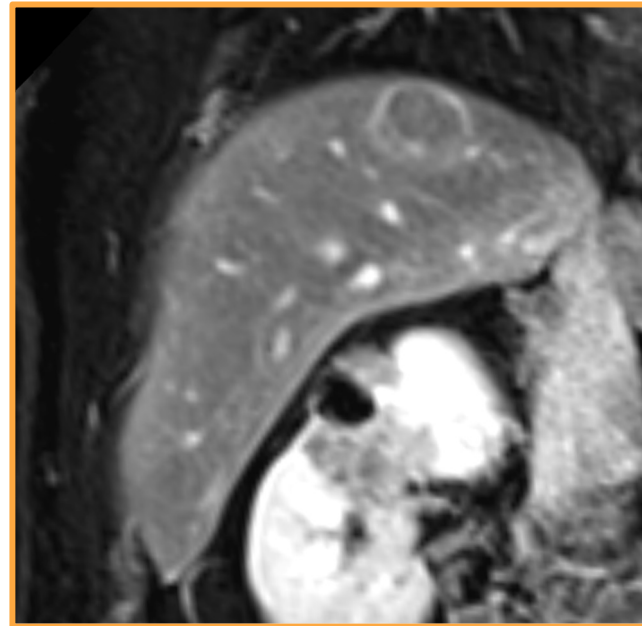
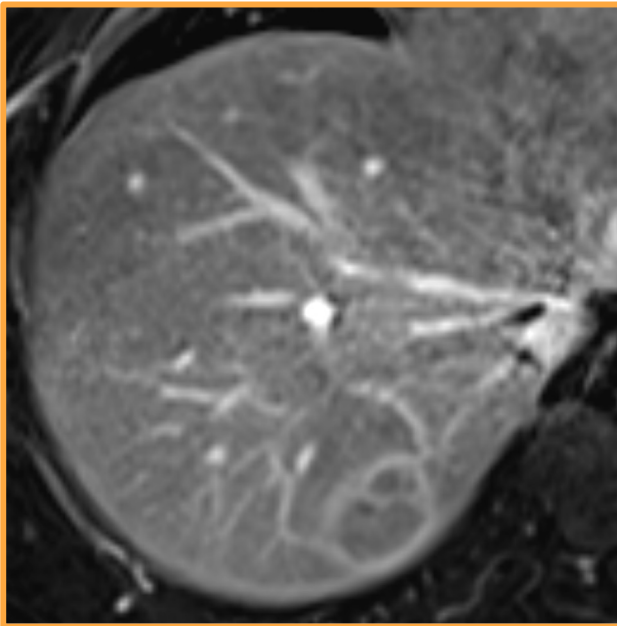
¹Barth KH, et al: Long-term follow-up of transcatheter embolization with autologous clot, oxycel, and Gelfoam in domestic swine. *Invest Radiol.* 1977;12(3):273-280. ²Tanaka M, et al. The double-balloon technique: A safe and effective adjunctive technique in patients undergoing arterial therapy for hepatic malignancies with vascular supply not amenable to selective administration. *CVIR Endovasc.* 2023;6(1):3.



Case Examples

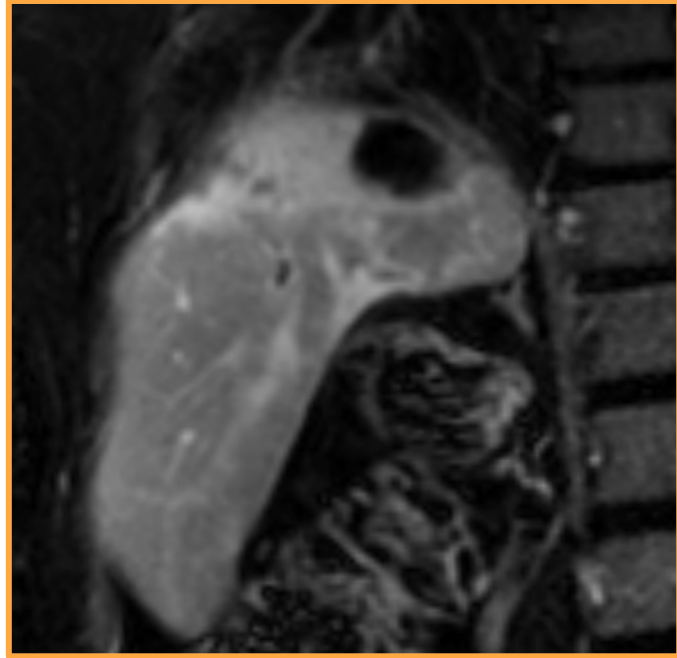
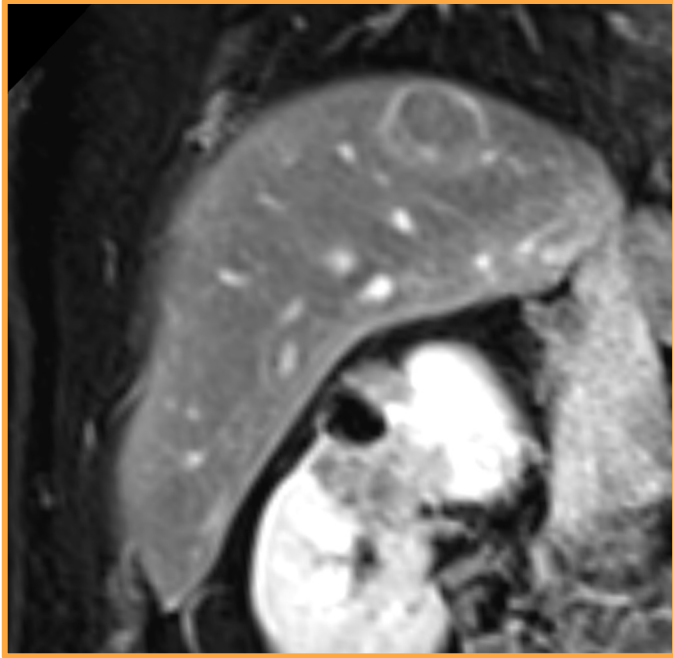
Special thanks to my partners Beau Toskich MD, Andrew Lewis MD, Gregory Frey MD, Ricardo Paz Fumagalli MD, and Zlatko Devcic MD, and Charles Ritchie MD

Balloon Microcatheter

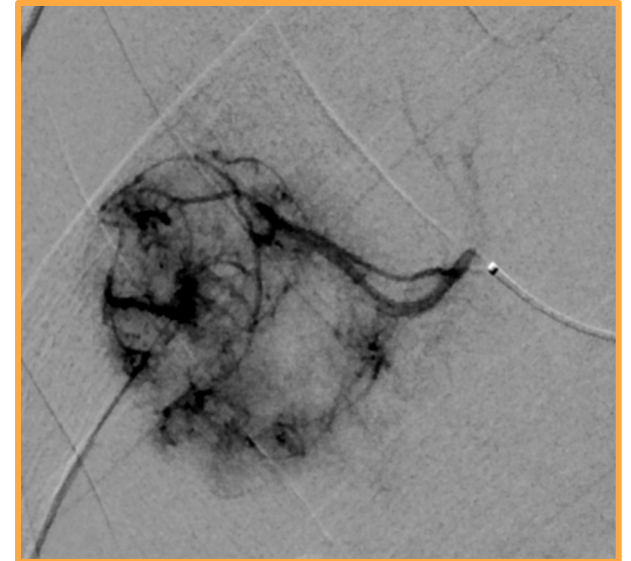
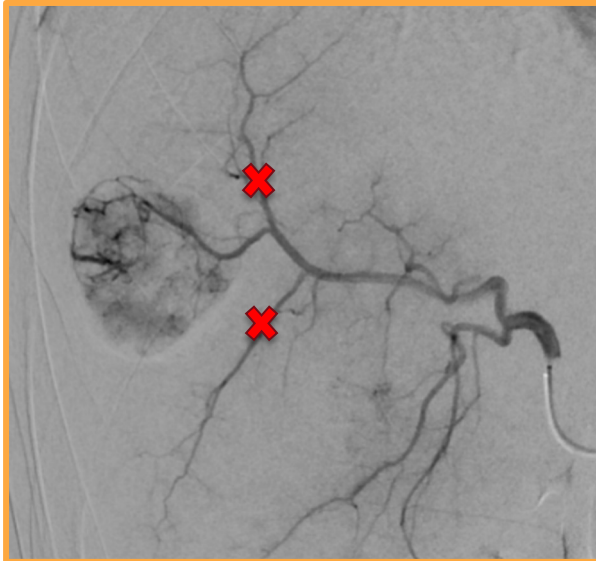
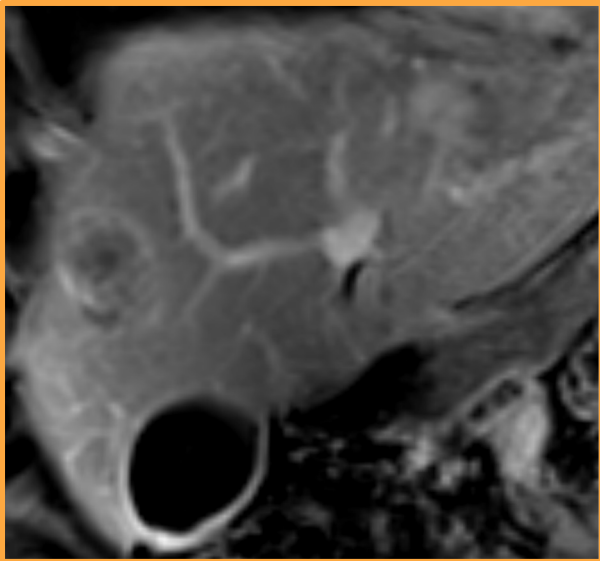




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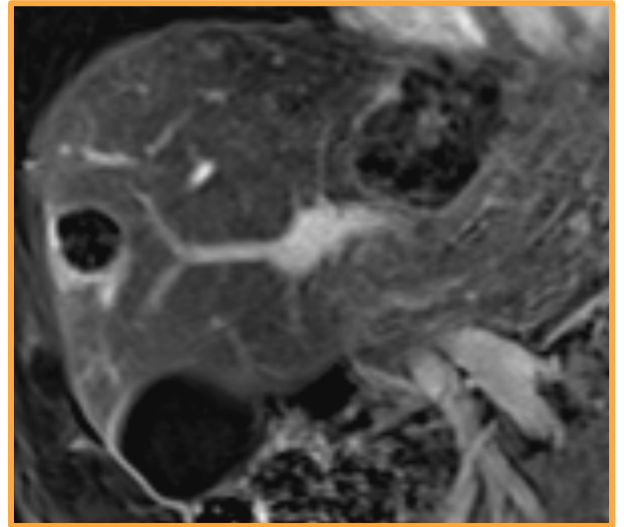
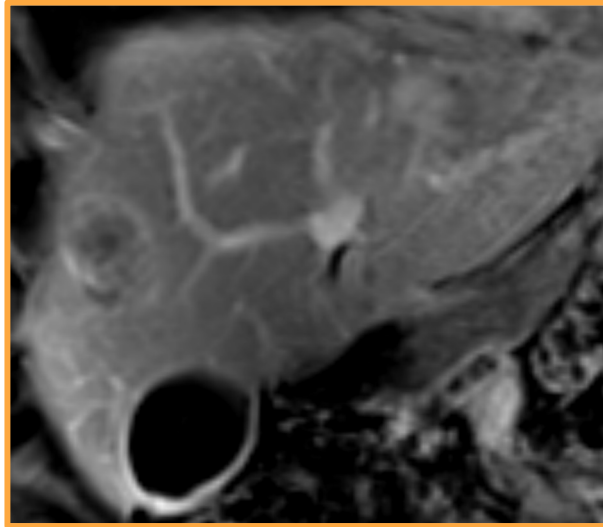
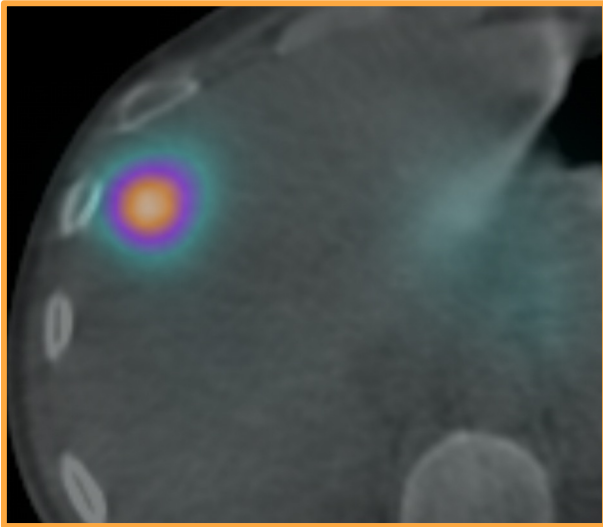


Gelfoam



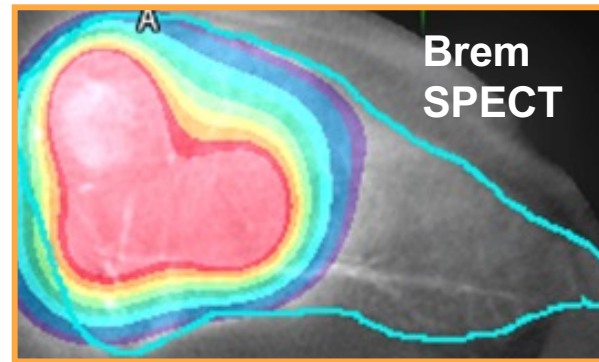
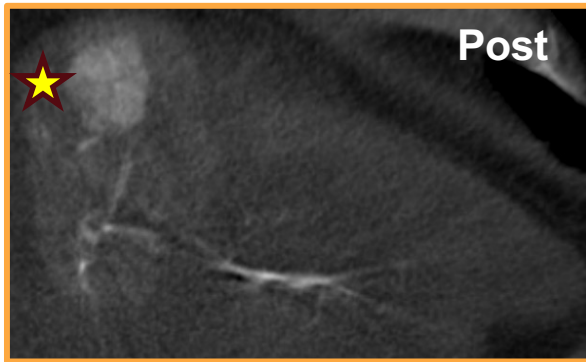
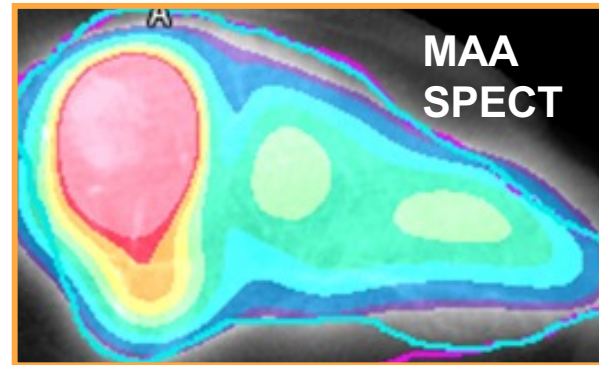
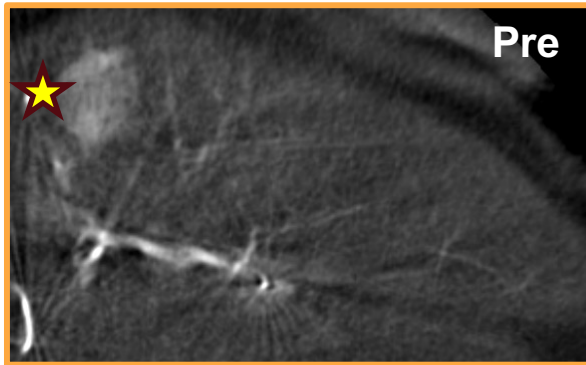
- 2 10cc syringes
- 10 mL of 100% contrast
- Fine pledgets
- Evacuate ALL air bubbles
- Distal catheterization to reduce reflux into tx vessel
- Flush 3x
- Check result with DSA



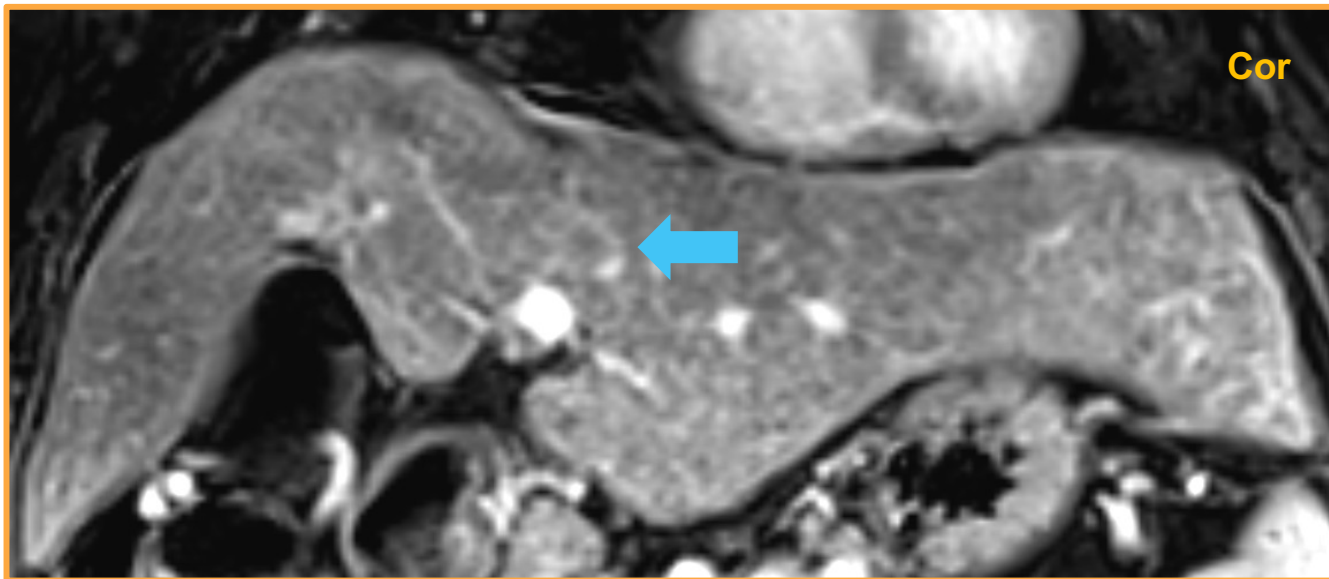


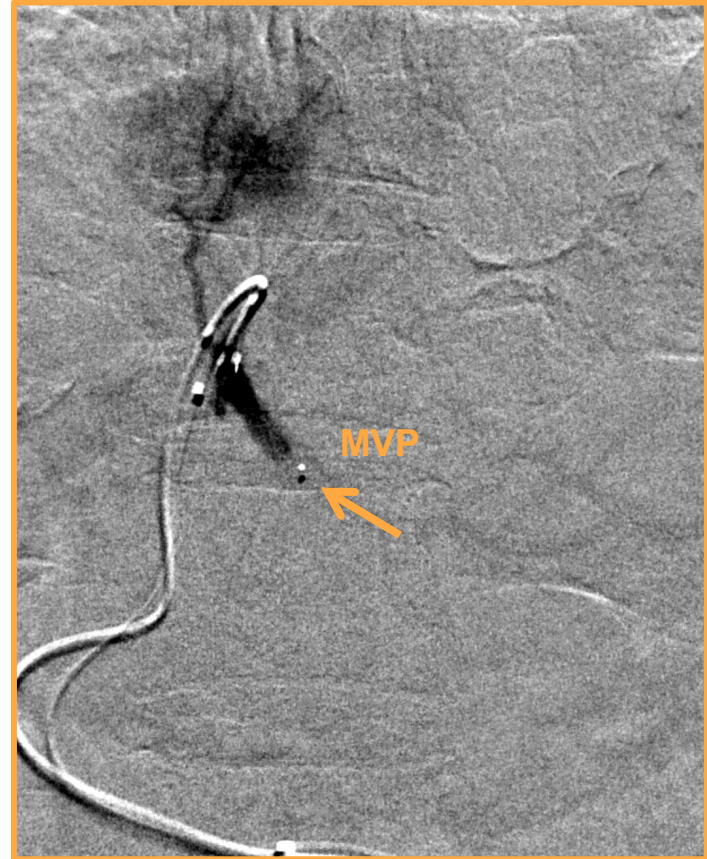
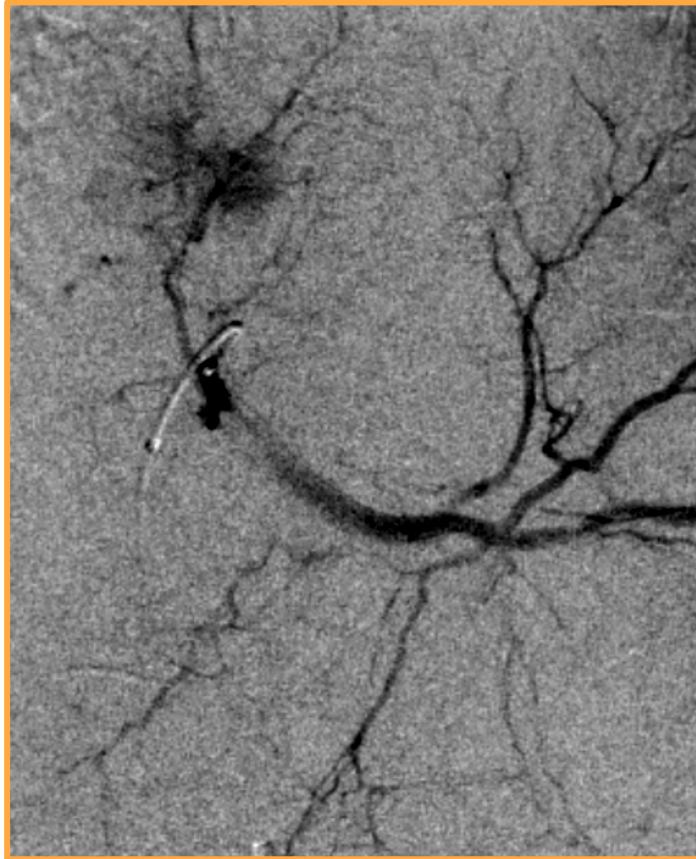
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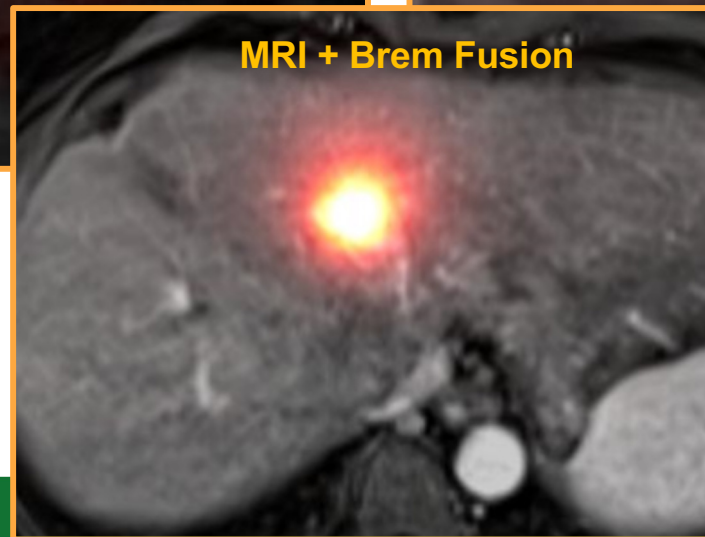
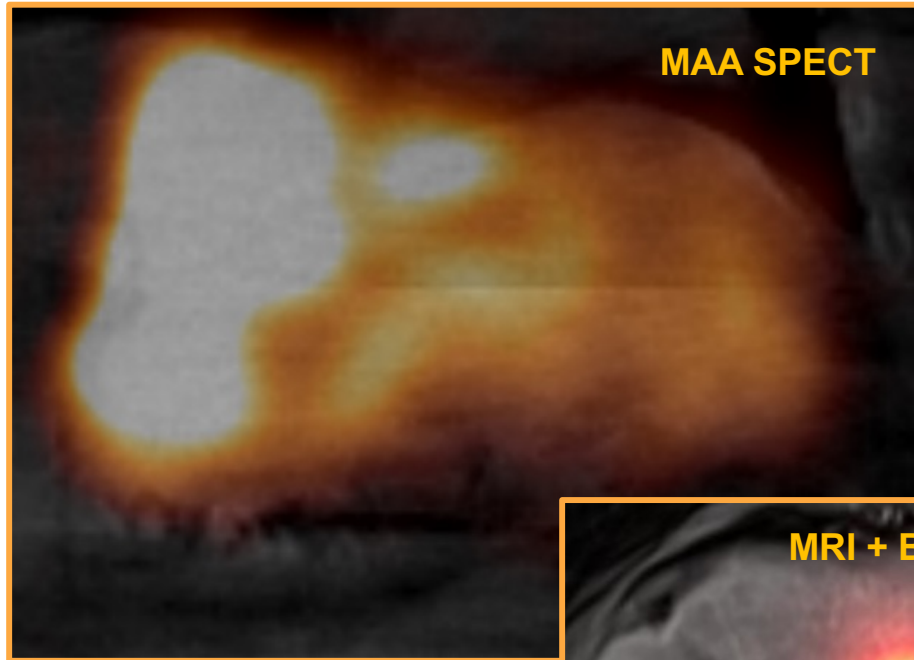
Balloon-Assisted Gelfoam Delivery

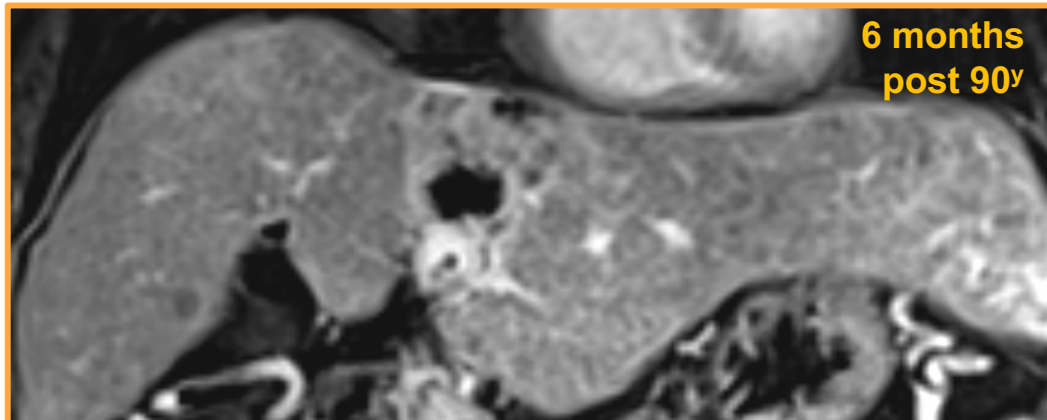
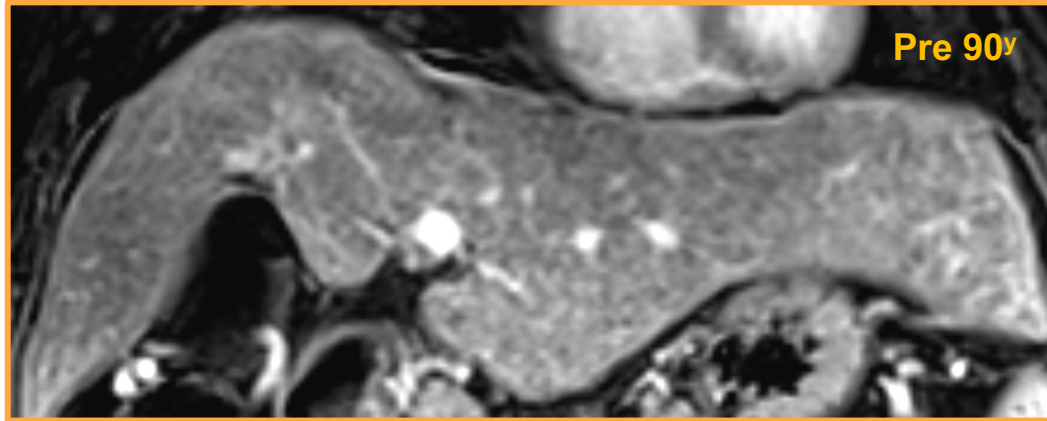


Microvascular Plug



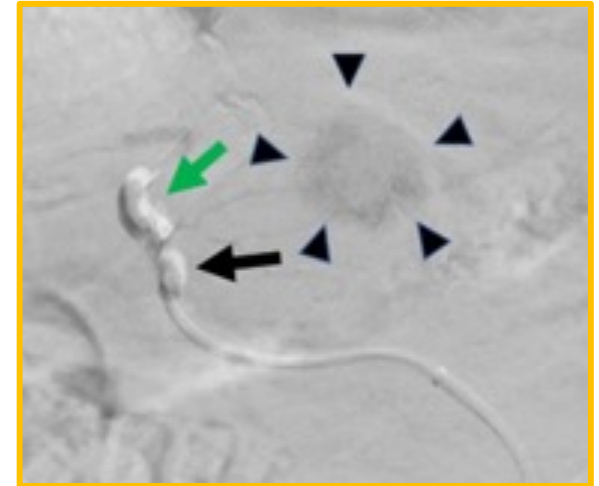
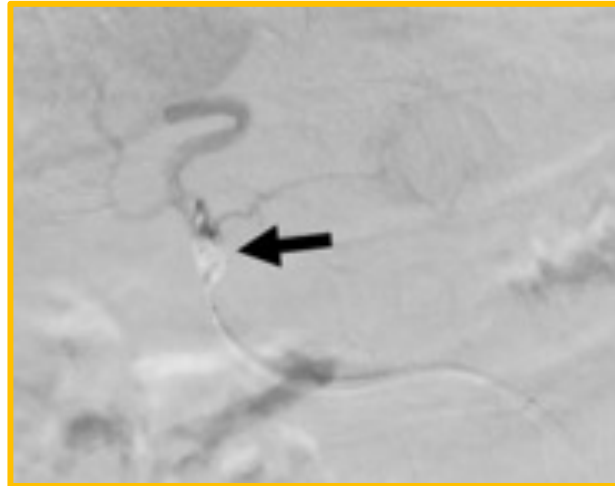
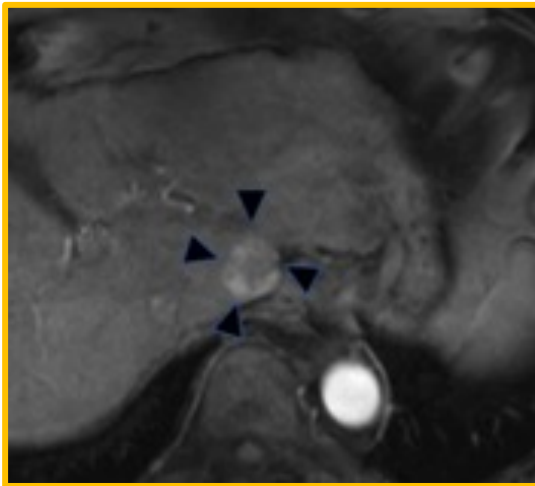






Double Balloon Microcatheter Technique

Distal and proximal protection



Tanaka M, et al. The double-balloon technique: A safe and effective adjunctive technique in patients undergoing arterial therapy for hepatic malignancies with vascular supply not amenable to selective administration. *CVIR Endovasc.* 2023;6(1):3.

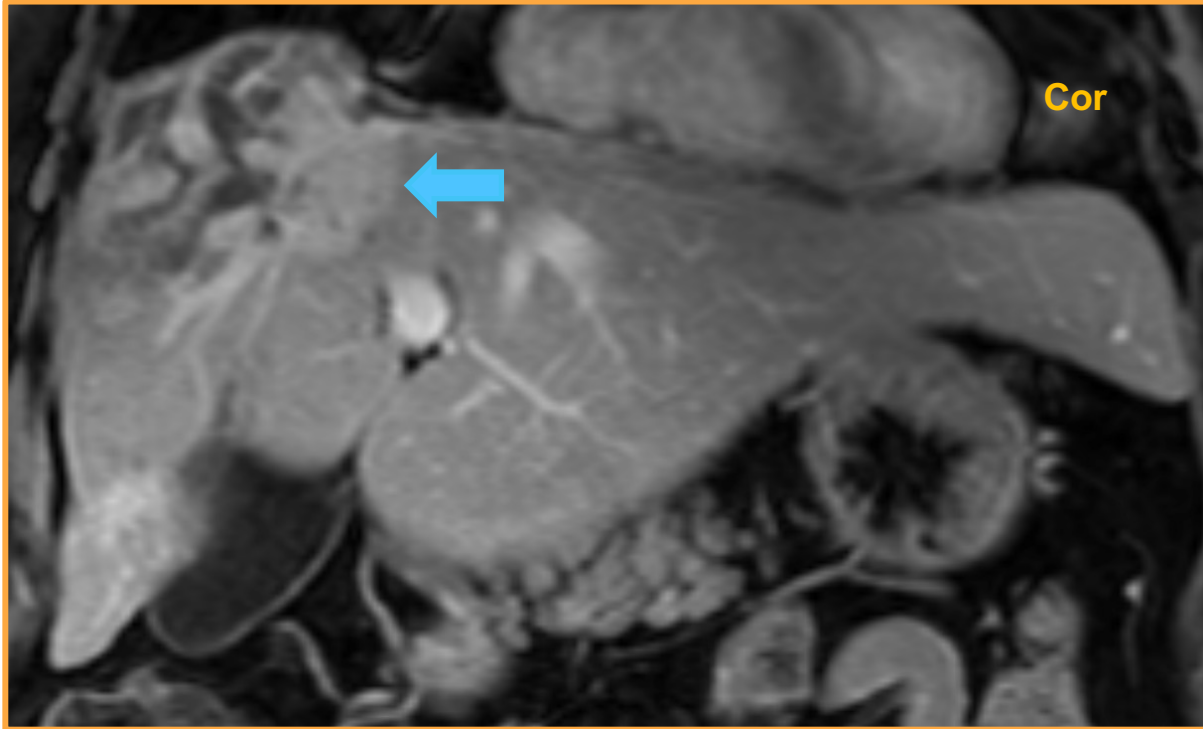
Degradable Starch Microspheres

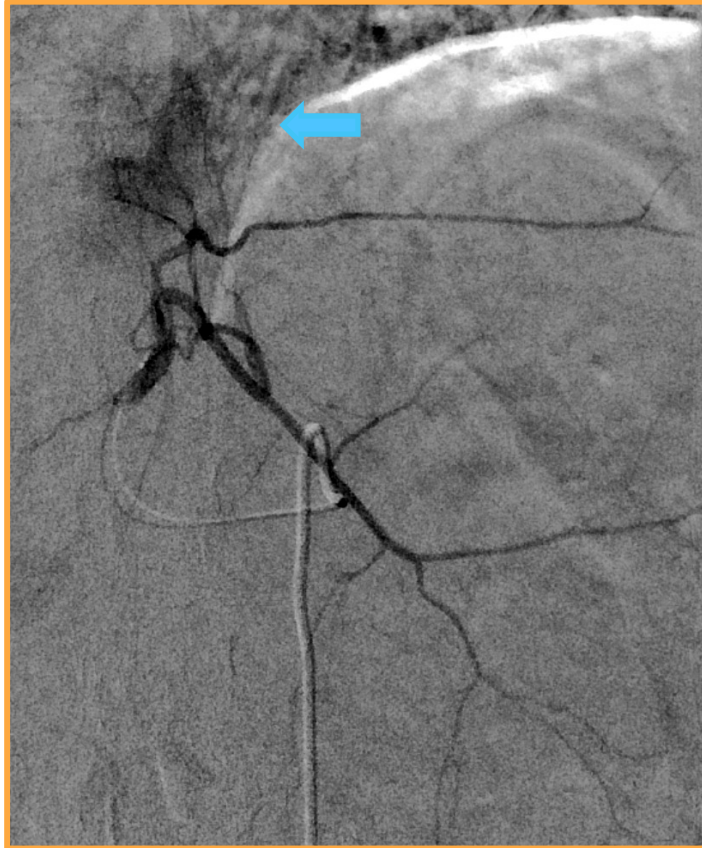
- 50 μm particles with a half-life of ~ 35 min
- Degraded by α -amylase
- No reports of sustained vessel occlusion
- No need for a second microcatheter (Gelfoam)

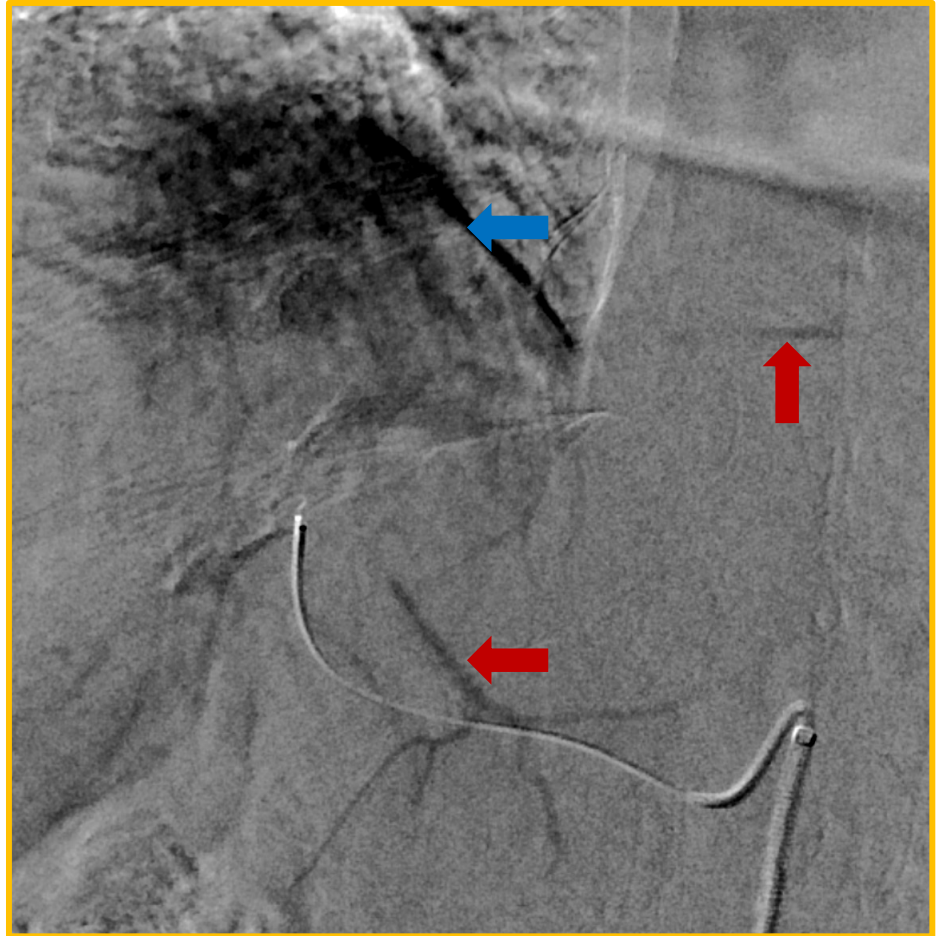
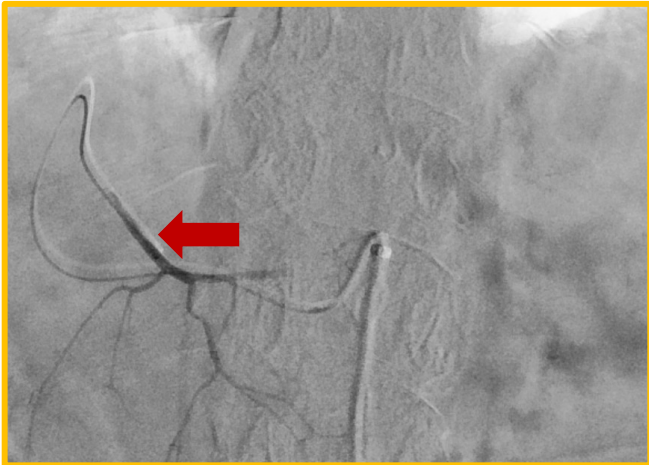
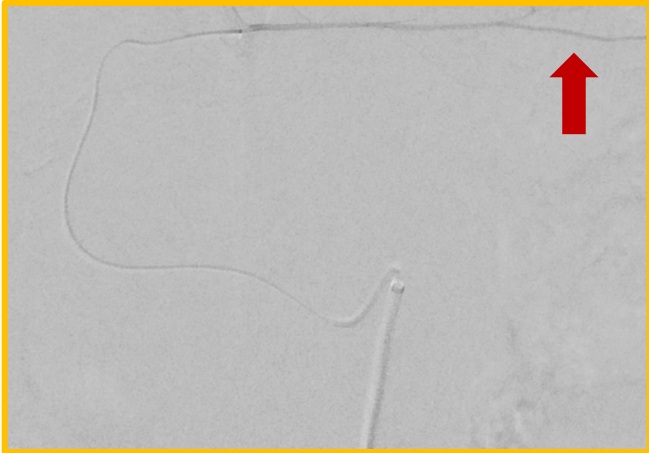


Gil-Alzugaray B, et al. Prognostic factors and prevention of radioembolization-induced liver disease. *Hepatology*. 2013;57(3):1078-1087. Meyer C, et al. Feasibility of temporary protective embolization of normal liver tissue using degradable starch microspheres during radioembolization of liver tumours. *Eur J Nucl Med Mol Imaging*. 2013;41(2):231-237.

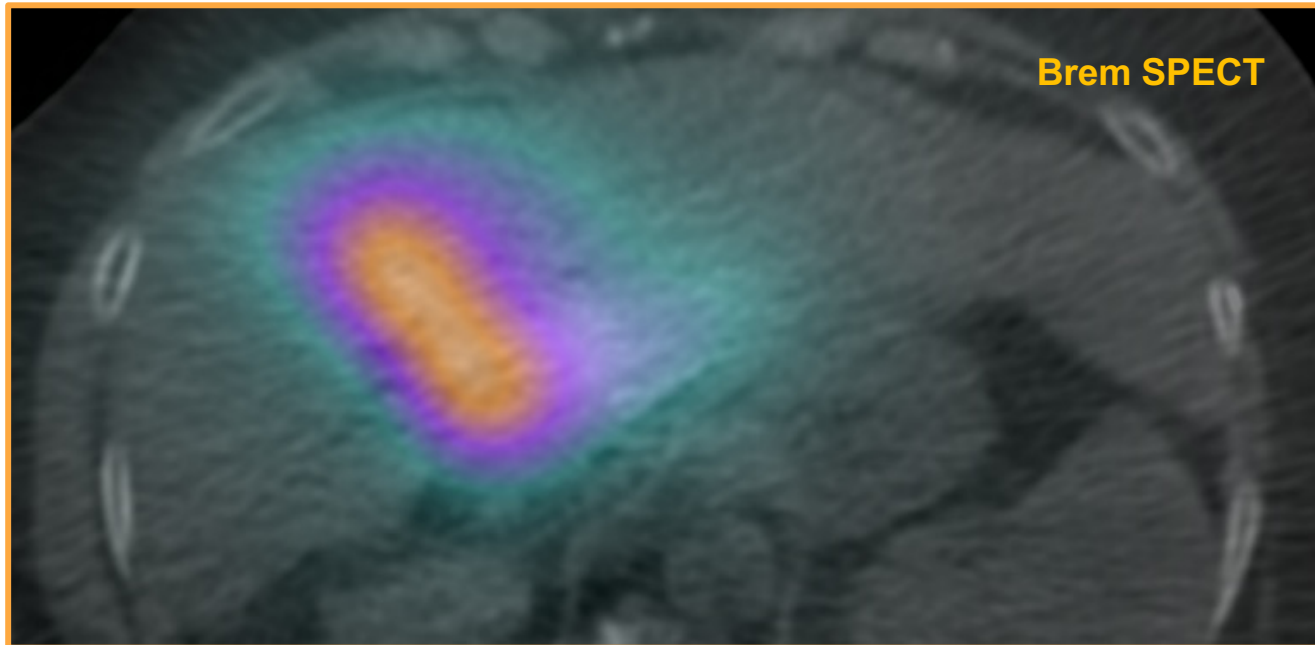
Post PREDATr Patency?



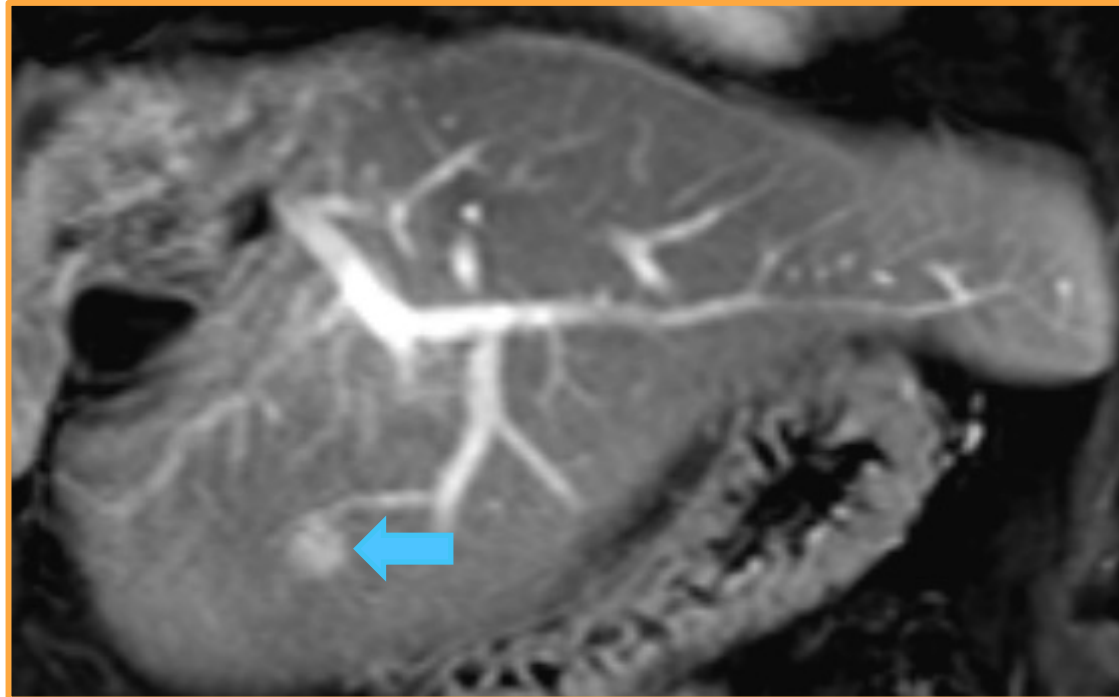


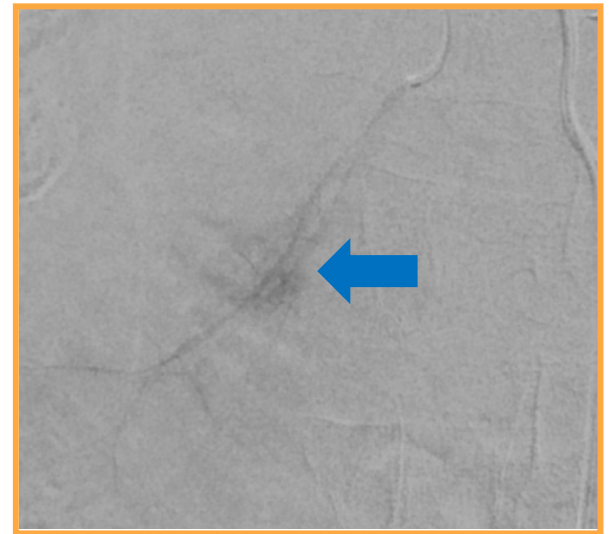
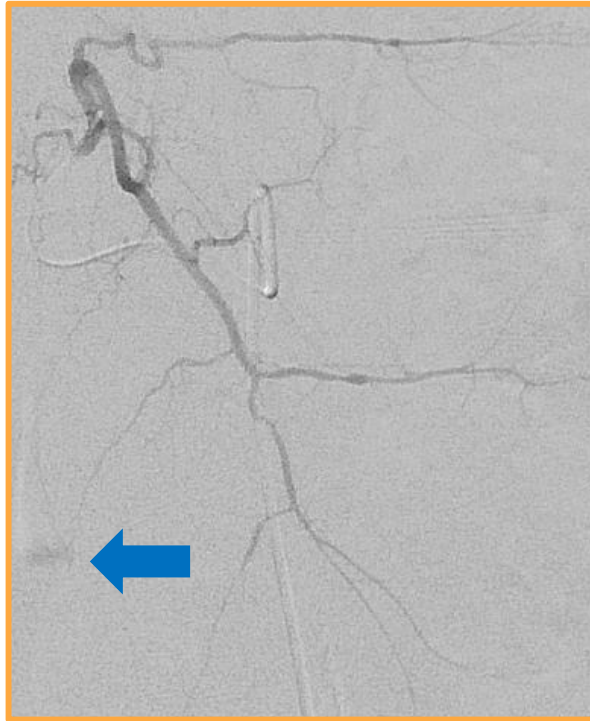
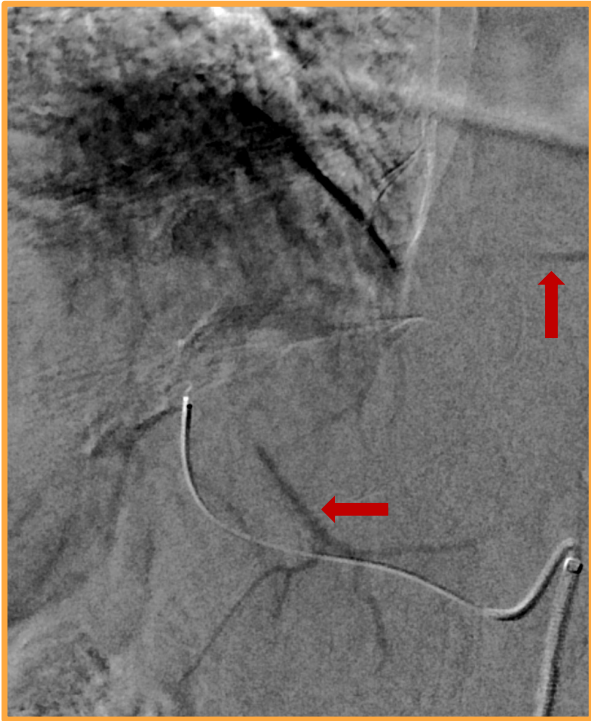


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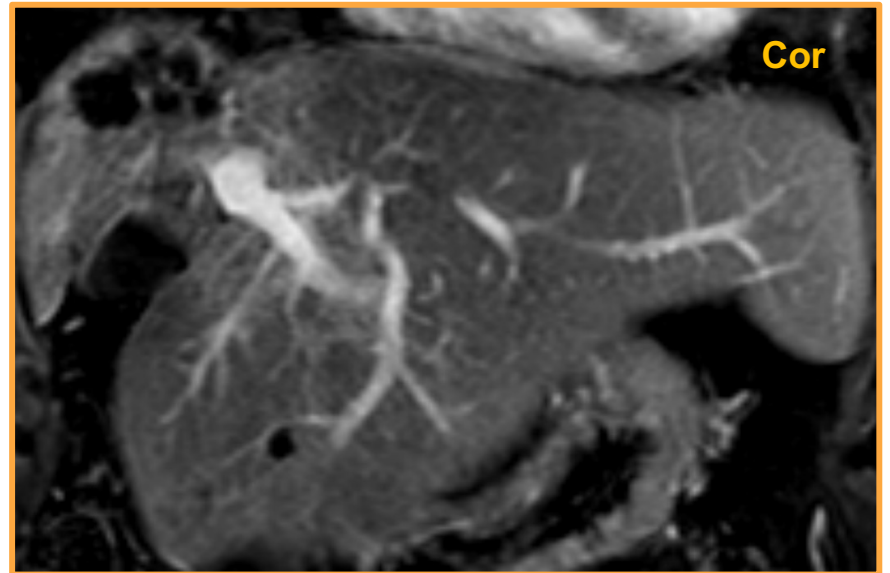
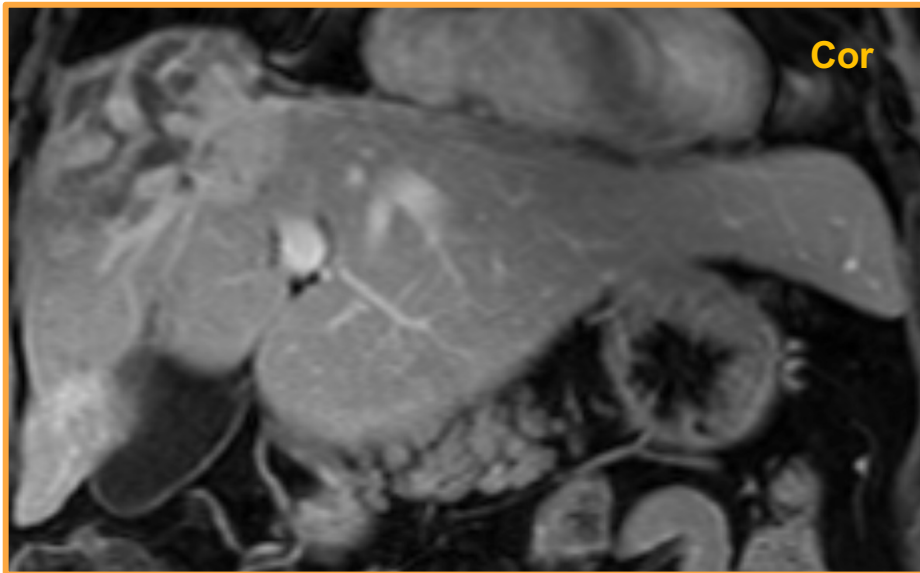


Radioembolization through previously gelfoamed artery?

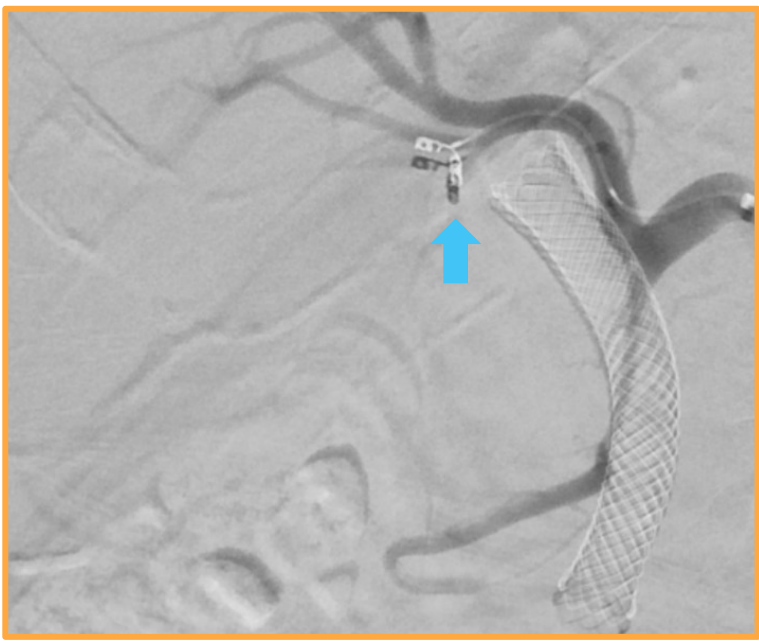




The importance of reducing non-target 90y



Detachable Coil

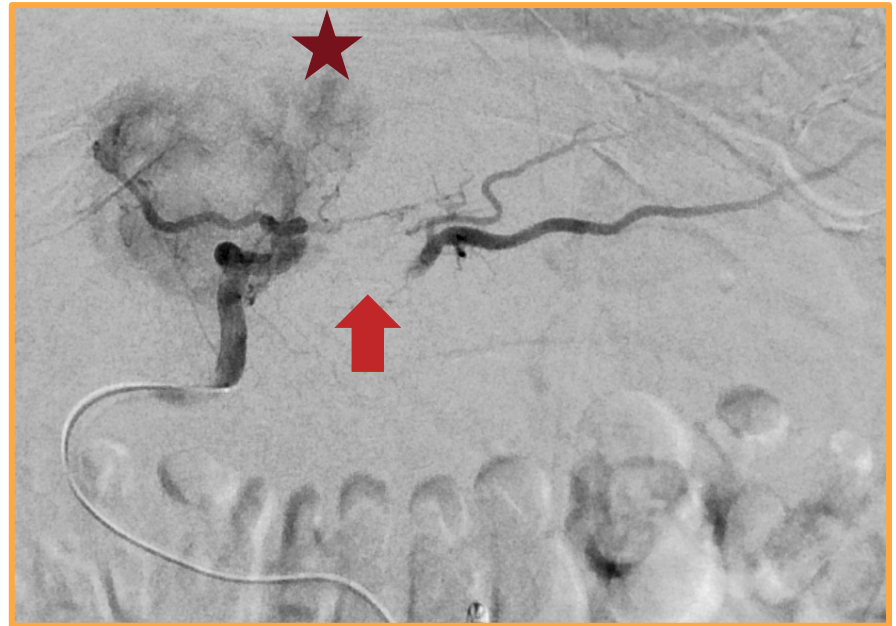


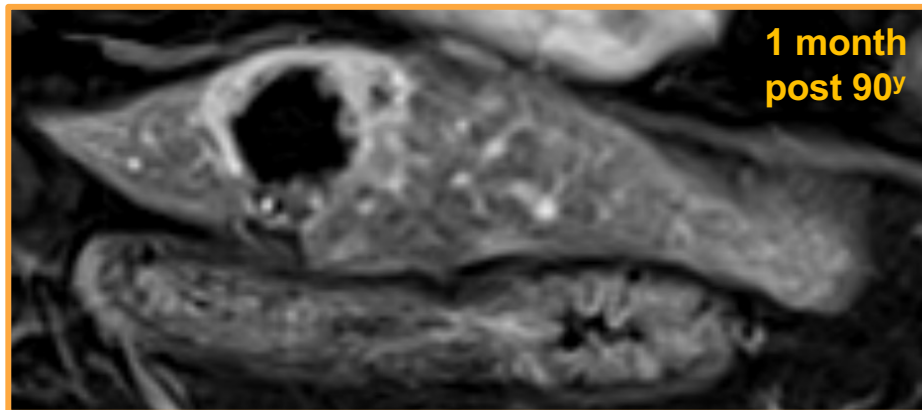
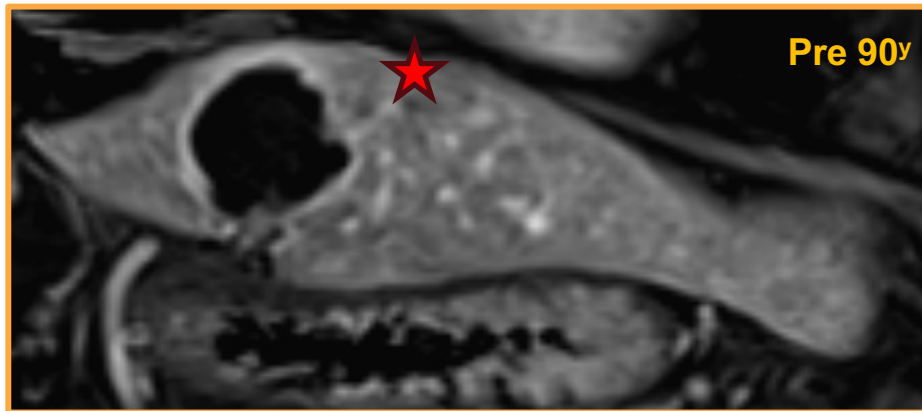


What have we learned?

Reduction Does Not Always Equal Occlusion

Balloon Microcatheter





Concerns and Limitations of the Procedural Technique

- Cost (balloon microcatheter, MVP, detachable coil)
- Procedure (fluoro) time
- Gelfoam embolization prior to Y90 administration may reflux into the treatment vessel
- Could potentially increase immediate toxicity of treatment if large-volume embolizations are performed
- No consensus on degree of stasis necessary to achieve result

Summary

- PREDATr technique is safe and feasible
- Extends the option of “segmental/selective” 90y to patients with sub-optimal vascular supply
- Potential dose reduction to non-target parenchyma and dose intensification to the intended treatment bed