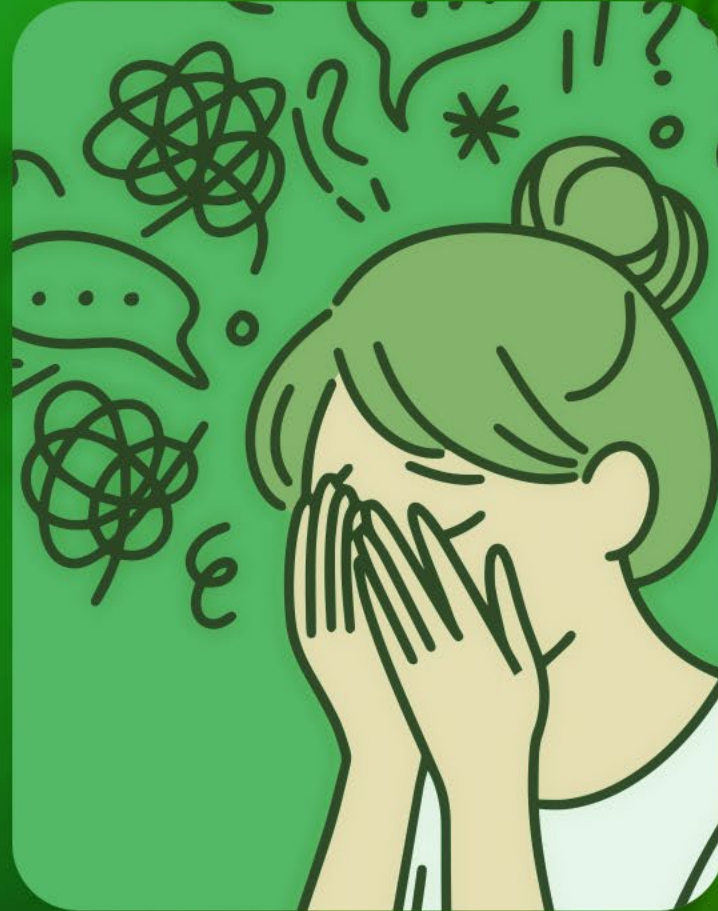


Features Out of Focus:
***Recognition and
Treatment of Emotional
Dysregulation and
Executive Dysfunction
in ADHD***

Module 3



Faculty

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Faculty Disclosures

- **Julie A. Carbray, PhD, PMHNP-BC, PMHCNS-BC, FAAN:** Advisory Board—Abbvie, Alkermes, Supernus; Consultant— Alkermes, Otsuka, Supernus

Disclosures

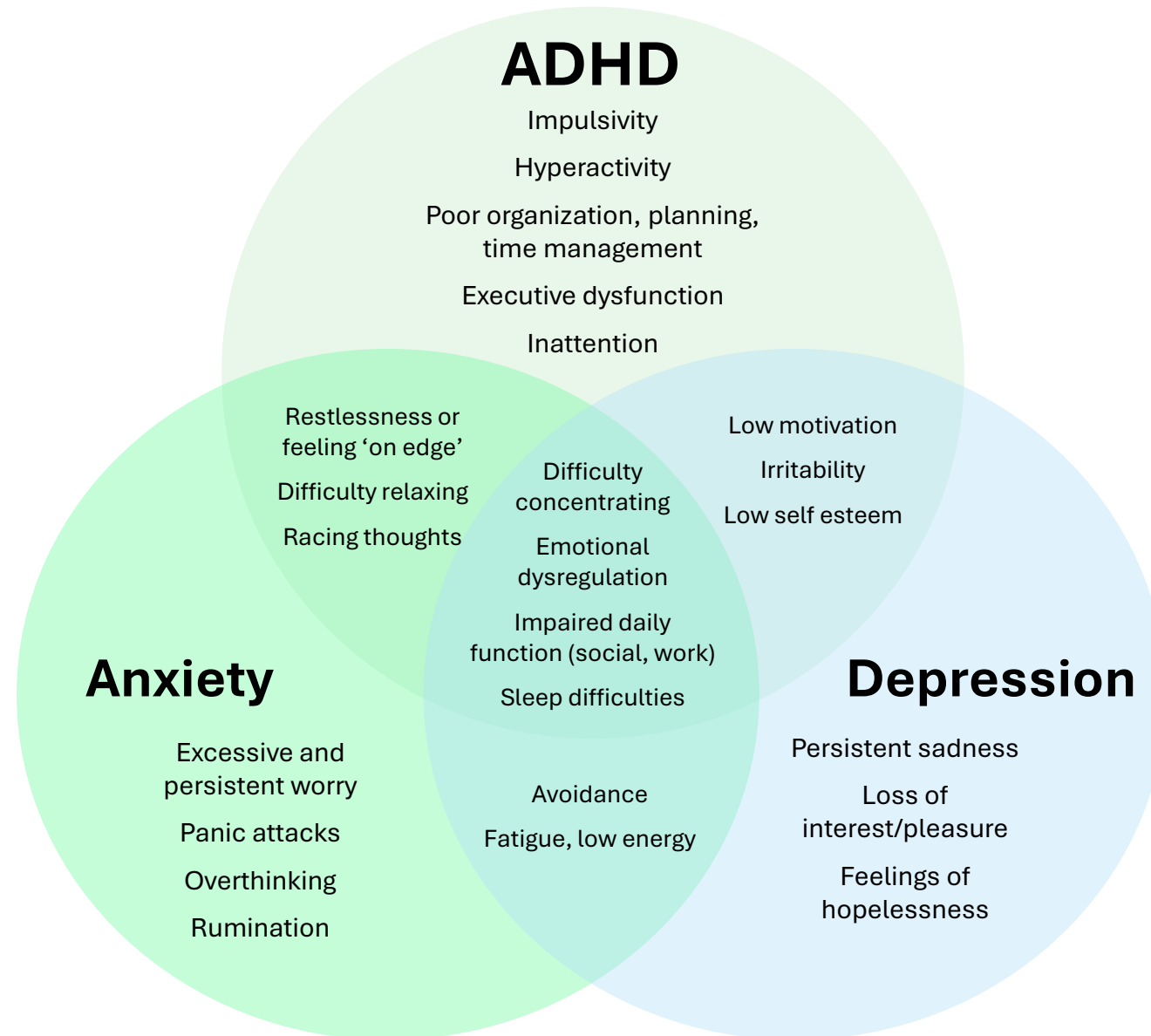
- The faculty have been informed of their responsibility to disclose to the audience if they will be discussing off-label or investigational use(s) of drugs, products, and/or devices (any use not approved by the US Food and Drug Administration)
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Learning Objectives

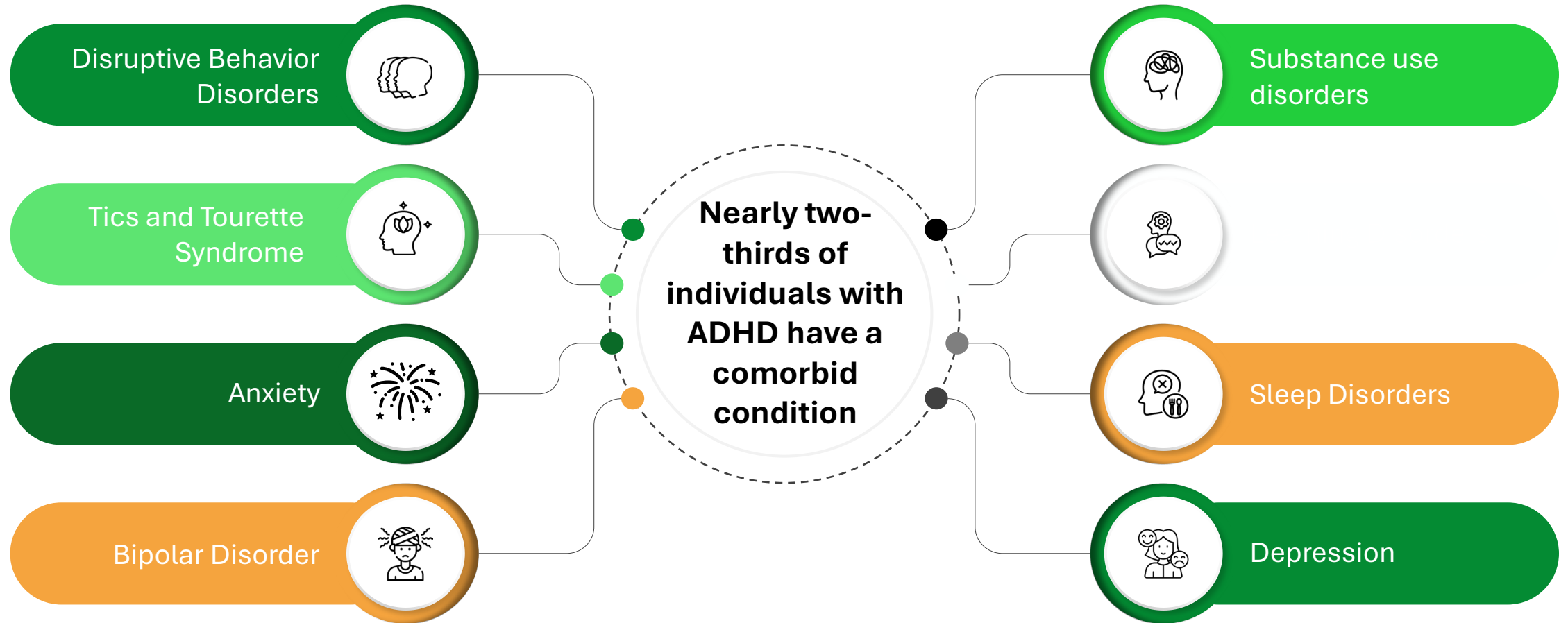
- Implement strategies to improve recognition and assessment of executive dysfunction, emotional dysregulation, and psychiatric comorbidities in patients with ADHD

Comprehensive Recognition and Assessment of ADHD

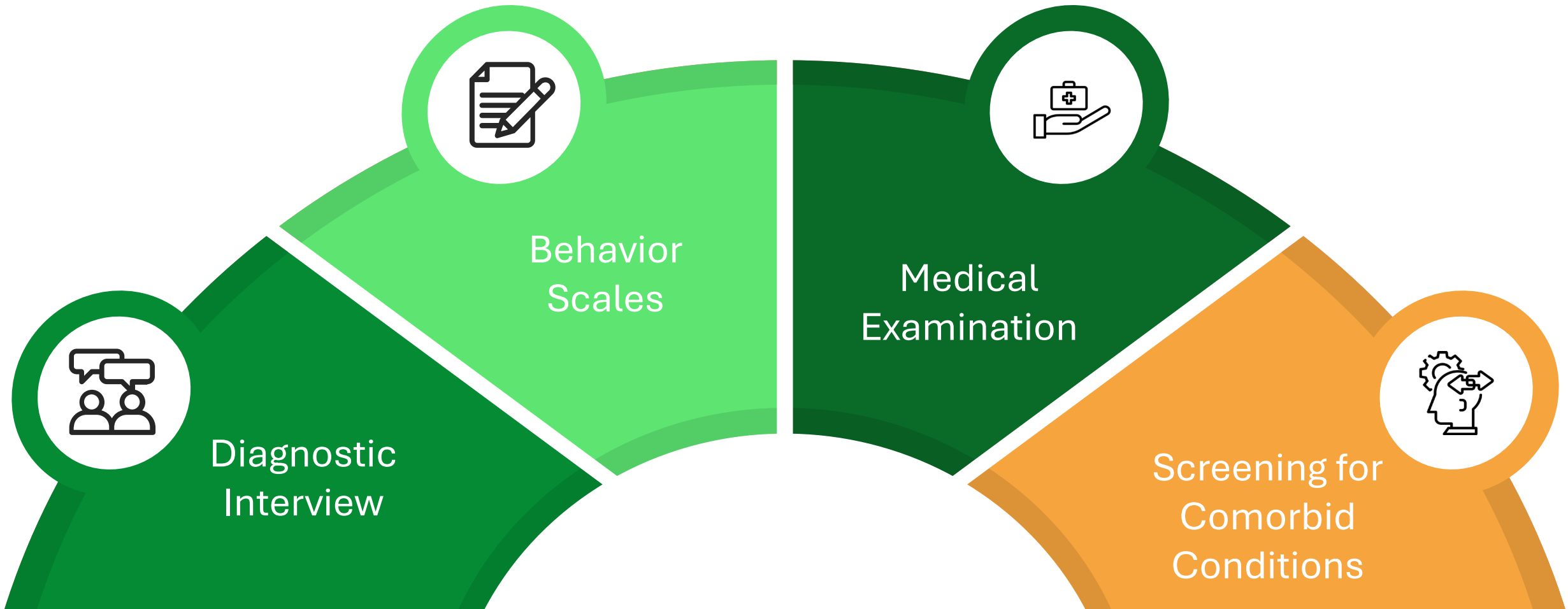
Differentiating ADHD from Depression and Anxiety



ADHD Rarely Occurs Alone



ADHD Assessment



Screening Tools

BDEFS Short Form

- 20 item assessment tool
- Score ranges from 20-80, with higher scores = greater deficits
- Evaluates areas of:
 - Time management
 - Self-restraint
 - Organization and problem solving
 - Self-motivation
 - Self-regulation of emotion



ASRS v1.1

- One the most widely used ADHD screeners
- Brief, validated, easy to use
- Indirectly screens for executive dysfunction and emotional dysregulation



BDEFS = Barkley Deficits in in Executive Functioning Scale. ASRS= Adult ADHD Self-Report Scale.

Kamradt JM, Nikolas MA, Burns GL, et al. Validation of the Barkley Deficits in Executive Functioning Scale (BDEFS) in a large multisite college sample. *Assessment*. 2021;28(3):964-976. doi:10.1177/1073191119869823. Kessler RC, Adler L, Ames M, et al. The World Health Organization Adult ADHD Self-Report Scale (ASRS): a short screening scale for use in the general population. *Psychol Med*. 2005;35(2):245-256. .

Key Learning Points

- ADHD frequently overlaps with depressive and anxiety disorders, and emotional dysregulation or executive dysfunction may overshadow classic attentional symptoms
- Comprehensive ADHD assessment should include developmental history, functional impairment, contextual factors, comorbidities, and collateral information, not just symptom checklists alone

Features Out of Focus:
***Recognition and
Treatment of Emotional
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in ADHD***

Thank You!

